# My Daughter's Well-being

This questionnaire asks about your study child.

It should be completed by the chief carer.

To answer simply tick the box that is most accurate in your opinion.

If you cannot answer certain questions please put a line through them.

All answers are confidential.

## THANK YOU FOR YOUR HELP

## **SECTION A: YOUR CHILD'S HEALTH**

The health of your study child is still of great importance to us. We would like to know about any recent illnesses or medical treatment.

A1.	How would you	assess the health	of your child	nowadays?
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	(i) in the past month	(ii) in the past year
		puse year
very healthy, no problems	1	1
healthy, but a few minor problems	2	2
sometimes quite ill	3	3
almost always unwell	4	4

A2.	a)	In the	past 1	2 months	has th	e doctor	been	called to	your	home	because	she	was unw	ell'	
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Yes $\log 1$ No $\log 2$ If $\log 2$ go to A3 be
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If yes,

				,	
once	1	2 times $\frac{1}{2}$	$3-4 \text{ times } \Big _3$	5 or more times	4

# A3. Has she had any of the following in the past 12 months?

In the	past 12 months:	Yes and saw a doctor	Yes but did not see doctor	No did not have
a)	diarrhoea	1	2	3
b)	blood in the stools	1	2	3
c)	vomiting	1	2	3
d)	cough	1	2	3
e)	high temperature	1	2	3

	In the	e past 12 months:	Yes and saw a doctor	Yes but did not see doctor	No did not have
A3.	f)	snuffles/cold	1	2	3
	g)	ear ache	1	2	3
	h)	ear discharge (pus not wax)	1	2	3
	i)	convulsions/fits	1	2	3
	j)	stomach ache(s)	1	2	3
	k)	rash	1	2	3
	1)	wheezing	1	2	3
	m)	breathlessness	1	2	3
	n)	episodes of stopping breathing	1	2	3
	o)	an accident	1	2	3
	p)	urinary infection	1	2	3
	q)	headache(s)	1	2	3
	r)	constipation	1	2	3
	s)	worm infections	1	2	3
	t)	head lice	1	2	3
	u)	scabies	1	2	3
	v)	asthma	1	2	3
	w)	eczema	1	2	3
	x)	hay fever			
	y)	other (please tick and describe)	1	2	3

In th	e past 12 months, has	she had the	Collowing infections?	
	ne past 12 months:	Yes	No	
a)	measles	1		
			2	
b)	chicken pox	1	2	
c)	mumps	1	2	
d)	meningitis	1	2	
e)	cold sores	1	2	
f)	whooping cough	1	2	
g)	urinary infection	1	2	
h)	eye infection	1		
i)	ear infection		2	
		1	2	
j)	chest infection	1	2	
k)	tonsillitis or laryngitis	1	2	
1)	german measles	1	2	
m)	scarlet fever		2	
n)	influenza (flu)			
o)	a cold	1		
p)	other infection	[1]	<u>  </u>	
	(please tick & describe	e) 1	2	

A6. How many days has she had to take off school for health reasons? In the past 12 months: No. of days off school a) For one or more infections (including colds, cough, flu) (i) please describe ..... b) For hospital investigation including admission (i) please describe ..... c) For other investigation(s) (i) please describe ..... d) For asthma, eczema or hayfever e) For other reasons please describe: (i) ..... (ii) .....

(iii) .....

A7. Children often have accidents or illnesses that need treatment. Please indicate which of the following have been given to your child in the last 12 months.

		Never	Yes for 1-2 episodes only	Yes for 3 or more episodes	If yes, please give full names of substances if you can
a)	cough medicine	1	2	3	
b)	antibiotics/penicillin	1	2	3	
c)	throat medicine	1	2	3	
d)	vitamins	1	2	3	
e)	paracetamol/calpol	1	2	3	
f)	ointment for skin	1	2	3	
g)	eye ointment	1	2	3	
h)	diarrhoea mixture or pills	1	2	3	
i)	dimotapp/decongestant	1	2	3	
j)	ear drops	1	2	3	
k)	eye drops	1	2	3	
1)	iron	1	2	3	
m)	laxative	1		3	
n)	homeopathic medicine				
o)	herbal medicine			5	
p)	asthma medication			[3	
q)	vaporiser	1	2	3	
r)	other (please tick and describe)	1	2 2	3	

A8.	a)	Are there any pills, ointments or medicines that she has taken every day or nearly every day for the last 3 months? (Include vitamins, skin cream, inhaler, laxatives as well as antibiotics, homeopathic and herbal remedies etc.)
		Yes $\begin{bmatrix} 1 \end{bmatrix}$ No $\begin{bmatrix} 2 \end{bmatrix}$ $\rightarrow$ If $\underline{no}$ , go to B1 on page 9
		If <u>ves</u> ,
	b)	please describe:

# **SECTION B: USING THE TOILET**

B1.	When she needs to go to the toilet to urinate (pass water):
	a) How often does she show signs (e.g. fidgets) that she needs to go?
	never
	b) When she needs to, how often does she go to the toilet without you having to remind her?
	never $\begin{bmatrix} 1 \end{bmatrix}$ sometimes $\begin{bmatrix} 2 \end{bmatrix}$ often $\begin{bmatrix} 3 \end{bmatrix}$ always $\begin{bmatrix} 4 \end{bmatrix}$
	c) Does she have to dash to the toilet quickly when she realises she needs to go?
	yes, has to go straight away
	can hold for a short time (less than 5 minutes)
	can hold for longer than 5 minutes 3
	d) How often does she usually go to the toilet to pass water during the day?
	less than 5 times a day 1 5-9 times a day 2
	10 or more times a day don't know 9
	e) How often does she usually get up to go to the toilet at night?
	not at all $\begin{bmatrix} 1 \end{bmatrix}$ once $\begin{bmatrix} 2 \end{bmatrix}$ twice $\begin{bmatrix} 3 \end{bmatrix}$
	3 or more times 4 don't know 9

B1. How often usually does your child:

	Never	Occasional accident but less than once a week	About once a week	2-5 time a week	es Nearly every day	More than once a day
f) dirty her pants during the day	1	2	3	4	5	6
g) dirty herself at night	1	2	3	4	5	6
h) wet herself during the day	1	2	3	4	5	6
i) wet the bed at night	1	2	3	4	5	6
j) If she wets at night, how often does she:  never sometimes often always						
(i) wake up after wett	ting	1	2		3	4
(ii) seem to wet soon going to sleep	after	1	2		3	4
(iii) seem upset when is wet	the bed	1	2		3	4

B2. Which of the following methods have you tried in the past or are using now to try and help your child stop wetting <u>during the day</u>? (Please note: this is <u>not</u> a list of ways which are necessarily effective in helping children to stop wetting during the day).

