

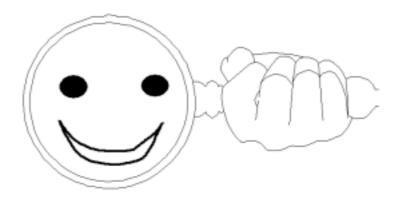
MY TEETH



We'd really like to know the answers to these; you may have to ask for a bit of help from a grown-up for some of them!

You're going to need a mirror to help you as well.

OK - now you've got that, here we go!



Section A: All about dentists

A1.	Have you ever been to a dentist?
	Yes $\boxed{}$ No $\boxed{}$ If \underline{no} , go to B1 on page 4
A2.	How old were you when you first went to a dentist? years old
A3.	Why did you first go to a dentist? Tick 1 box
	because of tooth ache
	for a check-up 2
	with mum or dad when they went 3
	for another reason 4
	don't know 5
A4.	Do you now go to a dentist? Tick 1 box
	regularly (for check-ups)
	only when I have tooth-ache or some other problem $\frac{1}{2}$
	not ever, really
	don't know

A 5.	How often do you go to th	e denti	ist?	
	every 4 months	1		
	every 6 months	2		
	once a year	3		
	don't go regularly	4		
	don't know	5		
A6.	Is your dentist a lady or a r	man?	lady 1	man ₂
A7.	Here is a space for you to you like about going to see		G	which
A8.	And here is a space for you do not like about going to			ngs you

Section B: All about your teeth

B1.	Have you ever had a filling?
	Yes $\boxed{}$ No $\boxed{}$ If $\underline{\mathbf{no}}$, go to B4 below
B2.	Space for you to write any <u>nice things</u> about having that done:
B3.	Please write any <u>not so nice things</u> about having that done:
B4.	a) Have you ever been given something to make your mouth go numb (sleepy, frozen, dead)?
	Yes $\boxed{1}$ No $\boxed{2}$ \longrightarrow If \underline{no} , go to B5 on page 5
	b) How did you feel about that?
	I liked it 1 I hated it 2 I wasn't sure 3

B4.	c) What did you have done to your teeth at that time?
	A filling 1 tooth pulled out 2
	something else (please say what)
B5.	a) Have you ever been given something to make you go to sleep (general anaesthetic) before the dentist did something to your teeth?
	Yes $\boxed{1}$ No $\boxed{2}$ \longrightarrow If \underline{no} , go to B6 on page 6
	b) How did you feel about that?
	I liked it 1 I hated it 2 I wasn't sure 3
	c) What did you have done to your teeth at that time?
	tooth pulled out

B6.	a)	Have you ever had a magic wind mixture that you breathe through a special nose-piece which makes you feel brave but lets you stay awake (sedation)?
		Yes $\boxed{1}$ No $\boxed{2}$ If \underline{no} , go to B7 below
	b)	How did you feel about that?
	l lil	ked it I I hated it I I wasn't sure I
	toc	What did you have done to your teeth at that time? oth pulled out $\begin{bmatrix} 1 & a \text{ filling } 2 \end{bmatrix}$ mething else $\begin{bmatrix} 3 \end{bmatrix}$ (please say what)
B7.	Do	you like your teeth now? Yes 1 No 2
	a) 	If you don't - why not?

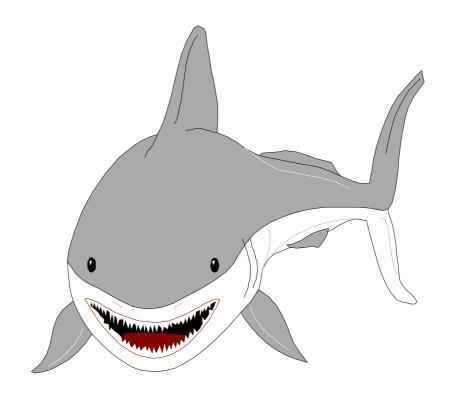
Sec	ction C: Counting
Plea	se look in the mirror or get someone else to help.
C1.	How many teeth do you have in your mouth all together?
C2.	How many gaps have you got now where there used to be a tooth?
C3.	How many fillings are there in your mouth? (don't forget the front teeth!).
	(If none, write 00 in the boxes)
C4.	How many of these are silver fillings? (If none, write 00 in the boxes)
C5.	How many of these are white fillings? (If none, write 00 in the boxes)
C6.	Looking in the mirror and feeling with your tongue:
	How many teeth can you see or feel which have a hole in them?
	(If none, write 00 in the boxes)

We expect that you may be growing your new, back, grown-up teeth.

