person

- 🔒 **id**
- A-Z name
- A-Z surname
- A-Z idnumber
- 🕐 dateofbirth
- 0-9 userid

user

- 🔒 **userid**
- A-Z name
- 0-9 age
- A-Z usertype

vitalrecords

- 🔒 **vitalrecordid**
- 0-9 userid
- 🕐 date
- 0-9 vitaltypeid
- A-Z value

communities

- 🔒 **communityid**
- A-Z name
- A-Z location
- A-Z contact

events

- 🔒 **eventid**
- 0-9 communityid
- A-Z eventtype
- A-Z location
- 🕐 eventdate

exercise

- 🔒 **exerciseid**
- 0-9 exercisetypeid
- 0-9 completedid
- 0-9 userid
- 0-9 eventid

exercisetype

- 🔒 **exercisetypeid**
- A-Z name
- A-Z description

completed

- 🔒 **completedid**

A-Z name
A-Z description