



Introduction to Windows and CMD

Cybersecurity
Windows Administration and Hardening Day 1



Class Objectives

By the end of today's class, you will be able to:



Leverage the Windows Command Prompt (CMD) to navigate and manage directories and files.



Use `wmic` and Task Manager to manage processes and retrieve system info.



Create, manage, and view user information using the command-line tool `net`.



Manage password policies using `gpedit`.



Schedule tasks using Task Scheduler.



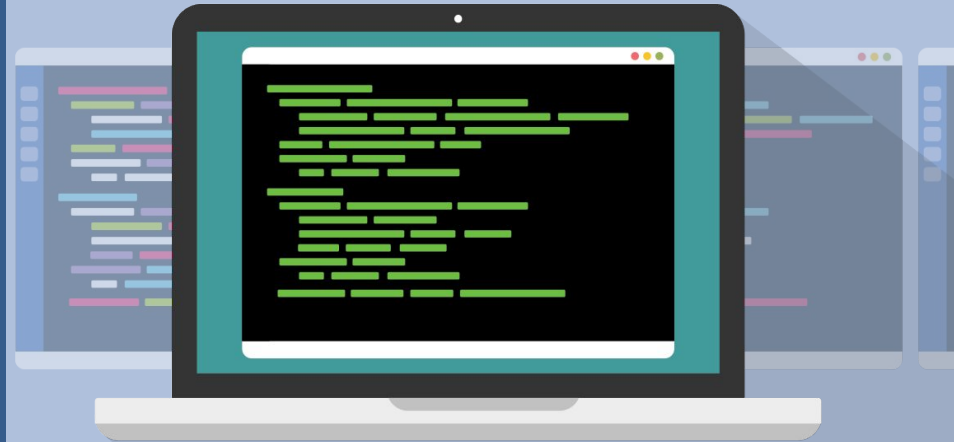
Welcome to Windows



**While many
IT professionals prefer
Mac OS and Linux,
Windows is still the
leader for desktop
operating systems.**

The popularity of Windows machines makes them the most common target for today's attackers.

Malware can specifically target vulnerabilities in unpatched and unsecure Windows machines and servers.



Windows in a Professional Context

Windows knowledge is essential for the following roles, among many others:

SOC Analyst	System Administrator	Penetration Testing	Endpoint Forensics
<p>SOC analysts must monitor and detect suspicious activity on Windows machines.</p>	<p>The large majority of system administrators work with one or many Microsoft products and services: Windows PCs, Windows Servers, Office 365, and Exchange, etc.</p>	<p>Due to Windows' wide usage by businesses, penetration testers must exploit Windows and Microsoft-related platforms.</p>	<p>Being the most commonly supported endpoint device for businesses, forensics investigators must understand how Windows works.</p>

Windows System Administrator

Today we will complete common system administration tasks using command-line and GUI tools to troubleshoot a problematic Windows PC.

01

Audit processes with Task Manager.

02

Use the command line to gather info and create files.

03

Enforce password policies.

04

Manage users.

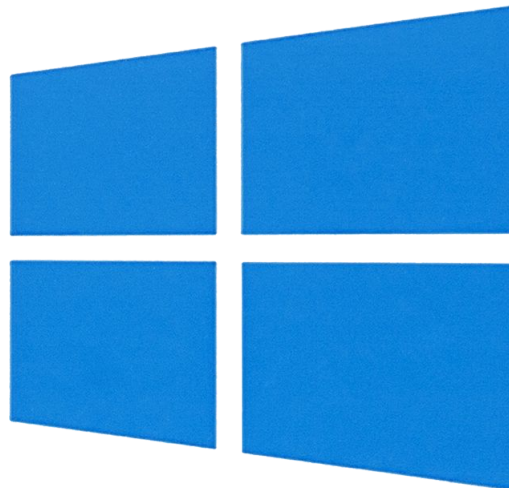
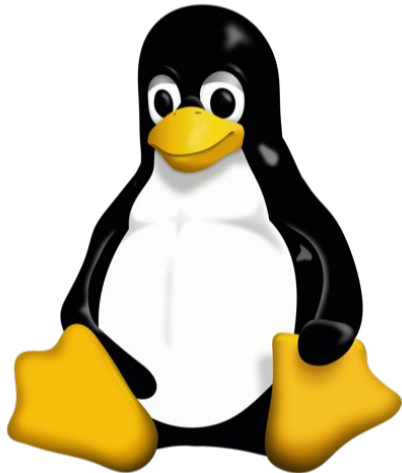
05

Automate tasks.

