



Fit Ascend

Fit Ascend will provide resources for tracking and analyzing fitness data. Users will be able to define and track routines to capture data and then display this data in a variety of ways.

Fit Ascend will allow users to track and maintain different fitness activities by creating routines. A routine can be defined as a set of daily or weekly fitness goals and will provide the user with various options such as number of reps, Duration, or time spent. For each routine Fit Ascend will render the data in various graphs to help the user track their improvement over time and set goals for further improvement. Once a user has set up routines and goals Fit Ascend will push notifications in their format of choice to remind them what they need to accomplish that day. Fit Ascend will also package the user's data and make it available as a json file.



Stats Nerd

- Quickly and easily track fitness data
- Export data for additional analysis



Student

- Keep on top of fitness despite busy schedule
- Get motivated by pretty graphs

Comparables

Motivation RPG - <http://www.motivationrpg.com/>

Fit RPG - <http://ftrpg.co/>

Fitocracy - <https://www.fitocracy.com/>