

Self-completion questionnaire (10-15 yrs)

Serial Address HH.No ChkL P.No First name Int No F/Area F/Month

Understanding Society

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COMPLETING THE QUESTIONNAIRE

The questions inside cover a wide range of subjects, but each one can be answered simply by ticking the box next to the answer, as in the example below. Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

Example Question

Q16 Did you have breakfast today?



When you have finished answering the questionnaire, please seal it in the envelope and hand it back to the interviewer. If you have any questions or need help, please ask the interviewer. Thank you again for your help.

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| 1 Please write in your date of birth. | Do you belong to a social web-site such as Bebo, Facebook or MySpace? |
|---|--|
| Day Month Year | Yes 6 |
| | No No |
| Please tick whether you are male or female. | |
| Male Female | |
| How many hours do you spend watching TV, including video and DVDs, on a normal school day? | How many hours do you spend chatting or interacting with friends through a social web-site like that on a normal school day? |
| None | None |
| Less than an hour | Less than an hour |
| 1-3 hours | 1-3 hours |
| 4-6 hours | 4-6 hours |
| 7 or more hours | 7 or more hours |
| How many hours do you spend watching TV, including video and DVDs, on a weekend, that is on Saturday or Sunday? | |
| None | Do you ever play multi-player on-line games? |
| Less than an hour | Yes |
| 1-3 hours | No Don't know |
| 4-6 hours | Don't know |
| 7 or more hours | |

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| The next few questions are about you and your family. | How many close friends do y you were in some kind of tro | | riends yc | ou could t | alk to if |
|--|--|------------------------------|-----------|------------|-----------|
| In the past 7 days, how many times have you eaten an evening meal together with the rest of your family who live with you? | Write ir | number | | | |
| None 1 or 2 times 3- 5 times | Do you have a steady boyfrie | e nd or girlfri Ye | 25 | | |
| About how many hours do you spend doing or helping with housework in an average week, such as time spent tidying your bedroom, cooking, cleaning or doing laundry? | Please say whether you strop or strongly disagree, that the to yourself. | | tatemer | nts apply | Strongly |
| Don't do any housework | I feel I have a number of good qualities | agree | Agree | Disagree | disagree |
| Less than one hour 1-3 hours | I feel that I do not have much to be proud of | | | | |
| 4-6 hours | I certainly feel useless at times | | | | |
| 7 or more hours | I am able to do things as well as most other people | | | | |
| In the past month, how many times have you stayed out after 9.00pm at night without your parents knowing where you were? | l am a likeable person | | | | |
| Never | I can usually solve my own problems | | | | |
| 1-2 times 3-9 times | All in all, I am inclined to feel I am a failure | | | | |
| 10 or more times | At times I feel I am no good at all | | | | |

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| Now some questions abou | ut how | you sp | end yo | our free | e time. | |
|--|--------------|----------------------------|-----------------------------|----------------------------|---------------------|---------------------------|
| 14 How often do you | | Tick | one box | for each | n line | |
| Go to a party, dance, disco, or nightclub | Most days | At least once a week | At least once a month | Several times a year | Once a year or less | Never/ almost never |
| Go to the cinema | | | | | | |
| Do painting, drawing, printmaking or sculpture | | | | | | |
| Go to the theatre (for example play, pantomime or opera) | | | | | | |
| Use a computer to create original artworks or animation | | | | | | |
| Go to watch live sport | | | | | | |
| Go to a pub or bar | | | | | | |
| Just hang around/mess about near your home | | | | | | |
| Just hang around/mess about in the high street or the town/city centre | | | | | | |

| Go to youthclubs, scouts, girl guides or other organised activities | Most days | At least once a week | At least once a month | Several times a year | Once a year or less | Never/ almost never |
|---|--------------|----------------------|-----------------------|----------------------|---------------------|---------------------------|
| Go to a library (not your school library) | | | | | | |
| Go to museums or galleries | | | | | | |
| Go to visit an historic place or stately home | | | | | | |
| Do voluntary or community work (including doing this as part of school) | | | | | | |
| Go to a political meeting/ march, rally or demonstration | | | | | | |
| Over the past month how many books have you read for pleasure? Please do not include comics or magazines. If you have not read any books please enter zero. Write in number of books | | | | | | |

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| Please read each of the fo that best applies to you. | ollowing sta | atements and | tick the bo | эх |
|--|--------------|--------------|-------------|-------|
| | | Tick one box | for each li | ine |
| We discuss books at home | Often | Sometimes | Rarely | Never |
| We discuss TV programmes we have watched at home | | | | |
| My parents/other adults at home buy me books as gifts | | | | |
| My parents/other adults take me to museums or art galleries | | | | |
| My parents/other adults take me to watch sporting events | | | | |
| My parents/other adults take me to the theatre or to see a dance performance or classical music | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

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The next few questions are about how you feel about different aspects of your life.

