

DOCTOR SIGNATURE:

To be completed by your physician at time of annual physical

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DOCTOR OFFICE STAMP

Patient Name & Age: ** PLEASE DO NOT PUT ANY RESULTS. Require ✓ check, date and initial only ** √ Check Completed Screening **Date & Initial ANNUAL PHYSICAL** ☐ *Annual Physical *Must be □ *Blood Work completed □ *Blood Pressure to get paid ☐ *Cholesterol for PhD day □ *Glucose From Age 18: (annual) \square EKG ☐ Pap Smear ☐ Clinical Breast Exam PLUS From Age 40: (annual) □ Mammogram PLUS From Age 50: ☐ Colonoscopy ☐ Recommended repeat date for colonoscopy ☐ Rectal & Fecal (not required if colonoscopy done in same year) **PLUS From Age 65:** ☐ Bone Density Screening ☐ Recommended repeat date for screening State medical reason for not performing a recommended screening:

DATE:

FEMALE: Required Screenings By Age Group:

| <u>18yrs-39yrs</u> | <u>40yrs-49yrs</u> | <u>50yrs-59yrs</u> | <u>60+yrs</u> |
|---|---|--|---|
| Every Year: Dental EKG Clinical Breast Exam Pap Smear | Every Year: Dental EKG Clinical Breast Exam Pap Smear Mammogram 1 | Every Year: Dental EKG Clinical Breast Exam Pap Smear Mammogram Colonoscopy 1 2 Rectal & Fecal 3 | Every Year: Dental EKG Clinical Breast Exam Pap Smear Mammogram Colonoscopy Rectal & Fecal Bone Density 1 2 |
| Every 2 Years: Vision | Every 2 Years: Vision | Every 2 Years: Vision | Every 2 Years: Vision |
| Optional: Flu Shot (annual) Tetanus (10yrs) | | | |

- **1** Additional screening required for this age group.
- 2 Colonoscopy and Bone Density repeat dates as recommended by Doctor.
- If a colonoscopy is not being done in the same year, then a Rectal & Fecal is required for this age group, every year.