Tick all that apply:	(i) Have used in the past	(ii) Using now
a) taking her to the toilet regularly	1	1
b) encouraging child to 'hold on' befo using the toilet	re 1	1
c) drinking more fluids	1	1
d) drinking less fluids	1	1
e) medication	1	1

		<b>(i)</b>	l (ii)
		Have used	Using now
	Tick all that apply:	in the past	
B2.	f) praising for dry pants	1	1
	g) showing your displeasure	1	1
	h) advice from a health worker (e.g. heavisitor, school nurse, GP, hospital doctor, social worker, psychologist)	alth 1	1
	Please tick and describe		
В3.	Which of the following methods have you help your child stop wetting the bed? (P necessarily effective in helping children	lease note: this is <u>no</u> to stop wetting the l	at a list of ways which are bed).
	Tick all that apply:	Have used	Using now
	Tick all that apply:	in the past	
	<ul><li>a) lifting (taking your child out of bed to the toilet)</li></ul>	1	1
	b) restricting drinks before bed	1	1
	c) getting her to toilet regularly in the d	ay 1	1
	d) rewarding for being dry	1	1
	e) medication	1	1
	f) homeopathy	1	1
	g) hypnosis	1	1
	h) an alarm that wakes the child when she wets	1	1
	i) showing your displeasure	1	1
	<ul><li>j) using night-time protection pants or nappies</li></ul>	1	1
	k) advice from a health worker (e.g. heavisitor, school nurse, GP, hospital doctor, social worker, psychologist)	alth 1	1
	Please tick and describe		

## **SECTION C: SEPARATION ANXIETY**

Most children are particularly attached to one person or a few key people, looking to them for security, and turning to them when upset. They can be mum and dad, grandparents, favourite teachers, neighbours etc.

C1.	C1. Who would you say your study child is particularly attached to? (tick all that apply)				
	Very attached to:	Yes	No-one		
	a) mum/mother figure	1	2	If <u>no-one</u> , go to D1 on page 15	
	b) dad/father figure	1			
	c) grandparent(s)	1			
	d) teacher	1			
	e) older brother or sister	1			
	f) aunt or uncle	1			
	g) family friend	1			
	h) other (please tick & describe)  Do not include pets or toys here	1			
We w	children have some worries about be ould like to know how your study che interested in how she is usually	ild com	pares with other children	n of her age.	
C2.	Overall in the <u>past month</u> , has she from any of the people ticked in C	-	•	being separated	
	Yes 1 No	2			

C3.	In the past month, compared with other children of the same age:	No more than others	A little more than others	A lot more than others
	a) Has she often worried about something unpleasant happening to these people, or about losing them?	1	2	3
	b) Has she often worried that she might be taken away from any of them, e.g. by being kidnapped, taken to hospital or killed?	1	2	3
	<ul> <li>c) Has she often not wanted to go to school in case something nasty happened whilst she was still at school to a person she is attached to?</li> <li>(Do not include reluctance to go to school for other reasons, e.g. fear of bullying or exams)</li> </ul>	(s)	2	3
	d) Has she worried about sleeping alone?	1	2	3
	e) Has she come out of her bedroom at night to check on, or to sleep near any of these people?	1	2	3
	f) Has she worried about sleeping in a strange place?	1	2	3
	g) Has she been afraid of being alone in a room at home without one of the people she is attached to (even if you or they are close by)?	1	2	3
	h) Has she had repeated nightmares or bad dreams about being separated from any of these people?	1	2	3
	i) Has she had headaches, stomach aches or felt sick when she had to leave a person she is attached to, or when she knew it was about to happen?	1	2	3
	j) Has being apart or the thought of being apart from a person she is attached to led to worry, crying, tantrums, clinginess or misery?	1	2	3

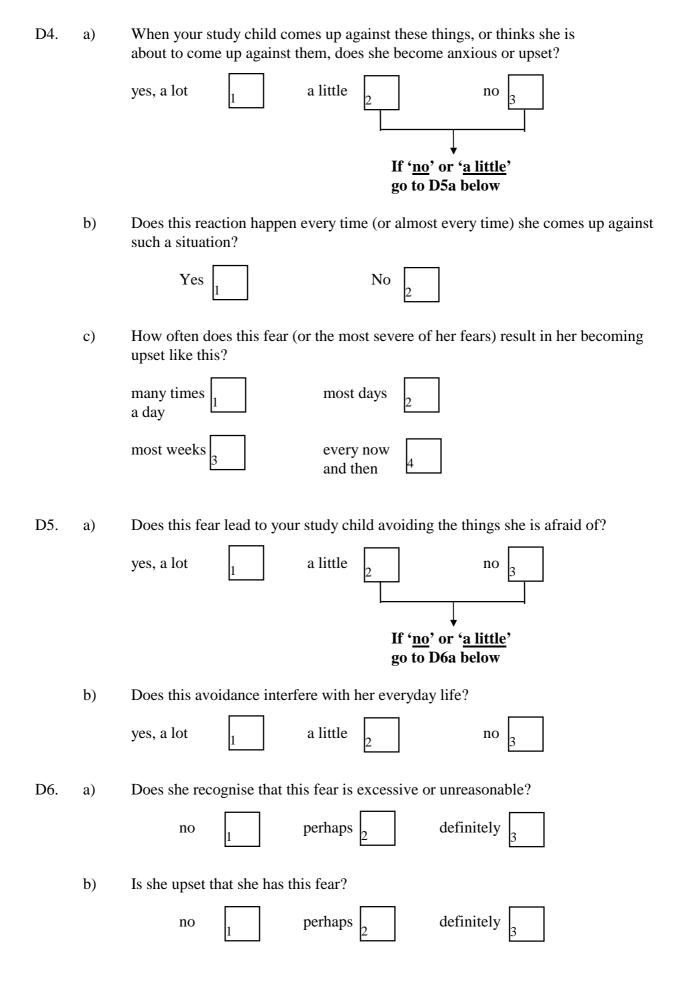
*	If you have ticked 'a lot more than oblow.  If not, go to D1 on page 15.	others', t	o ANY of the	e answers in	C3, continue
C4.	a) How long has she had worries al	oout sepa	ration?		
	Less than 1-5 month 1 month	hs 2		6 months or more	3
	b) Was she like this before the age	of 6?			
	Yes 1 No 2	2			
C5.	How much do you think these worr	ies have i	upset her?		
	not at all		only a little	2	
	quite a lot 3		a great deal	4	
C6.	How much have these worries inter-	fered wit	h her day-to-c	lay life?	
	Have they interfered with:	Not at all	Only a little	Quite a lot	A great deal
	a) how well she gets on with you and the rest of the family?	1	2	3	4
	b) making and keeping friends?	1	2	3	4
	c) learning or school work?	1	2	3	4
	d) playing, hobbies, sports or other leisure activities?	1	2	3	4
C7.	Have these problems put a burden on you or the family as a whole?	1	2	3	4

#### **SECTION D: PARTICULAR FEARS**

This section of the questionnaire is about any particular things or situations that your study child is scared of, even though they aren't really a danger to her. How is she usually - not on the occasional "off day"?

