

Questionnaire No:

| | | | | | | | | |
|--|--|--|--|--|--|--|--|--|
| | | | | | | | | |
|--|--|--|--|--|--|--|--|--|

PARTNER -

ABOUT ME

12/04/03

This questionnaire is for the study child's father or person taking the role of father. To answer simply tick the box which is most accurate in your opinion.

Changes are occurring around our study children all the time, both in the family and in life outside. Some questions we ask in this questionnaire are the same as those you have answered before. This is so that we can tell what changes there may be in your health and lifestyle.



If you do not want to answer a question or if it does not apply to you, put a line through it. There are no good or bad answers. Just tell us what is true for you.

ALL ANSWERS ARE CONFIDENTIAL

Thank you for your help

SECTION A: YOUR HEALTH

A1. Which of the following would you say describes your health now?

| | |
|-------------------------|--------------|
| fit and well | <div>1</div> |
| mostly well and healthy | <div>2</div> |
| often feel unwell | <div>3</div> |
| hardly ever feel well | <div>4</div> |

A2. Have you had any of the following in the last 2 years (since your study child's 10th birthday)?

| In last 2 years: | Yes and consulted doctor | Yes but did not consult doctor | No ↓ |
|---|---|---|----------------|
| a) anxiety or 'nerves' | <div>1</div> | <div>2</div> | <div>3</div> |
| b) depression | <div>1</div> | <div>2</div> | <div>3</div> |
| c) headache or migraine | <div>1</div> | <div>2</div> | <div>3</div> |
| d) epilepsy | <div>1</div> | <div>2</div> | <div>3</div> |
| e) back pain, sciatica, slipped disc | <div>1</div> | <div>2</div> | <div>3</div> |
| f) indigestion | <div>1</div> | <div>2</div> | <div>3</div> |
| g) high blood pressure | <div>1</div> | <div>2</div> | <div>3</div> |
| h) cough or cold | <div>1</div> | <div>2</div> | <div>3</div> |
| i) diabetes | <div>1</div> | <div>2</div> | <div>3</div> |
| j) haemorrhoids/piles | <div>1</div> | <div>2</div> | <div>3</div> |
| k) schizophrenia | <div>1</div> | <div>2</div> | <div>3</div> |
| l) influenza | <div>1</div> | <div>2</div> | <div>3</div> |

A2 cont.

| In last 2 years: | Yes and consulted doctor | Yes but did not consult doctor | No ↓ |
|--|--------------------------------|---|---------|
| m) alcohol problem | 1 | 2 | 3 |
| n) wheezing or asthma | 1 | 2 | 3 |
| o) bronchitis | 1 | 2 | 3 |
| p) stomach ulcer | 1 | 2 | 3 |
| q) eczema | 1 | 2 | 3 |
| r) psoriasis | 1 | 2 | 3 |
| s) arthritis | 1 | 2 | 3 |
| t) rheumatism | 1 | 2 | 3 |
| u) urinary infection | 1 | 2 | 3 |
| v) syphilis | 1 | 2 | 3 |
| w) gonorrhoea | 1 | 2 | 3 |
| x) cancer (please state type) | 1 | 2 | 3 |
| | | | |
| y) other problems (please describe) | 1 | 2 | 3 |
| | | | |

A3. In the last 2 years how often have you taken the following?

| In last 2 years: | Every day | Often | Sometimes | Not at all |
|----------------------|--------------|-------|-----------|---------------|
| a) antibiotics | 1 | 2 | 3 | 4 |
| b) aspirin | 1 | 2 | 3 | 4 |
| c) paracetamol | 1 | 2 | 3 | 4 |
| d) other painkillers | 1 | 2 | 3 | 4 |

A4. a) In the past year have you taken or used any homeopathic medicine(s) or remedies?

yes, often 1 yes, sometimes 2 no 3 → **If no, go to A5 below**

b) **If yes**, please describe the name(s) of the homeopathic medicine(s) and the reason for taking/using them:

| | Name: | Reason: |
|----|--------------|----------------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |

A5. Please list all the other drugs, medicines and ointments that you have taken or used **in the past month:**

| What did you take: | About how many days did you take or use it? | How often per day? |
|---------------------------|--|---------------------------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |
| 6. | | |
| 7. | | |
| 8. | | |
| 9. | | |
| 10. | | |

Check Have you included iron tablets, laxatives, skin creams, vitamins, sleeping tablets, aspirin, cough mixture, pain killers, herbal medicine, slimming pills?

A6. a) Since your study child's 9th birthday have you been admitted to hospital?

Yes No → If **no**, go to A7 below

If **yes**,

b) how many times?

c) for how many different reasons?

Reason for each hospital stay:

How long did you stay?

| | | |
|----------|---|--------|
| d) | <input type="text"/> <input type="text"/> | nights |
| e) | <input type="text"/> <input type="text"/> | nights |
| f) | <input type="text"/> <input type="text"/> | nights |
| g) | <input type="text"/> <input type="text"/> | nights |
| h) | <input type="text"/> <input type="text"/> | nights |



Write 00 if you did not stay overnight

A7. In the past month, how often have you had any of the following:

| In the past month: | Almost all the time | Sometimes | Not at all |
|---------------------------|--------------------------------|--------------------------------|--------------------------------|
| a) backache | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| b) headache or migraine | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| c) urinary infection | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| d) nausea | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| e) vomiting | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| f) diarrhoea | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| g) haemorrhoids or piles | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| h) feeling weepy/tearful | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| i) feeling irritable | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| j) feeling exhausted | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |

| A7. In the past month: | Almost all the time | Sometimes | Not at all |
|--|--|--|--|
| k) varicose veins | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| l) passing urine very often | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| m) problem holding urine when you jump, sneeze etc. | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| n) indigestion | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| o) feeling dizzy/fainting | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| p) flashing lights/spots before eyes | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| q) shoulder ache | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| r) tingling in hands/fingers | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| s) tingling in feet/toes | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| t) neck ache | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| u) feeling depressed | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |
| v) other problem (please tick and describe) | 1 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 2 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> | 3 <input style="width: 40px; height: 20px; border: 1px solid red;" type="text"/> |

.....

.....

A8. a) How many cigarettes do you smoke nowadays per day? (If none, put 00)

i) weekday

| | |
|--|--|
| | |
|--|--|

ii) weekend day

| | |
|--|--|
| | |
|--|--|

b) Do you smoke:

**Yes
every day**

**Yes
sometimes**

**No
never**

(i) pipe

| |
|---|
| 1 |
|---|

| |
|---|
| 2 |
|---|

| |
|---|
| 3 |
|---|

(ii) cigar/cigarillo

| |
|---|
| 1 |
|---|

| |
|---|
| 2 |
|---|

| |
|---|
| 3 |
|---|

A9. a) How often are you having sexual intercourse now?

| | |
|------------------------|----------------------|
| not at all | <input type="text"/> |
| | 1 |
| less than once a month | <input type="text"/> |
| | 2 |
| 1-3 times a month | <input type="text"/> |
| | 3 |
| about once a week | <input type="text"/> |
| | 4 |
| 2-4 times a week | <input type="text"/> |
| | 5 |
| 5 or more times a week | <input type="text"/> |
| | 6 |

b) In general, do you enjoy it?

| | |
|----------------------|----------------------|
| yes, very much | <input type="text"/> |
| | 1 |
| yes, somewhat | <input type="text"/> |
| | 2 |
| no, not a lot | <input type="text"/> |
| | 3 |
| no, not at all | <input type="text"/> |
| | 4 |
| no sex at the moment | <input type="text"/> |
| | 5 |

A10. Please give below your present weights and measurements if you know them.

