



The questions inside cover a wide range of subjects, but each one can be answered simply by ticking the box next to the answer, as in the example below. Next to some of the boxes are arrows and instructions. They show or tell you which question to answer next. If there are no special instructions, just answer the next question.

Example Question

Q16 Did you have breakfast today?



When you have finished answering the questionnaire, please seal it in the envelope and hand it back to the interviewer. If you have any questions or need help, please ask the interviewer. Thank you again for your help.

1 Please write your date of birth.	
Day Month YPDOBD YPDOBM YPDO	Year DBY
Please tick whether you are male	e or female.
Male Female YPS	SEX
Do you ever use a computer at h computers for playing games but	
YPCOMP	Yes 😝 4
	No9
Don't have a compu	ter at home 9
How often do you use a compute for doing schoolwork or course w	
YPPCHW	Every day
At least o	once a week
	nce a month
Less often than or	Never
	110701

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		do you spend using the com games on a normal school (
	YPCPGS	None	
		Less than an hour	
		1-3 hours	
		4-6 hours	
		7 or more hours	
		uuse the computer at home ncluding for playing games?	for connecting
[YPCINTNT	Every day	
		At least once a week	
		At least once a month	
	Le	ess often than once a month	
		Never	
	Do you belong to Facebook or MyS	a social web-site such as B pace?	ebo,
	YPSOCW	Yes	→ 8
		No	→ 9

8	How many hours do you with friends through a normal school day? YPNETCHT		
	THETOIT		
		Less than an hour	
		1-3 hours	
		4-6 hours	
		7 or more hours	
9	Do you or anyone else is such as Playstation, X-		
	YPCONSOL	\neg	
		Yes	→ 10
		No	→ 11
10	How many hours do you games console on a not		es on a
	YPCONSTM		
	TT GONGTWI	None	
		Less than an hour	
		1-3 hours	
		4-6 hours	
		7 or more hours	

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How many hours do you including video and DVD:	spend watching TV, s, on a normal school day?	,
YPTVVIDHRS	None	
	Less than an hour	
	1-3 hours	
	4-6 hours	
	7 or more hours	
Do you have your own per YPMOBU	ersonal mobile phone? Yes	
	No	
How many close friends could talk to if you were	do you have – friends you in some kind of trouble?	
YPNPAL	Write in number	

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The next few questions are about you and your family.
In the past 7 days how many times have you eaten an evening meal together with the rest of your family who live with you?
YPEATLIVU None
1-2 times
3–5 times
6-7 times
Do you feel supported by your family, that is the people who live with you?
YPFAMSUP I feel supported by my family in most or all of the things I do
I feel supported by my family in some of the things I do
I do not feel supported by my family in the things I do
Suppose you felt upset or worried about something and you wanted to talk about it. Who would you turn to first within your family? Please tick one box only.
YPUPSET Mum or stepmum
Dad or stepdad
A brother or sister (or step-brother/sister)
Another relative living with you
Another relative not living with you
No-one within my family

17 In the past mon	m at ni					
where you were YPLATE	.?		Never			
		1	-2 times]		
		3-	-9 times]		
		10 or mo	re times]		
Do you have any you at home?	y broth	ers or sisters	living with			
YPSIBLIN	NG		Yes	→	19	
			No] →	21	
How often do an of the following			r sisters do a	iny		
	Never	Not much (1-3 times in last 6 months)		A lot (a few time every week		
Hit, kick, or push you					YPSIBH	IT
Take your belongings					YPSIBS	TEAL
Call you nasty names					YPSIBV	ERAB
Make fun of you					YPSIBT	EASE

	Never		Quite a lot (more than 4 times in the last 6 months)	***************************************		
Hit, kick, or push ther	n				YPHITS	SIB
Take their belongings					YPSTE	ALS
Call them nasty name	es				YPVER	
Make fun of them					YPTEA	SE
our parents even					h	
our parents even	if eithe	r of them l	ive in a dif	ferent	h	
our parents even ousehold to you. Most children	if eithe	r of them l sional quarre el with your i	ive in a dif	ferent	h	
our parents even ousehold to you. Most children How often do	if either	r of them l sional quarre el with your i	els with their mother?	ferent	h	
Most children How often do	if either have occa you quarr	r of them l sional quarre el with your n	els with their mother? st days a week	ferent	h	
How often do y	if either have occa you quarr	sional quarre el with your i	els with their mother? st days a week	ferent	h	

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22 How often do you qu	arrel with your father?	
YPARGF	Most days	
	More than once a week	
	Less than once a week	
	Hardly ever	
	Don't have a father	
How often do you tal that matter to you?	k to your mother, about	things
YPTLKM	Most days	
	More than once a week	
	Less than once a week	
	Hardly ever	
	Don't have a mother	
How often do you tal that matter to you?	k to your father, about t	hings
YPTLKF	Most days	
	More than once a week	
	Less than once a week	
	Hardly ever	
	Don't have a father	

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Now for some questions about how you see yourself as a person. For each item, please tick the box for Not True, Somewhat True or Certainly True. It would help us if you answered all items as best you can even if you aren't absolutely certain. Please give your answers on the basis of how things have been for you over the last six months.

