

## ULVER 1969

In the year of the lord  
The word became  
flesh

But our bodies now  
Will bleed as before

Nothing has changed  
Since the late sixties

We all must carry  
Rosemary's baby

**Rosemary's Baby** is an occult psychological **horror** film by **Roman Polanski**, released in 1968. This film starred **Mia Farrow**.

Helter Skelter

**"Helter Skelter"** is a song off of **The Beatles White Album** from 1968. This song was famously interpreted by **Charles Manson** as a coded prophecy about a **coming race** war and was written in blood by his followers at the site of the **Tate-Labianca murders** in 1969. **Roman Polanski's** wife, Sharon Tate, was one of the victims.

On the surface of the  
moon

A reference to the **Apollo 11 moon landing** of 1969

A heart of darkness

This is likely a reference to the film **Apocalypse Now**, which was set in 1969

and an adaptation of **Heart of Darkness** by **Joseph Conrad**.

Let it bleed

**Let It Bleed** is a 1969 album by **The Rolling Stones**.

Inside yourself For  
your father

This is an excerpt from the song "**Always is Always Forever**" by the **Manson Family**.

All the way alive

This is another **Manson** reference. Manson had an acronym for his philosophy, ATWA, which stood for **Air, Trees, Water, Animals** or **All The Way Alive**.

Inside golden gate

**Golden Gate** refers to the area in which **Charles Manson** resided in **San Francisco**, California after he was released from prison in the late sixties.

There used to be a  
house At 6114  
California St

This is the former location of the Black House, the headquarters of **Anton LaVey's Church of Satan**, from 1966-1997. Susan Atkins, one of the Manson girls responsible for the **Tate-LaBianca murders** had previously been associated with the Church of Satan. Manson believed the **Beatles song "Sexy Sadie"** from the White Album was about her. The song was originally titled "**Maharishi**" and was about **John Lennon's** disillusionment of seeing **Maharishi Mahesh Yogi** make sexual advances towards **Mia Farrow**.