

4. Enter the other space or side (B if started with A or A if started with B)
5. Spend 1-2 minutes looking at the piece on the wall alone in silence.
6. Write the answers to the following questions:

A. Describe in writing in a free flowing manner what you are feeling in response to the piece as you did before.

B. Write one word that best describes the emotion you are most feeling in response to the art work. _____

C. Rate the intensity of this emotion a scale from 0-10

None 0 _____ 1 _____ 2 _____ 3 _____ 4 _____ 5 _____ 6 _____ 7 _____ 8 _____ 9 _____ 10 Very Strong

D. Rate the negative-positive reaction on a scale of 0-10:

Neutral

Negative 0 _____ 1 _____ 2 _____ 3 _____ 4 _____ 5 _____ 6 _____ 7 _____ 8 _____ 9 _____ 10 Positive