### **Guidelines:**

* High-intensity statin therapy
* Smoking cessation interventions
* BP and angina management
* Antiplatelet therapy with aspirin + P2Y12 inhibitor

### **Treatment Plan:**

* Atorvastatin 80mg daily [1]
* Metoprolol 50mg BID, amlodipine 10mg daily [2]
* Aspirin 325mg daily [3]

**Reference:**

1. Schwartz, Gregory G., et al. "High-dose atorvastatin and risk of atrial fibrillation in patients with prior stroke or transient ischemic attack: analysis of the Stroke Prevention by Aggressive Reduction in Cholesterol Levels (SPARCL) trial." American heart journal 161.5 (2011): 993-999.
2. Winkel, Elaine, and Maria Rosa Costanzo. "Chronic heart failure." Current treatment options in cardiovascular medicine 1 (1999): 231-241.
3. Boysen, G., and T. Truelsen. "Prevention of recurrent stroke." Neurological Sciences 21 (2000): 67-72.