Learning Windows

Today, we'll learn the “Windows way” of performing basic sysadmin tasks.

- We've already learned how to do many of these tasks on Linux.
- Since the topics covered today are similar to Linux, we will move quickly and emphasize the syntax and OS differences for completing tasks in Windows.



Launching Your Windows Lab



Before we get started, let's take a moment to log into and launch our Azure Lab environment.



Important



Make sure to shut down your Windows RDP Host Machine if you use it outside of class hours.

You are provided **30 hours** of Azure lab access.

- If you **exceed** that quota, you will need to request additional hours which may or may not be granted.

It is extremely important that you preserve your allotted hours by **shutting off your machines** at the end of each class.



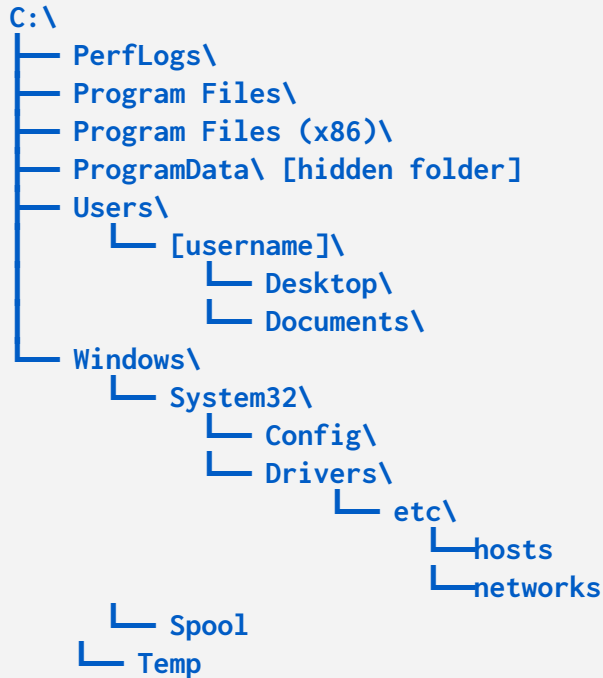
Instructor Demonstration

Getting into the Azure Lab Environment and Windows VM

Introduction to Command Prompt (CMD)

