public static void Demo07()

{

int seconds = 3723;

int hour = 3723 / 3600; // 得到小时数

int minute = (3723 - 3600 \* hour) / 60; // 得到分钟数

minute = 3723%3600/60;

int second = 3723-3600 \* hour-60\*minute; // 得到分钟数

second = 3723 % 60;

}