How scared is your study child about any of the following? D1.

	She is	scared of:	Not at all	Only a little	Quite a lot	A great deal
	a)	insects, spiders, wasps, bees, mice, snakes, birds or any other creature	1	2	3	4
	b)	storms, thunder, heights or water	1	2	3	4
	c)	blood, injection or injury	1	2	3	4
	d)	dentists or doctors	1	2	3	4
	e)	other specific situations: lifts, tunnels, flying, driving, trains buses, small enclosed spaces	1	2	3	4
	f)	the dark	1	2	3	4
	g)	any other specific fear? (please tick & describe)	1	2	3	4
				• • • • • • • • • • • • • • • • • • • •		
	h)	not particularly scared of anyt	hing 1	If so	, go to E1 on	page 18
D2.	Is this	fear/are these fears a real nuisa	nce to her, or to	o you, or to a	anyone else?	
		No 1	Perhaps 2		Definitely	3
D3.	How le	ong has this fear (or the most se	evere of these f	ears) been go	oing on?	
		less than a month	1-5 months $\boxed{\frac{1}{2}}$		6 months or more	3



D7.	Has your study child's fear put a burden on you or the family as a whole?				
	not at all	1	only a little 2		
	quite a lot	3	a great deal 4		
	a) Space for comm	ent			

## **SECTION E: SOCIAL FEARS**

E1.	Overall does your study child particularly fear or avoid situations that involve a lot of people or meeting new people or doing things in front of people? <b>Do not count the occasional "off day" or ordinary shyness.</b>					
		Yes 1		No 2		
E2.	Has s	he been particularly afraid	of any o	f the following si	tuations <u>ove</u>	er the last month?
		Afraid of:	No	A little	A lot	Hasn't done this in last month
	a)	Meeting new people	1	2	3	4
	b)	Meeting <u>a lot of</u> people such as at a party	1	2	3	4
	c)	Speaking in class	1	2	3	4
	d)	Reading out loud in front of others	t 1	2	3	4
	e)	Writing in front of others	3 1	2	3	4
	f)	Eating in front of others	1	2	3	4
*	_	nave ticked ' <u>a lot'</u> to ANY go to F1 on page 21.	of the a	nnswers in E2 ab	ove, contin	ue below.
E3.		er fears of being with a lot someone she is attached to, n?		•		<u> </u>
	when	y afraid only separated from 1		afraid even v one of her sp		e 2
E4.	•	or study child just afraid in ions that involve lots of chi				also afraid in
	only v	with adults 1	with bo	oth adults 2	only child	

E5.	Outside of these situations is your study child able to get on well enough with the adults and children she knows best?				
		Yes 1 No 2			
E6.	a)	Do you think her dislike of these situations is because she is afraid she will act in a way that will be embarrassing or show her up?			
		Yes, definitely $\begin{bmatrix} 1 \end{bmatrix}$ Not sure $\begin{bmatrix} 2 \end{bmatrix}$ No $\begin{bmatrix} 3 \end{bmatrix}$			
	b)	Is it related to speech, reading or writing problems?			
		Yes			
	c)	Why else do you think she dislikes such situations?			
E7.	a)	How long has she had this fear of being with lots of people, or doing things in front of lots of people, or meeting new people?			
		less than one month 1 1-5 months 6 months or more 3			
	b)	What age did it begin?			
		under 6 years 1 6 years or older 2			
E8.		your study child is in one of these situations she fears, or when she thinks she is to be in one, how anxious or upset does she usually become?			
	very an				
E9.	How o	ften do these fears result in her becoming upset like this?			
	Many a day	times Most days Most weeks Every now and then 4			

E10.	a)	Does her fear lead to avoiding these situations?
		yes, a lot a little no 3
		If ' <u>a little</u> ' or ' <u>no</u> ' go to E10c below
	b)	Does this avoidance interfere with her everyday life?
		no $\begin{bmatrix} 1 \end{bmatrix}$ a little $\begin{bmatrix} 2 \end{bmatrix}$ yes, a lot $\begin{bmatrix} 3 \end{bmatrix}$
	c)	Does she recognise that this fear is excessive or unreasonable?
		no $\begin{bmatrix} 1 \end{bmatrix}$ perhaps $\begin{bmatrix} 2 \end{bmatrix}$ definitely $\begin{bmatrix} 3 \end{bmatrix}$
	d)	Is she upset about having this fear?
		no $\begin{bmatrix} 1 \end{bmatrix}$ perhaps $\begin{bmatrix} 2 \end{bmatrix}$ definitely $\begin{bmatrix} 3 \end{bmatrix}$
E11.	Has yo	our study child's fear of these situations put a burden on you or the family as a ?
	not at	all $\begin{bmatrix} 1 \end{bmatrix}$ a little $\begin{bmatrix} 2 \end{bmatrix}$ quite a lot $\begin{bmatrix} 3 \end{bmatrix}$ a great deal $\begin{bmatrix} 4 \end{bmatrix}$
	a) Spa	ace for comments

## **SECTION F: DISASTERS AND FRIGHTS**

F1.	During your study child's lifetime has anything exceptionally stressful happened to her, that would really upset almost anyone, such as being involved in a terrible accident, or being abused or some other sort of disaster?						
	Yes $2$ No $2$ $\rightarrow$ If $\underline{no}$ , go to G1 on page 24						
	If <u>ves</u> ,						
	a) what was it? (please describe)						
	b) how old was she? years						
F2.	At the time, was she very distressed or die	d her behavi	our change dram	atically?			
	Yes No 2						
F3.	At present, is it affecting her behaviour, for	eelings or co	oncentration?				
	Yes No 2						
F4.	Over the last month has your study chi	ld:					
		No	A little	Yes, a lot			
	a) "relived" the event with vivid memories (flashbacks) of it?	1	2	3			
	b) had repeated distressing dreams of the event?	1	2	3			
	c) got upset if anything happened which reminded her of it?	1	2	3			
	d) tried to avoid thinking or talking about anything to do with the event?	1	2	3			
	e) tried to avoid activities, places or peop that remind her of the event?	ole 1	2	3			

