

# UCL Centre for Longitudinal Studies COVID-19 Online Survey Questionnaire -Wave 1 - April 2020 (Version 1)

CENTRE FOR LONGITUDINAL STUDIES



### Studies covered:

- Millennium Cohort Study (born 2000-02)
- Next Steps (born 1989-90)
- 1970 British Cohort Study
- 1958 National Child Development Study
- MRC National Survey of Health and Development (1946 British birth cohort)
- SABRE cohort

# **Topics covered:**

- Physical health (including COVID-19)
- Time-use
- · Household composition, relationships and caring
- Pregnancy, children, school and childcare
- Housing and financial situation
- Finances and benefits
- Employment (pre- and post- outbreak)
- Education (pre- and post- outbreak)
- Health behaviours
- · Social contact and social support
- Loneliness and mental health
- Trust
- COVID-19 experiences (open text question)
- Linkage to COVID-19 symptom tracker app

#### Notes:

- The questionnaire indicates cohort-specific questions using routing variable CohortID which is set as follows. 1. NCDS 2. BCS70 3. Next Steps 4. MCS 5. NSHD 6. SABRE. Further cohort specific questionnaire changes may be made for NSHD and SABRE before the survey is issued to those cohorts.
- In Millennium Cohort Study parents are included as well as cohort members

#### INTROTX

Thank you. The survey should take about 20 minutes to complete. As always, answering these questions is voluntary and you can skip over any questions that you cannot or would prefer not to answer. The 'Privacy and data protection' FAQs on the study website provide details about how we protect the information you provide and how it will be used for research.

If you have any problems, queries or concerns, you can contact us using the contact details in the email that we sent to you.

Start of Block: Physical health
PHEALINT
The first few questions will ask about your health.
COVID19 Do you think that you have or have had Coronavirus?
Yes, confirmed by a positive test (1)
Yes, based on strong personal suspicion or medical advice (2)
O Unsure (3)
O No (4)
COVIDSYMPT Have you experienced any of the following symptoms in the past 2 weeks?
Please select all that apply.
Fever (1)
Cough - dry (2)
Cough - mucus or phlegm (3)
Sore throat (4)
Chest tightness (5)

Shortness of breath (6)
Runny nose (7)
Nasal congestion (8)
Sneezing (18)
Muscle or body aches (10)
Fatigue (11)
Unusual loose motions or diarrhoea (12)
Vomiting (16)
Loss of smell (13)
Loss of taste (14)
Skin rash (17)
Headaches (19)
Other (20)
No - none of these (23)

Display This Question:
If Whether has had Coronavirus = Yes, confirmed by a positive test
Or Whether has had Coronavirus = Yes, based on strong personal suspicion or medical advice
Or Whether has had Coronavirus = Unsure
COVIDADV Have you sought medical advice in relation to any symptoms you have had, which you think may be caused by Coronavirus? Please select all that apply.
Yes - discussed symptoms with doctor/practice nurse (1)
Yes - discussed symptoms with NHS 111 in England, Wales and Northern Ireland or NHS 24 in Scotland (2)
Yes – accessed online advice at NHS 111 in England, Wales and Northern Ireland or NHS 24 in Scotland (3)
Yes - visited pharmacist (4)
Yes - visited A&E or walk in centre (5)
No (6)
Display This Question:
If Whether has had Coronavirus = Yes, confirmed by a positive test
Or Whether has had Coronavirus = Yes, based on strong personal suspicion or medical advice
Or Whether has had Coronavirus = Unsure
COVID HOSPAD Have you been in hospital because of Coronavirus symptoms?
O Yes (1)
O No (2)
COVIDTEST Have you been tested for Coronavirus?
O Yes (1)
O No (2)

O Poor (5)

COVIDRESULT What was the result of your coronavirus test? If you had more than one test please report the findings of the latest test.	
O Positive - it showed I had coronavirus (1)	
Negative - it showed I did not have coronavirus (2)	
O Inconclusive (3)	
O Waiting for results (4)	
GHQ In general, would you say your health is	
C Excellent (1)	
O Very good (2)	
O Good (3)	
O Fair (4)	
O Poor (5)	
GHQPRECOVID In general, in the 3 months <b>before</b> the Coronavirus outbreak would you sayour health was	ay
C Excellent (1)	
O Very good (2)	
O Good (3)	
O Fair (4)	

LLI Do you have any of the following?
Please select all that apply.
Cancer (1)
Cystic fibrosis (2)
Asthma (3)
Chronic Obstructive Pulmonary Disease (4)
Wheezy bronchitis (5)
Diabetes (6)
Recurrent backache, prolapsed disc, sciatica or other back problem (7)
Problems with hearing (8)
High blood pressure (9)
Heart disease, congenital or acquired (10)
Depression or other emotional, nervous or psychiatric problems (11)
Obesity (12)
Chronic obstructive airways disease (13)
Infection (14)
HIV / Immunodeficiency (15)
Condition affecting the brain and nerves (e.g. Parkinson's, Multiple Sclerosis) (16)
None (17)

SURGCAN Have you had any surgery, medical procedures or any other medical appointments cancelled <b>since</b> the outbreak of the Coronavirus?
○ Yes (1)
O No (2)
SHIELD Have you received a letter or text message from the NHS or Chief Medical Officer saying that you have been identified as someone at risk of severe illness if you catch Coronavirus, because you have an underlying disease or health condition?
○ Yes (1)
O No (2)
End of Block: Physical health
Start of Block: Social distancing  COMPLIANC The next question is about the extent to which you are complying with the social distancing guidelines issued by the Government.
On a scale from 0 to 10, where 0 means that you are 'not complying at all' and 10 means you are 'fully complying', how much would you say you are complying with the guidelines?
O Not complying at all 0 (1)
O 1 (2)
O 2 (3)
O 3 (4)
O 4 (5)
O 5 (6)
O 6 (7)
O 7 (8)
O 8 (9)
O 9 (10)
Complying fully 10 (11)

**Start of Block: Time use** 



#### Timeuse1

We would like to know about how you have been spending your time **since** the Coronavirus outbreak.

How many hours have you been spending doing each of the following activities on a typical week day **since** the Coronavirus outbreak began?

Please round to the nearest hour.

	Number of hours (1)
Paid work (1)	
Volunteering / unpaid work (not for your household) (2)	
Home schooling your children (if you have any) (3)	
Other interactive activities with children (e.g. reading to them, playing games with them, painting/drawing with them, doing puzzles together). (16)	

Caring for someone other than a child (4)	
Housework (e.g. cleaning, laundry, cooking, DIY) (5)	
Formal learning as part of a course (6)	
Physical activity / exercise (7)	
Other leisure activities and hobbies (e.g. TV, gaming, reading, news, listening to music, gardening, online shopping, mealtime, relaxing) (8)	
Socialising with non-household members via telephone, video-calling or messaging (9)	
Socialising with non-household members in person (10)	
Travelling for work (11)	
Shopping or essential appointments (12)	

Personal care (e.g. taking a shower/bath, grooming, getting dressed etc.) (13)	
III in bed (14)	
Other (15)	
*	
Timeuse2 How many hours in total have you be week day <b>since</b> the Coronavirus outbreak bega	
Please do not include time spent in your garden home.	or any other outdoor space which is part of your
Please round to the nearest hour.	
End of Block: Time use	
Start of Block: Household Grid	
HHNUM The next questions are about who you	are currently living with.
How many people do you currently live with? Ple	ease include yourself.

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DISUIG	1V 11115	Question	и.

If If The next questions are about who you are currently living with. How many people do you currently live with? Please include yourself. Text Response Is Greater Than 1

HHNUMWH Who do you currently live with?
Please select all that apply.
Husband/Wife/Cohabiting Partner (1)
Children (including step-children, adopted children, foster children or any other children you consider yourself parent to) (2)
Parent or Parent-in-law (including step-parent or adoptive parent) (3)
Grandparent (4)
Grandchild (5)
Sibling (6)
Other relative (7)
Friend / unrelated sharer (8)
Other (9)
ANYCHNL Do you have any children who you do not live with? Please include any adopted children, step-children or foster children of whom you consider yourself a parent. Please include grown-up children.
O Yes (1)
O No (2)

COVCHAN have there been any changes to the people you are living with <b>since</b> the Coronavirus outbreak?
O Yes (1)
O No (2)
Display This Question:
If Who do you currently live with = Husband/Wife/Cohabiting Partner  And People living with change because of Covid-19 = Yes
That respice itting that go because of certa to test
COVPART Have you started living with your partner <b>since</b> the Coronavirus outbreak?
O Yes (1)
O No (2)
Display This Question:
If Any children not living with = Yes
If Any children not living with = Yes Or Who do you currently live with = Children (including step-children, adopted children, foster
If Any children not living with = Yes  Or Who do you currently live with = Children (including step-children, adopted children, foster children or any other children you consider yourself parent to)
If Any children not living with = Yes  Or Who do you currently live with = Children (including step-children, adopted children, foster children or any other children you consider yourself parent to)  And If
If Any children not living with = Yes  Or Who do you currently live with = Children (including step-children, adopted children, foster children or any other children you consider yourself parent to)  And If  People living with change because of Covid-19 = Yes
If Any children not living with = Yes  Or Who do you currently live with = Children (including step-children, adopted children, foster children or any other children you consider yourself parent to)  And If  People living with change because of Covid-19 = Yes  COVCHIL Have any of the following occurred since the Coronavirus outbreak?
If Any children not living with = Yes  Or Who do you currently live with = Children (including step-children, adopted children, foster children or any other children you consider yourself parent to)  And If  People living with change because of Covid-19 = Yes  COVCHIL Have any of the following occurred since the Coronavirus outbreak?  At least one of my children has moved into my home (1)