| | | | | | | | | | | | | |
|----|------------------------|----------------------|----------------------|----------------------|----|----|----------------------|----------------------|----------------------|----------------------|----------------------|--------|
| a) | weight | <input type="text"/> | <input type="text"/> | <input type="text"/> | kg | or | <input type="text"/> | <input type="text"/> | stones | <input type="text"/> | <input type="text"/> | pounds |
| b) | height | <input type="text"/> | <input type="text"/> | <input type="text"/> | cm | or | <input type="text"/> | ft | <input type="text"/> | <input type="text"/> | in | |
| c) | inside leg measurement | <input type="text"/> | <input type="text"/> | <input type="text"/> | cm | or | <input type="text"/> | ft | <input type="text"/> | <input type="text"/> | in | |
| d) | chest | <input type="text"/> | <input type="text"/> | <input type="text"/> | cm | or | <input type="text"/> | <input type="text"/> | in | | | |
| e) | hips | <input type="text"/> | <input type="text"/> | <input type="text"/> | cm | or | <input type="text"/> | <input type="text"/> | in | | | |
| f) | waist | <input type="text"/> | <input type="text"/> | <input type="text"/> | cm | or | <input type="text"/> | <input type="text"/> | in | | | |

SECTION B: LIFE IN THE LAST 4 WEEKS

- B1. During the past 4 weeks what was the hardest physical activity you could do for at least 2 minutes?

| | |
|-------------------------------------|--------------|
| Very heavy e.g. run at a fast pace | <div>1</div> |
| Heavy e.g. jog at a slow pace | <div>2</div> |
| Moderate e.g. walk at a fast pace | <div>3</div> |
| Light e.g. walk at a medium pace | <div>4</div> |
| Very light e.g. walk at a slow pace | <div>5</div> |

- B2. During the past 4 weeks how much have you been bothered by emotional problems such as feeling anxious, depressed, or downhearted and sad?

| | |
|--------------|--------------|
| Not at all | <div>1</div> |
| Hardly ever | <div>2</div> |
| Sometimes | <div>3</div> |
| Quite a lot | <div>4</div> |
| A great deal | <div>5</div> |

- B3. During the past 4 weeks how much difficulty have you had doing your usual activities both inside and outside the house, because of your physical and/or emotional health?

| | |
|---------------------|--------------|
| No difficulty | <div>1</div> |
| A little difficulty | <div>2</div> |
| Some difficulty | <div>3</div> |
| Much difficulty | <div>4</div> |
| Could not do | <div>5</div> |

B4. During the past 4 weeks how much has your physical and/or emotional health limited your social activities with family, friends, neighbours or groups?

| | |
|--------------|--------------|
| Not at all | <div>1</div> |
| Hardly ever | <div>2</div> |
| Sometimes | <div>3</div> |
| Quite a lot | <div>4</div> |
| A great deal | <div>5</div> |

B5. During the past 4 weeks how much bodily pain have you generally had?

| | |
|----------------|--------------|
| None at all | <div>1</div> |
| Very mild pain | <div>2</div> |
| Mild pain | <div>3</div> |
| Moderate pain | <div>4</div> |
| Severe pain | <div>5</div> |

B6. During the past 4 weeks how would you rate your health in general?

| | |
|-----------|--------------|
| Excellent | <div>1</div> |
| Very good | <div>2</div> |
| Good | <div>3</div> |
| Fair | <div>4</div> |
| Poor | <div>5</div> |

B7. During the past 4 weeks was someone available to help if you needed and wanted help?

| | |
|---------------------------|--------------------------------|
| Yes, as much as I wanted | <input type="text" value="1"/> |
| Yes, quite a bit | <input type="text" value="2"/> |
| Yes some of the time | <input type="text" value="3"/> |
| Yes, a little of the time | <input type="text" value="4"/> |
| No, not at all | <input type="text" value="5"/> |

B8. How well have things been going for you during the past 4 weeks?

| | |
|------------------------------|--------------------------------|
| Very well | <input type="text" value="1"/> |
| Pretty good | <input type="text" value="2"/> |
| An equal mix of good and bad | <input type="text" value="3"/> |
| Pretty bad | <input type="text" value="4"/> |
| Very bad | <input type="text" value="5"/> |
| Dreadful | <input type="text" value="6"/> |

SECTION C: YOUR WIFE/PARTNER

C1. a) Do you currently have a wife or partner?

yes, a wife

yes, a female partner

yes, a male partner

no partner

→ If **no partner**, go to Section D on page 25

If **yes**,

b) does your partner or wife live with you?

Yes

No

→ If **no**, go to C2 below

If **yes**,

c) how long have you lived together?

years

months

d) is this the same partner or wife as the one you had when the study child had his/her 9th birthday?

Yes the same

No, a new partner

I don't remember

The section below is concerned with your relationship with your partner. (The partner will be referred to as 'she', although the questions refer to all partners.)

C2. How would you assess your wife/partner's physical health?

always fit and well

mostly well and healthy

often feels unwell

hardly ever feels well

C3. Below are listed a number of conditions which your wife/partner might have had.
Please indicate whether she has had any of these since your study child's 10th birthday.

| In the last 2 years wife/partner had: | Yes, and saw a doctor | Yes, but did not see a doctor | No, not at all | Do not know |
|--|--------------------------------|-------------------------------------|--------------------------------|--------------------------------|
| a) headaches or migraine | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| b) indigestion | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| c) epilepsy | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| d) depression | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| e) anxiety or nerves | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| f) haemorrhoids/piles | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| g) cough or cold | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| h) influenza | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| i) bronchitis | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| j) high blood pressure (hypertension) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| k) diabetes | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| l) schizophrenia | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| m) drink (alcohol) problem | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| n) stomach ulcer | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| o) asthma or wheezing | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| p) eczema | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| q) psoriasis | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| r) arthritis | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| s) urinary infection | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| t) rheumatism | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| u) back pain, sciatica or slipped disc | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |

| In the last 2 years wife\partner had: | | Yes, and saw a doctor | Yes, but did not see a doctor | No, not at all | Do not know |
|--|--|--------------------------------|-------------------------------------|--------------------------------|--------------------------------|
| v) | syphilis | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| w) | gonorrhoea | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |
| x) | other condition(s) (please tick and describe) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="9"/> |

.....

C4. Below are some statements about mothers' and partners' relationships with young children. Please indicate how you feel in your particular situation.

| In regard to the study child: | | This is always how I feel | This is sometimes how I feel | I never feel this way |
|----------------------------------|--|---------------------------------|------------------------------------|--------------------------------|
| a) | She really loves this child | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| b) | She is glad that we had this child when we did | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| c) | I like to watch her play with the child | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| d) | I am afraid to leave the child alone with her because I think she might be violent | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| e) | She seems to feel very close to the child | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| f) | This child gets on her nerves | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| g) | She really cannot bear it when this child cries or whines | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| h) | I think she is interested as she watches the child develop | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |

| | | This is always how I feel | This is sometimes how I feel | I never feel this way |
|-------------|---|--|---|--------------------------------------|
| C4. (cont.) | | | | |
| i) | She feels anxious when the child is staying with others | <div>1</div> | <div>2</div> | <div>3</div> |
| j) | She doesn't mind the mess that surrounds children | <div>1</div> | <div>2</div> | <div>3</div> |
| k) | This child makes her very happy | <div>1</div> | <div>2</div> | <div>3</div> |

| | | | |
|-----|--|-------------------------|----------------------------|
| | | (i) weekday | (ii) weekend day |
| C5. | a) How many cigarettes does your wife or partner currently smoke <u>per day</u> ? (If none, put 00) | <div></div> <div></div> | <div></div> <div></div> |

| | Yes every day | Yes sometimes | No never |
|----------------------|--------------------------|--------------------------|---------------------|
| b) Does she smoke: | | | |
| (i) pipe | <div>1</div> | <div>2</div> | <div>3</div> |
| (ii) cigar/cigarillo | <div>1</div> | <div>2</div> | <div>3</div> |

C6. a) Is your wife/partner currently employed?