		No	A little	Yes, a lot
Ove	er the last month has your study child:			
F4.	f) blocked out important details of the event from her memory?	1	2	3
	g) shown much less interest in activities she used to enjoy?	1	2	3
	h) expressed a smaller range of feelings than in the past, e.g. no longer able to express loving feelings?	1	2	3
	i) had problems sleeping?	1	2	3
	j) seemed irritable or angry?	1	2	3
	k) had difficulty concentrating?	1	2	3
	l) always been on the alert for possible dangers?	1	2	3
	m) jumped at little noises or been easily startled in other ways?	1	2	3
*	If you have ticked 'yes, a lot' to ANY answ If not, go to G1 on page 24.	vers in F	, continue below.	
F5.	How long after the event did these probler	ns begin?		
	within 6 months 1		more than 6 months after the event	2
F6.	How long has she been having these probl	ems?		
	Less than one month 1-2 mo	nths 2	3 months or	more 3
F7.	How much have these problems upset or d	listressed	her?	
	Not at all only	a little $\frac{1}{2}$		
	quite a lot 3 a gre	eat deal 4		

F8.	How much have these problems interfered with her day-to-day life?					
	На	ve they interfered with:	Not at all	Only a little	Quite a lot	A great deal
	a)	how well she gets on with you and the rest of the family?	1	2	3	4
	b)	making and keeping friends?	1	2	3	4
	c)	learning or school work?	1	2	3	4
	d)	playing, hobbies, sports or other leisure activities?	1	2	3	4
F9.	Ha	ve these problems put a burden o  Not at all  quite a lot $\frac{1}{3}$	only a lit	etle 2	a whole?	
	a)	Space for comments	a great d	ear 4		
	• • •					
	•••			• • • • • • • • • • • • • • • • • • • •		
	•••					
	•••			•••••		

#### **SECTION G: COMPULSIONS AND OBSESSIONS**

Many children have some habits or superstitions, such as not stepping on the cracks in the pavement, or needing to wear lucky clothes. It is also common for children to go through phases when they seem obsessed by one particular subject or activity. In this section **we are interested in whether your study child has rituals or obsessions that go beyond this.** 

G1. Overall, does she have rituals or obsessions that upset her, waste a lot of he interfere with her ability to get on with everyday life?				er time, or
	Yes 1	No 2		
G2.	In the past month has your study child been over again even though she has already dor		_	•
	In the past month:	No	Sometimes	Often
	a) Excessive cleaning e.g. hand washing, baths, showers, toothbrushing etc.	1	2	3
	b) Other special measures to avoid dirt, germs or poisons	1	2	3
	c) Checking things, e.g. doors, locks, oven gas taps, electric switches	, 1	2	3
	d) Repeating actions: e.g. going in/out doo many times in a row, up/down from chair		2	3
	e) Touching things or people in particular ways	1	2	3
	f) Arranging things so they are just so, or exactly symmetrical	1	2	3
	g) Counting to particular lucky numbers or avoiding unlucky numbers	1	2	3
	h) Anything else? (please tick and describe	2) 1	2	3

G3.	G3. In the <u>past month</u> , has she been concerned about:				
			No	Sometimes	Often
	a) dirt	t, germs or poison	1	2	3
	or o	mething terrible happening to others e.g. illnesses, accidences etc.		2	3
*		ave ticked ' <u>often</u> ' to ANY : o to H1 on page 27.	answers in G2 or G3	3, continue below	
G4.	Space	for you to describe any of the	hese activities and co	ncerns in more det	ail:
	a)	What does she do?			
	b)	How often does she do the	em?		
	c)	How long does each episo	de last?		
G5.	Have t	these compulsions or obsess eeks?	sions been present on	most days for a pe	eriod of at least
		Yes 1	No 2		
G6.	Does s	she recognise that this behav	viour or these thought	s are excessive or	unreasonable?
		Definitely 1	Somewhat 2	No [	3
G7.	Does s	she try not to do them or thin	nk about them?		
		Definitely 1	Somewhat 2	No [	3

G8. Does she become upset because she has to do or think these things?					
	No, enjoys them 1		Neither enjoy becomes upse		
	Sometimes a bit upset $\frac{1}{3}$		Upset a great	deal 4	
G9.	Do these acts or thoughts last at	least an ho	ur a day on ave	rage?	
	Yes 1		No 2		
G10.	Have these acts or thoughts inter	rfered with:			
		No, not at all	Only a little	Quite a lot	A great deal
	a) how well she gets on with you and the rest of the family	1	2	3	4
	b) making and keeping friends	1	2	3	4
	c) learning or school work	1	2	3	4
	d) playing, hobbies, sports or other leisure activities	1	2	3	4
G11.	Have these problems put a burden on you or the family as a whole?	1	2	3	4
	a) Space for comments				
					•••••

#### **SECTION H: ANXIETY IN GENERAL**

Nearly all children have some worries, and these are naturally worse on some days than others, but some children have so many worries for so much of the time that it makes them really upset or interferes with their lives.

HI.	Does your study child ever worry?			
	Yes 1	No 2	If <u>no</u> , go to J1 on page 30	
H2.	Apart from any of the specific anxieties all worried so much over the last six months a or interfered with her life?			
	Definitely 1 Perha	aps 2	No 3	
Н3.	Does she worry a lot about:	No, not at all	Sometimes	Often
	a) Past behaviour (e.g. Did I do that Wrong? Have I upset someone? Have they forgiven me?)	1	2	3
	b) School work, homework or tests/ examinations	1	2	3
	c) Disasters (e.g. burglaries, muggings, fires, bombs)	1	2	3
	d) Her own health	1	2	3
	e) Bad things happening to others (e.g. family, friends, pets, the world)	1	2	3
	f) The future (e.g. changing school, growing up, getting a job)	1	2	3
	g) Any other worries? (please tick and describe)	1	2	3