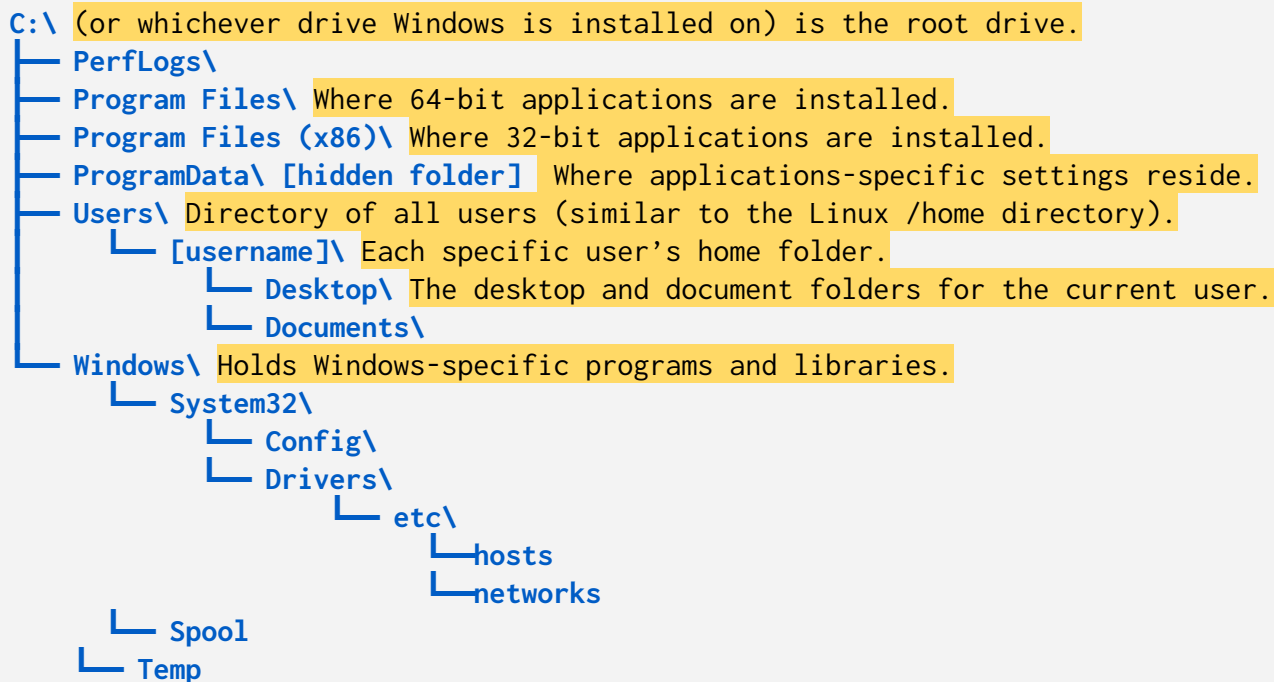
Windows Directory and File Structure

The default Windows directory structure:



Windows Directory and File Structure

The default Windows directory structure:



Remember environment variables from the bash programming unit?

In Windows, they work the same way—they're preset by the system and usable in the command line and scripts.



Common ENV Variables

Environment variables (envvars) are special values that contain information about the system, such as the user's home directory or the system's program files directory.

Environment Variables	Default Value
%CD%	Current directory
%DATE%	Current date
%OS%	Windows
%ProgramFiles%	C:\Program Files
%ProgramFiles(x86)%	C:\Program Files (x86)
%TIME%	Current time
%USERPROFILE%	C:\Users{username}
%SYSTEMDRIVE%	C:\
%SYSTEMROOT%	C:\Windows

Envvars can be used for the following:

- Shortening long directory paths.
- Grabbing the current time.
- Finding the location of your system files.

Common ENV Variables

Linux variables are designated with a \$, while Windows ENV variables are enclosed with % signs.

Environment Variables	Default Value
%CD%	Current directory
%DATE%	Current date
%OS%	Windows
%ProgramFiles%	C:\Program Files
%ProgramFiles(x86)%	C:\Program Files (x86)
%TIME%	Current time
%USERPROFILE%	C:\Users{username}
%SYSTEMDRIVE%	C:\
%SYSTEMROOT%	C:\Windows

For example, to navigate to the 64-bit **Program Files** folder, we run:

- **cd %ProgramFiles%**

We can combine ENV variables with regular directory names:

- **cd %USERPROFILE%\Desktop**

This would send us to the desktop of the current user.

Common ENV Variables

We can combine environment variables with regular directory names:

Environment Variables	Default Value
%CD%	Current directory
%DATE%	Current date
%OS%	Windows
%ProgramFiles%	C:\Program Files
%ProgramFiles(x86)%	C:\Program Files (x86)
%TIME%	Current time
%USERPROFILE%	C:\Users{username}
%SYSTEMDRIVE%	C:\
%SYSTEMROOT%	C:\Windows

`cd %USERPROFILE%\Desktop`

- **USERPROFILE%** is a variable assigned to the value of the current user's home directory.
- This is the same as **\$HOME** in Linux.

Command Prompt (CMD)

Windows Command Prompt (CMD or `cmd.exe`), is the command-line interface for Windows, comparable to a Unix shell, such as Bash for Linux.

CMD Command	Action	Linux Counterpart
<code>cd</code> or <code>chdir</code>	Change directory	<code>cd</code>
<code>dir</code>	List contents of directory	<code>ls</code>
<code>md</code> or <code>mkdir</code>	Create directory	
<code>copy</code>	Copy file	<code>cp</code>
<code>move</code>	Move (cut and paste) files	<code>mv</code>
<code>del</code> or <code>erase</code>	Delete files and directories	
<code>rd</code> or <code>rmdir</code>	Remove a directory if empty	
<code>find</code>	Search a file for specified string	
<code>exit</code>	Close CMD	
<code>type</code>	Show contents of specified file	<code>cat</code>

Command Prompt (CMD)

Windows Command Prompt (CMD or `cmd.exe`), is the command-line interface for Windows, comparable to a Unix shell, such as Bash for Linux.

