





COVID-19 Test Result







PHIN ****3586

Mobile & Drive-Thru Community Testing Sites - Wpgour symptoms change or become

Important Please Read

Your COVID-19 test result shows the virus was not detected.

If you have been told to self-isolate due to travel or exposure to COVID-19, then you are required to self-isolate for the full 14 days from the last exposure date AND until your symptoms have been resolved for 24 hrs, even with a negative result. This means that you may need to isolate for longer than 14 days.

It is important to understand that you can develop COVID-19 up to 14 days after your exposure.

If you have had no known exposure to COVID-19 and were tested due to symptoms, then you need to self-isolate until your symptoms have resolved for at least 24 hrs.

If you have had no known exposure to COVID-19 and are asymptomatic, but were offered asymptomatic surveillance testing for COVID-19 to better understand how COVID-19 is spreading in Manitoba, you do not need to self-isolate. However, please remember that the negative test result only applies to the time your swab was taken. If you develop symptoms of COVID-19, you need to be re-tested.

Please see the self-isolation fact sheet for further information: https://manitoba.ca/covid19/resources/

If you have questions, please contact the Public Health COVID-19 Contact Centre between 9 am and 5 pm 7 days a week at 1-844-960-1984 to receive further advice, or contact Health Links-Info Santé after-hours at 204-788-8200 or 1-888-315-9257.

If you are a health care worker or first responder, including volunteers, work in a health care or residential care setting, or are an essential services worker, you must contact your employer before returning to work.

worse, please contact Health Links-Info Santé at 204-788-8200 or 1-888-315-9257 to receive further advice. If your symptoms are severe or life threatening, call 911 or go to an emergency department and call ahead to inform them you have been selfisolating for COVID-19.

For more information on self-isolation and social distancing visit: Manitoba COVID-19 Resources

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