

Medical Report

Patient Name :	John Parker
DOB:	01-11-1990
Address :	Red hill, RH1 1RT
Gp Name:	Red Stone surgery, RH1 1RT
Gp Telephone :	0173-723456
Email	redStone@nhs.co.uk
Report Prepared on :	12-01-2025

Patient Name: John Parker

Age: 45

Gender: Male

Date of Birth: 01-11-1990

Report Date: 12-01-2025

1. Medical History

John who has Born on 21 Nov 1990 has a history of hypertension and type 2 diabetes. No history of surgeries or major illnesses.

BLOOD TEST REPORT OF JHON PARKER

Patient Name: John Parker
Age: 45
Gender: Male
Born: 21-11-1990
NHS ID: 123 567 8901
Sample Collected on: 12-12-2024
Report on: 16-12-2024

Blood Test Report:

Complete Blood Count (CBC):
- WBC: 6,000 / μ L (Normal)
- RBC: 4.8 million / μ L (Normal)
- Hemoglobin: 14.5 g/dL (Normal)
Lipid Profile:
- Total Cholesterol: 180 mg/dL (Desirable)
- HDL: 55 mg/dL (Good)
- LDL: 110 mg/dL (Near optimal)
- Triglycerides: 150 mg/dL (Borderline high)

URINALYSIS TEST REPORT OF JHON PARKER

Patient Name: John Parker

Age: 45

Gender: Male

Date of Birth: 21-11-1990

NHS ID: 123 567 8901

Sample Collected on : 12-12-2024

Report on : 16-12-2024

Urinalysis

- Color: Light yellow

- pH: 6.0

- Specific Gravity: 1.020 (Normal)

- Proteins: Negative

- Glucose: Negative

Report Prepared By:
Dr .Paul McMohan

3. Imaging Reports

Chest X-ray: Clear, no abnormalities detected.

Abdominal Ultrasound: Normal liver and kidney function. No signs of masses or lesions.

7. General Observations

John appears in good overall health. BMI: 24.8 kg/m² (Normal). No signs of distress observed during the physical examination.

8. Diagnosis Summary

- Hypertension: Well-controlled with current medication.
- Type 2 Diabetes: Stable, with recent HbA1c at 6.5%.
- Lipid Profile: Borderline triglycerides, recommend dietary changes.

Page 8

Medical Report for John Parker

9. Recommendations

- Continue current medications for hypertension and diabetes
- Incorporate a low-fat, high-fiber diet to improve lipid profile.
- Regular exercise: 30 minutes daily, 5 days a week.
- Follow up in 6 months for reassessment.

We recommend that John Parker return for a follow-up assessment of his diabetes status on **02-05-2025**. This will allow us to evaluate his HbA1c levels and monitor the effectiveness of his current treatment plan. Adjustments may be made based on his progress and blood sugar management.

Report Prepared By :

Dr. Paul McMohan