

Why coaching?

Everyday before we get into our cars or leave our homes, we already have a destination in mind. We know where we're going or want to go. At least I hope that's the case for you. We follow a specific or familiar route to get us to our final destination. If it's a new place, we might need some help. We could use a GPS, printed map or Google Maps, to show us the way. We could also ask someone for directions, especially if they've been there before. Bitter line is, we need directions in life! Just imagine walking or driving around without directions, getting into the wrong bus or not even knowing the cost of travel, to where we're going! You'd end up wandering off, wasting your time, energy and resources, and eventually very frustrated. It's the same way with our lives. If we go through life without a sense of identity, direction or purpose, we could end up wasting our God given gifts, precious youthful energy; leading to a very empty life. Just like driving or travel directions, we all need some key pointers if we're going to live a meaningful, fulfilled life. That is where professional life coaching comes in. It is very instrumental in helping us map out our lives, with periodic check points along the way. Contact us today, for a free telephone/online assessment, to determine your coaching needs. You have nothing to lose and it could save you a lot of energy and unnecessary headaches. (Insert consultation link).