Note

Command prompts are not case sensitive with files and directories.

`cd "Program files"` is the same as `cd "PROGRAM FILES"`

Use quotes around the name of a file or directory that contains spaces.

CMD Command	Action	Linux Counterpart
<code>cd</code> or <code>chdir</code>	Change directory	<code>cd</code>
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<code>find</code>	Search a file for specified string	
<code>exit</code>	Close CMD	
<code>type</code>	Show contents of specified file	<code>cat</code>



Instructor Demonstration

Getting into the CMD (Windows Command) terminal



Activity: CMD

In this activity, you will get familiar with the Windows CMD using the Windows Command Terminal. 0x1__JohnsIntroCMD

Please use the Windows 10 Hyper-V VM.

Suggested Time:
10 Minutes



Introduction to Task Manager



Instructor Demonstration

Opening Windows Task Manager



Did you notice the excessive number of processes that started up when you logged into the Windows 10 VM?

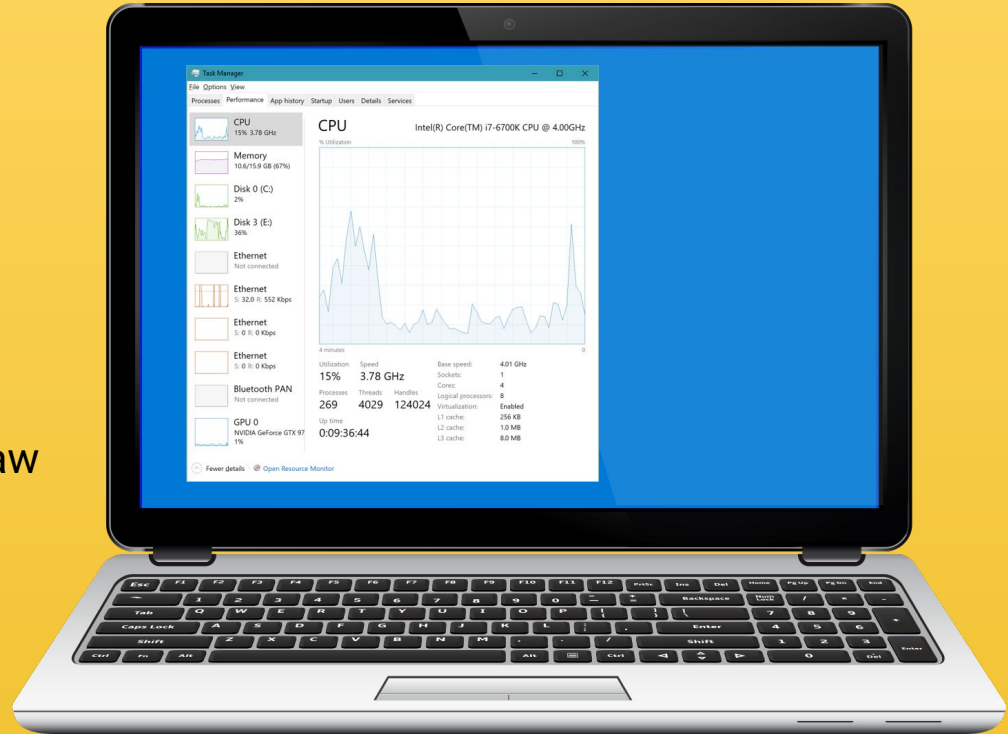
This is what a Windows workstation can look like if not maintained by an organization's system administrator.

Task Manager

Task Manager is one of the most important Windows tools for troubleshooting resource usage.

➤ We'll audit and manage tasks and processes to identify errant or malicious actions taking place without users' or administrators' knowledge.

