

# FitPulse Health Report

Data Period: 0 to 99

Metric	Anomalies Found	Sample Alert
Heart Rate	21	21 heart_rate anomalies detected (Rule-based)
Steps	0	No alerts
Sleep Duration	100	100 sleep_duration anomalies detected (Rule-based)

## Detected Anomalies (Top 10):

2025-09-15 17:11:03: heart\_rate = 115.0  
2025-09-15 17:12:03: heart\_rate = 117.0  
2025-09-15 17:15:03: heart\_rate = 117.0  
2025-09-15 17:16:03: heart\_rate = 111.0  
2025-09-15 17:17:03: heart\_rate = 116.0  
2025-09-15 17:30:03: heart\_rate = 112.0  
2025-09-15 17:34:03: heart\_rate = 119.0  
2025-09-15 17:37:03: heart\_rate = 115.0  
2025-09-15 17:58:03: heart\_rate = 118.0  
2025-09-15 17:59:03: heart\_rate = 118.0