FitPulse Health Anomaly Report

Data Period: **0** to **99**

■ Summary of Anomalies

Metric	Anomalies Found	Sample Alert
Heart Rate	21	21 heart_rate anomalies detected (Rule-based)
Steps	45	45 steps anomalies detected (Rule-based)
Sleep Duration	100	100 sleep_duration anomalies detected (Rule-based)

■ Detailed List of All Anomalies

2025-09-15 17:11:03 — **heart_rate**: 115.0

2025-09-15 17:12:03 — **heart_rate**: 117.0

2025-09-15 17:15:03 — **heart_rate**: 117.0

2025-09-15 17:16:03 — **heart_rate**: 111.0

2025-09-15 17:17:03 — **heart_rate**: 116.0

2025-09-15 17:30:03 — **heart_rate**: 112.0

2025-09-15 17:34:03 — **heart_rate**: 119.0

2025-09-15 17:37:03 — **heart_rate**: 115.0

2025-09-15 17:58:03 — **heart_rate**: 118.0

2025-09-15 17:59:03 — **heart_rate**: 118.0

2025-09-15 18:00:03 — **heart_rate**: 114.0

2025-09-15 18:04:03 — **heart_rate**: 115.0

2025-09-15 18:12:03 — **heart_rate**: 120.0

2025-09-15 18:13:03 — **heart_rate**: 119.0

2025-09-15 18:18:03 — **heart_rate**: 116.0

2025-09-15 18:19:03 — **heart_rate**: 118.0

2025-09-15 18:23:03 — **heart_rate**: 114.0

2025-09-15 18:33:03 — **heart_rate**: 117.0

2025-09-15 18:39:03 — **heart_rate**: 112.0

2025-09-15 18:41:03 — **heart_rate**: 113.0

2025-09-15 18:42:03 — **heart_rate**: 112.0

2025-09-15 17:08:03 — **steps**: 183.0

2025-09-15 17:10:03 — **steps**: 174.0

2025-09-15 17:12:03 — **steps**: 0.0

2025-09-15 17:13:03 — **steps**: 128.0

2025-09-15 17:14:03 — **steps**: 125.0

2025-09-15 17:18:03 — **steps**: 127.0

2025-09-15 17:21:03 — **steps**: 154.0

2025-09-15 17:22:03 — **steps**: 124.0

2025-09-15 17:24:03 — **steps**: 188.0

2025-09-15 17:25:03 — **steps**: 158.0

2025-09-15 17:32:03 — **steps**: 141.0

2025-09-15 17:34:03 — **steps**: 133.0

2025-09-15 17:35:03 — **steps**: 123.0

2025-09-15 17:36:03 — **steps**: 156.0

2025-09-15 17:37:03 — **steps**: 196.0

2025-09-15 17:38:03 — **steps**: 122.0

2025-09-15 17:39:03 — **steps**: 131.0

2025-09-15 17:43:03 — **steps**: 139.0

2025-09-15 17:50:03 — **steps**: 195.0

2025-09-15 17:51:03 — **steps**: 165.0

2025-09-15 17:53:03 — **steps**: 170.0

2025-09-15 18:00:03 — **steps**: 190.0

2025-09-15 18:01:03 — **steps**: 135.0

2025-09-15 18:06:03 — **steps**: 172.0

2025-09-15 18:07:03 — **steps**: 173.0

2025-09-15 18:09:03 — **steps**: 176.0

2025-09-15 18:13:03 — **steps**: 168.0

2025-09-15 18:14:03 — **steps**: 173.0

2025-09-15 18:16:03 — **steps**: 149.0

2025-09-15 18:17:03 — **steps**: 191.0

2025-09-15 18:21:03 — steps: 198.0

2025-09-15 18:22:03 — steps: 150.0

2025-09-15 18:24:03 — steps: 163.0

2025-09-15 18:25:03 — steps: 159.0

2025-09-15 18:26:03 — steps: 168.0

2025-09-15 18:27:03 — steps: 133.0

2025-09-15 18:29:03 — steps: 157.0

2025-09-15 18:33:03 — steps: 2.0

2025-09-15 18:35:03 — steps: 172.0

2025-09-15 18:36:03 — steps: 175.0

2025-09-15 18:38:03 — steps: 153.0

2025-09-15 18:39:03 — steps: 162.0

2025-09-15 18:42:03 — steps: 157.0

2025-09-15 18:43:03 — steps: 156.0

2025-09-15 18:45:03 — steps: 164.0

2025-09-15 17:08:03 — sleep_duration: 0.46

2025-09-15 17:09:03 — sleep_duration: 0.74

2025-09-15 17:10:03 — sleep_duration: 5.43

2025-09-15 17:11:03 — sleep_duration: 5.64

2025-09-15 17:12:03 — sleep_duration: 9.9

2025-09-15 17:13:03 — sleep_duration: 6.95

2025-09-15 17:14:03 — sleep_duration: 2.12

2025-09-15 17:15:03 — sleep_duration: 7.88

2025-09-15 17:16:03 — sleep_duration: 9.48

2025-09-15 17:17:03 — sleep_duration: 3.36

2025-09-15 17:18:03 — sleep_duration: 2.26

2025-09-15 17:19:03 — sleep_duration: 1.55

2025-09-15 17:20:03 — sleep_duration: 0.11

2025-09-15 17:21:03 — sleep_duration: 4.51

2025-09-15 17:22:03 — sleep_duration: 6.03

2025-09-15 17:23:03 — sleep_duration: 7.39

