

PREGNANCY QUESTIONNAIRE SHORT VERSION

Name: (Forename, Surname)
Address:
Postcode:
Date of Birth: d d m m y y U
Interviewer: Date of interview: d d m m y y
May I just confirm your GP's name and address:
GP's name:
Surgery Address:
1: DIETARY CHANGES & FOOD SUPPLEMENTS
1.1 We asked you about your diet at our first visit before you became pregnant. In the time between that first visit
* in(month)(year) and your last menstrual period in
(month)(year) were there major changes in any of the following?
0: No
1: Yes If no go to 1.3.
1.2 (a) How often you were eating meat and meat dishes?
1: more 2: same
3: less
4: stopped completely
(b) How often you were eating fruit and vegetables?
1: more
2: same 3: less

(c) The amount of milk and other dairy produ 1: more 2: same 3: less	icts you w	ere consun	ning	
(d) The amount of alcoholic drinks you were 1: more 2: same 3: less 4: stopped completely	consumin	g.		
1.3 Since your last menstrual period, have you tal supplement your diet? (e.g. vitamins, mineral				
0. No 1. Yes If yes, please state which: (for number per day, record number of tablets/capsul	les/teaspoo	ons per day	y, as appro _l	priate)
Supplement	Number per day	How many days per week?	Date Started	Date Finished (if still taking please enter 88/88/88)

APPI	ETITE AND NAUSEA DURING PREGNANCY		
2.1:	In the first three months of your pregnancy did you experien	ice	
	any nausea or sickness?		
	0. No		
	1. Yes		
	If yes, was this:		
	1. Mild (nausea only)		
	2. Moderate (sometimes sick)		
	3. Severe (regularly sick, can't retain meals)		
2.2	In the first three months of your pregnancy, did you eat:		
	1. More		
	2. The same <i>go to Section 3</i>		
	3. Less in amount		
	than before you became pregnant.		
	viimi corore you coomic programm		
2.3	If more , was this		
*	1. Because you felt more hungry		
	2. To prevent you feeling sick		
	3. Because you felt it was best for the baby		
	(9. Not sure/other reason)		
	If less , was this		
*	1. Because you felt less hungry		
	2. Because of nausea/sickness		
	3. Didn't want to put on too much weight		
	(9. Not sure/other reason)		
3:	SMOKING		
I woul	d like to ask you a few questions about your smoking habits.		
3.1	Did you smoke at the time of your last menstrual period?		
J.1	0. No go to 3.3		
	1. Yes		
	1. 103		
3.2	How many per day (record maximum stated)?		
	nany per day (record manmam stated).		
3.3	Did you smoke when you were around 11 weeks pregnant?		
	0. No <i>go to 3.5</i>		
	1. Yes		
3.4	How many per day (record maximum stated)?		
a =			
3.5	Does anyone smoke regularly in the same room as you?		
	0. No		
	1. Yes		

4.	MI	TO	CI	VES
4 :	TV I			· · · ·

I would like to ask you now about any medicines you may have taken.

4.1 What, if any, medicines/inhalers/pills/tablets/indigestion remedies have you taken since your last menstrual period?

USE E	BLOCK CAPITALS & COPY NAMES DIRECTLY OFF BOTTLES IF POSS	IBLE
1		
2		
3		
4		
5		
6		
7		
8		
5:	PREGNANCIES AND ILLNESSES	
5.1	Have you had any previous pregnancies of more than 28 weeks? 0. No 1. Yes I would now like to ask you a few questions about any ILLNESSES you may suffered from: If 'no' to 5.1, go to 5.3	y have
5.2	During your previous pregnancies were you ever treated by a doctor for: a) High blood pressure (treatment includes admission/bed rest/induction 0. No 1. Yes b) Diabetes 0. No 1. Yes)
	c) Anaemia 0. No 1. Yes	
	d) Were you anaemic after the birth of any of your previous babies? 0. No 1. Yes	

