Question for written answer E-014474/2015 to the Commission Rule 130 Kostas Chrysogonos (GUE/NGL)

Subject: Consumption of fatty foods

According to recent research by Credit Suisse on the consumption of fatty foods in the world, Spain occupies first place with 45% of the dietary energy supply of Spaniards being derived from fatty foods¹. Ten European countries (Spain, France, Cyprus, Hungary, Austria, Italy, Greece, Belgium, the Czech Republic and Sweden) are among the first twenty: this shows that Europeans do not eat properly. Fat consumption is also associated to some extent with obesity, since both Spain and Australia, occupying the top two positions in the consumption of fat, also have high rates of obesity.

In view of the above, will the Commission say:

- 1. Does it have any data about the amount of fatty foods that are consumed in the Union?
- 2. What specific measures will it take to encourage Member States to adopt a healthier diet, in line with the Council Conclusions of 20 June 2014²?

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http://www.iefimerida.gr/news/228846/aytes-einai-oi-hores-poy-katanalonoyn-pio-poly-lipos-i-ellada-anamesa-toys-eikona

http://www.consilium.europa.eu/uedocs/cms_data/docs/pressdata/en/lsa/143285.pdf