If Who do you currently live with = Parent or Parent-in-law (including step-parent or adoptive parent)  And People living with change because of Covid-19 = Yes
COVPER Have any of the following occurred <b>since</b> the Coronavirus outbreak?
At least one of my parents (or in-laws) has moved in with me (1)
I have moved in with at least one of my parents (or in-laws) (2)
O None of these (3)
Display This Question:  If Who do you currently live with = Grandparent  Or Who do you currently live with = Grandchild  Or Who do you currently live with = Sibling  Or Who do you currently live with = Other relative  Or Who do you currently live with = Friend / unrelated sharer  Or Who do you currently live with = Other  And If  People living with change because of Covid-19 = Yes
COVOTH Have any of the following occurred <b>since</b> the Coronavirus outbreak?
Someone other than a parent or child has moved in to my home (1)
I have moved in to someone other than a parent or child's home (2)
O None of these (3)
End of Block: Household Grid
Start of Block: Relationships
Display This Question:
If Who do you currently live with != Husband/Wife/Cohabiting Partner
OTHRELA Are you in a relationship with someone at the moment?
O Yes (1)
O No (2)

# Display This Question: If Who do you currently live with = Husband/Wife/Cohabiting Partner Or Whether in a non-cohabiting relationship = Yes

RELSAT On a scale from 1 to 7, where '1' means that you are 'very unhappy' and '7' means that you are 'very happy', how happy is your relationship with your partner at the moment, all things considered?

things considered?
O Very unhappy 1 (1)
O 2 (2)
O 3 (4)
O 4 (5)
O 5 (6)
O 6 (7)
O Very happy 7 (8)
Display This Question:  If Who do you currently live with = Husband/Wife/Cohabiting Partner  Or Whether in a non-cohabiting relationship = Yes
RELCONFL <b>Since</b> the Coronavirus outbreak began, has the amount you have argued with your partner changed?
My partner and I have argued more often (1)
O No change - same as before (2)
My partner and I have argued less often (3)

End of Block: Relationships
Start of Block: Pregnancy
Display This Question:  If Who do you currently live with = Husband/Wife/Cohabiting Partner  Or Whether in a non-cohabiting relationship = Yes  And SEX = 1  Or If  SEX = 2
CURPREG Are you or your partner (if you have one) currently pregnant?
O Yes (1)
O No (2)
Display This Question:  If Whether currently pregnant = Yes
PREDUE How many weeks pregnant are you/is she?
End of Block: Pregnancy
Start of Block: Children and childcare  Display This Question:
If Who do you currently live with = Children (including step-children, adopted children, foster children or any other children you consider yourself parent to)
*
NUMCHIL How many of your children do you currently live with?

Display This Question:  If If Number of children live with Text Response	Is Greater Than 0
*	
CHILAGE Please give the age of each child you	live with.
	Years old (1)
	rears old (1)
If How many of your children do you currently live with? Text Response Is Greater Than or Equal to	
Child 1 (1)	
If How many of your children do you currently live with? Text Response Is Greater Than or Equal to 2	
Child 2 (2)	
If How many of your children do you currently live with? Text Response Is Greater Than or Equal to 3	
Child 3 (3)	
If How many of your children do you currently live with? Text Response Is Greater Than or Equal to 4	
Child 4 (4)	
If How many of your children do you currently live with? Text Response Is Greater Than or Equal to 5	
Child 5 (5)	

If How many of your children do you currently live with? Text Response Is Greater Than or Equal to Child 6 (6) If How many of your children do you currently live with? Text Response Is Greater Than or Equal to Child 7 (7) If How many of your children do you currently live with? Text Response Is Greater Than or Equal to Child 8 (8) If How many of your children do you currently live with? Text Response Is Greater Than or Equal to Child 9 (9) If The next questions are about who you are currently living with. Firstly, how many people, includi... Text Response Is Greater Than or Equal Child 10 (10)

Display This Qเ	uestion:
If If Age of Equal to 4	each child <span style="font-size:13px;">Child 1</span> - Years old Is Less Than or
Or Or Age Equal to 4	of each child <span style="font-size:13px;">Child 2</span> - Years old Is Less Than or
Or Or Age Equal to 4	of each child <span style="font-size:13px;">Child 3</span> - Years old Is Less Than or
Or Or Age Equal to 4	of each child <span style="font-size:13px;">Child 4</span> - Years old Is Less Than or
Or Or Age Equal to 4	of each child <span style="font-size:13px;">Child 5</span> - Years old Is Less Than or
Or Or Age Equal to 4	of each child <span style="font-size:13px;">Child 6</span> - Years old Is Less Than or
Or Or Age Equal to 4	of each child <span style="font-size:13px;">Child 7</span> - Years old Is Less Than or
Or Or Age Equal to 4	of each child <span style="font-size:13px;">Child 8</span> - Years old Is Less Than or
Or Or Age Equal to 4	of each child <span style="font-size:13px;">Child 9</span> - Years old Is Less Than or
Or Or Age Equal to 4	of each child <span style="font-size:13px;">Child 10</span> - Years old Is Less Than or
PREC19CA <b>B</b> aged 4 or un	efore the Coronavirus outbreak, which of the following applied to your child(ren) der?
$\circ$	My child(ren) aged 4 or under were home all the time (1)
$\circ$	My child(ren) aged 4 or under did attend day care or school (2)
day	Some of my children aged 4 or under were at home all the time and some attend care or school (4)
Display This Qι	uestion:
If Age of ea	ach child , My child(ren) aged 4 or under were home all the time Is Displayed
POSC19AC W	Which of the following <b>now</b> applies to your child(ren) aged 4 or under?
$\circ$	My child(ren) aged 4 or under are at home all the time (1)
$\circ$	My child(ren) aged 4 or under attend day care or school (2)
O dav	Some of my children aged 4 and under are at home all the time and some attend care or school (3)

If Age of each child = My child(ren) aged 4 or under attend day care or school

Or Age of each child = Some of my children aged 4 and under are at home all the time and some attend day care or school

YCATSCW Why is your child(ren) still attending day care or school?

I am a key worker (1)
My partner is a key worker (2)
My child has Special Education Needs (SEN) or Education and Healthcare plan (EHCP) (3)
Other reason (4)

#### Display This Question:

If If Age of each child <span style="font-size:13px;">Child 1</span> - Years old Is Greater Than or Equal to 5

And And Age of each child <span style="font-size:13px;">Child 1</span> - Years old Is Less Than or Equal to 16

Or If

If Age of each child <span style="font-size:13px;">Child 2</span> - Years old Is Greater Than or Equal to 5

And And Age of each child <span style="font-size:13px;">Child 2</span> - Years old Is Less Than or Equal to 16

Or If

If Age of each child <span style="font-size:13px;">Child 3</span> - Years old Is Greater Than or Equal to 5

And And Age of each child <span style="font-size:13px;">Child 3</span> - Years old Is Less Than or Equal to 16

Or If

If Age of each child <span style="font-size:13px;">Child 4</span> - Years old Is Greater Than or Equal to 5

And And Age of each child <span style="font-size:13px;">Child 4</span> - Years old Is Less Than or Equal to 16

Or If

If Age of each child <span style="font-size:13px;">Child 5</span> - Years old Is Greater Than or Equal to 5

And And Age of each child <span style="font-size:13px;">Child 5</span> - Years old Is Less Than or Equal to 16

Or If	
If Age of each child <span style="font-size:13px;">Child 6</span> - Years old Is Greater Than or Equal to 5	
And And Age of each child <span style="font-size:13px;">Child 6</span> - Years old Is Less Than or Equal to 16	
Or If	
If Age of each child <span style="font-size:13px;">Child 7</span> - Years old Is Greater Than or Equal to 5	
And And Age of each child <span style="font-size:13px;">Child 7</span> - Years old Is Less Than or Equal to 16	
Or If	
If Age of each child <span style="font-size:13px;">Child 8</span> - Years old Is Greater Than or Equal to 5	
And And Age of each child <span style="font-size:13px;">Child 8</span> - Years old Is Less Than or Equal to 16	
Or If	
If Age of each child <span style="font-size:13px;">Child 9</span> - Years old Is Greater Than or Equal to 5	
And And Age of each child <span style="font-size:13px;">Child 9</span> - Years old Is Less Than or Equal to 16	
Or If	
If Age of each child <span style="font-size:13px;">Child 10</span> - Years old Is Greater Than or Equal to 5	
And And Age of each child <span style="font-size:13px;">Child 10</span> - Years old Is Less Than or Equal to 16	
SCATSCH Are any of your child(ren) aged between 5 and 16 still physically attending school daily?	
O Yes (23)	
O No (24)	
Display This Question:  If School age child still attending school = Yes	
SCATSCHW Why is your child(ren) still physically attending school?	
I am a key worker (1)	
My partner is a key worker (2)	
My child has Special Education Needs (SEN) or Education and Healthcare plan (EHCP) (	3)
Other reason (4)	

