

Plan 2:

- Large artery stroke in 52 yr old smoker with uncontrolled diabetes
- If large artery stroke and smoker, assign to Plan 2

Guidelines:

- High-intensity statin therapy to target LDL <70 mg/dL
- Hemoglobin A1c management, target <7%
- Intensive smoking cessation program (counseling + pharmacotherapy)
- Antiplatelet therapy with aspirin + clopidogrel

Treatment Plan:

- Rosuvastatin 40mg daily [1]
- Adjust diabetes meds to optimize A1c
- Smoking cessation counseling
- Aspirin 81mg + clopidogrel 75mg daily [2]

Reference:

1. Wouter Jukema, J., et al. "LDL-C/HDL-C ratio in subjects with cardiovascular disease and a low HDL-C: results of the RADAR (Rosuvastatin and Atorvastatin in different Dosages And Reverse cholesterol transport) study." *Current medical research and opinion* 21.11 (2005): 1865-1874.
2. Bakris, George L., Jerome D. Cohen, and Edgar R. Gonzalez. "The changing landscape of hypertension and the evolving role of vasodilatory beta-blockers." *Journal of Managed Care Pharmacy* 13.5 Supp A (2007): 2-24.