

Guidelines:

- Carotid revascularization for symptomatic stenosis >70%
- Diabetes and BP management to reduce future stroke risk
- Antiplatelet therapy with aspirin + clopidogrel x 3 months

Treatment Plan:

- Carotid endarterectomy [1]
- Metformin 1000mg BID, lisinopril 10mg daily [2]
- Aspirin 81mg + clopidogrel 75mg daily x 3 months [3]

References:

1. Goldstein, Larry B., et al. "Multicenter review of preoperative risk factors for endarterectomy for asymptomatic carotid artery stenosis." *Stroke* 29.4 (1998): 750-753.
2. Unstable, When Stable Becomes. "Circulation Cardiovascular Case Series." *Circulation* 123 (2011): 335-341.
3. Cole, John W. "Large artery atherosclerotic occlusive disease." *CONTINUUM: Lifelong Learning in Neurology* 23.1 (2017): 133.