Yes

1

 No

2

 → **If no, go to C7 on page 18**

If yes,

b) (i) What is her occupation?.....

(ii) Please give industry or trade

c) Has she had the same job since the study child's 10th birthday?

Yes

1

 No

2

C6. d) Does she work nights?

yes, always

yes, sometimes

no, never

e) Does she leave home for several days as part of her work?

yes, often

yes, occasionally

no, never

f) Does she work shifts?

yes, often

yes, occasionally

no, never

g) How many hours a week does she normally work?

i) If her hours are regular, please state how many

(put 99 if don't know)

ii) If her hours vary, please put the minimum

and the maximum

h) Does she usually work:

the basic no. of hours per week

basic hours plus paid overtime

longer than basic hours (but
not paid extra)

self-employed - as long as
necessary

C6. i) Does she get home after work before the study child is in bed?

yes, usually yes, sometimes no, never

C7. How would you rate her on these characteristics?

| | Almost always | Sometimes | Hardly ever |
|---------------------------------|--------------------------------|--------------------------------|--------------------------------|
| a) helpful, co-operative | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| b) quiet, reserved | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| c) unreliable | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| d) sociable, outgoing | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| e) dominating | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| f) understanding | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| g) quick-tempered, easily upset | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| h) cheerful, easygoing | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |

C8. Who does these various household tasks?

| | Me always ↓ | Me mostly ↓ | Sometimes me, some- times she does | She does mostly ↓ | She does always ↓ | Someone else ↓ |
|---------------------------|--------------------------------|--------------------------------|---|---------------------------------|---------------------------------|--------------------------------|
| a) shopping for groceries | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | <input type="text" value="6"/> |
| b) cooking | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | <input type="text" value="6"/> |
| c) cleaning | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | <input type="text" value="6"/> |
| d) repairs in home | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | <input type="text" value="6"/> |
| e) looking after children | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | <input type="text" value="6"/> |
| f) washing clothes | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | <input type="text" value="6"/> |
| g) ironing | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> | <input type="text" value="6"/> |

C9. Who decides:

| | | Me always ↓ | Me mostly ↓ | Sometimes me, some- times she does | She does mostly ↓ | She does always ↓ |
|----|-----------------------------------|------------------------|------------------------|---|-------------------------|-------------------------|
| a) | how to spend free time | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| b) | how much to see family or friends | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| c) | when to do repairs or redecorate | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| d) | how we should spend our money | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |

C10. People vary greatly in the amount they are satisfied or dissatisfied with their relationship. How do you feel about the following aspects of your life together?

| | | Very satisfied | Moderately satisfied | Somewhat dissatisfied | Very dissatisfied |
|----|-------------------------------------|------------------------|-------------------------|--------------------------|------------------------|
| a) | handling family finances | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> |
| b) | demonstrations of affection | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> |
| c) | sex | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> |
| d) | amount of time spent together | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> |
| e) | making major decisions | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> |
| f) | household tasks | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> |
| g) | leisure time interests & activities | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> |

C11. a) How often recently have you been irritable with your wife or partner?

| | | | | | | | | | |
|---------------|------------------------|-----------------------------|------------------------|---------------------|------------------------|---------------------|------------------------|--------------|------------------------|
| not at all | 1 <input type="text"/> | less than once a week | 2 <input type="text"/> | 1-2 times a week | 3 <input type="text"/> | 3-6 times a week | 4 <input type="text"/> | every day | 5 <input type="text"/> |
|---------------|------------------------|-----------------------------|------------------------|---------------------|------------------------|---------------------|------------------------|--------------|------------------------|

C11. b) How often has she been irritable with you?

| | | | | |
|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| not at all | less than once a week | 1-2 times a week | 3-6 times a week | every day |
| <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> |

C12. a) How many arguments or disagreements have you had with one another in the past three months?

| | | | | |
|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| None | 1-3 | 4-7 | 8-13 | 14 or more |
| <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | <input type="text" value="5"/> |

In the past 3 months, have any of these happened?

| | Yes, I did this | Yes, she did this | Yes, we both did this | No, not at all |
|--|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| b) not speaking for more than half an hour | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| c) one of you walking out of the house | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| d) shouting or calling one another names | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| e) hitting or slapping | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| f) throwing or breaking things | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |

C13. In the past three months how often have you done these things **with your wife/partner**?

| Together we have: | | Never ↓ | Less than Once a month | Less than once a week | At least once a week |
|-------------------|-----------------------------------|--------------|------------------------------|-----------------------------|----------------------------|
| a) | gone out for a meal | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |
| b) | gone out for a drink | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |
| c) | visited friends | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |
| d) | visited family | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |
| e) | gone to the cinema or theatre | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |
| f) | other (please tick & describe) | | <div>2</div> | <div>3</div> | <div>4</div> |

.....

C14. a) How many evenings a month do you go out and do things **on your own** or with your own friends?

| | | | | | |
|--------------|--------------|--------------------|--------------|--------------|--------------|
| none | <div>1</div> | once | <div>2</div> | 2-3 times | <div>3</div> |
| 4-7 times | <div>4</div> | 8 or more times | <div>5</div> | | |

b) How many times a month does your wife/partner go out and do things **on her own** or with friends?

| | | | | | |
|--------------|--------------|--------------------|--------------|--------------|--------------|
| none | <div>1</div> | once | <div>2</div> | 2-3 times | <div>3</div> |
| 4-7 times | <div>4</div> | 8 or more times | <div>5</div> | | |

C15. How often in a week, on average, would you and your wife/partner:

| | | Never ↓ | Less than once a week | 1-3 times a week | Most days ↓ |
|----|---|--------------|-----------------------------|---------------------|----------------|
| a) | discuss work or how the day has gone | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |
| b) | laugh together | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |
| c) | calmly talk over something (e.g. the news, a hobby or interest) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |
| d) | kiss or hug | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |
| e) | make plans | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |
| f) | talk over feelings or worries | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |

C16. a) Which of the following statements about alcohol best applies to your wife/partner:

| | |
|---|--------------|
| Never drinks alcohol | <div>1</div> |
| Very occasionally (less than once a week) | <div>2</div> |
| Occasionally (at least once a week) | <div>3</div> |
| Drinks 1-2 glasses* nearly every day | <div>4</div> |
| Drinks 3-9 glasses* every day | <div>5</div> |
| Drinks at least 10 glasses a day | <div>6</div> |
| Don't know | <div>9</div> |

[*by glass we mean pub measures (1oz) of spirits, 1 glass of wine or ½ pint (¼ litre) of beer or cider]

- C16. b) How many days **in the past month** do you think she had the equivalent of at least 2 pints of beer, 4 glasses of wine or 4 pub measures of spirit?

| | | | |
|-----------|--------------------------------|-------------------|--------------------------------|
| every day | <input type="text" value="1"/> | more than 10 days | <input type="text" value="2"/> |
| 5-10 days | <input type="text" value="3"/> | 3-4 days | <input type="text" value="4"/> |
| 1-2 days | <input type="text" value="5"/> | none | <input type="text" value="6"/> |

- C17. Below are attitudes and behaviours which people reveal in their close relationships. Please rate your wife/partner's attitudes and behaviour towards you in recent times and tick the most appropriate box for each item.

| My wife/partner: | Very true | Moderately true | Somewhat true | Not at all true |
|--|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| a) Is very considerate of me | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| b) Wants me to take her side in an argument | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| c) Wants to know exactly what I'm doing and where I am | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| d) Is a good companion | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| e) Is affectionate to me | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| f) Is clearly hurt if I don't accept her views | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| g) Tends to try to change me | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| h) Confides closely in me | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| i) Tends to criticise me over small issues | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| j) Understands my problems and worries | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| k) Tends to order me about | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| l) Insists I do exactly as I'm told | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| m) Is physically gentle and considerate | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |

C17. cont.

| | | Very true | Moderately true | Somewhat true | Not at all true |
|-------------------------|---|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| My wife/partner: | | | | | |
| n) | Makes me feel needed | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| o) | Wants me to change in small ways | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| p) | Is very loving to me | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| q) | Seeks to dominate me | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| r) | Is fun to be with | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| s) | Wants to change me in big ways | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| t) | Tends to control everything I do | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| u) | Shows her appreciation of me | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| v) | Is critical of me in private | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| w) | Is gentle and kind to me | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| x) | Speaks to me in a warm and friendly voice | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |

SECTION D: PILLS AND POTIONS

D1. Please indicate below if you have used any **medicines** (pills, syrups, inhalers, drops, sprays, suppositories, pessaries, ointments etc including homeopathic and herbal remedies) in the last 12 months.

