### **Guidelines:**

* High-intensity statin therapy to target LDL <70 mg/dL
* Hemoglobin A1c management, target <7%
* Intensive smoking cessation program (counseling + pharmacotherapy)
* Antiplatelet therapy with aspirin + clopidogrel

### **Treatment Plan:**

* Rosuvastatin 40mg daily [1]
* Adjust diabetes meds to optimize A1c
* Smoking cessation counseling
* Aspirin 81mg + clopidogrel 75mg daily [2]

**Reference:**

1. Wouter Jukema, J., et al. "LDL‐C/HDL‐C ratio in subjects with cardiovascular disease and a low HDL‐C: results of the RADAR (Rosuvastatin and Atorvastatin in different Dosages And Reverse cholesterol transport) study." Current medical research and opinion 21.11 (2005): 1865-1874.
2. Bakris, George L., Jerome D. Cohen, and Edgar R. Gonzalez. "The changing landscape of hypertension and the evolving role of vasodilatory beta-blockers." Journal of Managed Care Pharmacy 13.5 Supp A (2007): 2-24.