	Not true	Somewhat true	Certainly true
I try to be nice to other people. I care about their feelings			YPSDQA
l am restless, l cannot stay still for long			YPSDQB
l get a lot of headaches, stomach-aches or sickness			YPSDQC
I usually share with others (food, games, pens, etc.)			YPSDQD
l get very angry and often lose my temper			YPSDQE
I am usually on my own. I generally play alone or keep to myself			YPSDQF
I usually do as I am told			YPSDQG
l worry a lot			YPSDQH
I am helpful if someone is hurt, upset or feeling ill			YPSDQI
I am constantly fidgeting or squirming			YPSDQJ
I have one good friend or more			YPSDQK

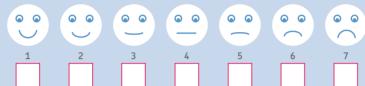
	l fight a lot. I can make other people do what I want	Not true	Somewhat true	Certainly true YPSDQL
	l am often unhappy, down-hearted or tearful			YPSDQM
	Other people my age generally like me			YPSDQN
	I am easily distracted, I find it difficult to concentrate			YPSDQO
	I am nervous in new situations. I easily lose confidence			YPSDQP
	I am kind to young children			YPSDQQ
	I am often accused of lying or cheating			YPSDQR
	Other children or young people pick on me or bully me			YPSDQS
	I often volunteer to help others (parents, teachers, children)			YPSDQT
	I think before I do things			YPSDQU
	I take things that are not mine from home, school or elsewhere			YPSDQV
	I get on better with adults than with people my own age			YPSDQW
11	nave many fears, I am easily scared			YPSDQX
	I finish the work I'm doing			YPSDQY

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The next few questions are about how you feel about different aspects of your life. The faces express various types of feelings. Below each face is a number where '1' is completely happy and '7' is not at all happy. Please tick the box which comes closest to expressing how you feel about each of the following things....

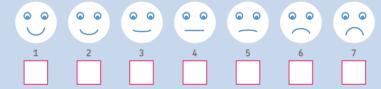
A Your school work?

YPHSW



B Your appearance?

YPHAP



C Your family?

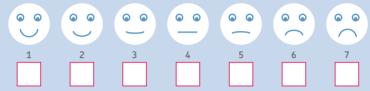
YPHFM







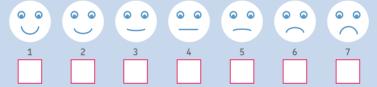
D Your friends?



YPHFR

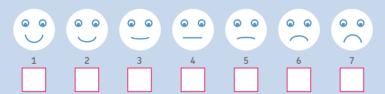
E The school you go to?





F Which best describes how you feel about your life as a whole?

YPHLF





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The next questions are ab want to happen in the fut		what you
How important do you t		
YPACVWELL	Very important	
	Important	
	Not very important	
1	Not at all important	
At the moment, young p What would you most lil		
YPLVSC2DO	Get a full time job	→ 30
	Study full time	→ 29
(Get a job and study	→ 29
	Do something else	→ 29
	Don't know	→ 29
Would you like to go on at a college or Universit		
YP2UNI	Yes	
	No	
	Don't know	

My parents are interested in how I do at school.
YPPARSCH Always or nearly always
Sometimes
Hardly ever
Never
Not sure
My parents come to school parent evenings.
YPPAREVE Always or nearly always
Sometimes
Hardly ever
Never
Not sure
In the last 12 months, have you ever played truant, that is missed school without permission, even if it was only for a half day or single lesson?
YPTRUANT Yes
No

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	_				-
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_	_	_		_	

How often do other pupils at your school mi or cause trouble in your classes?	isbehave YPOTRMISB
In most or all of your classes	
Less often but in more than half of your classes	
In about half your classes	
Now and then	
This is not a problem at all	
And how often would you say you yourself misbehave or cause trouble in your class?	YPMISBSCH
In most or all of your classes	
Less often but in more than half of your classes	
In about half your classes	
Now and then	
Never	
Now some questions about bullying at sch	ool.
How often do you get physically bullied at so for example getting pushed around, hit or threatened, or having belongings stolen?	chool, YPFRPBULLI
Never	
Not much (1-3 times in last 6 months)	
Quite a lot (more than 4 times in last 6 months)	
A lot (a few times every week)	

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How often do you get bullied in other ways such as getting called names, getting left or having nasty stories spread about you on	ıt of games,
YPFROBULLI	
Never	
Not much (1-3 times in last 6 months)	
Quite a lot (more than 4 times in last 6 months)	
A lot (a few times every week)	
Do you physically bully other children at sch hitting or pushing them around, threatening stealing their things? YPFRPBULLY	
Never	
Not much (1-3 times in last 6 months)	
Quite a lot (more than 4 times in last 6 months)	
A lot (a few times every week)	
Do you physically bully other children in oth school such as calling them names, leaving of games or spreading nasty stories about t purpose?	them out
YPFROBULLY	
Not much (1-3 times in last 6 months)	
Quite a lot (more than 4 times in last 6 months)	
A lot (a few times every week)	

