



1. Core Social Work Knowledge

- **Human Behavior and Social Environment**
 - Developmental psychology
 - Sociocultural influences on behavior
 - Family dynamics
- **Social Work Theories and Practices**
 - Systems theory
 - Strengths-based approach
 - Cognitive-behavioral therapy (CBT)
- **Social Policy and Advocacy**
 - Policy analysis
 - Advocacy techniques
 - Welfare systems and services
- **Ethics and Professionalism**
 - Code of ethics
 - Professional boundaries
 - Ethical decision-making

2. Assessment and Intervention Skills

- **Client Assessment**
 - Needs assessment
 - Risk assessment

- Strengths and resources identification
- **Intervention Techniques**
 - Crisis intervention
 - Case management
 - Counseling techniques
- **Group Work**
 - Group dynamics
 - Facilitating support groups
 - Conflict resolution

3. Communication Skills

- **Effective Communication**
 - Active listening
 - Empathy and rapport-building
 - Nonverbal communication
- **Documentation and Reporting**
 - Case notes
 - Report writing
 - Confidentiality and data protection

4. Cultural Competence

- **Cultural Awareness**
 - Understanding diversity
 - Cultural humility
 - Anti-oppressive practice
- **Working with Specific Populations**
 - Ethnic and racial minorities
 - LGBTQ+ communities
 - Immigrants and refugees

5. Research and Evaluation

- **Research Methods**
 - Qualitative and quantitative research
 - Data collection and analysis
 - Program evaluation
- **Evidence-Based Practice**
 - Critical appraisal of research
 - Integrating research into practice
 - Staying current with social work literature

6. Personal and Professional Development

- **Self-Care**

- Stress management
- Work-life balance
- Burnout prevention
- **Professional Development**
 - Continuing education
 - Networking
 - Supervision and mentorship

7. Community Practice

- **Community Assessment**
 - Needs and resource assessment
 - Community mapping
 - Stakeholder analysis
- **Community Organization**
 - Coalition building
 - Community development
 - Grassroots organizing

8. Policy and Legal Knowledge

- **Social Welfare Policies**
 - History of social welfare
 - Contemporary social policies
 - Policy reform
- **Legal Issues in Social Work**
 - Child protection laws
 - Mental health legislation
 - Client rights and advocacy

9. Technology in Social Work

- **Digital Literacy**
 - Use of technology in practice
 - Online resources and databases
 - Telehealth and digital communication
- **Data Management**
 - Case management software
 - Data privacy and security
 - Digital documentation

10. Leadership and Management

- **Leadership Skills**
 - Leading teams
 - Decision-making

- Strategic planning

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