Please include medicines prescribed by your doctor and also those you may have purchased over the counter. **(Do not include vitamins and supplements** unless taken for a specific medical condition, as these are covered in the next section).

If possible give the full name of the medicine and indicate how often it was used. If you need more lines for a particular category please include the additional medicines under the 'Other conditions' section at the end of this question on page 28.

| Medicine, pills, drops, ointment etc. for: | Yes in past 12 months | If yes, give name of substance | How often did you take/use this? | | | |
|--|--------------------------|--------------------------------|----------------------------------|--------------------------|--------------------------|--------------------------|
| | | | Every day | Most days | Some times | Once or twice |
| a) Headache or or migraine | <input type="checkbox"/> | i) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | ii) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Backache | <input type="checkbox"/> | i) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | ii) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c) Groin pain | <input type="checkbox"/> | i) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | ii) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d) Other pain | <input type="checkbox"/> | i) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | ii) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| e) Indigestion | <input type="checkbox"/> | i) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | ii) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| f) Nausea | <input type="checkbox"/> | i) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | | ii) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

| Medicine, pills, drops, ointment etc. for: | Yes in past 12 months | If yes, give name of substance | How often did you take/use this? | | | |
|--|--------------------------------|--------------------------------------|----------------------------------|--------------------------------|--------------------------------|--------------------------------|
| | | | Every day | Most days | Some times | Once or twice |
| g) Vomiting | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| h) Diarrhoea | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| i) Piles or haemorrhoids | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| j) Constipation | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| k) Depression | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| l) Anxiety or nerves | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| m) Sleeping | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| n) Psoriasis | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| o) Eczema | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |

| Medicine, pills, drops, ointment etc. for: | Yes in past 12 months | If yes, give name of substance | How often did you take/use this? | | | |
|--|--------------------------------|--------------------------------------|----------------------------------|--------------------------------|--------------------------------|--------------------------------|
| | | | Every day | Most days | Some times | Once or twice |
| p) Asthma | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| q) Hay fever | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| r) Other allergies | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| s) Sore throat | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| t) Cough | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| u) A cold | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| v) Flu | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| w) Other infection | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| x) Diabetes | <input type="text" value="1"/> | i) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |
| | | ii) | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |

| Medicine, pills, drops, ointment etc. for: | Yes in past 12 months | If yes, give name of substance | How often did you take/use this? | | | |
|--|--------------------------|--------------------------------|----------------------------------|--------------------------|--------------------------|--------------------------|
| | | | Every day | Most days | Some times | Once or twice |
| y) Epilepsy | <input type="checkbox"/> | i) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | <input type="checkbox"/> | ii) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| z) High blood pressure | <input type="checkbox"/> | i) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| | <input type="checkbox"/> | ii) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| za) Other condition (please tick & describe) | <input type="checkbox"/> | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| zb) Other condition (please tick & describe) | <input type="checkbox"/> | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| zc) Other condition (please tick & describe) | <input type="checkbox"/> | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| zd) Other condition (please tick & describe) | <input type="checkbox"/> | | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ze) Took/used no medicines, pills, drops or ointment | <input type="checkbox"/> | | | | | |

D2. Vitamin, mineral and other supplements are widely used. Some people take them regularly for their health, whereas others may use them more sporadically to try to improve a specific area of their health. Please indicate below whether you have used such supplements regularly, occasionally or not at all in the last 12 months.

| | | Used in last 12 months | | |
|----|---|--------------------------|--------------------------|--------------------------|
| | | Regularly | Occasionally | Not at all |
| a) | Vitamins | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b) | Minerals (e.g. calcium, iron) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c) | Oil supplements e.g. fish oils, evening primrose oil | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d) | Other supplements e.g. Ginseng | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

D3. Please describe below any vitamins, minerals such as iron or calcium or other supplements taken in the **past month** and indicate how often you used them.

| | Every day | Most days | About 1-2 times a week | Less than once a week | Not at all |
|--|------------------------|------------------------|------------------------------|--------------------------------|------------------------|
| a) Vitamins (Please say which vitamins and give brand name) | | | | | |
| i) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| ii) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| iii) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| b) Mineral supplements (Please say which minerals e.g. iron, calcium, and give brand name) | | | | | |
| i) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| ii) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| iii) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| c) Oil supplements (Please say which, e.g. fish oils, Evening Primrose Oil, and give brand name) | | | | | |
| i) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| ii) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| iii) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| d) Other supplements (Please say which e.g. Ginseng, Royal Jelly, and give brand name) | | | | | |
| i) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| ii) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |
| iii) | 1 <input type="text"/> | 2 <input type="text"/> | 3 <input type="text"/> | 4 <input type="text"/> | 5 <input type="text"/> |

SECTION E: BREAKING THE LAW

Most of us have broken the law at some time or other, maybe when larking around in our youth, or on the spur of the moment, or because of circumstances in our lives.

In this section there are some questions about such experiences which we hope you will share with us.

As always, your answers are completely confidential and cannot be linked to your name.

If you are not happy to complete this section for any reason at all, please **go to Section F on page 39**

E1. a) Have you **ever** been in trouble with the law?

Yes ₁ No ₂ → **If no, go to E2 below**

b) When did this happen? (Please tick all that apply)

| | | |
|-------|-----------------------------------|-----------------------------------|
| (i) | As a child (before the age of 13) | <input type="text"/> ₁ |
| (ii) | As a teenager | <input type="text"/> ₁ |
| (iii) | As an adult | <input type="text"/> ₁ |

c) Has this happened in the last year? Yes ₁ No ₂

E2. a) Apart from speeding have you **ever** been convicted of an offence?

Yes ₁ No ₂ → **If no, go to E3 on page 31**

b) When did this happen? (Please tick all that apply)

| | | |
|-------|-----------------------------------|-----------------------------------|
| (i) | As a child (before the age of 13) | <input type="text"/> ₁ |
| (ii) | As a teenager | <input type="text"/> ₁ |
| (iii) | As an adult | <input type="text"/> ₁ |

c) Has this happened in the last year? Yes ₁ No ₂

This next set of questions are about things relating to **vehicles**. By vehicles we mean cars, vans, motorbikes, or other motor vehicles.

- E3. a) Have you **ever** driven a vehicle on a public road without vehicle insurance or a driving licence?

Yes ☐ No ☐ → If **no**, go to E4 below

- b) When did this happen? (Please tick all that apply)

(i) As a child (before the age of 13) ☐
(ii) As a teenager ☐
(iii) As an adult ☐

- c) Has this happened in the last year? Yes ☐ No ☐

- E4. a) Have you **ever** driven a vehicle when you thought at the time you could have been over the legal limit for alcohol?

