```
For Tuesday:
SELECT SUM(C)/17.0 AS avgTrafficVolume
FROM (
     SELECT EXTRACT(HOUR FROM Date) AS H, COUNT(*) AS C
     FROM updated rawpvr 2018-02-01
     WHERE EXTRACT(HOUR FROM Date) BETWEEN 7 AND 23 AND "Flag Text" =
     'Tuesday'
     GROUP BY EXTRACT(HOUR FROM Date)
     ORDER BY H
For Friday:
SELECT SUM(C)/17.0 AS avgTrafficVolume
FROM (
     SELECT EXTRACT(HOUR FROM Date) AS H, COUNT(*) AS C
     FROM updated rawpvr 2018-02-01
     WHERE EXTRACT(HOUR FROM Date) BETWEEN 7 AND 23 AND "Flag Text" =
     'Friday'
     GROUP BY EXTRACT(HOUR FROM Date)
     ORDER BY H
     )
```