

HERTFORDSHIRE 31-39
TIMED "UP & GO"

Name _____ Serial No /

Able to walk without another persons help Yes no

Walking aid none stick frame
other specify _____

Timed 6m up & go .
seconds

Timed 3m walk .
seconds

Which hand do you mostly write with Left Right
Ambidextrous

(N.B can write with both hands)

Observer _____