Question for written answer E-015596/2015 to the Commission Rule 130 Marlene Mizzi (S&D)

Subject: Awareness-raising campaigns to test cholesterol levels

According to the World Health Organisation, Europeans suffer from the highest levels of bad cholesterol in the world, with a rate of 54 % for both sexes.

High levels of bad cholesterol can lead to different cardiovascular diseases, such as heart attack or stroke. It is recommended that adults with low risk of high levels of bad cholesterol should be tested every five years.

However, in a multinational survey published by the European Atherosclerosis Society, more than 90 % of adults surveyed were unaware of their cholesterol levels, or had never had their cholesterol levels tested.

Can the Commission clarify what measures have been taken to raise awareness among EU citizens of the need to test cholesterol levels every five years in order to prevent different cardiovascular diseases?

Can the Commission state whether the best practices of awareness-raising campaigns have been shared among the Member States?

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