**Start of Block: Caring** CARE Before the Coronavirus outbreak did you or a person you live with usually get help with regular personal tasks (washing, dressing), or domestic tasks (shopping, providing meals) that cannot be managed alone? No help received (1) Help received for myself (2) Help received for someone I live with (3) Display This Question: If care before COVID outbreak = Help received for myself Or care before COVID outbreak = Help received for someone I live with CAREWHO Who provided this help? Husband/wife/partner/self (1) Son or daughter or other family member (include even if not blood related) (2) Friend or neighbour (3) Voluntary helper (4) Paid/professional help (5) Other (6) Display This Question: If care before COVID outbreak = Help received for myself Or care before COVID outbreak = Help received for someone I live with **HCARPRE** Altogether, how many hours help did you or someone you live with usually get in a week? Up to 4 hours (1) 5-9 hours (4) 10-19 hours (5)

End of Block: Children and childcare

$\circ$	20-34 hours (6)
$\bigcirc$	35 hours or more (7)
CARECHAN Since the Corneeded and/o	ronavirus outbreak, have you or someone you live with had a change in help r received?
$\circ$	Yes, there has been a change to the care needed or received (1)
0	No change (2)
Display This Qu	uestion:
If Change	in care because of covid = Yes, there has been a change to the care needed or received
CACHANWH	Which of these statements best describes the change in help needed or received?
outh	Needs remain the same, but regular care reduced due to the Coronavirus oreak (1)
$\circ$	New or more care needed but not received (2)
$\circ$	New or more care needed and received (3)
Display This Qu	lestion.
	in care because of covid = Yes, there has been a change to the care needed or received
CARHRAF <b>Si</b>	nce the Coronavirus outbreak, how many hours of help have you or someone you ved each week?
$\circ$	0 hours (2)
$\circ$	1-4 hours (3)
$\circ$	5-9 hours (4)
$\circ$	10-19 hours (5)
$\circ$	20-34 hours (6)
$\circ$	35 hours or more (7)

Display This Question:
If Care amount since covid = 1-4 hours
Or Care amount since covid = 5-9 hours
Or Care amount since covid = 10-19 hours
Or Care amount since covid = 20-34 hours
Or Care amount since covid = 35 hours or more
PRNCARE Who provided this help?
O Husband/wife/partner/self (1)
O Son or daughter or other family member (include even if not blood related) (2)
Friend or neighbour (3)
O Voluntary helper (4)
O Paid/professional help (5)
Other (6)
End of Block: Caring
Start of Block: Housing
*
NUMROOMS The next few questions are about where you are currently living.
How many rooms are there in the home where you are currently living, not counting kitchens, bathrooms, toilets, halls and garages?
Please do not include conservatories unless they are used as a living room all year round.



CMPOST Please enter the postcode of the address at which you are currently living, even if this is a temporary address.  Use capitalised letters and leave a space between the two parts of the postcode. For example WC1H 0AL.
OUTDOORS Do you have a garden, a patio or yard, a roof terrace or large balcony?
Please select all that apply
A garden (1)
A patio or yard (2)
A roof terrace or large balcony (3)
None of the above (4)
End of Block: Housing
Start of Block: Financial situation
FINANCIALMANB The following questions are about your financial situation, your job, or any other things that you were doing <b>before</b> and <b>since</b> the Coronavirus outbreak.  In the 3 months <b>before</b> the Coronavirus outbreak, how well would you say you personally were
managing financially?
Living comfortably (1)
O Doing all right (2)
<ul><li>Just about getting by (3)</li></ul>
○ Finding it quite difficult (4)
Finding it very difficult (5)

FINANCIALMAND Overall, how do you feel your <b>current</b> financial situation compares to <b>before</b> the Coronavirus outbreak?
O I'm much worse off (1)
O I'm a little worse off (2)
O I'm about the same (3)
O I'm a little better off (4)
O I'm much better off (5)
FOODAFFORD Which of the following statements best describes the food eaten in your household <b>since</b> the Coronavirus outbreak began?
<ul> <li>You and other household members always have had enough of the kinds of foods you wanted to eat (1)</li> </ul>
O You and other household members have had enough to eat, but not always the kinds of foods you wanted (2)
O Sometimes you and other household members did not have enough to eat (3)
Often you and other household members did not have enough to eat (4)
FOODBANK How often has your household used a food bank, or similar service, <b>since</b> the Coronavirus outbreak began?
O Never (1)
C Less than four times (2)
O Four times or more (3)

**Start of Block: Benefits claimed** 

BENEFITB In the three months <b>before</b> the Coronavirus outbreak, have you (or your partner if you have one) received any of the following?  Please select all that apply.
Free school meals (1)
Universal credit (2)
Pension credit (3)
Income support or Job Seeker's Allowance (4)
Working Tax Credit or Child Tax credit (5)
Employment and Support Allowance (6)
Statutory sick pay (8)
Housing benefit (14)
Council tax support or reduction (9)
Pension credit (11)
Carers allowance, Personal independence payments, or Disability Living Allowance (12)
No - none of these (13)
BENEFITD Now thinking about the time <b>since</b> the Coronavirus outbreak, have you (or your partner if you have one) made any <b>new</b> claims for the following?
Please select all that apply.
Free school meals (1)

Universal credit (2)
Employment and Support Allowance (4)
Statutory sick pay (5)
Council tax support or reduction (6)
Carers allowance or Personal independence payments (9)
New government financial support for self employed people (7)
No - none of these (8)
BENEFITOTH Since the Coronavirus outbreak, have you used any of the following?
Please select all that apply.
Mortgage or rent payment holidays (1)
Council tax payment holiday (5)
Other debt repayment or interest payment holidays (2)
No - none of these (4)
End of Block: Benefits claimed
Start of Block: Employment circumstances - prior outbreak
ECONACTIVITYB Which of these best describes what you were doing just <b>before</b> the Coronavirus outbreak? If you were doing more than one activity, please choose the activity that you spent most time doing.
C Employed (1)
O Self-employed (2)

O In unpaid/ voluntary work (3)
O Apprenticeship (4)
O Unemployed (5)
O Permanently sick or disabled (6)
O Looking after home or family (7)
O In education at school/college/university (8)
Retired (9)
O Doing something else (10)
Display This Question:  If Economic activity - prior outbreak = Apprenticeship
APPRENTYPE Was this apprenticeship part of?
A full time job (1)
Or a part time job (2)
O Not part of any job (3)
Display This Question:  If Economic activity - prior outbreak = Employed
Or Economic activity - prior outbreak = Self-employed
Or Economic activity - prior outbreak = In unpaid/ voluntary work
Or Economic activity - prior outbreak = Apprenticeship
And Apprenticeship type != Not part of any job
*
WRKHOURSB How many hours per week did you usually work, not including meal breaks but including overtime?

Display This Question.
If Economic activity - prior outbreak = Employed
Or Economic activity - prior outbreak = Self-employed
Or Economic activity - prior outbreak = In unpaid/ voluntary work
Or Economic activity - prior outbreak = Apprenticeship
And Apprenticeship type != Not part of any job
*
JTITLEB What was your job title?
Display This Question:
If Economic activity - prior outbreak = Employed
Or Economic activity - prior outbreak = Self-employed
Or Economic activity - prior outbreak = In unpaid/ voluntary work
Or Economic activity - prior outbreak = Apprenticeship
And Apprenticeship type != Not part of any job
JDOB Please describe in your own words what you mainly did in this job. Please describe in
detail (for example job title and the type of work).

Display This Question:
If Economic activity - prior outbreak = Employed
Or Economic activity - prior outbreak = In unpaid/ voluntary work
Or Economic activity - prior outbreak = Apprenticeship
And Apprenticeship type != Not part of any job
*
JMAKEB What did the firm or organisation you worked for mainly make or do?
Please describe in detail (for example manufacturing, processing or distribution, goods produced, materials used, wholesale or retail).
Display This Question:
If Economic activity - prior outbreak = Self-employed
*
JMAKESEB What did your firm or organisation mainly make or do?
Please describe in detail (for example manufacturing, processing or distribution, goods produced, materials used, wholesale or retail).

