

Adult Coaching Programme

Tayport Tennis Club is committed to both growing our membership and providing opportunities for players of all abilities to improve.

We understand that in today's world, it's difficult to make regular commitments. With that in mind, we have developed an innovative Adult Coaching Programme which consists of both regular weekday and weekend sessions and our exciting new 'On Request' coaching service.

Adult Coaching Programme

We run regular 'all abilities' coaching sessions for adults on a Wednesday evening and Sunday afternoon at Tayport Tennis Club for just £5 per session – See the Adult Coaching Calendar overleaf for further details.

Coaching 'On Request' Service

If you are unable to make our regular Wednesday/Sunday coaching sessions, why not take advantage of our 'On Request' service.

Simply give 24 hours notice to arrange a coaching session for a group of 4 players, or a one-to-one session, on a day and time that suits you.

- Group of 4 players @ £5 per person
- One-to-one coaching @ £25 per hour

That means coaching is available from as little as £5 per hour at a time that suits you!

To arrange an 'On Request' session, please contact:

Andy Thompson on either (07801) 356 052 (m) or (01334) 477 669 (h)

<http://www.tayport.org.uk/tennisclub/>

Adult Coaching Calendar - 2013

All sessions take place at Tayport Tennis Club unless otherwise advised by coaching staff.

- Wednesday: From 18:30 to 19:30
- Sunday: From 10:00 to 11:00 or 17:00 to 18:00
(Contact Coach/Andy Thompson to confirm the time to be used for Sunday coaching)

Note: A small additional charge is made to cover the cost of floodlights when they are required.

April	Wednesday 17 th Wednesday 24 th	Sunday 21 st Sunday 28 th
May	Wednesday 8 th Wednesday 22 nd	Sunday 12 th Sunday 26 th
June	Wednesday 5 th Wednesday 19 th	Sunday 9 th Sunday 23 rd
July	Wednesday 3 rd Wednesday 17 th Wednesday 31 st	Sunday 7 th Sunday 21 st
August	Wednesday 14 th Wednesday 28 th	Sunday 4 th Sunday 18 th
September	Wednesday 11 th Wednesday 25 th	Sunday 1 st Sunday 15 th Sunday 29 th
October	Wednesday 9 th Wednesday 23 rd	Sunday 13 th Sunday 27 th
November	Wednesday 6 th Wednesday 20 th	Sunday 10 th Sunday 24 th

End of 2013 Adult Outdoor Coaching Calendar

<http://www.tayport.org.uk/tennisclub/>



Coaching Programme 2013

Junior Term Time Coaching and
Holiday Summer Schools

Adult Coaching

Coaching 'On Request'

<http://www.tayport.org.uk/tennisclub/>

Junior Coaching Programme 2013

A key element of growing our membership is engaging with junior players of all abilities, providing them with an opportunity to experience tennis at a reasonable cost, in a fun environment.

In 2013, Tayport Tennis Club has a packed Junior Coaching Programme to give as many youngsters as possible the opportunity to get involved.

Tennis Tasters

Tayport Tennis Club has reached an agreement with local Primary Schools to get classes to our club courts for 'Tennis Taster' sessions. **NO Charge** will be made for Tennis Tasters and all tennis equipment will be supplied. Information regarding when these sessions will take place will be distributed via the schools.

Junior Coaching – Block 1

First Junior Coaching block starts on Friday 19th April.

***** On Friday 19th April Junior Coaching will be FREE to ALL who attend *****

Session times and costs, for 4 week block, as follows:

- Nursery and P1 16:00 to 16:30 £10
- P2 to P4 16:30 to 17:15 £15
- P5 to S2 17:15 to 18:15 £20

Junior Coaching – Block 2

Second Junior Coaching block starts on Friday 24th May.

***** On Friday 24th May Junior Coaching will be FREE to ALL who attend *****

Session times and costs, for 5 week block, as follows:

- Nursery and P1 16:00 to 16:30 £15
- P2 to P4 16:30 to 17:15 £20
- P5 to S2 17:15 to 18:15 £25

<http://www.tayport.org.uk/tennisclub/>

Summer Schools

Two Summer Schools will run for all ages from 10:00 to 13:00 on the following dates during the Summer Holidays:

- Summer School 1 – Mon 8th thru Thurs 11th July
- Summer School 2 – Mon 19th thru Thurs 22nd August

The cost of the Summer Schools will be confirmed closer to the Summer Holidays.

To attend, simply turn up on the day when an application form will be filled in with you. Daily payments can be accepted, with prior agreement from the coach, but block payments are preferable.

Junior Teams

Although Tayport Tennis Club do not presently run junior teams, those wishing to play some team tennis can do so in the local WANT (Wormit & Newport Tennis) teams until teams can be raised from Tayport.

Coaching Staff

All coaching is in the charge Andy Thompson, LTA qualified Club Coach, DCA, AdvMtc. Andy is assisted by Duncan Richmond, Andrew Fairlie and Stuart Munn who are all LTA qualified and disclosed. Other helpers may be used following vetting by Andy Thomson.

All coaches are experienced in coaching children, are fully covered by LTA Insurance and hold first aid qualifications.

Coach Contact Details: **Andy Thompson**

- **Email:** andythompstrades@gmailcom
- **Tel:** (07801) 356 052 (m) or (01334) 477 669 (h)

See overleaf for full Junior Coaching Calendar...

<http://www.tayport.org.uk/tennisclub/>

Junior Coaching Calendar - 2013

April		
Fri	19 th	Junior Coaching – Block 1, Introduction FREE
Fri	26 th	Junior Coaching – Block 1, Week 1
May		
Fri	3 rd	Junior Coaching – Block 1, Week 2
Fri	10 th	Junior Coaching – Block 1, Week 3
Fri	17 th	Junior Coaching – Block 1, Week 4
June		
Fri	24 th	Junior Coaching – Block 2, Introduction, FREE
Fri	31 st	Junior Coaching – Block 2, Week 1
July		
Fri	7 th	Junior Coaching – Block 2, Week 2
Fri	14 th	Junior Coaching – Block 2, Week 3
Fri	21 st	Junior Coaching – Block 2, Week 4
Fri	28 th	Junior Coaching – Block 2, Week 5
August		
Mon	8 th	Summer School 1 – Day 1
Tues	9 th	Summer School 1 – Day 2
Wed	10 th	Summer School 1 – Day 3
Thu	11 th	Summer School 1 – Day 4
Fri	12 th	Summer School 1 – Spare date
Mon	19 th	Summer School 2 – Day 1
Tues	20 th	Summer School 2 – Day 2
Wed	21 st	Summer School 2 – Day 3
Thu	22 nd	Summer School 2 – Day 4
Fri	23 rd	Summer School 2 – Spare date

***Note:** If demand exists, Junior Coaching – Block 3 will commence at the beginning of the autumn term and will continue until the October holidays. Dates and costs will be confirmed once demand is known.*

End of 2013 Junior Coaching Calendar

<http://www.tayport.org.uk/tennisclub/>