H4. In the past 6 months has she worried excessively on more days than not?					
	Yes	1	No [	2	
H5.	Does she find it diff	icult to control th	ne worry? No [2	2	
Н6.	a) Does worrying le unable to relax?	ad to her being r	estless, feeling	g keyed up, tense or on	edge, or being
	No not at all	Yes, but not on most days	2	Yes happens more days than not	3
	b) Does worrying le	ead to her feeling	tired or "wor	n out" more easily?	
	No not lat all	Yes, but not on most days	2	Yes happens more days than not	3
	c) Does worrying le	ad to difficulties	in concentrati	ing or her mind going l	blank?
	No not at all	Yes, but not on most days	2	Yes happens more days than not	3
	d) Does worrying le	ead to irritability?	?		
	No not at all	Yes, but not on most days	2	Yes happens more days than not	3
	e) Does worrying le	ad to her looking	g physically te	nse (tense muscles)?	
	No not at all	Yes, but not on most days	2	Yes happens more days than not	3
	f) Does worrying in restless sleep, or doe			iculty in falling or stay	ring asleep, or
	No not at all	Yes, but not on most days	2	Yes happens more days than not	3

H7. Overall, how upset and distressed is your study child as a result of all her various wor				er various worries?	
	Not at all A little	e 2	Quite a lot	3	A great deal 4
Н8.	Have these worries interfered w	rith her dav-t	o-day life?		
110.	There diese womes memorial w		-		
	Have they interfered with:	No, not at all	Only a little	Quite a lot	A great deal
	a) how well she gets on with you and the rest of the family	y 1	2	3	4
	b) making and keeping friends	1	2	3	4
	c) learning or school work	1	2	3	4
	d) playing, hobbies, sports or other leisure activities	1	2	3	4
Н9.	Have these worries put a burder	n on you or t	he family as a	whole?	
	Not at all A little	e 2	Quite a lot	3	A great deal 4
	a) Space for comments				

# **SECTION J: MOODS**

J1.

J2.

	e past month, have there been times when your study child has been very sad, rable, unhappy or tearful?
	Yes
If <u>ye</u>	$\underline{\mathbf{s}}$ ,
a)	Was there a period over this last month when she was really miserable nearly every day?
	Yes No 2
b)	During the time when she was miserable, was she really miserable for <u>most</u> of the day?
	Yes 1 No 2
c)	How long did that period last?
	Less than 2 weeks $\boxed{1}$ 2 weeks or more $\boxed{2}$
d)	Have you any idea what might have caused it?
	Yes I No 2
	If <u>ves</u> ,
	e) please describe
f)	During this period, could she be cheered up?
	easily
	e past month, have there been times when your study child has been grumpy or
irrita	ble in a way that was out of character for her?
	Yes $\begin{vmatrix} 1 \end{vmatrix}$ No $\begin{vmatrix} 2 \end{vmatrix}$ If $\underline{\mathbf{no}}$ , go to J4 on page 31

If <u>yes</u> ,		
J3.	a)	Has there been any period over this last month when she has been really grumpy or irritable nearly every day?  Yes  No  2
	b)	During the time when she was grumpy or irritable, was she really irritable for most of the day? Yes $1$ No $2$
	c)	How long did that period last?
		Less than 2 weeks 2 weeks or more 2
	d)	Have you any idea what might have caused it?
		Yes $\frac{1}{1}$ No $\frac{1}{2}$ If <u>yes.</u>
		e) please describe
	f)	Was the irritability improved by particular activities, friends coming around or anything else?
		easily a with difficulty/only briefly 2 not at all 3
J4.	-	past month, have there been times when your study child lost interest in everything, by everything, she normally enjoys doing?
		Yes $1$ No $2$ If $\underline{\mathbf{no}}$ , go to J5 on page 32
	If <u>yes</u> ,	
	a)	Was there a period in the <u>past month</u> when she lost interest for nearly <u>every day?</u>
	b)	Yes
		Yes 1 No 2

J4.	c)	For how long did she lose interest in thing	gs?		
		Less than 2 weeks 1 2 we	eeks or more 2		
	d)	Did this loss of interest happen during the miserable or irritable?	same period w	when she was r	eally
		Yes 1 No	2		
J5.		to recap, has she, <u>in the past month</u> been misgs she usually enjoys?	erable/irritable	or lacked inte	rest in
		Yes 1 No	2 → If <u>n</u>	<u>o</u> , go to K1 or	page 34
	If ve	es in the past month:	Yes	No	Don't know
		Did she have no energy and seem tired all the	time? 1	2	3
	,	Vas she eating either much more or much les han usual?	s 1	2	3
		oid she either lose weight or gain a lot of veight?	1	2	3
	d) I	Did she find it hard to get to sleep?	1	2	3
	e) D	oid she sleep too much?	1	2	3
		Vas there any period when she was agitated r restless much of the time?		2	3
	-	Vas there any period when she felt worthless, r unnecessarily guilty much of the time?	1	2	3
		Vas there any period when she found it unusuard to concentrate or to think things out?	nally 1	2	3
	i) D	id she think about death a lot?	1	2	3
	-	id she ever talk about harming herself killing herself?	1	2	3
	k) E	Did she ever try to harm herself or kill herself	? 1	2	3
		ver the whole of her lifetime has she ever ied to harm herself or kill herself?	1		3

J6. Overall, how upset and distressed is your study child as a result of feeling miserable/irritable/ or lacking interest?				ng	
	Not at all A little		Quite a lot 3	3	A great deal 4
J7.	How has this interfered with her	day-to-day l	ife?		
	Has this interfered with:	No, not at all	Only a little	Quite a lot	A great deal
	a) how well she gets on with you and the rest of the family	1	2	3	4
	b) making and keeping friends	1	2	3	4
	c) learning or school work	1	2	3	4
	d) playing, hobbies, sports or other leisure activities	1	2	3	4
J8.	Has your study child's feeling mitthe family as a whole?	iserable/irrit	able/lacking in	terest put a l	ourden on you or
	Not at all A little	2	Quite a lot 3	3	A great deal 4
	a) Space for comments				
				• • • • • • • • • • • • • • • • • • • •	

# **SECTION K: ATTENTION AND ACTIVITY**

Nearly all children are overactive or lose concentration at times, but how does your study child compare with other children of her age? We are interested in how she is usually - not the occasional "off day".