Display This Question:
If Economic activity - prior outbreak = Employed
ZEROHB In this job, did you have a zero hours contract?
O Yes (1)
O No (2)
End of Block: Employment circumstances - prior outbreak
Start of Block: Education - prior outbreak
Display This Question:  If Economic activity - prior outbreak = Apprenticeship  And Apprenticeship type = Not part of any job
FTCOURSEAPPRENT Was this apprenticeship a full time course at a college or training centre?
O Yes (1)
O No (2)
Display This Question:  If Whether apprenticeship a full time course = No
STUDYAPPRENT Did it involve periods of study at a college or training centre?
O Yes (1)
O No (2)

If Economic activity - prior outbreak = In education at school/college/university
Or Economic activity - prior outbreak = Apprenticeship
And Apprenticeship type = Not part of any job
STUDYORG Where were you studying or doing your apprenticeship?
O School (1)
O College (2)
O University (3)
Other (4)
Display This Question:
If Economic activity - prior outbreak = In education at school/college/university
STUDYHRS Were you studying or doing your apprenticeship full or part time?
O Full-time (1)
O Part time (2)
Display This Oversion
Display This Question:
If Economic activity - prior outbreak = In education at school/college/university  Or Economic activity - prior outbreak = Apprenticeship
And Appreniiceship iyde = Noi dan ol any iod
And Apprenticeship type = Not part of any job  *
*  COURSENAME What is the name of the course you were studying?
*

If Economic activity - prior outbreak = In education at school/college/university
Or Economic activity - prior outbreak = Apprenticeship
And Apprenticeship type = Not part of any job
STUDYORGNAME In the boxes below please write the full name of the school, college, university or other organisation at which you were studying or doing your apprenticeship, and the town in which it is in:
O Name: (4)
O Town: (5)
Display This Question:
If Economic activity - prior outbreak = In education at school/college/university
Or Economic activity - prior outbreak = Apprenticeship
And Apprenticeship type = Not part of any job
COURSEDUR What is the duration of the course or apprenticeship?
One year (1)
O Two years (2)
O Three years (3)
O Four years (4)
Other (please specify) (5)

Display This Question:
If Economic activity - prior outbreak = In education at school/college/university
Or Economic activity - prior outbreak = Apprenticeship
And Apprenticeship type = Not part of any job
STUDYYEAR Which course year or year in the apprenticeship are you currently in?
First year (1)
Course duration = Two years
Or Course duration = Three years
Or Course duration = Four years
Or Course duration = Other (please specify)
O Second year (2)
Course duration = Three years
Or Course duration = Four years
Or Course duration = Other (please specify)
O Third year (3)
Course duration = Four years
Or Course duration = Other (please specify)
O Fourth year (4)
Course duration = Other (please specify)
Other (please specify) (5)

If Economic activity - prior outbreak = In education at school/college/university

Or Economic activity - prior outbreak = Apprenticeship

And Apprenticeship type = Not part of any job

LEARNACTIVITYCHNG Has your learning activity changed in any of the following ways **since** the Coronavirus outbreak?

$\bigcirc$	No - there is no interruption to learning activities (1)
$\bigcirc$	Yes - I am taking a formal break in learning activities (2)
	Yes - I am studying at home with online resources provided by my learning ablishment (3)
esta	Yes - I am studying at home with no online resources provided by my learning ablishment (4)
$\bigcirc$	Yes - I dropped out from learning activities (5)
$\bigcirc$	Other (Please specify) (6)

### Display This Question:

If Change in learning activity - during outbreak = Yes - I am studying at home with online resources provided by my learning establishment

Or Change in learning activity - during outbreak = Yes - I am studying at home with no online resources provided by my learning establishment

LEARNSATISFACTION Using a scale of 0 to 10, where 0 means 'completely disagree' and 10 means 'completely agree', please indicate the extent to which you agree or disagree with each of the statements below.

	Completely disagree 0 (14)	1 (25)	2 (26)	3 (15)	4 (16)	5 (17)	6 (18)	7 (19)	8 (20)	9 (21)	Completely agree 10 (28)
I am satisfied with the learning resources provided by my learning establishment (5)	0	0	0	0	0	0	0	0	0	0	0
I have been able to continue my studies effectively whilst being at home (6)	0	0	0	0	0	0	0	0	0	0	0

**End of Block: Education - prior outbreak** 

Start of Block: Economic activity - during outbreak - if in education or non-job apprenticeship

### Display This Question:

If Change in learning activity - during outbreak = Yes - I am taking a formal break in learning activities

Or Change in learning activity - during outbreak = Yes - I dropped out from learning activities

ECONACTIVITYDEDU And which of these best describes what you are doing **now** - that is **since** the Coronavirus outbreak?

If you are doing more than one activity, please choose the activity that you spend most time doing.

$\bigcirc$	Employed (1)
$\bigcirc$	Self-employed (2)
$\bigcirc$	In unpaid/voluntary work (3)
$\bigcirc$	Apprenticeship (4)
$\bigcirc$	Unemployed (5)
$\bigcirc$	Permanently sick or disabled (6)
$\bigcirc$	Looking after home or family (7)
$\bigcirc$	In education at school/college/university (8)
$\bigcirc$	Retired (9)
$\bigcirc$	Doing something else (10)

Display This Question:
If Economic activity - during outbreak if learning interrupted = Employed
Or Economic activity - during outbreak if learning interrupted = Self-employed
Or Economic activity - during outbreak if learning interrupted = In unpaid/ voluntary work
*
WRKHOURSDEDU And how many hours per week do you usually work <b>now</b> , not including meal breaks but including overtime?
Display This Question:
If Economic activity - during outbreak if learning interrupted = Employed
Or Economic activity - during outbreak if learning interrupted = Self-employed
Or Economic activity - during outbreak if learning interrupted = In unpaid/ voluntary work
WRKLOCATIONDEDU Which of the following best describes your work location <b>since</b> the Coronavirus outbreak?
O Work from your own home (1)
O Work at employer's premises (2)
Other (3)
Display This Question:
If Economic activity - during outbreak if learning interrupted = Employed
Or Economic activity - during outbreak if learning interrupted = Self-employed
Or Economic activity - during outbreak if learning interrupted = In unpaid/ voluntary work
KEYWORKEREDU Are you a Key worker, or has your work been classified as critical to the Covid-19 response?
O Yes (1)
O No (2)

End of Block: Economic activity - during outbreak - if in education or non-job apprenticeship

Start of Block: Employment circumstances - during outbreak

Display This Question:

If Economic activity - prior outbreak != In education at school/college/university

And Apprenticeship type != Not part of any job

ECONACTIVITYD And which of these would you say best describes your situation **now** - that is **since** the Coronavirus outbreak?

$\bigcirc$	Employed and currently working (1)
$\bigcirc$	Employed but on paid leave (including furlough) (2)
$\bigcirc$	Employed and on unpaid leave (3)
0	Apprenticeship (4)
$\bigcirc$	In unpaid/voluntary work (5)
$\bigcirc$	Self-employed and currently working (6)
$\bigcirc$	Self-employed but not currently working (7)
$\bigcirc$	Unemployed (8)
$\bigcirc$	Permanently sick or disabled (9)
$\bigcirc$	Looking after home or family (10)
0	In education at school/college/university (11)
$\bigcirc$	Retired (12)
$\bigcirc$	Doing something else (13)

## Display This Question: If Economic activity - during outbreak = Employed and currently working Or Economic activity - during outbreak = Apprenticeship Or Economic activity - during outbreak = In unpaid/voluntary work Or Economic activity - during outbreak = Self-employed and currently working WRKHOURSD And how many hours per week do you usually work now, not including meal breaks but including overtime? Display This Question: If Economic activity - during outbreak = Employed and currently working Or Economic activity - during outbreak = Apprenticeship Or Economic activity - during outbreak = In unpaid/voluntary work Or Economic activity - during outbreak = Self-employed and currently working WRKLOCATIOND Which of the following best describes your work location since the Coronavirus outbreak? Work from your own home (1) Work at employer's premises (2) Other (3) Display This Question: If Economic activity - during outbreak = Employed and currently working Or Economic activity - during outbreak = Apprenticeship Or Economic activity - during outbreak = In unpaid/voluntary work Or Economic activity - during outbreak = Self-employed and currently working KEYWORKERD Are you a Key worker, or has your work been classified as critical to the Covid-19 response? Yes (1) No (2)

End of Block: Employment circumstances - during outbreak
Start of Block: Employment circumstances - prior outbreak - partner
Display This Question:  If Who do you currently live with = Husband/Wife/Cohabiting Partner
II WHO do you currently live with = Husband/Wile/Conabiting Farther
PECONACTIVITYB Which of these best describes what <b>your partner</b> was doing just <b>before</b> the Coronavirus outbreak? If they were doing more than one activity, please choose the activity that they spent most time doing.
O Employed (1)
O Self-employed (2)
O In unpaid/ voluntary work (3)
O Apprenticeship (4)
O Unemployed (5)
O Permanently sick or disabled (6)
O Looking after home or family (7)
O In education at school/college/university (8)
O Retired (9)
O Doing something else (10)
Display This Question:
If Partner's economic activity - prior outbreak = Apprenticeship
PAPPRENTYPE Was this apprenticeship part of?
A full time job (1)
Or a part time job (2)
O Not part of any job (3)

# Display This Question: If Partner's economic activity - prior outbreak = Employed Or Partner's economic activity - prior outbreak = Self-employed Or Partner's economic activity - prior outbreak = In unpaid/voluntary work Or Partner's economic activity - prior outbreak = Apprenticeship And Apprenticeship type - partner != Not part of any job PWRKHOURSB How many hours per week did your partner usually work, not including meal breaks but including overtime? Display This Question: If Partner's economic activity - prior outbreak = Employed Or Partner's economic activity - prior outbreak = Self-employed Or Partner's economic activity - prior outbreak = In unpaid/voluntary work Or Partner's economic activity - prior outbreak = Apprenticeship And Apprenticeship type - partner != Not part of any job PJTITLEB What was **your partner's** job title? Display This Question: If Partner's economic activity - prior outbreak = Employed Or Partner's economic activity - prior outbreak = Self-employed Or Partner's economic activity - prior outbreak = In unpaid/voluntary work Or Partner's economic activity - prior outbreak = Apprenticeship And Apprenticeship type - partner != Not part of any job PJDOB Please describe in your own words what your partner mainly did in this job. Please describe in detail (for example job title and the type of work).