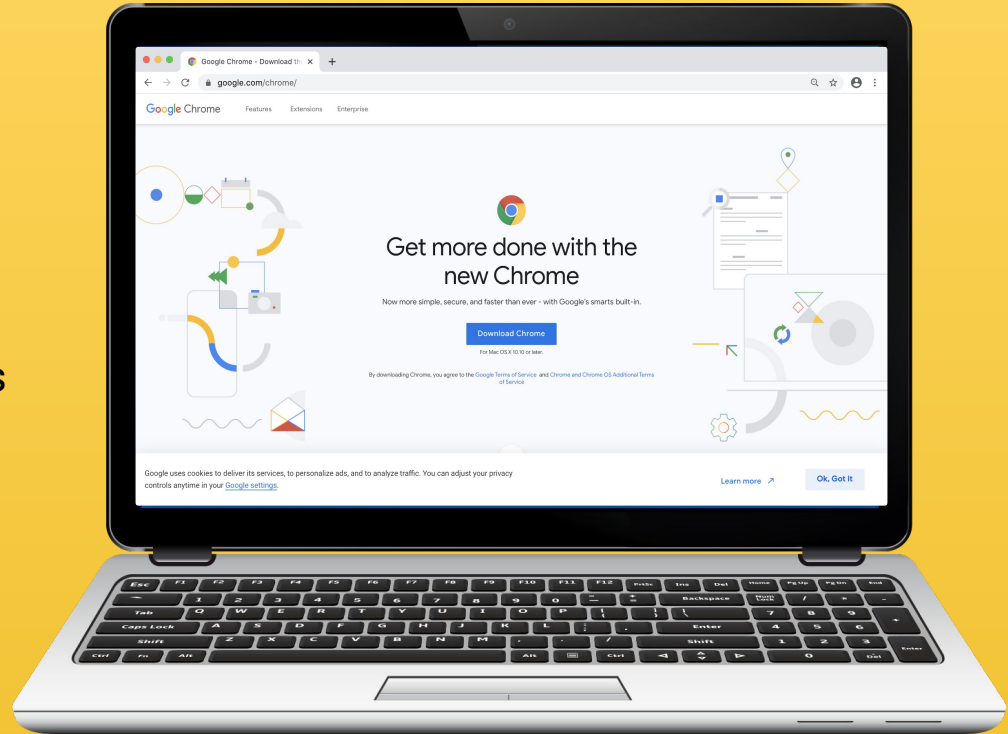
➤ Processes in Windows are much like the processes and PIDs you saw in the Linux units.



Task Manager

Some programs, if left running while not in use, can take up excessive resources or even allow for unwanted remote connections. Some examples are:

- Google Chrome, which is well-known for its high memory usage.
- Teamviewer, the remote desktop application, has had critical issues that have left systems extremely vulnerable, and accessible from public connections.