Yes ☐ No ☐ → If **no**, go to E5 below

- b) When did this happen? (Please tick all that apply)

(i) As a teenager ☐
(ii) As an adult ☐

- c) Have you done this in the last year? Yes ☐ No ☐

- E5. a) Have you **ever** stolen, or driven a vehicle away without permission, even if the owner got it back?

Yes ☐ No ☐ → If **no**, go to E6 on page 32

- E5. b) When did this happen? (Please tick all that apply)
- (i) As a child (before the age of 13) ☐₁
- (ii) As a teenager ☐₁
- (iii) As an adult ☐₁
- c) Have you done this in the last year? Yes ☐₁ No ☐₂
- E6. a) Have you **ever** stolen any parts off a vehicle or anything from inside a vehicle?
- Yes ☐₁ No ☐₂ → If **no**, go to E7 below
- b) When did this happen? (Please tick all that apply)
- (i) As a child (before the age of 13) ☐₁
- (ii) As a teenager ☐₁
- (iii) As an adult ☐₁
- c) Have you done this in the last year? Yes ☐₁ No ☐₂
- E7. a) Have you **ever** damaged any vehicle in any way on purpose, for example by scratching it or breaking a window?
- Yes ☐₁ No ☐₂ → If **no**, go to E8 on page 33
- b) When did this happen? (Please tick all that apply)
- (i) As a child (before the age of 13) ☐₁
- (ii) As a teenager ☐₁
- (iii) As an adult ☐₁
- c) Have you done this in the last year? Yes ☐₁ No ☐₂

These next questions are about other things you may have done.

- E8. a) Have you **ever** gone into someone's home without their permission because you wanted to steal or damage something?

Yes ☐₁ No ☐₂ → **If no, go to E9 below**

- b) When did this happen? (Please tick all that apply)

(i) As a child (before the age of 13) ☐₁
(ii) As a teenager ☐₁
(iii) As an adult ☐₁

- c) Have you done this in the last year? Yes ☐₁ No ☐₂

- E9. a) Thinking about other types of buildings such as a factory, office, shop, hospital, school etc. Have you **ever** gone into any of these types of buildings, without permission because you wanted to steal or damage something?

Yes ☐₁ No ☐₂ → **If no, go to E10 below**

- b) When did this happen? (Please tick all that apply)

(i) As a child (before the age of 13) ☐₁
(ii) As a teenager ☐₁
(iii) As an adult ☐₁

- c) Have you done this in the last year? Yes ☐₁ No ☐₂

- E10. a) Have you **ever** painted or written graffiti on anything without permission?

Yes ☐₁ No ☐₂ → **If no, go to E11 on page 34**

E10. b) When did this happen? (Please tick all that apply)

- (i) As a child (before the age of 13) ☐
1
- (ii) As a teenager ☐
1
- (iii) As an adult ☐
1

c) Have you done this in the last year? Yes ☐
1 No ☐
2

E11. a) Have you **ever** damaged anything that didn't belong to you or your family on purpose, for example by burning, smashing, or breaking it?

Yes ☐
1 No ☐
2 → If **no**, go to E12 below

b) When did this happen? (Please tick all that apply)

- (i) As a child (before the age of 13) ☐
1
- (ii) As a teenager ☐
1
- (iii) As an adult ☐
1

c) Have you done this in the last year? Yes ☐
1 No ☐
2

If **yes**,

d) In the past year, what have you damaged that didn't belong to you?

.....

E12. a) Have you **ever** used force, violence or threats against anyone in order to steal from a shop, petrol station, bank or other business?

Yes ☐
1 No ☐
2 → If **no**, go to E13 on page 35

b) When did this happen? (Please tick all that apply)

- (i) As a child (before the age of 13) ☐
1
- (ii) As a teenager ☐
1
- (iii) As an adult ☐
1

E12. c) Have you done this in the last year? Yes ☐1 No ☐2

E13. a) Have you **ever** used force, violence or threats, against anyone in order to steal something from them?

Yes ☐1 No ☐2 → If **no**, go to E14 below

b) When did this happen? (Please tick all that apply)

(i) As a child (before the age of 13) ☐1

(ii) As a teenager ☐1

(iii) As an adult ☐1

c) Have you done this in the last year? Yes ☐1 No ☐2

E14. a) Have you without using force, violence or threats, **ever** stolen anything someone was carrying or wearing, for example by taking something from their hand, pocket or bag?

Yes ☐1 No ☐2 → If **no**, go to E15 below

b) When did this happen? (Please tick all that apply)

(i) As a child (before the age of 13) ☐1

(ii) As a teenager ☐1

(iii) As an adult ☐1

c) Have you done this in the last year? Yes ☐1 No ☐2

E15. a) Have you without using force, violence or threats, **ever** stolen anything from a shop?

Yes ☐1 No ☐2 → If **no**, go to E16 on page 36

E15. b) When did this happen? (Please tick all that apply)

- (i) As a child (before the age of 13) ☐
1
- (ii) As a teenager ☐
1
- (iii) As an adult ☐
1

c) Have you done this in the last year? Yes ☐
1 No ☐
2

E16. a) Have you **ever** stolen anything from where you work(ed) or went to school?

Yes ☐
1 No ☐
2 → If **no**, go to E17 below

b) When did this happen? (Please tick all that apply)

- (i) As a child (before the age of 13) ☐
1
- (ii) As a teenager ☐
1
- (iii) As an adult ☐
1

c) Have you done this in the last year? Yes ☐
1 No ☐
2

d) In the past year, what have you stolen from work?

.....

E17. a) Apart from anything you have already mentioned, have you **ever** stolen anything else?

Yes ☐
1 No ☐
2 → If **no**, go to E18 on page 37

b) When did this happen? (Please tick all that apply)

- (i) As a child (before the age of 13) ☐
1
- (ii) As a teenager ☐
1
- (iii) As an adult ☐
1

E17. c) Have you done this in the last year? Yes ☐1 No ☐2

d) In the past year, what have you stolen ?

.....

E18. a) Have you **ever** used force on anyone on purpose, for example scratching, hitting, kicking, throwing things, which you think physically injured them in some way?

Yes ☐1 No ☐2 → If **no**, go to E19 below

b) When did this happen? (Please tick all that apply)

(i) As a child (before the age of 13) ☐1
(ii) As a teenager ☐1
(iii) As an adult ☐1

c) Have you done this in the last year? Yes ☐1 No ☐2

E19. a) Have you **ever** carried a weapon in case you needed it in a fight?

Yes ☐1 No ☐2 → If **no**, go to E20 below

b) When did this happen? (Please tick all that apply)

(i) As a child (before the age of 13) ☐1
(ii) As a teenager ☐1
(iii) As an adult ☐1

c) Have you done this in the last year? Yes ☐1 No ☐2

E20. a) Have you **ever** used a weapon to injure anyone on purpose?

Yes ☐1 No ☐2 → If **no**, go to E21 on page 38

E20. b) When did this happen? (Please tick all that apply)

- (i) As a child (before the age of 13) ☐
1
- (ii) As a teenager ☐
1
- (iii) As an adult ☐
1

c) Have you done this in the last year? Yes ☐
1 No ☐
2

E21. If you answered yes to any of the questions in Section E, have you regretted any of your actions?

No, not at all ☐
1 Yes, a little ☐
2 Yes, quite a lot ☐
3 Yes, very much ☐
4

SECTION F: YOUR FAMILY AND FRIENDS

F1. How many of your relatives and your wife/partner's relatives do you see at least twice a year?

| None | 1 | 2-4 | more than 4 |
|--------------|--------------|--------------|--------------|
| <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |

F2. About how many friends do you have?

| None | 1 | 2-4 | more than 4 |
|--------------|--------------|--------------|--------------|
| <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |

F3. Overall, would you say you belong to a close circle of friends?

