

Date:

ID No:

Strengths and Difficulties Questionnaire

Robert Goodman, 1997

For each item, **please circle the appropriate number** for "Not True", "Somewhat True" or "Certainly True". It would help us if you answered all items as best you can even if you are not absolutely certain, or the items seem daft!

Please give your answers on the basis of the child's behaviour over the last six months.

		Not True	Somewhat True	Certainly True
1	Considerate of other people's feelings	1	2	3
2	Restless, overactive, cannot stay still for long	1	2	3
3	Often complains of headaches, stomach-aches or sickness	1	2	3
4	Shares readily with other children (treats, toys, pencils, etc)	1	2	3
5	Often has temper tantrums or hot tempers	1	2	3
6	Rather solitary, tends to play alone	1	2	3
7	Generally obedient, usually does what adults request	1	2	3
8	Many worries, often seems worried	1	2	3
9	Helpful if someone is hurt, upset or feeling ill	1	2	3
10	Constantly fidgeting or squirming	1	2	3
11	Has at least one good friend	1	2	3
12	Often fights with other children or bullies them	1	2	3
13	Often unhappy, downhearted or tearful	1	2	3
14	Generally liked by other children	1	2	3
15	Easily distracted, concentration wanders	1	2	3
16	Nervous or clingy in new situations, easily loses confidence	1	2	3
17	Kind to younger children	1	2	3
18	Often argumentative with adults	1	2	3
19	Picked on or bullied by other children	1	2	3
20	Often volunteers to help others (parent, teachers, other children)	1	2	3
21	Can stop and think things over before acting	1	2	3
22	Can be spiteful to others	1	2	3
23	Gets on better with adults than with other children	1	2	3
24	Many fears, easily scared	1	2	3
25	Sees tasks through to the end, good attention span	1	2	3

Please turn over - there are a few more questions on the other side

26. Overall, do you think that your child has difficulties in one or more of the following areas:-

emotions, concentration, behaviour or being able to get on with other people?

No difficulties	Yes - minor difficulties	Yes - more serious difficulties	Yes - severe difficulties
0	1	2	3

If you have answered "Yes", please answer the following questions about these difficulties:-

27. How long have these difficulties been present?

Less than a month	1 - 5 months	5 - 12 months	Over a year
0	1	2	3

28. Do the difficulties upset or distress your child?

Not at all	Only a little	Quite a lot	A great deal
0	1	2	3

29. Do the difficulties interfere with your child's everyday life in the following areas?

	Not at all	Only a little	Quite a lot	A great deal
Home life	0	1	2	3
Friendships	0	1	2	3
Learning	0	1	2	3
Leisure activities	0	1	2	3

30. Do the difficulties put a burden on you or the family as a whole?

Not at all	Only a little	Quite a lot	A great deal
0	1	2	3

[Circle as appropriate]

Completed by:

Mother / Father / Other, specify

Thank you very much for your help.