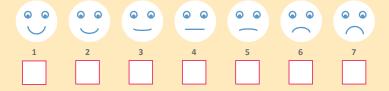
The faces express various types of feelings. Below each face is a number where '1' is completely happy and '7' is not at all happy.

Please tick the box which comes closest to expressing how you feel about each of the following things...

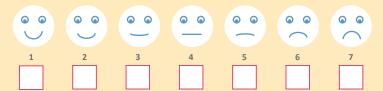
A) Your school work?



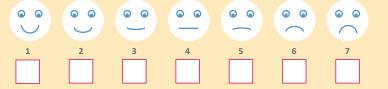
B) Your appearance?



C) Your family?



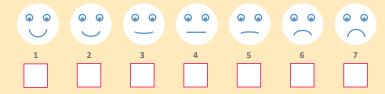
D) Your friends?



E) The school you go to?



F) Which best describes how you feel about your life as a whole?



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| The next few questions are about any homework you might be asked to do by teachers at your school. 'Homework' is any wo set for you by teachers which is to be done outside lessons ever if you do the work at school after lessons rather than taking it home with you. | rk |
|--|----|
| Do you ever get set any homework at school? | |
| Yes 22 | |
| No | |
| | |
| How often are you given homework? | |
| Most days | |
| Once a week at least | |
| Sometimes, less than once a week | |
| Hardly ever | |
| Never | |
| | |
| | |
| During an average week in term time, on how many evenings do you do any homework? Please just think about Monday to | |
| Friday evenings during term time. | |
| Write in the number of evenings | |
| you do homework | |
| | |

| 24 | When you do homework on a week-day evening during term time, how many hours do you usually spend doing your homework? |
|----|---|
| | Write in the number of hours |
| 25 | And how many hours do you usually spend doing homework on the weekend during term-time? |
| | Write in the number of hours |
| 26 | Does anyone here at home help you with your homework, even if it's only occasionally? |
| | Yes |
| | No |
| 27 | Who usually helps you with your homework? |
| | Mum or stepmum |
| | Dad or stepdad |
| | A brother or sister (or stepbrother/sister) |
| | Another relative living with you |
| | Any non-relative living with you |
| | No one, I do it myself |

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| The next questions are about school and what you want to happen in the future. | |
|---|---|
| How important do you think it is for you to do well in your GCSE exams or Standard Grades (if you live in Scotland)? Very important Important Not very important Not at all important | Would you like to go on to do further full-time education at a college or university after you finish school? Yes No Don't know |
| The age young people must stay in education or training differs somewhat across the UK. What would you most like to do when you have completed your final GCSE/Standard Grade year at around age 16? Get a full time job 31 Stay at school or college to do A levels/Highers 30 Get an apprenticeship 30 Do some other form of training 30 Do something else 30 Don't know 30 | In the last 12 months, have you ever played truant, that is missed school without permission, even if it was only for a half day or single lesson? Yes No |

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| Here are a few questions about health and nutrition. | |
|--|--|
| In general, would you say your health is | How tall are you without shoes? Please use either feet metres and centimetres – whichever you know the bes |
| Excellent | |
| Very good | WRITE IN |
| Good | Feet and inches |
| Fair | Metres and centimetres |
| Poor | Don't know |
| | |
| How many portions of fresh fruit or vegetables do you eat on a typical day? One portion is one piece of fruit or one serving of a vegetable or salad item. | And how much do you weigh without clothes on? If you please write in your best guess. |
| 5 or more portions | WRITE IN |
| 3 – 4 portions | Stones and pounds |
| 1-2 portions | Kilograms |
| None | Not sure and can't guess |
| | TOTOGLO SILO SELI E GUESO |
| | |

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| Do you think that you are About the right weight | What type of exercise do you do, walking to school, or what sports each one you do. | including things like cycling or do you play? Please tick the box for |
|---|---|---|
| Underweight Slightly overweight | Walking, including walking the dog | Cricket |
| Very overweight Don't know | Swimming or diving | Athletics |
| | Cycling | Martial Arts |
| Do you ever diet or try to lose weight? | Jogging or running | Horse riding |
| Yes, all the time | Tennis, squash or badminton | Gymnastics |
| Yes, some of the time No, never | Keep fit, aerobics or gym training | Dance |
| , <u> </u> | Football | Other type of sport or activity |
| | Rugby | |
| | Netball, basketball or hockey |] |
| | | |
| | | |