Yes

1

 No

2

F4. How many people are there that you can talk to about personal problems?

| None | 1 | 2-4 | more than 4 |
|--------------|--------------|--------------|--------------|
| <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |

F5. How many people talk to you about their personal problems or their private feelings?

| None | 1 | 2-4 | more than 4 |
|--------------|--------------|--------------|--------------|
| <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |

F6. If you have to make an important decision, how many people are there with whom you can discuss it?

| None | 1 | 2-4 | more than 4 |
|--------------|--------------|--------------|--------------|
| <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |

F7. How many people are there among your family and friends from whom you could borrow £200 if you needed to?

| None | 1 | 2-4 | more than 4 |
|--------------|--------------|--------------|--------------|
| <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> |

F8. How many of your family and friends would help you in times of trouble?

| | | | |
|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| None | 1 | 2-4 | more than 4 |
| <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |

F9. During the last month, how many times did you get together with one or more friends?

| | | | |
|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| None | 1 | 2-4 | more than 4 |
| <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |

F10. During the last month, how many times did you get together with one or more of your relatives or your wife/partner's relatives?

| | | | |
|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| None | 1 | 2-4 | more than 4 |
| <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> |

The following statements are about the help and support you have.

| | | This is exactly how I feel | This is often how I feel | This is how I sometimes feel | I never feel this way | |
|-----|--|-----------------------------------|---------------------------------|-------------------------------------|--------------------------------|--|
| F11 | I have no one to share my feelings with | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | |
| F12 | My wife/partner provides the emotional support I need | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | no wife/partner <input type="text" value="7"/> |
| F13 | There are other fathers with whom I can share my experiences | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | |
| F14 | I believe in moments of difficulty my neighbours would help me | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> | <input type="text" value="4"/> | |

| | | This is exactly how I feel | This is often how I feel | This is how I sometimes feel | I never feel this way | no wife/ partner |
|-----|--|---|---|---|--------------------------------------|-----------------------------|
| F15 | I'm worried that my wife/partner might leave me | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>7</div> |
| F16 | There is always someone with whom I can share my happiness and excitement about my child | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | |
| F17 | If I feel tired I can rely on my wife/partner to take over | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>7</div> |
| F18 | If I was in financial difficulty I know my family would help if they could | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | |
| F19 | If I was in financial difficulty I know my friends would help if they could | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | |
| F20 | If all else fails I know the state will support and assist me | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | |

SECTION G: YOUR DIET

G1. How many times nowadays do you eat the following foods? Please answer every question even if you never eat the food (in this case tick “never or rarely”).

| | | Never or rarely | Once in 2 weeks | 1-3 times a week | 4-7 times a week | More than 7 times a week |
|----|---|--------------------------------|----------------------------|---------------------------------|---------------------------------|---|
| a) | Meat sausages and burgers | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| b) | Vegetarian sausages, vegeburgers | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| c) | Meat pies/pasties (pork pie, steak/meat pie etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| d) | Vegetarian pies/pasties (cheese and onion pasty, vegetable samosa, onion bhaji, vegetable grills etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| e) | Ham, bacon, paté and cold meats (e.g. salami, luncheon meat, garlic sausage etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| f) | Meat roast, chops, stews and curries, shepherds pie, bolognese etc. (beef, lamb pork mince) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| g) | Liver, kidney, heart | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| h) | Chicken/turkey in crispy coating (chicken nuggets, turkey burgers, chicken fingers etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |

| G1. | | Never or rarely | Once in 2 weeks | 1-3 times a week | 4-7 times a week | More than 7 times a week |
|-----|--|-----------------------|--------------------|------------------------|------------------------|--------------------------------|
| i) | Poultry: roast, grilled, fried boiled, stewed (chicken, turkey etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| j) | Shellfish (prawns, crab, cockles, mussels etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| k) | White fish in breadcrumbs or batter (fish fingers/shapes, chip shop fish, breaded cod, plaice or haddock etc.). | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| l) | White fish without coating (grilled fish, cod in parsley sauce etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| m) | Tuna | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| n) | Other fish (pilchards, sardines, mackerel, herrings, kippers, trout, salmon etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| o) | Eggs, quiche/flans, omelettes etc. | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| p) | Cheese | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| q) | Pizza | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| r) | Oven chips or roast potatoes (cooked in fat or oil) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| s) | Fried chips, potato waffles and croquettes, Alphabites etc. | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| t) | Boiled, mashed, jacket potatoes | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |

| G1. | | Never or rarely | Once in 2 weeks | 1-3 times a week | 4-7 times a week | More than 7 times a week |
|-----|--|-----------------------|--------------------|------------------------|------------------------|--------------------------------|
| u) | Rice (boiled, or fried, <u>not</u> rice pudding) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| v) | Canned pasta (spaghetti rings, ravioli, macaroni cheese etc.) Pot Noodles, Super Noodles etc. | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| w) | Boiled pasta (e.g. spaghetti fusilli, lasagne), bulgar wheat or cous-cous | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |

G2. How often do you have fried food, excluding chips? e.g. Fried bacon and eggs, fried fish, chops, steak, or beefburgers etc.

| | |
|--------------------------|--------------|
| Never or rarely | <div>1</div> |
| Once in 2 weeks | <div>2</div> |
| 1-3 times a week | <div>3</div> |
| 4-7 times a week | <div>4</div> |
| More than 7 times a week | <div>5</div> |

G3. Do you eat the fat on meat?

| | |
|--------------------------|--------------|
| yes, all of it | <div>1</div> |
| yes, some of it | <div>2</div> |
| no, always leave the fat | <div>3</div> |
| never eat meat | <div>4</div> |

G4. How many times nowadays do you eat;

| | | Never or rarely | Once in 2 weeks | 1-3 times a week | 4-7 times a week | More than 7 times a week |
|----|--|--------------------------------|----------------------------|---------------------------------|---------------------------------|---|
| a) | Baked beans | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| b) | Peas, broad beans | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| c) | Sweetcorn | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| d) | Carrots | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| e) | Other root vegetables (turnip, swede, parsnip etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| f) | Tomatoes (cooked or raw) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| g) | Salads (lettuce, cucumber, peppers, other raw vegetables) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| h) | Pulses – and pulse dishes (dahl, lentil soup, falafel, dried peas, beans, chick peas etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| i) | Soya ‘Meat’, TVP, Bean curd, (Tofu, Miso etc.), Quorn | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| j) | Peanuts, peanut butter | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| k) | Other nuts (e.g. cashews), nut roast etc. | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| l) | Canned fruit | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| m) | Yoghurt, Fromage Frais | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |

| | | Never or rarely | Once in 2 weeks | 1-3 times a week | 4-7 times a week | More than 7 times a week |
|-----|---|-------------------------|-------------------------|-------------------------|-------------------------|--------------------------------|
| G4. | | | | | | |
| n) | Milk puddings (e.g. rice pudding, semolina), mousse Angel Delight etc. | <div><div>1</div></div> | <div><div>2</div></div> | <div><div>3</div></div> | <div><div>4</div></div> | <div><div>5</div></div> |
| o) | Ice cream, choc ice, chocolate ice cream bar etc. | <div><div>1</div></div> | <div><div>2</div></div> | <div><div>3</div></div> | <div><div>4</div></div> | <div><div>5</div></div> |
| p) | Pudding (e.g. fruit pie, crumble, cheesecake, gateaux) | <div><div>1</div></div> | <div><div>2</div></div> | <div><div>3</div></div> | <div><div>4</div></div> | <div><div>5</div></div> |
| q) | Custard, cream, Elmlea, Tip-Top, evaporated milk etc. on puddings | <div><div>1</div></div> | <div><div>2</div></div> | <div><div>3</div></div> | <div><div>4</div></div> | <div><div>5</div></div> |
| r) | Cakes or buns (fruit cake, sponge, teacake, doughnut, flapjack, scone, custard tart, cream cake etc.) | <div><div>1</div></div> | <div><div>2</div></div> | <div><div>3</div></div> | <div><div>4</div></div> | <div><div>5</div></div> |
| s) | Crispbreads (Ryvita, crackerbread etc.) | <div><div>1</div></div> | <div><div>2</div></div> | <div><div>3</div></div> | <div><div>4</div></div> | <div><div>5</div></div> |
| t) | Ketchup/brown sauce etc. | <div><div>1</div></div> | <div><div>2</div></div> | <div><div>3</div></div> | <div><div>4</div></div> | <div><div>5</div></div> |
| u) | Mayonnaise, salad cream or dressing etc. | <div><div>1</div></div> | <div><div>2</div></div> | <div><div>3</div></div> | <div><div>4</div></div> | <div><div>5</div></div> |