Display This Question:
If Partner's economic activity - prior outbreak = Employed
Or Partner's economic activity - prior outbreak = In unpaid/ voluntary work
Or Partner's economic activity - prior outbreak = Apprenticeship
And Apprenticeship type - partner != Not part of any job
*
PJMAKEB What did the firm or organisation <b>your partner</b> worked for mainly make or do? Please describe in detail (for example manufacturing, processing or distribution, goods produced, materials used, wholesale or retail.
Display This Question:
If Partner's economic activity - prior outbreak = Self-employed
*
PJMAKESEB What did <b>your partner's</b> firm or organisation mainly make or do? Please description detail (for example manufacturing, processing or distribution, goods produced, materials used, wholesale or retail.
<u></u>

Display This Question:  If Partner's economic activity - prior outbreak = Employed			
PZEROHB In this job, did <b>your partner</b> have a zero hours contract?			
O Yes (1)			
O No (2)			
End of Block: Employment circumstances - prior outbreak - partner			
Start of Block: Economic activity - partner - since outbreak			
Display This Question:  If Who do you currently live with = Husband/Wife/Cohabiting Partner			
PECONACTIVITYD And which of these would you say best describes <b>your partner's</b> situation <b>now</b> - that is <b>since</b> the Coronavirus outbreak?			
<ul><li>Employed and currently working (1)</li></ul>			
Employed but on paid leave (including furlough) (2)			
Employed and on unpaid leave (3)			
O Apprenticeship (4)			
O In unpaid/voluntary work (5)			
Self-employed and currently working (6)			
<ul> <li>Self-employed but not currently working (7)</li> </ul>			
O Unemployed (8)			
O Permanently sick or disabled (9)			
O Looking after home or family (10)			
O In education at school/college/university (11)			
Retired (12)			
O Doing something else (13)			

## Display This Question: If Partner's economic activity - during outbreak = Employed and currently working Or Partner's economic activity - during outbreak = Apprenticeship Or Partner's economic activity - during outbreak = In unpaid/voluntary work Or Partner's economic activity - during outbreak = Self-employed and currently working PWRKHOURSD And how many hours per week does your partner usually work now, not including meal breaks but including overtime? Display This Question: If Partner's economic activity - during outbreak = Employed and currently working Or Partner's economic activity - during outbreak = Apprenticeship Or Partner's economic activity - during outbreak = In unpaid/voluntary work Or Partner's economic activity - during outbreak = Self-employed and currently working PKEYWORKER Is your partner a Key worker, or has their work been classified as critical to the Covid-19 response? Yes (1) No (2) **End of Block: Economic activity - partner - since outbreak** Start of Block: EDU&EMP MCS ONLY Display This Question: If GROUP = 4EDUOFFER Have you, at any stage, formally accepted an offer for a place on a college or university course or an apprenticeship programme which will start later this year? Yes (1)

Display This Question:
If GROUP = 4
And Whether accepted a place at college or university = Yes
EDUORGNAME In the boxes below please write the full name of the college, university or other organisation at which you have been offered a place, and the town in which it is in:  Name: (4)
O Town: (5)
Display This Question:
If GROUP = 4
And Whether accepted a place at college or university = Yes
EDUOFFERINTENT Do you still intend to take up this course or have your plans changed?
O No change to plans - I will take up the course or apprenticeship (1)
O Deferred entry to course or apprenticeship (2)
On not plan to do the course or apprenticeship anymore (3)
O Not sure / Still deciding (4)
End of Block: EDU&EMP MCS ONLY
Start of Block: Health Behaviours
SMOKING The next set of questions are about smoking, drinking alcohol, exercise, diet and sleep.
Which of these statements applies to you?
O I've never smoked cigarettes (1)
I used to smoke cigarettes but don't at all now (2)
I now smoke cigarettes occasionally but not every day (3)
I smoke cigarettes every day (4)

Display This Q	uestion:
If Smoking	behaviour = I now smoke cigarettes occasionally but not every day
Or Smokin	g behaviour = I smoke cigarettes every day
*	
NUMCIGSPP ou usually sr	In the month <b>before</b> the Coronavirus outbreak, how many cigarettes a day did moke?
Display This Q	
	behaviour = I now smoke cigarettes occasionally but not every day
Or Smokin	g behaviour = I smoke cigarettes every day
*	
NUMCIGSSP ypically smok	<b>Since</b> the start of the Coronavirus outbreak, how many cigarettes a day have you red?
VAPE Now th	inking about electronic cigarettes or vaping devices, which of these statements ?
$\circ$	I've never used an electronic cigarette or a vaping device (1)
$\circ$	I used to use an electronic cigarette or a vaping device but don't at all now (2)
day	I now use an electronic cigarette or a vaping device occasionally but not every (3)
0	I use electronic cigarettes or vaping devices every day (4)

If Vaping behaviour = I now use an electronic cigarette or a vaping device occasionally but not every day
Or Vaping behaviour = I use electronic cigarettes or vaping devices every day
VAPESP <b>Since</b> the start of the Coronavirus outbreak, has the amount you have been using an electronic cigarette or vaping device changed?
<ul> <li>Yes - I have used an electronic cigarette or vaping device more often (1)</li> </ul>
O Yes - I have used an electronic cigarette or vaping device less often (2)
O No (3)
ALDRPP In the month <b>before</b> the Coronavirus outbreak, how often did you have a drink containing alcohol?
4 or more times a week (1)
2-3 times a week (2)
O 2-4 times per month (3)
O Monthly or less (4)
O Never (5)
Display This Question:
If How often drank alcohol pre Coranavirus outbreak = 4 or more times a week
Or How often drank alcohol pre Coranavirus outbreak = 2-3 times a week
Or How often drank alcohol pre Coranavirus outbreak = 2-4 times per month
Or How often drank alcohol pre Coranavirus outbreak = Monthly or less
AUNDPP In the month <b>before</b> the Coronavirus outbreak, how many standard alcoholic drinks have you had on a typical day when you were drinking?
O 1-2 (1)
O 3-4 (2)
<ul><li>3-4 (2)</li><li>5-6 (3)</li></ul>

Display This Question:

ALDRSP <b>Since</b> the start of the Coronavirus outbreak, how often have you had a drink containing alcohol?
4 or more times a week (1)
2-3 times a week (2)
2-4 times per month (3)
O Monthly or less (4)
O Never (5)
Display This Overstone
Display This Question:  If How often drinks alcohol since Coronavirus outbreak = 4 or more times a week
Or How often drinks alcohol since Coronavirus outbreak = 2-3 times a week
Or How often drinks alcohol since Coronavirus outbreak = 2-4 times per month
Or How often drinks alcohol since Coronavirus outbreak = Monthly or less
AUNDSP <b>Since</b> the start of the Coronavirus outbreak, how many standard alcoholic drinks do you have on a typical day when you were drinking?
O 1-2 (1)
O 3-4 (2)
O 5-6 (3)
O 7-9 (4)
O 10+ (5)
Display This Question:
If How often drinks alcohol since Coronavirus outbreak = 4 or more times a week
Or How often drinks alcohol since Coronavirus outbreak = 2-3 times a week
Or How often drinks alcohol since Coronavirus outbreak = 2-4 times per month
Or How often drinks alcohol since Coronavirus outbreak = Monthly or less
AUSDSP <b>Since</b> the start of the Coronavirus outbreak, how often have you found you were not able to stop drinking once you had started?
O Never (1)
C Less than monthly (2)

$\circ$	Monthly (3)
$\bigcirc$	Weekly (4)
$\circ$	Daily or almost daily (5)
Display This Qu	uestion:
If How ofte	n drinks alcohol since Coronavirus outbreak = 4 or more times a week
Or How oft	en drinks alcohol since Coronavirus outbreak = 2-3 times a week
Or How oft	en drinks alcohol since Coronavirus outbreak = 2-4 times per month
Or How oft	en drinks alcohol since Coronavirus outbreak = Monthly or less
	ce the start of the Coronavirus outbreak, how often have you failed to do what was bu because of drinking?
$\circ$	Never (1)
$\circ$	Less than monthly (2)
$\bigcirc$	Monthly (3)
$\circ$	Weekly (4)
$\circ$	Daily or almost daily (5)
Display This Qu	
If How ofte	n drinks alcohol since Coronavirus outbreak = 4 or more times a week
Or How oft	en drinks alcohol since Coronavirus outbreak = 2-3 times a week
Or How oft	en drinks alcohol since Coronavirus outbreak = 2-4 times per month
Or How oft	en drinks alcohol since Coronavirus outbreak = Monthly or less
	ce the start of the Coronavirus outbreak, has a relative, friend, doctor or health concerned about your drinking or advised you to cut down?
0	Yes (1)
0	No (2)



EXCISEPP In the month **before** the start of the Coronavirus outbreak, on how many days in a typical week did you do 30 minutes or more of exercise where you are working hard enough to raise your heart rate and break into a sweat?