2025-09-15 17:24:03 — sleep_duration: 6.81

2025-09-15 17:25:03 — sleep_duration: 5.04

2025-09-15 17:26:03 — sleep_duration: 3.55

2025-09-15 17:27:03 — sleep_duration: 4.49

2025-09-15 17:28:03 — sleep_duration: 6.02

2025-09-15 17:29:03 — sleep_duration: 2.36

2025-09-15 17:30:03 — sleep_duration: 5.91

2025-09-15 17:31:03 — sleep_duration: 9.03

2025-09-15 17:32:03 — sleep_duration: 3.17

2025-09-15 17:33:03 — sleep_duration: 0.2

2025-09-15 17:34:03 — sleep_duration: 1.93

2025-09-15 17:35:03 — sleep_duration: 3.02

2025-09-15 17:36:03 — sleep_duration: 1.28

2025-09-15 17:37:03 — sleep_duration: 8.61

2025-09-15 17:38:03 — sleep_duration: 2.54

2025-09-15 17:39:03 — sleep_duration: 1.31

2025-09-15 17:40:03 — sleep_duration: 5.42

2025-09-15 17:41:03 — sleep_duration: 4.07

2025-09-15 17:42:03 — sleep_duration: 8.69

2025-09-15 17:43:03 — sleep_duration: 0.56

2025-09-15 17:44:03 — sleep_duration: 0.02

2025-09-15 17:45:03 — sleep_duration: 9.07

2025-09-15 17:46:03 — sleep_duration: 2.68

2025-09-15 17:47:03 — sleep_duration: 2.94

2025-09-15 17:48:03 — sleep_duration: 9.29

2025-09-15 17:49:03 — sleep_duration: 5.45

2025-09-15 17:50:03 — sleep_duration: 4.95

2025-09-15 17:51:03 — sleep_duration: 1.56

2025-09-15 17:52:03 — sleep_duration: 1.88

2025-09-15 17:53:03 — sleep_duration: 0.95

2025-09-15 17:54:03 — sleep_duration: 0.39

2025-09-15 17:55:03 — sleep_duration: 5.37

2025-09-15 17:56:03 — sleep_duration: 8.9

2025-09-15 17:57:03 — sleep_duration: 9.88

2025-09-15 17:58:03 — sleep_duration: 6.21

2025-09-15 17:59:03 — sleep_duration: 9.68

2025-09-15 18:00:03 — sleep_duration: 6.45

2025-09-15 18:01:03 — sleep_duration: 3.51

2025-09-15 18:02:03 — sleep_duration: 2.05

2025-09-15 18:03:03 — sleep_duration: 0.23

2025-09-15 18:04:03 — sleep_duration: 7.6

2025-09-15 18:05:03 — sleep_duration: 9.18

2025-09-15 18:06:03 — sleep_duration: 8.21

2025-09-15 18:07:03 — sleep_duration: 8.53

2025-09-15 18:08:03 — sleep_duration: 9.65

2025-09-15 18:09:03 — sleep_duration: 3.59

2025-09-15 18:10:03 — sleep_duration: 3.69

2025-09-15 18:11:03 — sleep_duration: 4.73

2025-09-15 18:12:03 — sleep_duration: 2.81

2025-09-15 18:13:03 — sleep_duration: 0.57

2025-09-15 18:14:03 — sleep_duration: 3.39

2025-09-15 18:15:03 — sleep_duration: 1.11

2025-09-15 18:16:03 — sleep_duration: 6.38

2025-09-15 18:17:03 — sleep_duration: 7.28

2025-09-15 18:18:03 — sleep_duration: 6.66

2025-09-15 18:19:03 — sleep_duration: 9.87

2025-09-15 18:20:03 — sleep_duration: 6.67

2025-09-15 18:21:03 — sleep_duration: 8.84

2025-09-15 18:22:03 — sleep_duration: 3.57

2025-09-15 18:23:03 — sleep_duration: 1.38

2025-09-15 18:24:03 — sleep_duration: 6.54

2025-09-15 18:25:03 — sleep_duration: 6.96

2025-09-15 18:26:03 — sleep_duration: 1.74

2025-09-15 18:27:03 — sleep_duration: 4.29

2025-09-15 18:28:03 — sleep_duration: 4.39

2025-09-15 18:29:03 — sleep_duration: 7.3

2025-09-15 18:30:03 — sleep_duration: 3.25

2025-09-15 18:31:03 — sleep_duration: 7.37

2025-09-15 18:32:03 — sleep_duration: 6.41

2025-09-15 18:33:03 — sleep_duration: 7.7

2025-09-15 18:34:03 — sleep_duration: 1.21

2025-09-15 18:35:03 — sleep_duration: 6.43

2025-09-15 18:36:03 — sleep_duration: 6.13

2025-09-15 18:37:03 — sleep_duration: 2.62

2025-09-15 18:38:03 — sleep_duration: 6.1

2025-09-15 18:39:03 — sleep_duration: 9.32

2025-09-15 18:40:03 — sleep_duration: 6.54

2025-09-15 18:41:03 — sleep_duration: 7.82

2025-09-15 18:42:03 — sleep_duration: 1.08

2025-09-15 18:43:03 — sleep_duration: 5.81

2025-09-15 18:44:03 — sleep_duration: 3.53

2025-09-15 18:45:03 — sleep_duration: 3.68

2025-09-15 18:46:03 — sleep_duration: 5.98

2025-09-15 18:47:03 — sleep_duration: 1.71