Here are a few questions about health and nutrition.
How many portions of fresh fruit or vegetables do you eat on a typical day? One portion is one piece of fruit or one serving of a vegetable or salad item.
YPFRUTPPD 5 or more portions
3 – 4 portions
1 – 2 portions
None
And how many days in a usual week do you eat fast food such as McDonalds, Burger King, KFC or other take-aways like that?
YPFFDWK Every day, or nearly every day
About once a week
Every now and then
Never or hardly ever
How many days in a usual week do you eat crisps or sweets or have fizzy drinks such as Coke or lemonade?
Every day, or nearly every day YPJFD
About once a week
Every now and then
Never or hardly ever

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How many days in a usual week do you play sports, do aerobics or do some other keep fit activity?		
YPPSPRT Every day		
5-6 days		
3-4 days		
1-2 days		
Less often than once a week		
Never or hardly ever		
What is the main way you usually travel to	school?	
YPTRVL2SCH Walk all the way		
Ride a bike		
By bus or tube		
By car		
By train		
Some other way/combination		
Do you ever smoke cigarettes at all?		
Yes	→ 45	
No	→ 46	

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VPSMOFRQ I have smoked only once or twice I used to smoke but I don't now I sometimes smoke, but not every week I usually smoke between one and six cigarettes a week I usually smoke more than six cigarettes a week I usually smoke mo		
I used to smoke but I don't now I sometimes smoke, but not every week I usually smoke between one and six cigarettes a week I usually smoke more than six cigarettes a week Have you ever had an alcoholic drink? That is a whole drink, not just a sip. YPEVRALC Yes No Do you have any friends who drink alcohol regularly, that is at least once a week? YPFRALCO Yes		
I usually smoke between one and six cigarettes a week I usually smoke more than six cigarettes a week Have you ever had an alcoholic drink? That is a whole drink, not just a sip. YPEVRALC Yes No Do you have any friends who drink alcohol regularly, that is at least once a week? YPERALCO Yes		
I usually smoke between one and six cigarettes a week I usually smoke more than six cigarettes a week Have you ever had an alcoholic drink? That is a whole drink, not just a sip. YPEVRALC Yes No Do you have any friends who drink alcohol regularly, that is at least once a week? YPFRALCO Yes		
Have you ever had an alcoholic drink? That is a whole drink, not just a sip. YPEVRALC Yes No Do you have any friends who drink alcohol regularly, that is at least once a week? YPERALCO Yes YPERALCO Yes		
Have you ever had an alcoholic drink? That is a whole drink, not just a sip. YPEVRALC Yes No Do you have any friends who drink alcohol regularly, that is at least once a week? YPERALCO Yes		
That is a whole drink, not just a sip. YPEVRALC Yes No Do you have any friends who drink alcohol regularly, that is at least once a week? YPFRALCO Yes YPEVRALC		
that is at least once a week? YPFRALCO Yes		
Yes		
No		
And would you say that you drink regularly, that is at least once a week?		
YPREGALCO Yes		
No		

How many times in the last four weeks have you had an alcoholic drink?			
YPDKLM	Most days		
	Once or twice a week		
	2 or 3 times		
	Once only		
	Never		
Please tick one answer on the list for each of the following questions			
What is your religion? If you have no religion tick "No religion".			
YPRELIGGB	No religion		
Church of England/Anglican			
For Northern Ireland: YPRELIGNI	Roman Catholic		
	Church of Scotland		
	Other Christian		





Muslim/Islam

Hindu

Jewish

Sikh

Other

I don't know

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And which of the following groups do you think you belong to? Please choose one section and tick the box that applies to you.		
YPRACE White		
British		
English		
Scottish		
Welsh		
Northern Irish		
Irish		
Gypsy or Irish Traveller		
Any other White Background		
Mixed		
White and Black Caribbean		
White and Black African		
White and Asian		
Any other mixed background		
Asian or Asian British		
Indian		
Pakistani		



Bangladeshi			
Chinese			
Any other Asian background			
Black / African / Caribbean / Black British			
Caribbean			
African			
Any other Black background			
Other			
Arab			
Any other ethnic group			
The final two questions are about what you want to do in the future.			
52 At what age would you like to leave home?			
YPLVHM Please write in age:			
11 2 7 11 11			
What job would you like to do once you leave school			
or finish full-time education?			
	YPSOC		
	YPSOC00		
	YPSOC10		

Thank you for your help

Please place the questionnaire in the envelope and hand it back to your interviewer

Or please return to the address below:

National Centre for Social Research Unit B2, Admiralty Park, Station Road, Holton Heath, Poole, BH16 6HX