\_\_\_\_\_



EXCISESP **Since** the start of the Coronavirus outbreak, on how many days in a typical week did you do 30 minutes or more of exercise where you are working hard enough to raise your heart rate and break into a sweat?

\_\_\_\_\_



#### **FRTVEGPP**

In the month **before** the start of the Coronavirus outbreak, how many portions of fresh fruit and vegetables did you eat in a typical day?

A portion of fruit could be a whole piece of fruit, like an apple or banana or 80g of fruit (like in a fruit salad).

A portion of vegetables is 3 heaped tablespoons of cooked vegetables or beans /pulses or a handful of cherry tomatoes or a small bowl of salad. It does not include potatoes.

Juice/smoothies can count as 1 portion per day.



#### **FRTVEGSP**

**Since** the start of the Coronavirus outbreak, how many portions of fresh fruit and vegetables have you eaten in a typical day?

A portion of fruit could be a whole piece of fruit, like an apple or banana or 80g of fruit (like in a fruit salad).

A portion of vegetables is 3 heaped tablespoons of cooked vegetables or beans /pulses or a handful of cherry tomatoes or a small bowl of salad. It does not include potatoes.

Juice/smoothies can count as 1 portion per day.

\_\_\_\_\_



HSLEEPPP In the month **before** the start of the Coronavirus outbreak, how many hours did you sleep each night on average?

Please round to the nearest hour.

\_\_\_\_\_



HSLEEPSP **Since** the start of the Coronavirus outbreak, how many hours have you slept each night on average?

Please round to the nearest hour.

Weight The next question is about your weight. Would you prefer to report your weight in kilograms or stones and pounds?
O Kilograms (1)
O Stones and Pounds (2)
O I do not wish to report my weight (3)
Display This Question:  If The next question is about your weight. Would you prefer to report your weight in kilograms or st  = Kilograms
*
WGHTKG What is your weight in kilograms?
Display This Question:
If The next question is about your weight. Would you prefer to report your weight in kilograms or st = Stones and Pounds
WGHTSTP What is your weight in stones and pounds?
O Stone (4)
O Pounds (5)
End of Block: Health Behaviours
Start of Block: Contact
SCON1 The next few questions are about the contact you have had with people you do not live with in the last seven days.
In the last seven days, on how many days did you meet up in person with any of your family or friends who do not live with you?
O Every day (1)
O 4-6 days (2)

O 2-3 days (3)
O 1 day (4)
O Never (5)
SCON2 In the last seven days, on how many days did you talk to family or friends you do not live with via phone or video calls?
O Every day (1)
O 4-6 days (2)
O 2-3 days (3)
O 1 day (4)
O Never (5)
SCON3 In the last seven days, on how many days did you keep in contact with family or friends you do not live with by email or text or other electronic messaging?
C Every day (1)
O 4-6 days (2)
O 2-3 days (3)
O 1 day (4)
O Never (5)

SCON4 In the last seven days, on how many days did you take part in an online community activity, e.g. an online community group, online chat group, street or neighbourhood social media group?
O Every day (1)
O 4-6 days (2)
O 2-3 days (3)
O 1 day (4)
O Never (5)
SCON5 In the last seven days, on how many days did you give help to people outside of your household affected by Coronavirus or the current restrictions?
Please include doing shopping, collecting medicines, checking in on people and any other voluntary work for community groups or other organisations.
O Every day (1)
O 4-6 days (2)
O 2-3 days (3)
O 1 day (4)
O Never (5)

Start of Block: Social	provision			
Display This Question:				
If COHORTID = 3				
Or COHORTID = 4				
friends, family members	extent each statement of	describes your current rel	ationships with other	
	Very true (9)	Partly true (10)	Not true at all (11)	
I have family and friends who help me feel safe, secure and happy (2)	$\circ$	0	$\circ$	
There is someone I trust whom I would turn to for advice if I were having problems (1)	0	0		
There is no one I feel close to (3)	0	$\circ$	0	
SICK If you were sick in	bed how much could yo	ou count on the people a	round you to help out?	
O Not at all	(1)			
O A little (6	5)			
O Somewhat (7)				
O A great o	leal (8)			

**End of Block: Contact** 

Display This Question:						
If COHORTID = 1						
Or COHORTID = 2						
LISTEN If you needed to people around you be w	• •	ems and private feelings, hov	v much would the			
O Not at all	(2)					
O A little (6	3)					
O Somewhat (7)						
A great deal (8)						
End of Block: Social p	rovision					
Start of Block: Lonelin	ess					
LONELY						
	Hardly ever (1)	Some of the time (2)	Often (3)			
How often do you feel that you lack companionship? (2)	0	0	0			
How often do you feel left out? (3)	$\circ$	$\circ$	0			
How often do you feel isolated from others? (4)	0	$\circ$	0			
How often do you feel lonely? (6)	$\circ$	$\circ$	$\circ$			

Start of Block: Life sat

**End of Block: Loneliness** 

means 'completely'?
O Not at all satisfied 0 (100)
O 1 (101)
O 2 (102)
O 3 (103)
O 4 (104)
O 5 (105)
O 6 (106)
O 7 (107)
O 8 (108)
O 9 (109)
Completely satisfied 10 (110)
End of Block: Life sat
Start of Block: MCS Mental health scale
Display This Question:  If COHORTID = 4
PHDE The next few questions are about how you have felt over the last 30 days.
During the last 30 days, about how often did you feel so depressed that nothing could cheer you up?
O All of the time (1)
O Most of the time (2)
O Some of the time (3)

SATN Overall, how satisfied are you with your life nowadays, where 0 means 'not at all' and 10

$\circ$	A little of the time (4)
0	None of the time (5)
Display This Qu	
If COHOR	TID = 4
PHHO During	the last 30 days, about how often did you feel hopeless?
0	All of the time (1)
0	Most of the time (2)
$\circ$	Some of the time (3)
$\circ$	A little of the time (4)
$\circ$	None of the time (5)
Display This Qu	uestion:
If COHOR	
PHRF During	the last 30 days, about how often did you feel restless or fidgety?
$\circ$	All of the time (1)
$\circ$	Most of the time (2)
$\circ$	Some of the time (3)
$\circ$	A little of the time (4)
$\circ$	None of the time (5)

Display This Qu If COHOR	
PHEE During	the last 30 days, about how often did you feel that everything was an effort?
0	All of the time (1)
$\circ$	Most of the time (2)
$\circ$	Some of the time (3)
$\bigcirc$	A little of the time (4)
$\circ$	None of the time (5)
Display This Qu	uestion:
If COHOR	TID = 4
PHWO During	the last 30 days, about how often did you feel worthless?
$\circ$	All of the time (1)
$\circ$	Most of the time (2)
$\circ$	Some of the time (3)
$\circ$	A little of the time (4)
$\circ$	None of the time (5)
Display This Qu	uestion:
If COHOR	ΓID = 4
PHNE During	the last 30 days, about how often did you feel nervous?
$\circ$	All of the time (1)
$\circ$	Most of the time (2)
$\circ$	Some of the time (3)
$\circ$	A little of the time (4)
$\bigcirc$	None of the time (5)

Display	This	Questi	on:
If C	OHC	RTID -	- 4

HARM Since the start of the Coronavirus outbreak have you hurt yourself on purpose i	n any
way?	

O Yes (1)

O No (2)

### Display This Question: If COHORTID = 4

WEMWBS Below are some statements about feelings and thoughts.

