Harris Hip Score

Clinician's Name:		Pati	Patient's Name:		
Pleas	e answer the following questions.				
Section	on 1	O			
Pain	None, or ignores it	Supp	None		
	Slight, occasional, no compromise in activity Mild pain, no effect on average activities, rarely moderate pain with		Cane/Walking stick for long walks		
	unusual activity, may take aspirin		Cane/Walking stick most of the time		
	Moderate pain, tolerable but makes concessions to pain. Some limitations of ordinary activity or work. May require occasional pain medication stronger than aspirin		One crutch		
	Marked pain, serious limitation of activities		Two Canes/Walking sticks		
	Totally disabled, crippled, pain in bed, bedridden		Two crutches or not able to walk		
Distance walked		Limp			
	Unlimited		None		
	Six blocks (30 minutes)		Slight		
	Two or three blocks (10 - 15 minutes)		Moderate		
	Indoors only		Severe or unable to walk		
	Bed and chair only				
-	With case	Stairs			
	With ease		Normally without using a railing		
	With difficulty		Normally using a railing		
	Unable to fit or tie		In any manner		
			Unable to do stairs		
Public transportation Sitting					
	Able to use transportation (bus)		Comfortably, ordinary chair for one hour		
	Unable to use public transportation (bus)		On a high chair for 30 minutes		
			Unable to sit comfortably on any chair		
To score this section all four must be 'yes', then get 4 points. Nb. Not 1 point for each four or nothing.					
Section 2 - Answer ALL 4 yes/no questions Does your patient have: -					
	yes		yes		
	Less than 30degrees of fixed flexion		Less than 10 degrees of fixed int rotation in extension		
C C	yes Less than 10 degrees of fixed adduction	0	Limb length discrepancy less than 3.2 cm (1.5 inches)		
	The answer to all four questions is yes (click only if true)				

Section 3 - Motion

Total degrees of Flexion		Total degrees of Abduction		
	None		None	
	0 >8		0 > 5	
	8 > 16		5 > 10	
	16 > 24		10 > 15	
	24 > 32		15 > 20	
	32 > 40	Total degrees of Ext Rotation		
	40 > 45		None	
	45 > 55		0 > 5	
	55 > 65		5 > 10	
	65 > 70		10 > 15	
	70 > 75	Total degrees of Adduction		
	75 > 80		None	
	80 > 90		0 > 5	
	90 > 100		5 > 10	
	100 > 110		10 > 15	

The Harris Hip Score is:

Grading for the Harris Hip Score

Successful result

=post operative increase in Harris Hip Score of > 20 points + radiographically stable implant + no additional femoral reconstruction

Or

<70 Poor 70 - 79 Fair 80-89 Good 90 -100 Excellent