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RECDSC0610

RECMSC0610

RECYSC0610

SERNO

MRC NATIONAL SURVEY OF HEALTH AND DEVELOPMENT
University College London Medical School
Department of Epidemiology and Public Health
1-19 Torrington Place
London WC1E 6BT

CLINIC STUDY 2008-10

Self-completion Booklet

Version current as of April 2008

BCOMPSC0610

Booklet completed

Nurse No.

NUSC10610

NUSC20610

Interview date

day

INTDSC0610

month

INTSCM0610

year

2	0	0	
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INTYSC0610

CLINSC0610

1a. Thinking about the person you have felt closest to in the last 12 months
please answer the following questions:

(CIRCLE ONE NUMBER)

- a.** Is this person your ...
- | | |
|-------------------------|----|
| husband/wife/partner | 01 |
| boyfriend/girlfriend | 02 |
| parent | 03 |
| brother/sister | 04 |
| son/daughter | 05 |
| other relative | 06 |
| neighbour | 07 |
| friend from work | 08 |
| other friend | 09 |
| other (please describe) | 10 |
-
-

FRL0610

No-one 11 → GO TO QUESTION 2

b. How much in the last 12 months did this person
make you **feel good** about yourself?

(CIRCLE ONE NUMBER)

- | | |
|--------------|---|
| Not at all | 0 |
| A little | 1 |
| Quite a lot | 2 |
| A great deal | 3 |

FRFG0610

c. How much in the last 12 months did you **share**
interests, hobbies and fun with this person?

(CIRCLE ONE NUMBER)

- | | |
|--------------|---|
| Not at all | 0 |
| A little | 1 |
| Quite a lot | 2 |
| A great deal | 3 |

FRSH0610

d. How much in the last 12 months did this
person give you **worries, problems and**
stress?

(CIRCLE ONE NUMBER)

- | | |
|--------------|---|
| Not at all | 0 |
| A little | 1 |
| Quite a lot | 2 |
| A great deal | 3 |

FRPR0610

e. How much in the last 12 months **did you confide** in this person?

(CIRCLE ONE NUMBER)

Not at all	0	
A little	1	FRCD0610
Quite a lot	2	
A great deal	3	

f. How much in the last 12 months would you have **liked to have confided more** in this person?

(CIRCLE ONE NUMBER)

Not at all	0	
A little	1	FRCM0610
Quite a lot	2	
A great deal	3	

g. How much in the last 12 months did talking to this person **make things worse**?

(CIRCLE ONE NUMBER)

Not at all	0	
A little	1	FRWR0610
Quite a lot	2	
A great deal	3	

2. Overall, do you think you have enough opportunity to talk openly and share your feelings about things?

(CIRCLE ONE NUMBER)

Yes	1	FEEL0610
No	0	

Please answer **ALL** the following questions about how you have been feeling **over the past few weeks**
Remember that we want to know about your **present** and **recent** complaints, **not** those you had in the past.

HAVE YOU RECENTLY:

3. Been feeling perfectly well and in good health?

GHQ010610 (CIRCLE ONE NUMBER)

Better than usual	1
Same as usual	2
Worse than usual	3
Much worse than usual	4

4. Been feeling in need of a good tonic?

GHQ020610 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

5. Been feeling run down and out of sorts?

GHQ030610 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

6. Felt that you are ill?

GHQ040610 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

7. Been getting any pains in your head?

GHQ050610 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

8. Been getting a feeling of tightness or pressure in your head?

GHQ060610 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

9. Been having hot or cold spells?

GHQ070610 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

10. Lost much sleep over worry?

GHQ080610 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

11. Had difficulty staying asleep once you are off?

GHQ090610 (CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

12. Been managing to keep yourself busy and occupied?

GHQ100610 (CIRCLE ONE NUMBER)

More so than usual	1
Same as usual	2
Rather less than usual	3
Much less than usual	4

13. Been taking longer over the things you do?

GHQ110610 (CIRCLE ONE NUMBER)

Quicker than usual	1
Same as usual	2
Longer than usual	3
Much longer than usual	4

14. Felt on the whole you were doing things well?

GHQ120610 (CIRCLE ONE NUMBER)

Better than usual	1
About the same as usual	2
Less well than usual	3
Much less well	4

15. Been satisfied with the way you've carried out your task ?

GHQ130610 (CIRCLE ONE NUMBER)

More satisfied	1
About the same as usual	2
Less satisfied than usual	3
Much less satisfied	4

16. Felt that you are playing a useful part in things?

GHQ140610 (CIRCLE ONE NUMBER)

More so than usual	1
Same as usual	2
Less useful than usual	3
Much less useful	4

17. Felt capable of making decisions about things?

GHQ150610

(CIRCLE ONE NUMBER)

More so than usual	1
Same as usual	2
Less so than usual	3
Much less capable	4

18. Felt constantly under strain?

GHQ160610

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

19. Been able to enjoy your normal day-to-day activities?

GHQ170610

(CIRCLE ONE NUMBER)

More so than usual	1
Same as usual	2
Less so than usual	3
Much less than usual	4

20. Been getting edgy and bad-tempered?

GHQ180610

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

21. Been getting scared or panicky for no good reason?

GHQ190610

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

22. Found everything getting on top of you?

GHQ200610

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

23. Been thinking of yourself as a worthless person?

GHQ210610

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

24. Felt that life is entirely hopeless?

GHQ220610

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

25. Been feeling nervous and strung-up all the time?

GHQ230610

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

26. Felt that life isn't worth living?

GHQ240610

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

27. Thought of the possibility that you might make away with yourself?

GHQ250610

(CIRCLE ONE NUMBER)

Definitely not	1
I don't think so	2
Has crossed my mind	3
Definitely have	4

28. Found at times you couldn't do anything because your nerves were too bad ?

GHQ260610

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

29. Found yourself wishing you were dead and away from it all?

GHQ270610

(CIRCLE ONE NUMBER)

Not at all	1
No more than usual	2
Rather more than usual	3
Much more than usual	4

30. Found that the idea of taking your life kept coming into your mind?

GHQ280610

(CIRCLE ONE NUMBER)

Definitely not	1
I don't think so	2
Has crossed my mind	3
Definitely has	4

- 31.** The following statements are about how you feel about different aspects of your life. Please indicate how strongly you agree or disagree with each statement.

	<i>please circle one number per line</i>						
Statements	Strongl y agree	Agree	Slightl y agree	Neither agree nor disagre e	Slightly disagre e	Disagre e	Strongl y disagree
In most ways my life is close to ideal DIEN10610	1	2	3	4	5	6	7
The conditions of my life are excellent DIEN20610	1	2	3	4	5	6	7
I am satisfied with my life DIEN30610	1	2	3	4	5	6	7
So far I have got the important things I want in life DIEN40610	1	2	3	4	5	6	7
If I could live my life again, I would change almost nothing DIEN50610	1	2	3	4	5	6	7

**THANK YOU VERY MUCH FOR
COMPLETING THIS QUESTIONNAIRE**