#### Over the last 6 months:

K1.	Allowing for her age, do you think that your study child definitely has some problems with overactivity or poor concentration?						
	Yes 1	No 2					
K2.	Please compare her behaviour in the <u>last 6 months</u> with other children of her age.						
			A little more	A lot more			
	In the last 6 months:  a) Does she often fidget?	No	than others	than others			
		1	2	3			
	b) Is it hard for her to stay	1	2	3			
	<ul><li>sitting down for long?</li><li>c) Does she run or climb about when she shouldn't?</li><li>d) Does she find it hard to play or take part in other leisure activities without making a noise?</li></ul>	1	2	3			
		<u>-</u>					
		1	2	3			
	e) If she is rushing about does she find it hard to calm down when someone asks	her to do s	2 so ?	3			
K3.	In the last 6 months and compared		A little more	A lot more			
	with other children of her own age:	No	than others	than others			
	<ul><li>a) Does she often blurt out an answer before she has heard the question properly?</li><li>b) Is it hard for her to wait her turn?</li></ul>	1	2	3			
		1	2	3			
	c) Does she often butt in on other people's conversation or games?	1	2	3			
	d) Does she often go on talking even if she has been asked to stop or no one is listening?	1	2	3			

K4.	In the last 6 months and compared with other children of her own age:	No	A little more than others	A lot more than others		
	a) Does she often make careless mistakes or fail to pay attention to what she is suppose to be doing?	d 1	2	3		
	b) Does she often seem to lose interest in what she is doing?	1	2	3		
	c) Does she often not listen to what people are saying to her?	1	2	3		
	d) Does she often not finish a job properly?	1	2	3		
	e) Is it often hard for her to get herself organised to do something?	1	2	3		
	f) Does she often try to get out of things she would have to think about, such as homework?	1	2	3		
	g) Does she often lose things she needs for school or PE?	1	2	3		
ē	h) Is she easily distracted?	1	2	3		
	i) Is she often forgetful?	1	2	3		
K5.	Has your study child's teacher complained in the <u>last 6 months</u> of problems with:					
	In the last 6 months:	No	A little	A lot		
	a) Fidgetiness, restlessness or overactivity		2	3		
	b) Poor concentration or being easily distracted		2	3		
	c) Acting without thinking about what she was doing, frequently butting in, or not waiting her turn		2	3		

* If you have ticked 'a lot' to ANY answers in K2-K5, continue below. If not, go to L1 on page 37.							
K6.	Have these problems been there for much of her life?						
	Yes 1		No 2				
K7.	At what age did they start?		years				
K8.	Thinking still of your child's difficulties with activity and attention, how much do you think they have upset or distressed her?						
	Not at all A little	2	Quite a lot	3	A great deal 4		
K9.	How have these difficulties inter	rfered with	her day-to-day	life?			
	Has this interfered with:	No, not at all	Only a little	Quite a lot	A great deal		
	a) how well she gets on with you and the rest of the family	1	2	3	4		
	b) making and keeping friends	1	2	3	4		
	c) learning or school work	1	2	3	4		
	d) playing, hobbies, sports or other leisure activities	1	2	3	4		
K10.	Have these problems put a burden on you or the family as a whole?						
	Not at all A little	2	Quite a lot	3	A great deal 4		
	a) Space for comments						

### SECTION L: AWKWARD AND TROUBLESOME BEHAVIOUR

### **Awkward Behaviour**

All children can be awkward and difficult at times - things like not doing as they are told, being irritable, having temper outbursts, or deliberately annoying other people. We are interested in how your study child is usually, and not just on occasional "off days".

## In the last 6 months:

L1.	Overall, how do you think your study child compares with other children of her age as far as this sort of awkward behaviour is concerned?				
	Less troublesome about average	age 2	more troubleso than average	ome 3	
L2.		No more than	A little more	A lot more	
	In the last 6 months and compared with other children of the same age	others	than others	than others	
	a) Has she had severe temper tantrums?	1	2	3	
	b) Has she argued with grown-ups?	1	2	3	
	c) Has she taken no notice of rules, or refused to do as she is told?	1	2	3	
	d) Has she seemed to do things to annoy other people on purpose?	1	2	3	
	e) Has she blamed others for her own mistakes or bad behaviour?	1	2	3	
	f) Has she been touchy and easily annoyed	1? 1	2	3	
	g) Has she been angry and resentful?	1	2	3	
	h) Has she been spiteful?	1	2	3	
	i) Has she tried to get her own back on people?	1	2	3	

*	If you have ticked 'a lot more than others' to ANY answers in L2, please continue. If not, go to L8 at the bottom of this page.	
L3.	Is this behaviour just with one person (e.g. teacher, brother) or with more than one?	
	Just with one person 1 More than one 2	
L4.	Has your study child's awkward behaviour been there for much of her life?	
	Yes	
L5.	What age did it start ? years	
L6.	Has it interfered with her day-to-day life?	
	No, not Only a Quite A great at all little a lot deal	
	a) how well she gets on with you and the rest of the family? 1 2 3 4	
	b) making and keeping friends? 1 2 3	
	c) learning or school work?  1  2  3  4	
	d) playing, hobbies, sports or other leisure activities?  1 2 3 4	
L7.	Have these problems put a burden on you or the family as a whole?	
	Not at all A little Quite a lot A great deal	1
L8.	Has her teacher complained <u>over the last 6 months</u> of problems with this same kind of awkward behaviour or disruptiveness in class?	
	No A little A lot 3	

Behaviour That Sometimes Gets Children Into Trouble - including dangerous, aggressive or antisocial behaviour. How has your study child been over the **past 12 months?** Answer how she is <u>usually</u>, and not just on occasional "off days".

L9.

	e told lies to get the ed to do?	ings or favours from others, o	or to get out of things she was
No	1	Perhaps 2	Definitely 3
		<b>—</b>	
		If <u>definitely</u> ,	
		i) has this been going on fo	or the last 6 months?
		Yes 1	No 2
b) Has she	e often started figh	nts? (other than with brothers	and sisters)
No	1	Sometimes 2	Often 3
		If often,	
		i) has this been going on fo	or the last 6 months?
		Yes 1	No 2
c) Has she	bullied or threate	ened people?	
No	1	Sometimes 2	Often 3
		If often,	
		i) has this been going on fo	or the last 6 months?
		Yes 1	No 2

L9.	d) Has she stayed out much later than she was supposed to?
	No 1 Sometimes 2 Often 3
	<b>↓</b>
	If often,
	i) has this been going on for the last 6 months?
	Yes 1 No 2
	e) Has she stolen things from the house, or other people's houses or shops or school?
	No 1 Perhaps 2 Definitely 3
	<b>↓</b>
	If <u>definitely</u> ,
	i) has this happened in the last 6 months?
	Yes 1 No 2
	f) Has she run away from home or ever stayed away all night without your permission?
	No 1 Yes Yes, more once only than once
	↓ If <u>yes</u> ,
	i) has this happened in the last 6 months?
	Yes $\begin{bmatrix} 1 \end{bmatrix}$ No $\begin{bmatrix} 2 \end{bmatrix}$
	g) Has she often played truant (bunked off) from school?
	No Perhaps Definitely 3
	↓ If <u>definitely</u> ,
	i) has this happened in the last 6 months?
	Yes No 2

L10.	Has your study child shown any other worrying behaviour in the past 12 months? (e.g. deliberately started a fire, vandalism, been deliberately cruel to another person, to animals or birds)?
	Yes 1 No 2
	If <u>ves</u> , please describe

# **SECTION M: OTHER PROBLEMS**

M1.