G5. In total, how many portions of green vegetables e.g. broccoli, cauliflower, courgettes, cabbage, leeks, green beans do you eat in a week?

 portions

a) Out of these total portions, how many are dark green leafy vegetables e.g. broccoli, Brussel sprouts, cabbage, spinach etc.?

 portions

G6. In total how many pieces of raw fruit e.g. apple, banana, orange, Satsuma, peach, grapes, strawberries etc. do you eat in a week? (For small fruit such as grapes etc, one “piece” will be a “helping” e.g. a small sprig of grapes.)

- G6. a) Out of these, how many of them are citrus fruit e.g. tangerine, orange, Satsuma, grapefruit etc.?

| | |
|--|--|
| | |
|--|--|

- G7. a) Do you eat breakfast cereals at all?

Yes

| |
|---|
| 1 |
|---|

No

| |
|---|
| 2 |
|---|

→ If **no**, go to G9 on page 48

If **yes**, What type of breakfast cereal do you eat nowadays?

| | | Never or rarely | Once in 2 weeks | 1-3 times a week | 4-7 times a week | More than 7 times a week |
|----|--|-----------------------|--------------------|------------------------|------------------------|--------------------------------|
| b) | Oat cereals (e.g. porridge Ready Brek, muesli) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| c) | Wholegrain or bran cereals (e.g. All Bran, Bran Flakes, Weetabix, Wheatflakes, Fruit & Fibre, Shredded Wheat) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| d) | Sugar/honey coated cereals (e.g. Frosties, Honeynut Loops, Crunchnut cornflakes) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| e) | Other cereals (e.g. Cornflakes Rice Krispies, Special K) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |

- G8. a) How many teaspoons of sugar do you have on cereal?

| None | $\frac{1}{2}$ Teaspoon | One teaspoon | 2 teaspoons | More than 2 teaspoons | | | | | |
|---|---------------------------|---|----------------|---|---|---|---|---|---|
| <table border="1"><tr><td>1</td></tr></table> | 1 | <table border="1"><tr><td>2</td></tr></table> | 2 | <table border="1"><tr><td>3</td></tr></table> | 3 | <table border="1"><tr><td>4</td></tr></table> | 4 | <table border="1"><tr><td>5</td></tr></table> | 5 |
| 1 | | | | | | | | | |
| 2 | | | | | | | | | |
| 3 | | | | | | | | | |
| 4 | | | | | | | | | |
| 5 | | | | | | | | | |

- b) How many times **per week** do you have milk on cereal?

| | |
|--|--|
| | |
|--|--|

 times

G9. How often nowadays do you eat:

| | Never or rarely | Once in 2 weeks | 1-3 times a week | 4-7 times a week | More than 7 times a week |
|--|-----------------------|--------------------|------------------------|------------------------|--------------------------------|
| a) Crisps, corn snacks (e.g. Wotsits, Quavers, tortilla chips etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| b) Full-coated chocolate biscuits (e.g. Club, Kit Kat, Penguin, Breakaway etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| c) Other biscuits (e.g. Rich tea, shortcakes, digestive and chocolate digestive, Hob Nobs) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| d) Chocolate (dairy milk or plain nut, fruit, filled etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |
| e) Sweets (individual, packets or bars, peppermints, boiled sweets, toffees etc.) | <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> |

G10. On days when you eat biscuits, how many biscuits do you normally eat in that day?

 biscuits

G11. On days when you eat sweets, how many individual sweets do you normally eat in that day?

| 1-2 sweets | 3-5 sweets | 6-10 sweets | 11-20 sweets | more than 20 sweets | I never have sweets |
|---------------|---------------|----------------|-----------------|------------------------|------------------------|
| <div>1</div> | <div>2</div> | <div>3</div> | <div>4</div> | <div>5</div> | <div>7</div> |

G12. On days when you have chocolate or chocolate bars (e.g. Mars bars, Dairy Milk):

a) What size bar do you have?

Usually eat individual
chocolates/squares

1

Usually eat whole bars

2

Never have chocolate

3

→ Go to G13
on page 49

G12. b) How many chocolates/bars of **this** size do you usually eat in **that** day?

½ or less

1

2

3 or more

G13. How many times a week nowadays do you drink:

| | | Never or rarely | Once in 2 weeks | 1-3 times a week | 4-7 times a week | More than 7 times a week |
|----|---|--------------------------------|----------------------------|---------------------------------|---------------------------------|---|
| a) | Pure fruit juice from a carton or freshly squeezed including tomato juice | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| b) | Squash, fruit drinks | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| c) | Cola drinks (e.g. Coca Cola, Pepsi etc.) | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| d) | Other fizzy drinks (e.g. lemonade, fizzy water) | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| e) | Bottled still water | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| f) | Water from tap | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| g) | Milk on its own | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
| h) | Flavoured milk drinks (e.g. Horlicks, cocoa, drinking chocolate, Ovaltine, milkshakes) or yoghurt drinks | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |

G14. When you have soft drinks (e.g. lemonade, cola, squash) how often are they low calorie, diet or reduced sugar drinks?

usually

sometimes

not at all

I don't drink soft drinks

G15. When you have cola drinks how often are they decaffeinated?

| | |
|--------------------|--------------------------------|
| usually | <input type="text" value="1"/> |
| sometimes | <input type="text" value="2"/> |
| not at all | <input type="text" value="3"/> |
| I don't drink cola | <input type="text" value="4"/> |

G16. What type of bread do you eat **most often**? (Tick all that apply)

| | Yes, usually | Yes, sometimes | No, not at all |
|------------------------------------|--------------------------------|--------------------------------|--------------------------------|
| a) White bread | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| b) Soft grain white bread | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| c) Brown/granary bread | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| d) Wholemeal bread | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| e) Chappatis, pitta bread | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| f) Naan bread | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |
| g) Other (please tick and describe | <input type="text" value="1"/> | <input type="text" value="2"/> | <input type="text" value="3"/> |

.....