Please select the answer that best describes your experience of each over the last two weeks.

r lease select the answer that best describes your experience of each over the last two weeks.					
	None of the time (1)	Rarely (2)	Some of the time (3)	Often (4)	All of the time (5)
I've been feeling optimistic about the future (1)	0	0	0	0	0
I've been feeling useful (2)	0	$\circ$	0	0	$\circ$
I've been feeling relaxed (3)	0	$\circ$	0	$\circ$	$\circ$
I've been dealing with problems well (4)	0	$\circ$	0	0	$\circ$
I've been thinking clearly (5)	0	$\circ$	$\circ$	$\circ$	$\circ$
I've been feeling close to other people (6)	0	0	0	0	$\circ$
I've been able to make up my own mind about things (7)	0	0	0	0	0

**End of Block: MCS Mental health scale** 

	Start of Bl	lock: NCD	S&BCS Me	ental health sca	ıle
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Display This Question: If COHORTID = 1

Or COHORTID = 2

### MALAISE The next questions are concerned with how you are feeling generally.

	Yes (1)	No (2)
Do you feel tired most of the time? (3)	0	0
Do you often feel miserable or depressed? (4)	$\circ$	$\circ$
Do you often get worried about things? (5)	$\circ$	$\circ$
Do you often get in a violent rage? (6)	$\circ$	$\circ$
Do you often suddenly become scared for no good reason? (7)	$\circ$	
Are you easily upset or irritated? (8)	$\circ$	
Are you constantly keyed up and jittery? (9)	$\circ$	$\circ$
Does every little thing get on your nerves and wear you out? (10)	$\circ$	
Does your heart often race like mad? (11)	$\circ$	

End of Block: NCDS&BCS Mental health scale	
Start of Block: NS Mental health scale	
Display This Question:	
If COHORTID = 3	
GHQ121 Have you recently been able to concentrate on what you're doing?	
O Better than usual (1)	
O Same as usual (2)	
C Less than usual (3)	
Much less than usual (4)	
Display This Question:	
If COHORTID = 3	
GHQ122 Have you recently lost much sleep over worry?	
O Not at all (1)	
O No more than usual (2)	
Rather more than usual (3)	
Much more than usual (4)	
Display This Question:	
If COHORTID = 3	
GHQ123 Have you recently felt that you are playing a useful part in things?	
O More so than usual (1)	
O Same as usual (2)	
C Less useful than usual (3)	
Much less useful (4)	

Display This Question:  If COHORTID = 3		
GHQ124 Have you recently felt capable of making decisions about things?		
$\circ$	More so than usual (1)	
$\circ$	Same as usual (2)	
$\circ$	Less so than usual (3)	
$\circ$	Much less capable (4)	
Display This Qu		
	e you recently felt constantly under strain?	
$\circ$	Not at all (1)	
$\circ$	No more than usual (2)	
$\circ$	Rather more than usual (3)	
$\circ$	Much more than usual (4)	
Display This Qเ If COHOR		
GHQ126 Have	e you recently felt you couldn't overcome your difficulties?	
$\circ$	Not at all (1)	
$\circ$	No more than usual (2)	
$\circ$	Rather more than usual (3)	
$\circ$	Much more than usual (4)	

Display This Question:  If COHORTID = 3		
GHQ127 Have	e you recently been able to enjoy your normal day to day activities?	
$\circ$	More so than usual (1)	
$\circ$	Same as usual (2)	
$\circ$	Less so than usual (3)	
$\circ$	Much less than usual (4)	
Display This Qu		
	e you recently been able to face up to your problems?	
$\circ$	More so than usual (1)	
$\circ$	Same as usual (2)	
$\circ$	Less so than usual (3)	
$\circ$	Much less able (4)	
Display This Question:  If COHORTID = 3		
GHQ129 Have	e you recently been feeling unhappy or depressed?	
$\circ$	Not at all (1)	
$\circ$	No more than usual (2)	
0	Rather more than usual (3)	
$\bigcirc$	Much more than usual (4)	

Display This Question:  If COHORTID = 3	
II OOHON	HD = 3
GHQ1210 Ha	ve you recently been losing confidence in yourself?
$\circ$	Not at all (1)
$\circ$	No more than usual (2)
$\circ$	Rather more than usual (3)
0	Much more than usual (4)
Display This Quality of COHOR	
GHQ1211 Ha	ve you recently been thinking of yourself as a worthless person?
$\circ$	Not at all (1)
0	No more than usual (2)
0	Rather more than usual (3)
$\circ$	Much more than usual (4)
Display This Qu	uestion:
If COHOR	TID = 3
GHQ1212	
Have you rece	ently been feeling reasonably happy, all things considered?
$\circ$	More so than usual (1)
$\circ$	Same as usual (5)
$\circ$	Less so than usual (6)
	Much less than usual (7)

End of Block	: NS Mental health scale
Start of Block	x: NSHD Mental health scale
Display This Qι	
If COHOR	ΓID = 5
GHQ0115 Ple the past few w	ase answer ALL the following questions about how you have been feeling over reeks.
Remember that in the past.	at we want to know about your present and recent complaints, not those you had
HAVE YOU R	ECENTLY:
Been feeling p	perfectly well and in good health?
0	Better then ususal (1)
$\circ$	Same as usual (2)
$\circ$	Worse than usual (3)
$\circ$	Much worse than usual (4)
Display This Qu If COHOR	
GHQ0215 Bee	en feeling in need of a good tonic?
$\circ$	Not at all (1)
$\bigcirc$	No more than usual (2)
$\circ$	Rather more than usual (3)
$\circ$	Much more than usual (4)

Display This Question:  If COHORTID = 5	
GHQ0915 Ha	d difficulty staying asleep once you are off?
$\circ$	Not at all (1)
$\circ$	No more than usual (2)
$\circ$	Rather more than usual (3)
$\circ$	Much more than usual (4)
Display This Qu	
If COHOR	TID = 5
GHQ1015 Be	en managing to keep yourself busy and occupied?
$\circ$	More so than usual (1)
$\circ$	Same as usual (2)
$\circ$	Rather less so than usual (3)
$\circ$	Much less than usual (4)
Display This Qu	uestion:
If COHOR	TID = 5
GHQ1115 Be	en taking longer over the things you do?
$\circ$	Quicker than usual (1)
$\circ$	Same as usual (2)
$\circ$	Longer than ususal (3)
$\circ$	Much longer than usual (4)

Display This Qu  If COHOR1	
GHQ2415 Felt	that life isn't worth living?
0	Not at all (1)
$\circ$	No more than usual (2)
0	Rather more than usual (3)
$\circ$	Much more than usual (4)
Display This Qu	
GHQ2515 Tho	ought of the possibility that you might make away with yourself?
$\circ$	Definitely not (1)
$\circ$	I don't think so (2)
$\circ$	Has crossed my mind (3)
$\circ$	Definitely have (4)
Display This Qu	
GHQ2615 Fou	and at times you couldn't do anything because your nerves were too bad?
$\circ$	Not at all (1)
$\circ$	No more than usual (2)
$\circ$	Rather more than usual (3)
$\circ$	Much more than usual (4)

Display This Question If COHORTID =				
GHQ2715 Found y	ourself wishing you	u were dead and awa	y from it all?	
O Not	at all (1)			
O No	more than usual (	2)		
O Rati	her more than usua	al (3)		
O Muc	ch more than usual	(4)		
Display This Questic				
		ng your life kept comi	na into vour mind?	
	initely not (1)	ng your me kept com	ng into your minu:	
	, ,			
O Head and a state of the control of				
Has crossed my mind (3)				
O Definitely has (4)				
End of Block: NS	HD Mental health	scale		
Start of Block: Me	ental health scale			
GAD2PHQ2 Over problems?	the last 2 weeks, h	ow often have you be	een bothered by the	e following
	Not at all (1)	Several days (2)	More than half the days (3)	Nearly every day (4)
Feeling nervous, anxious or on edge (5)	0	0	0	0
Not being able to stop or control worrying (6)	$\circ$	$\circ$	$\circ$	0
Little interest or pleasure in doing things (7)	0	0	$\circ$	0
Feeling down, depressed or hopeless (8)	$\circ$	$\circ$	$\circ$	$\circ$

Start of Block: Risk & patience

RISK On a scale from 0-10, where 0 is 'never' and 10 is 'always', how willing to take risks would say you are?
O Never 0 (1)
O 1 (2)
O 2 (3)
O 3 (4)
O 4 (5)
O 5 (6)
O 6 (7)
O 7 (8)
O 8 (9)
O 9 (10)
O Always 10 (11)
PATIENT On a scale from 0-10, where 0 is 'never' and 10 is 'always', how patient would you say you are?
O Never 0 (1)
O 1 (2)
O 2 (3)
O 3 (4)
O 4 (5)
O 5 (6)

$\bigcirc$	6 (7)
$\circ$	7 (8)
$\circ$	8 (9)
$\circ$	9 (10)
$\circ$	Always 10 (11)
End of Block	Risk & patience
Start of Block	c: Trust
	scale from 0-10 where 0 means you are 'not at all trusting' of other people and 10 e 'extremely trusting' of other people, how trusting of other people would you say
$\circ$	Not at all trusting 0 (1)
$\circ$	1 (2)
$\circ$	2 (3)
$\circ$	3 (4)
$\circ$	4 (5)
$\circ$	5 (6)
$\circ$	6 (7)
$\circ$	7 (8)
$\circ$	8 (9)
$\circ$	9 (10)
$\circ$	Extremely trusting 10 (11)
End of Block	Trust
Start of Block	x: Trust in government

		own political party?	
O Not at al	trusting 0 (1)		
O 1 (2)			
O 2 (3)			
O 3 (4)			
O 4 (5)			
O 5 (6)			
O 6 (7)			
O 7 (8)			
O 8 (9)			
O 9 (10)			
Extreme	y trusting 10 (11)		
End of Block: Trust in	government		
End of Block: Trust in Start of Block: COVID			
Start of Block: COVID	changes grid Coronavirus outbreak ple	ase indicate how the follo	•
Start of Block: COVID	changes grid	ase indicate how the follo	wing have changed. Less than before (3)
Start of Block: COVID	changes grid Coronavirus outbreak ple		•
Start of Block: COVID CVDCHNG Since the C	changes grid Coronavirus outbreak ple		•
Start of Block: COVID CVDCHNG Since the C The amount of stress I've been feeling (1) The amount of trust I have in the	changes grid Coronavirus outbreak ple		•