M2.

This next section is about a variety of different aspects of your study child's behaviour and development.

In he	r first 3 years of life, was there anything that seriously worried you about:
a)	her speech development?  Yes   No 2  If no, go to M1b below
	If <u>yes</u> ,
	i) has this cleared up <u>completely</u> ?  Some continuing problems 1 completely cleared up 2
b)	how she got on with other people?  Yes   No   1   No   2   If no, go to M1c below
	If <u>yes</u> ,
	i) has this cleared up <u>completely</u> ?
	Some continuing problems 1 completely cleared up 2
c)	any odd rituals or unusual habits that were very hard to interrupt?
	Yes $\begin{bmatrix} 1 \end{bmatrix}$ No $\begin{bmatrix} 2 \end{bmatrix}$ If $\underline{\mathbf{no}}$ , go to M2 below
	If <u>yes</u> ,
	i) has this cleared up <u>completely</u> ?
	Some continuing problems 2 completely cleared up 2
Nowa	adays, does she have any tics or twitches that she can't seem to control?
	Yes No 2

M3. How much do the following descriptions apply to your study child?

	Not	Quite or	Very or
Over the last 6 months:	true	sometimes true	often true
a) not aware of other people's feelings	1	2	3
b) does not realise when others are upset or angry	1	2	3
c) does not notice the effect of her behaviour on other members of the fami	ıly	2	3
d) her behaviour often disrupts normal family life	1	2	3
e) very demanding of other people's time	1	2	3
f) difficult to reason with when upset	1	2	3
g) does not seem to understand social skill e.g. interrupts conversations constantly	s 1	2	3
h) does not pick up on body language	1	2	3
<ul> <li>i) does not understand how she should behave when she is out e.g. in shops, or other people's houses</li> </ul>	1	2	3
j) does not realise that she offends people with her behaviour	1	2	3
k) does not respond when told to do something	1	2	3
l) cannot follow a command unless it is carefully worded	1	2	3
m) Do you have any other comments or concerns? ( <b>If</b> <u>yes</u> , please tick and describe)	Yes 1	No 2	2

## **SECTION N: GOING TO SCHOOL**

N1.	What type of scl	nool does your study ch	aild attend?
	primary school	ol 1	
	special school	1 2	
	private school	3	
	other (please & describe)	tick 4	
N2.	special arr	• -	mean that the school should make (or has made) put her to the front of the class so that she can hear,
	Yes	No 2	$\rightarrow$ If <u>no.</u> go to N4a on page 45
If <u>ve</u> 	b) Please ind	icate below which parti	icular types of problem your child has ts at school are needed (please tick all that
	apply).		
	i)	learning difficulty	1
	ii)	speech	1
	iii)	hearing	1
	iv)	eyesight	
	v)	physical problem	please describe
	vi)	reading difficulty	
	vii)	emotional or behavioural problem	1
	viii)	other (please tick and describe)	1

N2.	c) Have you told the school about this?
	yes, told this school
	no, but told previous school $\frac{1}{2}$
	the school told me  3
	no 4
	d) Who else have you told? (please tick all that apply )
	i) doctor
	ii) local education authority 1
	iii) health visitor 1
	iv) other (please tick and describe)
N3.	a) Have you ever asked the local education authority for an assessment of your child's needs?
	Yes $ $
	If <u>yes</u> ,
	b) Did the local education authority carry out an assessment?
	Yes No 2
N4.	a) Has any school or education authority ever said that your study child has Special Educational Needs?
	Yes No Do Do Do Do No Do Do Do No Do Do Do No Do Do Do No Do
	b) what do they say these needs are?
	c) how old was the child when you were first told this?

N4.	d) Are you happy wit child?		P	311 <b>11110</b> 13 3 <b>3 111 8</b> 111	
	Yes, very happy 1	yes,	quite happy	no, no	t happy 3
		_			
If no	, what changes do you w	ant?			
			• • • • • • • • • • • • • • • • • • • •		
	e) have you heard of t	he Special E	ducational Nee	eds Code of Practi	ice?
	Yes 1	No	2		
N5.	a) Does your study ch	nild have a 's	tatement' of sp	pecial educational	needs?
	yes, has a state	ement	1		
	no, but is being	g assessed	2		
	no, was refuse	d a statemen	$\begin{bmatrix} t & 1 \end{bmatrix}$		
	no, has never be considered for			f <u>never considere</u>	
			f4	n N6a an nage 47	
				o N6a on page 47	
	b) If your child was e how helpful you fo	ver consider	ed for a statem	•	
	b) If your child was e	ver consider	ed for a statem	•	
,	<ul><li>b) If your child was e how helpful you fo</li><li>The 'Named Person'</li></ul>	ver consider ound the follo Very helpful	ed for a statem owing people: <b>Quite</b>	ent please indicat	e <b>Did not</b>
,	b) If your child was e how helpful you fo	ver consider ound the follo Very helpful	ed for a statem owing people: <b>Quite</b>	ent please indicat	e <b>Did not</b>
ii) A	b) If your child was e how helpful you fo  The 'Named Person' (someone you agreed wit the LEA could help you)  An LEA 'Parent	ver consider ound the follo Very helpful	ed for a statem owing people: <b>Quite</b>	ent please indicat	e <b>Did not</b>
ii) A	b) If your child was e how helpful you fo  The 'Named Person' (someone you agreed wit the LEA could help you)  An LEA 'Parent Partnership Officer'	ver consider ound the follo Very helpful	ed for a statem owing people: Quite	ent please indicat	e <b>Did not</b>
ii) A	b) If your child was e how helpful you fo  The 'Named Person' (someone you agreed wit the LEA could help you)  An LEA 'Parent	ver consider ound the follo Very helpful	ed for a statem owing people: Quite	ent please indicat	e <b>Did not</b>
ii) 4 iii) S	b) If your child was e how helpful you fo  The 'Named Person' (someone you agreed wit the LEA could help you)  An LEA 'Parent Partnership Officer'  Someone from a	ver consider ound the follo Very helpful	ed for a statem owing people: Quite	ent please indicat	e <b>Did not</b>
ii) Z iii) S v ((	b) If your child was e how helpful you for the 'Named Person' (someone you agreed with LEA could help you) An LEA 'Parent Partnership Officer' Someone from a roluntary group please tick & describe	ver consider ound the follo Very helpful	ed for a statem owing people: Quite	ent please indicat	e <b>Did not</b>
ii) 4 iii) S v (iii) S v (iii) S v (iv) S	b) If your child was e how helpful you for the 'Named Person' (someone you agreed with LEA could help you)  An LEA 'Parent Partnership Officer'  Someone from a coluntary group please tick & describe the group)	ver consider ound the follo Very helpful	ed for a statem owing people: Quite	ent please indicat	e <b>Did not</b>