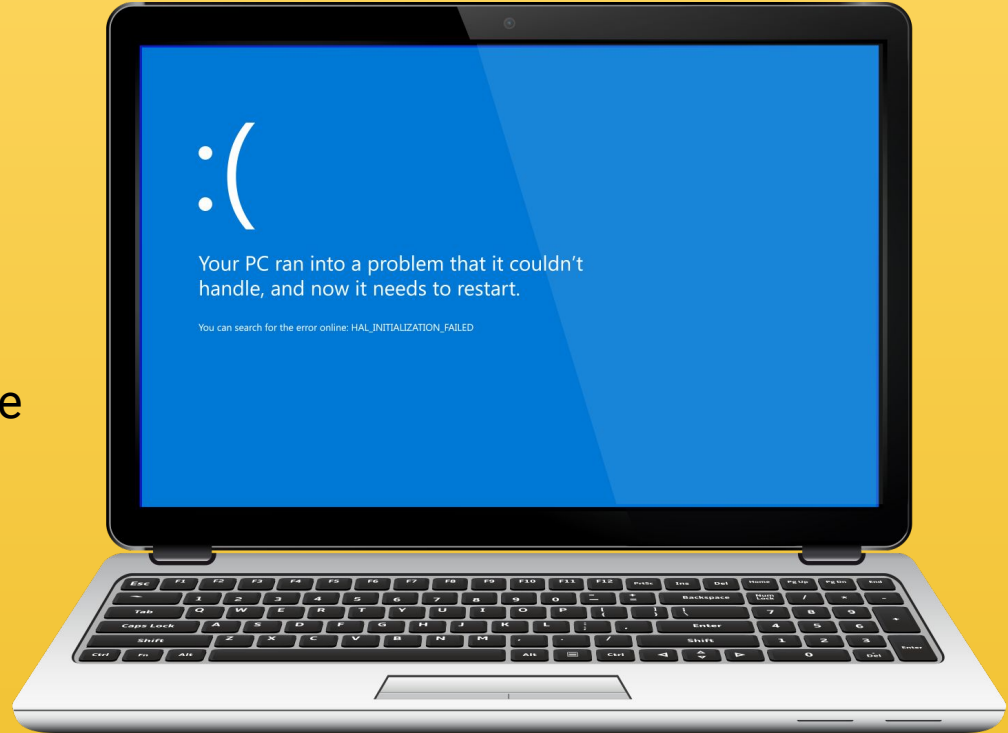
Task Manager



Some processes can even cause memory leaks that can result in system instability and abrupt system crashes.



When a Windows system crashes, you are often stuck with what is known as the **blue screen of death**.



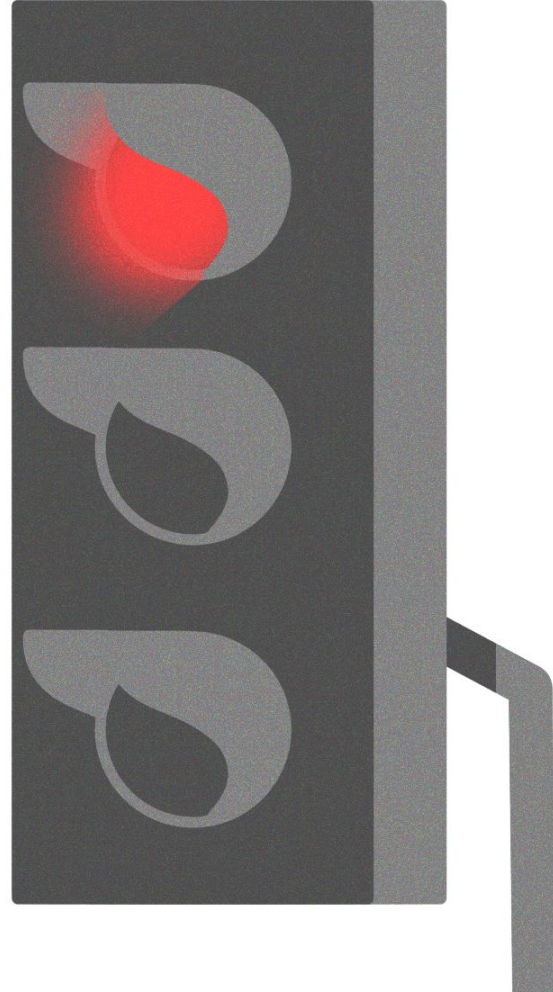
Disabling Startup Applications (Task Manager)

Managing startup applications is important for system and security administration.

- ➡ Startup applications can slow boot time due to their execution priority.
- ➡ They may use excessive resources in the background, causing random system slowdowns.
- ➡ They may use the network in the background. For example, they can initiate their own automatic updates, hogging network bandwidth but also become a security risk by opening ports to listen to.
- ➡ They may require special permissions for their functionality. These can pose security risks if they are compromised through malware, which can then potentially run these rogue processes as administrators



Let's open up Task Manager, check out the processes, and **end a process.**





Instructor Demonstration

Task Manager and Ending Processes



Activity: Task Manager Overview

In this activity, you will get familiar with Task Manager. 0x2__JohnsIntroTaskManager

Please use the Windows 10 Hyper-V VM.

Suggested Time:
10 Minutes





Activity: Task Manager and CMD

In this activity, you will use CMD and Task Manager to output various details of a Windows workstation into a report file.

Please use the Windows 10 Hyper-V VM.

Suggested Time:
15 Minutes






Time's Up! Let's Review.

Windows Management Instrumentation Command (`wmic`)

wmic

Windows Management Instrumentation Command (wmic) is a tool used to query system information and diagnostics, such as OS and hard disk info.