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| How many days in a usual week do you play sports, do aerobics or do some other keep fit activity? | Do you ever smoke cigarettes at all? |
|---|---|
| Every day | Yes 42 |
| 5-6 days | No |
| 3-4 days | |
| 1-2 days | Please read the statements below and tick the box beside the statement that describes you best. |
| Less often than once a week | I have smoked only once or twice |
| Never or hardly ever | I used to smoke but I don't now |
| What is the main way you usually travel to school? | I sometimes smoke, but not every week |
| Walk all the way | I usually smoke between one and six cigarettes a week |
| Ride a bike By bus or tube | I usually smoke more than six cigarettes a week |
| By car | |
| By train Some other way/combination | Just to remind you, all your answers are confidential and will not be seen by anyone in your household. |
| | Have you ever had an alcoholic drink? That is a whole drink, not just a sip. |
| | Yes |
| | No |

| On how many occasions (if any) have you been intoxicated or drunk from drinking alcohol, for example staggered when walking, not being able to speak properly, throwing up or not remembering what happened? |
|--|
| 40 or 0 1-2 3-5 6-9 10-19 20-39 more |
| In your lifetime |
| |
| During the last twelve months |
| During the last four weeks |
| Have you ever tried any of the following? Yes No Glue/solvent sniffing |
| Glue/solvent shiffing |
| Cannabis (also known as |
| marijuana, dope, hash or skunk) |
| Any other illegal drug |
| (including ecstasy, cocaine, speed) |
| How many times have you ever used or taken any illegal drugs? |
| Never |
| Once or twice |
| Three or four times |
| Five to ten times |
| More than ten times |
| |

| How difficult do you think if (marijuana or hash) if you v | | e for yo | u to get car | nnabis | |
|--|-------------|----------|--------------|----------|---------------|
| Ir | mpossible | | | | |
| Ver | y difficult | t | | | |
| Fairl | y difficult | t | | | |
| F | airly easy | / | | | |
| | Very easy | / | | | |
| Do | on't know | | | | |
| | | | | | |
| | | | | | |
| How much do you think PEC and in other ways, if they | OPLE RISK | | g themselv | | sically |
| | No risk | | | | Don't know |
| | No | Tick on | e box for ea | ach line | Don't |
| and in other ways, if they | No | Tick on | e box for ea | ach line | Don't |
| Smoke cigarettes occasionally Smoke one or more packs of | No | Tick on | e box for ea | ach line | Don't |
| Smoke cigarettes occasionally Smoke one or more packs of cigarettes per day Have one or two alcoholic drinks | No | Tick on | e box for ea | ach line | Don't |

| And how much do you thin physically and in other way | | •• | | | |
|---|------------|-------------|---------------|---------------|-------|
| Try cannabis (marijuana or hash) once or twice | No risk | Slight risk | Moderate risk | Great risk | Don't |
| Smoke cannabis (marijuana or hash) occasionally | | | | | |
| Smoke cannabis (marijuana or hash) regularly | | | | | |
| Try ecstasy once or twice | | | | | |
| Try an amphetamine (uppers, pep pills, speed) once or twice | | | | | |
| Take amphetamines regularly | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

| Now a few questions about the enviro you personally do each of the following | |
|--|------------------------------|
| How often do you leave the TV on stan | ndby? |
| Always | |
| Very often | |
| Quite often | |
| Not very often | |
| Never | |
| We have no TV at home | |
| How often do you switch off lights in roo | noms that aren't being used? |
| Always | |
| Very often | |
| Quite often | |
| Not very often | |
| Never | |
| | |

| How often do you keep the tap running while you brush your teeth? |
|--|
| Always |
| Very often |
| Quite often |
| Not very often |
| Never |
| Do you believe that people in the UK will be affected by climate change in the future? |
| |
| Yes |
| Yes No |
| |
| No |
| No |
| No |

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| The next questions are about what you want to do in the future. | |
|---|---|
| 56 | At what age do you want to get married? If you don't want to get married then write in zero. Please write in age: |
| 57 | At what age would you like to start a family? If you don't want any children, write in zero. Please write in age: |
| 58 | Thinking about your own future, what would you like to be doing with your life in about ten years' time from now? Write in as much as you like in the space provided. |
| | |

Thank you for your help

Please place the questionnaire in the envelope and hand it back to your interviewer

Or please return to the address below:

National Centre for Social Research Unit B2, Admiralty Park, Station Road, Holton Heath, Poole, BH16 6HX

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