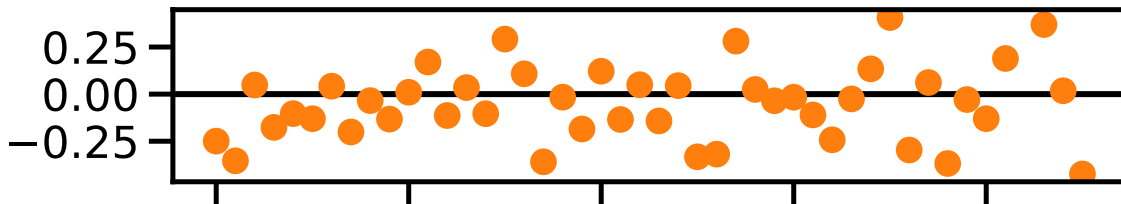T=10K