

HOUSEHOLD ITEMS

MEDICAL SUPPLIES

AM/FM Radio / Solar Powered	Hydrogen Peroxide
Baking Soda	Multi-vitamins/Aminos/Vitamin C
Batteries / Large & Small	Stitching Kit (for serious cuts)
Beef Jerky	First Aid Kit
Blankets	Penicillin if available
Booze & Beer	Snake Bite Kit
Bottled Water	Pain Killer (Tylenol, Advil etc)
Boullion Cubes	

CLOTHING ITEMS

Candles	
Canned Foods / all kinds	
Coffee	Fatigues
Decks of Cards	Hiking Boots
Feminine Pads	Rain Gear
Fix-A-Flat	

SURVIVAL ITEMS

Flashlights	
Garden Hose	
Garden Supplies	Air Compressor / DC power source
Ice Chests	Backpacks
Knives	Battery Charger
Light Bulbs	Binoculars
Lighter Fluid	Canteen
Matches / Lighters	CB Radio
Needles & Thread	Campstove / Fuel
Notebooks	Chain Saws
Pens/Pencils	Coleman Lantern / Fuel
Plastic Bags / Garbage Sacks	Electrical Wire
Pots / Pans / Silverware	Fishing Gear
Rags (cloth)	Gasoline / 5 Gallon Plastic Cans
Sardines	Gun Oil
Scissors	Guns & Ammo
Soap / Shampoo	Inflatable Raft
Spam and other canned meats	Lamps - 12V
Spices	Machette
Suntan Lotion	Magnesium Fire Starter
Tang & Vitamin C	Maps
Tape / Duct & Electrical	Oil
Tea	Ammunition Reloaders & Supplies
Thermos	Rope
Toilet Paper	Scuba Gear
Tools	Seeds - All kinds
Water pump/purifying filters	Tent & sleeping bag(s)
WD-40	Water Purifier Tablets

This represents a list that you can fill all, or part of, depending on your needs and requirements. Print the list and put a check-mark next to each item as you store it away. Don't try to fill this in a few weeks, but just try to get 1 item at least per week, store it away, and then go on to next.

Some of the items are common sense, things that you should have in your house anyway in case of emergency or need. Others are more "hard-core" and you may opt not to purchase it - in that case, line through the item.