## Task/Assignment:

Objective: The objective of this assignment is to develop a form for capturing the trainee details.

Task: You are required to create a form using HTML and style it using CSS. The form should capture the following fields:

- 1. Full Name
- 2. Date of Birth
- 3. Address
- 4. ID
- 5. Domain
- 6. Upload document.
- 7. Medical history.
- 8. Emergency contact name and number.

The form should be aesthetically pleasing, user-friendly, and responsive to different screen sizes.

## Requirements:

- 1. The form should be designed as per the provided HTML and CSS templates.
- 2. All form fields should have appropriate labels.
- 3. Implement validation for the "Contact Number" field to accept only 10-digit numeric input.
- 4. The form should be centered on the page.
- 5. The form should include a "Submit" button.

Optional Enhancements: Feel free to go beyond the basic requirements to improve the form's functionality or design. You can consider the following enhancements:

- 1. Implement additional form validation, such as required fields.
- 2. Improve the form's appearance by customizing the colors, fonts, and layout.

Evaluation: Your assignment will be evaluated based on the following criteria:

- 1. Correctness of HTML and CSS code.
- 2. Implementation of form validation.
- 3. Visual design and user-friendliness.