An illustration featuring a desktop monitor, a laptop, and a tablet, all displaying gear icons and progress bars. Above them are icons for a globe, a cloud with a gear, a wrench, and a Wi-Fi signal. A shield with a checkmark is positioned in front of the laptop. A yellow callout box on the right contains text about the wmic command. A warning triangle is at the bottom left.

Sysadmins can also use **wmic** to launch, terminate, install, and uninstall processes.

wmic Structure and Conventions

wmic **[global switches]** [alias] [verbs] [properties]

[global switches] not to be confused with normal switches, are **wmic-specific** global commands that alter its behavior. They can do things like specify a file to append output to. Today, we will use the command **/APPEND**.

- For example: `wmic /APPEND:report.txt os get caption` will append the Windows build number to the **report.txt** file.

wmic Structure and Conventions

wmic [global switches] **[alias]** [verbs] [properties]

[alias] is the Windows component that wmic queries. Common aliases include:

- **os** (operating system): Contains properties specific to the operating system, such as the Windows edition name and build number.
- **Logicaldisk**: Contains properties specific to the disk drives, such as drive name, file system, free space, size, and volume serial number.

wmic Structure and Conventions

wmic [global switches] [alias] [verbs] [properties]

[verbs] are actions we want to complete with the **wmic** command.

- For example, if we are using **wmic os** to find operating system information, we can then use the **get** verb, followed by the various **[properties]** we want to find.

wmic Structure and Conventions

wmic [global switches] [alias] [verbs] [properties]

Common properties to retrieve using get:

- **get caption:** Returns a one-line description of the given alias.
- **get /value:** Gets all of the properties and values of an alias and lists each on separate line.

Applying wmic

Let's walk through a few examples:



```
wmic os get /value
```

```
wmic os get caption, buildnumber
```

```
wmic /APPEND:report.txt os get caption
```

```
wmic logicaldisk get caption, filesystem, freespace, size, volumeserialnumber
```

```
wmic /APPEND:report.txt logicaldisk get caption, filesystem, freespace
```

wmic Demo

In the next demo, we will move through different programs, understand their importance in a sysadmin context, and get and append them to our report.

We'll retrieve the following properties from the startup alias:

- **Name/Caption:** The name of each startup application.
- **Command:** The execution path of the startup process.
- **User:** The user that the startup application runs as on boot.





Instructor Demonstration

wmic Demo



Activity: wmic Overview

In this activity, you will get familiar with the wmic command. 08__JohnsIntroWMIC

Please use the Windows 10 Hyper-V VM.

Suggested Time:
10 Minutes





Activity: Creating a Report with `wmic` Output

In this activity, you will continue baselining the Windows system using **wmic** queries.

Please use the Windows 10 Hyper-V VM.

Suggested Time:
10 Minutes





Time's Up! Let's Review.




 Countdown timer

15:00

(with alarm)

Users and Password Policies



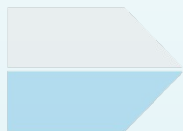
Next, we'll use the
command-line tool **net**
to manage user accounts,
groups, and password policies.

Using net

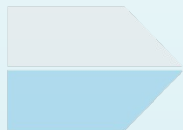
We'll be using the following **net** utilities:



net user for adding, removing and managing users.



net localgroup for adding, removing, and managing local groups.



net accounts for viewing password and logon requirements for users to enforce password security policies.

Using net

net lets us set the following password policies:

Time before a password expires.



Minimum number of characters required for a password.



Minimum number of days before a password can be changed.



Number of times a password must be unique before it can be reused again.