TRUSTPOLP On a scale from 0-10 where 0 means you are 'not at all trusting' and 10 means you are 'extremely trusting', how trusting are you that British Governments, of any party, place

End of Block: COVID changes grid
Start of Block: Open ended
OPEN Please use the space below to express in your own words the main ways the Coronavirus outbreak has affected your life and/or your loved ones so far, and what you think the effects might be in the future.
You can write as much or little as you like, and cover any topic you choose.
End of Block: Open ended
Start of Block: Outro block
Display This Question:  If COHORTID = 3
NSIMP You have nearly completed the survey. We would just like to ask a couple more questions.
The next major survey is likely to be in the next year or two and may involve a home visit from an interviewer if social distancing rules are relaxed to allow this. We are interested to know whether the Coronavirus outbreak could affect your willingness to be visited at home by an interviewer. Which of the following statements applies to you?
<ul><li>The Coronavirus outbreak is likely to make me less willing to be visited at home.</li><li>(1)</li></ul>
<ul> <li>The Coronavirus outbreak will have no impact on my willingness to be visited at home. (2)</li> </ul>
<ul> <li>The Coronavirus outbreak is likely to make me more willing to be visited at home.</li> <li>(3)</li> </ul>

Display This Question: If COHORTID = 1

NCDSMO Home visits for the 'Life in Your Early 60s' Survey began in January but have been paused because of the Coronavirus outbreak. As we do not know when social distancing rules

will allow us to restart home visits we are considering whether to ask study members to take part in the Life in Your Early 60s Survey in other ways. Would you be willing to take part in any of the following ways?
Please select all that apply.
☐ Video call with an interviewer (e.g. using Skype, Zoom or similar) (1)
Telephone interview (2)
Online questionnaire (3)
Paper questionnaire (4)
None of the above (6)
Display This Question:  If COHORTID = 2
BCSMO Home visits for the BCS70 Age 50 Survey were due to start in June but this will not be possible because of the Coronavirus outbreak. As we do not know when social distancing rules will allow us to start home visits we are considering whether to ask study members to take part in the Age 50 Survey in other ways. Would you be willing to take part in any of the following ways?
Please select all that apply.
Video call with an interviewer (e.g. using Skype, Zoom or similar) (1)
Telephone interview (2)
Online questionnaire (3)
Paper questionnaire (4)
None of the above (6)

Display	This	Question:	
If C	ОНС	RTID = 3	

NSWIL We are considering whether to ask study members to take part in the next survey in other ways. How willing or unwilling would you be to take part by having a video call with an interviewer (e.g. using Skype, Zoom or similar)?
O Very willing (1)
C Fairly willing (2)
Neither willing nor unwilling (3)
C Fairly unwilling (4)
O Very unwilling (5)
EMOK
The email address we currently hold for you is \${e://Field/RecipientEmail}.
Is this the best email address to use to contact you?
O Yes (1)
O No (2)

Display This Question:

If Current email okay = No



EMUPDAT Please enter below the best email address to use to contact you in the future.

\_\_\_\_\_

Display This Question:

If COHORTID = 1

NCDSAPP Finally – we'd like to ask you to download a COVID-19 Symptoms Tracker app. Many people are recording symptoms of COVID-19 using specially designed symptom tracker apps. These are helping to slow the outbreak, by recording which symptoms are most As a member of NCDS you can play a common, and identifying high risk areas in the UK. special role. We have teamed up with the organisations running the COVID-19 symptom tracker, designed by Kings College London, to allow the results from the symptoms tracker app to be combined with the information held by NCDS. All you need to do is to download the app on your mobile device, and record your symptoms every day. If you have already been recording your symptoms using this app, the symptoms you have already recorded can also be linked. Please click **HERE** to download the app. You can download the symptoms tracker and start recording your symptoms at any time. You can also find the link to download the symptoms tracker app on our study website. If you DO NOT wish your information held by NCDS to be linked to information collected by the COVID-19 symptom tracker app please tick the box below.

I DO NOT wish my NCDS information to be linked with information collected by
the COVID-19 tracker app (5)

Display This Question:

If COHORTID = 1

NCDSOPT For further information about how your symptoms tracker data will be securely linked, and how it will be used for research, please see our FAQs, <a href="here">here</a>. You can also opt out of linking your NCDS information to the symptoms tracker at any time by calling us for free on 0800 0355761 or email us at ncds@ucl.ac.uk.

Display This Question:

If COHORTID = 2

BCSAPP Finally – we'd like to ask you to download a COVID-19 Symptoms Tracker app. Many people are recording symptoms of COVID-19 using specially designed symptom tracker apps. These are helping to slow the outbreak, by recording which symptoms are most common, and identifying high risk areas in the UK. As a member of BCS70 you can play a special role. We have teamed up with the organisations running the COVID-19 symptom tracker, designed by Kings College London, to allow the results from the symptoms tracker app to be combined with the information held by BCS70. All you need to do is to download the app on your mobile device, and record your symptoms every day. If you have already been

recording your symptoms using this app, the symptoms you have already recorded can also be linked. Please click <u>HERE</u> to download the app. You can download the symptoms tracker and start recording your symptoms at any time. You can also find the link to download the symptoms tracker app on our study <u>website</u>. If you DO NOT wish your information held by BCS70 to be linked to information collected by the COVID-19 symptom tracker app please tick the box below.

O I DO NOT wish my BCS70 information to be linked with information collected by the COVID-19 tracker app (5)

Display This Question:

If COHORTID = 2

BCSOPT For further information about how your symptoms tracker data will be securely linked, and how it will be used for research, please see our FAQs, <u>here</u>.

You can also opt out of linking your BCS70 information to the symptoms tracker at any time by calling us for free on 0800 0355761 or email us at bcs70@ucl.ac.uk.

Display This Question:

If COHORTID = 3

Finally – we'd like to ask you to download a COVID-19 Symptoms Tracker Many people are recording symptoms of COVID-19 using specially designed symptom tracker apps. These are helping to slow the outbreak, by recording which symptoms are most common, and identifying high risk areas in the UK. As a member of Next Steps you can play a special role. We have teamed up with the organisations running the COVID-19 symptom tracker, designed by Kings College London, to allow the results from the symptoms tracker app to be combined with the information held by Next Steps. All you need to do is to download the app on your mobile device, and record your symptoms every day. If you have already been recording your symptoms using this app, the symptoms you have already recorded can also be Please click **HERE** to download the app. You can download the symptoms tracker and start recording your symptoms at any time. You can also find the link to download the symptoms tracker app on our study website. If you DO NOT wish your information held by Next Steps to be linked to information collected by the COVID-19 symptom tracker app please tick the box below.

I DO NOT wish my Next Steps information to be linked with information collected by the COVID-19 tracker app (5)

Display This Question:

If COHORTID = 3

NSOPT For further information about how your symptoms tracker data will be securely linked, and how it will be used for research, please see our FAQs, <u>here</u>.

You can also opt out of linking your Next Steps information to the symptoms tracker at any time by calling us for free on 0800 977 4566 or email us at nextsteps@ucl.ac.uk.

Display This Question:

If COHORTID = 4

MCSAPP Finally – we'd like to ask you to download a COVID-19 Symptoms Tracker Many people are recording symptoms of COVID-19 using specially designed symptom tracker apps. These are helping to slow the outbreak, by recording which symptoms are most common, and identifying high risk areas in the UK. As a member of Child of the New Century you can play a special role. We have teamed up with the organisations running the COVID-19 symptom tracker, designed by Kings College London, to allow the results from the symptoms tracker app to be combined with the information held by Child of the New Century. need to do is to download the app on your mobile device, and record your symptoms every day. If you have already been recording your symptoms using this app, the symptoms you have already recorded can also be linked. Please click HERE to download the app. download the symptoms tracker and start recording your symptoms at any time. You can also If you DO NOT find the link to download the symptoms tracker app on our study website. wish your information held by Child of the New Century to be linked to information collected by the COVID-19 symptom tracker app please tick the box below.

O I DO NOT wish my Child of the New Century information to be linked with information collected by the COVID-19 tracker app (5)

Display This Question:

If COHORTID = 4

MCSOPT For further information about how your symptoms tracker data will be securely linked, and how it will be used for research, please see our FAQs, <u>here</u>.

You can also opt out of linking your Child of the New Century information to the symptoms tracker at any time by calling us for free on 0800 0921250 or email us at childnc@ucl.ac.uk.

**End of Block: Outro block** 

Start of Block: COVID APP Block

SUBMIT You have come to the end of the questions. If you'd like to go back to check or change any of your answers you should do so now. Once you've clicked to go to the next screen you won't be able to go back. Thank you for your help!

**End of Block: COVID APP Block**