

Date:

ID No:

## Child-Parent Relationship Scale

Robert C Pianta, 1992

Please reflect on the degree to which each of the following statements currently applies to your relationship with your child. Using the scale below, **circle the appropriate number** for each item.

Definitely does not apply	Not really	Neutral, not sure	Applies somewhat	Definitely applies
1	2	3	4	5

1	I share an affectionate, warm relationship with my child	1	2	3	4	5
2	My child & I always seem to be struggling with each other	1	2	3	4	5
3	If upset, my child will seek comfort from me	1	2	3	4	5
4	My child is uncomfortable with physical affection or touch from me	1	2	3	4	5
5	My child values his/her relationship with me	1	2	3	4	5
6	My child appears hurt or embarrassed when I correct him/her	1	2	3	4	5
7	My child does not want to accept help when he/she needs it	1	2	3	4	5
8	When I praise my child, he/she beams with pride	1	2	3	4	5
9	My child reacts strongly to separation from me	1	2	3	4	5
10	My child spontaneously shares information about him/herself	1	2	3	4	5
11	My child is overly dependent on me	1	2	3	4	5
12	My child easily becomes angry at me	1	2	3	4	5
13	My child tries to please me	1	2	3	4	5
14	My child feels that I treat him/her unfairly	1	2	3	4	5
15	My child asks for my help when he/she really does not need help	1	2	3	4	5

**Please turn over - there are a few more questions on the other side ....**

<b>Definitely does not apply</b>	<b>Not really</b>	<b>Neutral, not sure</b>	<b>Applies somewhat</b>	<b>Definitely applies</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

16	It is easy to be in tune with what my child is feeling	1	2	3	4	5
17	My child sees me as a source of punishment & criticism	1	2	3	4	5
18	My child expresses hurt or jealousy when I spend time with other children	1	2	3	4	5
19	My child remains angry or is resistant after being disciplined	1	2	3	4	5
20	When my child is misbehaving, he/she responds to my look or tone of voice	1	2	3	4	5
21	Dealing with my child drains my energy	1	2	3	4	5
22	I've noticed my child copying my behaviour or ways of doing things	1	2	3	4	5
23	When my child is in a bad mood, I know we're in for a long & difficult day	1	2	3	4	5
24	My child's feelings toward me can be unpredictable or can change suddenly	1	2	3	4	5
25	Despite my best efforts, I'm uncomfortable with how my child & I get along	1	2	3	4	5
26	I often think about my child when at work	1	2	3	4	5
27	My child whines or cries when he/she wants something from me	1	2	3	4	5
28	My child is sneaky or manipulative with me	1	2	3	4	5
29	My child openly shares his/her feelings & experiences with me	1	2	3	4	5
30	My interactions with my child make me feel effective & confident as a parent	1	2	3	4	5

*[Circle as appropriate]*

Completed by:                      Mother    /    Father    /    Other, *specify* .....

**Thank you very much for your help.**