G17. a) How many slices of bread, rolls or chappatis do you eat on a usual day? (**include bought sandwiches**)

| | | | | | | | |
|-------------|--------------------------------|-----|--------------------------------|-----|--------------------------------|-----------|--------------------------------|
| less than 1 | <input type="text" value="1"/> | 1-2 | <input type="text" value="2"/> | 3-4 | <input type="text" value="3"/> | 5 or more | <input type="text" value="4"/> |
|-------------|--------------------------------|-----|--------------------------------|-----|--------------------------------|-----------|--------------------------------|

b) How many slices of bread (or rolls) spread with butter or margarine do you eat each day on average? (include shop bought sandwiches)

| | | |
|----------------------|----------------------|--------|
| <input type="text"/> | <input type="text"/> | slices |
|----------------------|----------------------|--------|

- G17. c) How many slices of bread (or rolls) spread with sweet things such as jam/honey/chocolate spread etc. do you eat each day on average?

| | |
|--|--|
| | |
|--|--|

slices

- G18. What sort of fat do you mainly use?

| | | (i) On bread or vegetables | | (ii) For frying | |
|----|---|-------------------------------|--------------|--------------------|--------------|
| | | Yes | No | Yes | No |
| a) | Butter, ghee, dripping, lard, solid cooking fat | <div>1</div> | <div>2</div> | <div>1</div> | <div>2</div> |
| b) | Full-fat polyunsaturated margarine (e.g. Flora, Vitalite, sunflower margarine) | <div>1</div> | <div>2</div> | <div>1</div> | <div>2</div> |
| c) | Other full-fat margarine (e.g. Blue Band, Stork, Clover, Golden Crown, Willow, supermarket own brand) | <div>1</div> | <div>2</div> | <div>1</div> | <div>2</div> |
| d) | Low-fat polyunsaturated margarine (e.g. Flora Lite, Vitalite Lite, low-fat Sunflower margarine) | <div>1</div> | <div>2</div> | <div>1</div> | <div>2</div> |
| e) | Other low-fat spread not polyunsaturated (e.g. Delight, St Ivel Gold) | <div>1</div> | <div>2</div> | <div>1</div> | <div>2</div> |
| f) | Sunflower oil, corn oil, soya oil | <div>1</div> | <div>2</div> | <div>1</div> | <div>2</div> |
| g) | Olive oil, hazelnut oil, rapeseed oil | <div>1</div> | <div>2</div> | <div>1</div> | <div>2</div> |
| h) | Other vegetable oil | <div>1</div> | <div>2</div> | <div>1</div> | <div>2</div> |
| i) | Other (please tick & describe) | <div>1</div> | <div>2</div> | <div>1</div> | <div>2</div> |
| | | | | | |

G19. What types of milk do you drink **most often**?

- a) Full fat (silver or gold top)
- b) Semi-skimmed (red stripe)
- c) Skimmed (blue stripe)
- e) Goat/sheep milk
- f) Soya milk
- g) Other (please tick and describe)

.....

G20. a) Do you drink tea?

Yes

No

→ If **no**, go to G21 below

If **yes**,

- b) How many cups of tea do you drink in a day?
(do not include herbal teas) cups a day
- c) How many spoons of sugar in each cup? spoons
- d) How many of the cups of tea that you drink
per day are decaffeinated? cups a day
- e) Do you take milk in tea?
Yes usually yes, sometimes No

G21. a) Do you drink coffee?

Yes

No

→ If **no**, go to G22 on page 53

If **yes**,

- b) How many cups of coffee (real, instant or
decaffeinated) do you drink? cups a day

- G21. c) How many spoons of sugar in each cup? spoons
- d) How many of the cups of coffee you drink are decaffeinated? cups a day
- e) How many of the cups of coffee you drink are made using real coffee (i.e not instant)? cups a day
- f) How many of these are decaffeinated? cups a day
- g) Do you take milk in coffee?
- Yes usually ₁ Yes, sometimes ₂ No ₃

- G22. a) During the last week **how many** of each type of alcoholic drink did you have on each day? (Please put a number).

| | | Mon. | Tues. | Wed. | Thurs | Fri. | Sat. | Sun. |
|-------|---|------|-------|------|-------|------|------|------|
| (i) | Beer, lager or cider (no. of ½ pints) | | | | | | | |
| (ii) | Wine (no. of glasses) | | | | | | | |
| (iii) | Spirits (no. of single pub measures) | | | | | | | |
| (iv) | Martini, sherry, port or other 'fortified' wine (no. of single pub measures) | | | | | | | |
| (v) | Ready-mixed drinks (alcopops) e.g. Breezers, Smirnoff Ice, Reef etc (no. of bottles) | | | | | | | |
| (vi) | Other alcoholic drinks (please describe and write no. of glasses or measures) | | | | | | | |
| (vii) | Low alcohol drink (no. of glasses or ½ pints) | | | | | | | |

- b) Is this week fairly typical of your alcohol drinking?

No ₁ Yes ₂ — **If yes, go to G23 on page 54**

- c) **If no**, would you normally drink:

More ₁ Less ₂

G23. For your main meal of the day how often do you eat take-away foods or have meals out?

| | |
|-------------------|--------------|
| Never or rarely | <div>1</div> |
| 1-3 times a month | <div>2</div> |
| 1-2 times a week | <div>3</div> |
| 3-4 times a week | <div>4</div> |
| 5-7 times a week | <div>5</div> |

G24. For your main meal of the day how often do you eat an oven/microwave ready or convenience meal (e.g. lasagne, ready prepared chilli con carne etc.)?

| | |
|-------------------|--------------|
| Never or rarely | <div>1</div> |
| 1-3 times a month | <div>2</div> |
| 1-2 times a week | <div>3</div> |
| 3-4 times a week | <div>4</div> |
| 5-7 times a week | <div>5</div> |

G25. Are you at present a vegetarian?

| | | | |
|-----|--------------|----|--------------|
| Yes | <div>1</div> | No | <div>2</div> |
|-----|--------------|----|--------------|

G26. Are you, at present a vegan (i.e. do not eat meat, poultry, fish, eggs, butter, milk or cheese)?

| | | | |
|-----|--------------|----|--------------|
| Yes | <div>1</div> | No | <div>2</div> |
|-----|--------------|----|--------------|

G27. Are you at present on any other kind of special diet?

| | | | |
|-----|--------------|----|--------------|
| Yes | <div>1</div> | No | <div>2</div> |
|-----|--------------|----|--------------|



If yes, please describe:

.....

.....

SECTION H: YOUR ENVIRONMENT

H1. a) Do you have a mobile phone (i.e. one that can be used away from home)?

Yes No → Go to H2 below

If yes,

b) how often do you use it to make calls?

at least once a day
4-6 times a week
1-3 times a week
less than once a week

c) how often do people ring you on it?

at least once a day
4-6 times a week
1-3 times a week
less than once a week

H2. How often during the day are you in a room or enclosed place where people are smoking?

| | (i) weekdays | (ii) weekends |
|-------------------|--------------------------------|--------------------------------|
| all the time | <input type="text" value="1"/> | <input type="text" value="1"/> |
| more than 5 hours | <input type="text" value="2"/> | <input type="text" value="2"/> |
| 3-5 hours | <input type="text" value="3"/> | <input type="text" value="3"/> |
| 1-2 hours | <input type="text" value="4"/> | <input type="text" value="4"/> |
| less than 1 hour | <input type="text" value="5"/> | <input type="text" value="5"/> |
| not at all | <input type="text" value="6"/> | <input type="text" value="6"/> |

H3. Do you tend to collect static electricity and have shocks when you touch metal?

Yes a lot Yes occasionally No, not at all

SECTION J:

J1. This questionnaire was completed by:

Yes

a) child's biological father

b) child's father figure

c) someone else
(please tick and describe)

.....

J2. Do you live in the same house as the study child?

Yes

No

J3. Please give the date on which you completed this questionnaire:

day

month

year

J4. Please give your date of birth:

day

month

year

J5. Please give your study child's date of birth:

day

month

year

THANK YOU VERY MUCH FOR YOUR HELP

Space for any additional comments you would like to make

NB Please remember we cannot reply to any comment unless you sign it.

When completed, please return the questionnaire to:

**Professor Jean Golding
Children of the Nineties - ALSPAC
Institute of Child Health
24 Tyndall Avenue
Bristol BS8 1BR Tel: Bristol 928 8793**

For office use only
Coder *Int*

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