5.3	When	When not pregnant have you ever been treated by a doctor for:					
	a)	_		don't include	pill associate	d high BP)	
			No				
		1.	Yes				
	b)	Diabetes					
	0)		No				
			Yes				
		1.	105				
	c)	Anaemia					
		0.	No				
		1.	Yes				
5.4	Either		or an adult, l	have you ever	r suffered from	m asthma?	
		0. No					
		1. Yes					
	If Yes	a) was th	is confirmed	by a doctor?			
		0.No		•			
		1.Yes					
5.5	Цохо х	you had wh	aczina or wł	nictling in the	chast in the l	last 12 months?	
3.3	nave	0.No <i>go t</i>	-	insumg in the	chest in the i	last 12 months?	
		1.Yes	0 3.7				
		1.168					
5.6	How n	nany attack	ks of wheezin	ng have you h	ad <u>in the last</u>	12 months?	
		0. None					
		1. 1-3					
		2. 4-12					
		3. More t	than 12				
5.7	Did vo	ni suffer fr	om eczema ii	n childhood?			
J.1	Did yo	0. No	om cezema n	ii ciiidiiood:			
		1. Yes					
		1. 105					
5.8	•		zema affectin	ng the creases	of your elbo	ws or knees in the	
	last ye						
		0. No					
		1. Yes					
5.9	Have y	you ever ha	ad a problem	with sneezing	g, or a runny,	or blocked nose when	
	•		ave a cold or	•			
	•		to section 6				
		1.Yes					
5.10	Is the 1	nose proble	em ugually ac	ecompanied b	v itchv-water	ry eves?	
~.10	15 110 1	0.No	Jiii asaaiiy ac	ompanica o	, itelly water	., 0,00.	
		1.Yes					
					1 1		

5.11	In the last 12 months, have you had a problem with sneezing, or a runny, or				
	blocked nose when you DID NOT have a cold or the 'flu?				
	0.No go to section 6				
	1.Yes				
5.12	Have you used any medicines to treat hayfever, rhinitis or any other nasal problems,				
J.12	at any time in the last 12 months (including sprays, solutions, pills, capsules or				
	tablets)?				
	0.No				
	1.Yes				
6:	BABY'S FATHER				
	Now I would like to ask some questions about the baby's natural father:				
6.1	Either as a child or an adult, has he ever suffered from asthma?				
	0. No go to 6.3				
	1. Yes				
	8. Don't talk about him go to section 8				
6.2	If Yes a) was this confirmed by a doctor?				
	0.No				
	1.Yes				
6.3	Has he had wheezing or whistling in the chest in the last 12 months?				
	0.No go to 6.5				
	1.Yes				
6.4	How many attacks of wheezing has he had in the last 12 months?				
	0. None				
	1. 1-3				
	2. 4-12				
	3. More than 12				
6.5	Did he suffer from eczema in childhood?				
	0. No				
	1. Yes				
6.6	Has he had eczema affecting the creases of his elbows or knees in the				
	last year?				
	0. No				
	1. Yes				
6.7	Has he ever had a problem with sneezing, or a runny, or blocked nose when				
	he DID NOT have a cold or 'flu?				
	0.No go to 6.11				
	1.Yes				

6.8	Is the nose problem usually accompanied by itchy-watery eyes? 0.No 1.Yes
6.9	In the last 12 months, has he had a problem with sneezing, or a runny, or blocked nose when he DID NOT have a cold or the 'flu? 0.No go to 6.11 1.Yes
6.10	Has he used any medicines to treat hayfever, rhinitis or any other nasal problems, at any time in the last 12 months (including sprays, solutions, pills, capsules or tablets)? 0.No 1.Yes
6.11	Approximately what is his height?
	In feet and inches ft . ins
	OR in centimetres cm
6.12	Approximately what is his current weight?
	In stones and pounds st lb
	OR in kilograms kg
6.13	What was his birth weight?
	In pounds and ounces oz
	OR in grams grams
6.14	What is his date of birth?
	d d m m y y
7:	BABY'S FATHER'S OCCUPATION
7.1	Was the baby's father in paid employment or self-employed in the week ending last Sunday? 0. No go to 7.3 1. Yes
7.2	Was he working full time or part time? 0. Full time (more than 30 hours) go to 7.6b 1. Part time (30 hours or fewer)

7.3	Was he going to college full time? 0.No if working part-time go to 7.6a if not working go to 7.5 1.Yes	
7.4	If yes, what is he studying? If working part time go to 7.7 If not working go to section 8	
7.5	If not working or studying was he Unemployed? Permanently unable to work because of long term sickness or disability? looking after home or family? other? (specify)	
7.6a	If not working or working part-time, what was his last full-time job? If only ever part-time give last part time job. Then if currently working part time go to 7.7, otherwise go to section 8 Job Position	yee
7.6b	If working full-time, what is his job? (Then go to section 8) Probe industry & self-employed/manager/foreman/employee Job Position Self-employed/manager/foreman/employed Industry	yee
7.7	If working part-time now, what is his current job? Job Position Self-employed/manager/foreman/employ Industry	yee
7.8	If working part time, how many hours per week does he work? hrs mins	
8:	BODY MEASUREMENTS	
8.1	How much did you weigh 6-8 months ago, ie. before you became pregnant? St Ibs kg	

8.2	Head circumference	. cm	
9.	FINAL CHECK FOR NURSES		
	Have you left the Baby's Father's Birth Deta	ils Form?	
	0. No		
	1. Yes		

THANK YOU VERY MUCH

Local Research Ethics Committee No 307/97