N6.	a) Have you ever appealed to the Special Educational Needs Tribunal?
	Yes $\boxed{1}$ No $\boxed{2}$ $\rightarrow$ If $\underline{\mathbf{no}}$ , go to N7 on page 48
If <u>yes</u> ,	
	b) was your appeal heard by the Tribunal?  Yes, No, but will be No, but will b
If <u>yes</u> ,	If <u>no</u> , go to N7 on page 48
	c) what was the outcome?  waiting for result  turned down  successful  Go to N7 on page 48
If <u>succ</u>	
	i) when was the hearing?
	day month year
	ii) do you think the LEA has carried out the Tribunal's order?
	Yes No 2
If <u>no</u> ,	
	iii) please say how you think the local education authority has failed to carry out the order:

N7.	If you think your child has sp improvements in the way the		•	-
	Yes 1	No 2		
If <u>yes</u>	, please describe			
N8.	a) Has your study child ever	had speech (	or language) therapy	?
	yes	1		
	no, but is on waiting	list 2	→ If no, go to	NO bolow
	no, never	3 -		N9 Delow
If <u>yes</u>	,			
	b) do you think her difficult	ies improved	as a result?	
	Yes 1	No 2		
	c) is she still having speech	therapy?		
	Yes 1	No 2		
	d) do you think she should s	till be receivi	ng speech and langu	age therapy?
	Yes 1	No 2		
N9.	How well informed do you for	eel your child	s school keeps you?	?
		Very well informed	Quite well informed	Not well informed
	a) about her school work	1	2	3
	b) about her behaviour			
	c) about other aspects (please tick and describe)	1	2	3

N10.	How	does	she	feel	about	schoo	19
1110.	110 00	uocs	OHC	1001	aoout	SCHOO	1 .

		Always	Usually	<b>Sometimes</b>	Not at all
a)	She looks forward to going	1	2	3	4
b)	She enjoys it	1	2	3	4
c)	She is stimulated by it	1	2	3	4
d)	She is frightened by it	1	2	3	4
e)	She talks about her friends	1	2	3	4
f)	She seems bored by school	1	2	3	4
g)	She likes her teacher (s)	1	2	3	4

# N11. How much at school do you think she likes:

		She likes it a lot	She quite likes it	She does not like it	Is unable to do
a)	reading	1	2	3	4
b)	maths	1	2	3	4
c)	writing	1	2	3	4
d)	games	1	2	3	4
e)	discussion	1	2	3	4
f)	other (please tick and describe)	1	2	3	4

alk about the events of the	1	2	3		
			5	4	5
sk about what has appened in your day	1	2	3	4	5
ead, draw or play quietly herself	1	2	3	4	5
atch TV	1	2	3	4	5
ay with other children	1	2	3	4	5
all asleep	1	2	3	4	5
Does she bring home	things that	she has done	e at school (e.g.	painting)?	
e V	ead, draw or play quietly herself atch TV ay with other children	ead, draw or play quietly herself atch TV  ay with other children  ll asleep  Does she bring home things that	ead, draw or play quietly 1 2 herself  atch TV 1 2 2 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	ead, draw or play quietly herself  atch TV  1  2  3  ay with other children  1  2  3  All asleep  Does she bring home things that she has done at school (e.g.	ead, draw or play quietly 1 2 3 4 4 herself  atch TV 1 2 3 4 4 ay with other children 1 2 3 4 4 4 1 4 1 1 1 2 1 3 4 4 1 1 1 2 1 3 1 4 1 1 1 2 1 3 1 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

N13.	a)	Does she bring home thing Yes No 2	s that she has do		g. painting)?	
	b)	If <u>yes</u> , how often are they particle.  Always   1 Usually		one can see the etimes $\frac{1}{3}$	m? Never 4	
N14.		When she gets home from	school how does	s she behave?  Usually	Sometimes	Never
	<ul><li>a)</li><li>b)</li><li>c)</li><li>d)</li><li>e)</li></ul>	excited talkative withdrawn calm very active		2 2 2	3 3 3 3	4 4 4
	f) g)	sleepy angry	1	2 2	3 3	4

			Always	Usually	<b>Sometimes</b>	Neve
N14.	h)	hungry	1	2	3	4
	i)	tearful	1	2	3	4
	j)	anxious	1	2	3	4
	k)	affectionate	1	2	3	4
	1)	tired	1	2	3	4
	m)	other (please tick and descri	be)	2	3	4
						•••••
N15.	a)	Are you interested in what y	our child does	s at school?		
		Yes very Yes n	nostly 2	No,	not really 3	
	b)	Are you happy with the teac	hing your dau	ghter is getting	at school?	
		Yes very Yes n	nostly 2	No,	not really 3	
	c)	Are you happy with the prog	gress your dau	ghter is making	at school?	
		Yes very Yes n	nostly 2	No,	not really 3	

O1.	This questionnaire was completed by: (tick all that apply)
	a) mother 1
	b) father 1
	c) study child 1
	d) other (please tick and describe)
O2.	Please give the date on which you completed this questionnaire:
	day month year
O3.	Please give the date of birth of your child:
	day month year
	199
	THANK YOU VERY MUCH FOR YOUR HELP
	Space for any additional comment you would like to make
NID	
NB	Please remember we cannot reply to any comment unless you sign it.
	When completed, please return the questionnaire to:
	Professor Jean Golding Children of the Nineties - ALSPAC Institute of Child Health 24 Tyndall Avenue Bristol BS8 1BR Tel: Bristol 928 5007
	lustrations in this questionnaire have been reproduced from pictures produced by children who are f the "Children of the 90s" research initiative.
For of	fice use only coder int University of Bristo.