C7. Right at the back of your mouth, one in each corner, you may have grown your new "six year molars".

Which of these have grown?

		yes	INO
a)	YOUR top right? (the one on YOUR righ	ı nt hand s	2 side!)
b)	YOUR top left?	1	2
c)	YOUR bottom right?	1	2
d)	YOUR bottom left?		2



C8. Sometimes, these teeth **come through** LOOKING brown. It could be that your teeth have been through for a while. We want to know how these back teeth looked when they FIRST CAME THROUGH.

Which of your six year molars came through LOOKING brown?

		Yes	No	Hasn't come through
a)	YOUR top right?	1	2	3
b)	YOUR top left?	1	2	3
c)	YOUR bottom right?	1	2	3
d)	YOUR bottom left?	1	2	3

C9. a) Look in a mirror, then put a $\bf T$ on the picture on each tooth that is a grown-up tooth. Then put a $\bf B$ on each tooth that is a baby tooth.

Cross out any teeth where you have a gap



b) On this picture, please draw any white or brown marks showing in your **grown-up teeth only**.



Section D: Accidents to your teeth

We expect that you have probably lost your **top baby teeth** now, but can you remember..

D1. I	Did yo	u ever	bang	your	top	baby	teeth?
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Yes 1	No 2	→ If no, go to Section E
		on page 12

Because of the bang:

- a) Did you chip any? Yes $\frac{1}{1}$ No $\frac{2}{2}$
- b) Did any come loose because of the bang?

- c) Did you knock any out? Yes 1 No 2
- d) Did they change colour after the bang?

e) Did you get a gum-boil on the tooth (or teeth) after the bang?

f) Did you have to have the banged teeth taken out?

Section E:

Some questions about teeth that go bad.

E1.	What do you think is the MOST IMPORTANT reason for teeth going bad?
E2.	Do you know ANOTHER reason for teeth going bad?

E3.		times a day II, put 0 in t	y do you clean he box)	your teeth?		
E4.	What tooth	n-paste do y	ou use?			
	Write the v	vhole name	:			
E5.	Put a tick in the box below the brush that looks like the amount of tooth-paste you use:					
	ШШ	mm	min			
	1	2	3	4	5	
E6.	Do you sw	allow the to	ooth-paste afte	r brushing?		
	Yes [No ₂	Don't us	e tooth-paste	3	
Some silly questions now which are helpful for us but may seem daft to you!						
E7.	Do you <u>eat</u>	the tooth-p	oaste straight f	from the tube?		
	Yes often	1	Yes 2 sometimes	No	3	

E8.	Do you ever get "heart-burn" (a sort of sore, burny kind of hurt just under your ribs in the middle)?				
	Yes 1 No 2				
E9.	Do you ever get a sour taste (like after being sick) in your mouth when you haven't been sick?				
	Yes No 2				
E10.	Do you ever make yourself sick "just because you can"?				
	Yes No 2				

Section F: Drinks. Ask a grown-up to help you with these.

HOW do you drink these different kinds of drink?

Drink	Sip it a little at a time?	Drink it all in one go?	Froth and swish it around your mouth for a while?	Don't have it
a) Cola (any type)	1	2	3	4
b) Lemonade (fizzy)	1	2	3	4
c) Other fizzy drinks	1	2	3	4
d) Tooth Kind	1	2	3	4
e) Real orange juice	1	2	3	4
f) Squash	1	2	3	4
g) Water	1	2	3	4
h) Tea with sugar	1	2	3	4
i) Tea without sugar	1	2	3	4
j) Coffee with sugar	1	2	3	4
k) Coffee without sugar	1	2	3	4
l) Others	1	2	3	4

If others, what are they?						
mother or father	1	brother or sister 2				
someone else	3	no-one helped me 4				
G2. When were you born?						
Date	Month	Year				
Thank you VERY much. Love from the Children of the Nineties Dental Team						

Professor Jean Golding Children of the Nineties - ALSPAC Institute of Child Health 24 Tyndall Avenue

When completed, please send this back to:

Bristol BS8 1BR Tel: Bristol 928 5007