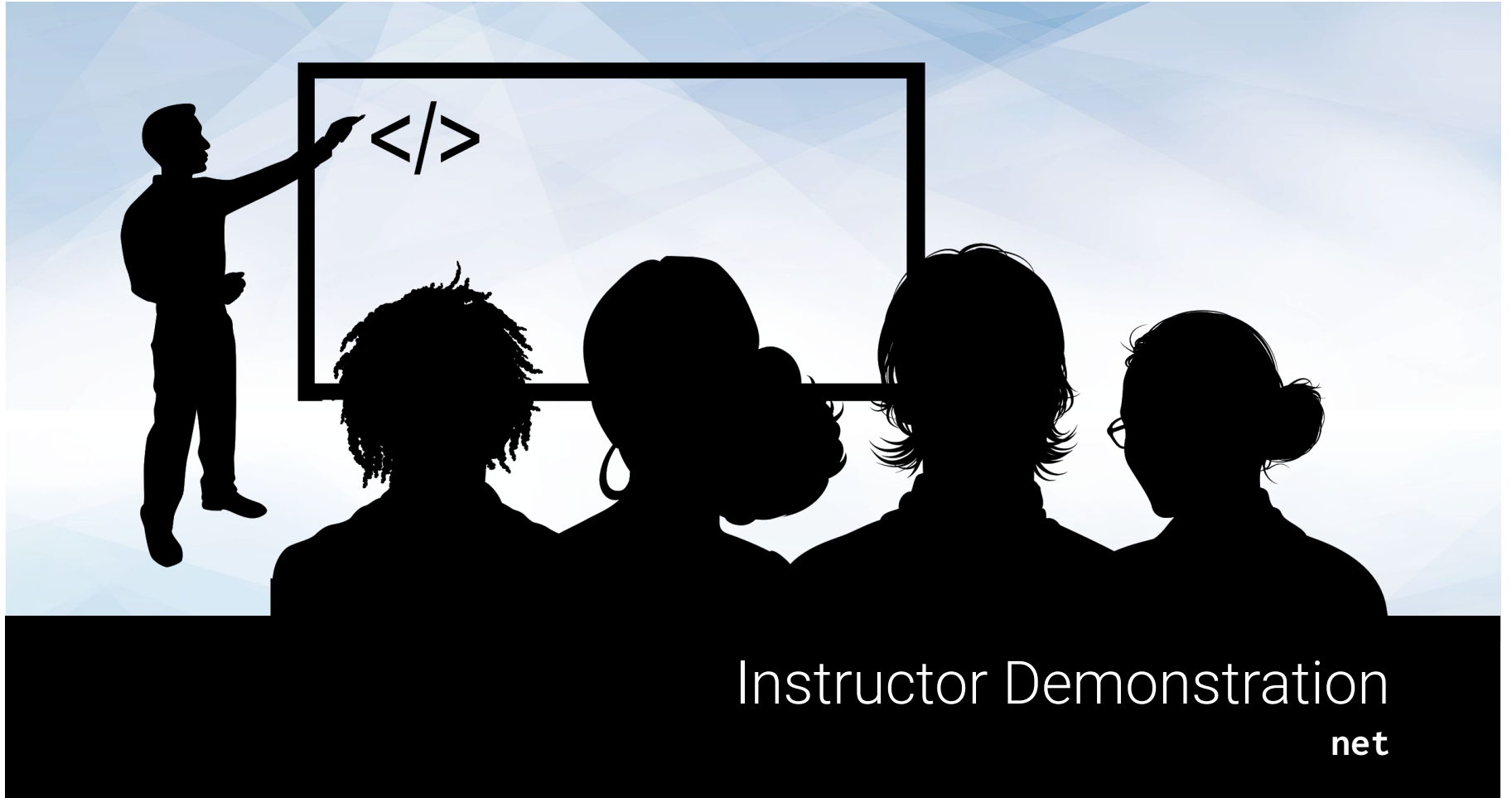
- If using the password **apples2apples**, you'll have to change it to two new passwords before you can use **apples2apples** again.

net Overview Scenario

Your CIO is curious about the groups and password policies on the Windows workstation. We need to retrieve more information from this workstation using the **net** command-line utility.

We'll use the **net** tool to do the following:

- Enumerate users to see **net** output.
- Enumerate azadmin's groups and password policies.
- Enumerate local groups with **net localgroup**.
- Enumerate the Windows workstation's current password policies with **net accounts**.



Instructor Demonstration
net



Activity: Users, Groups and Password Policies

In this activity, you will use the **net** utility to retrieve more information about the Windows workstation. 11__JohnsNetCommandOverview

Please use the Windows 10 Hyper-V VM.

Suggested Time:
10 Minutes



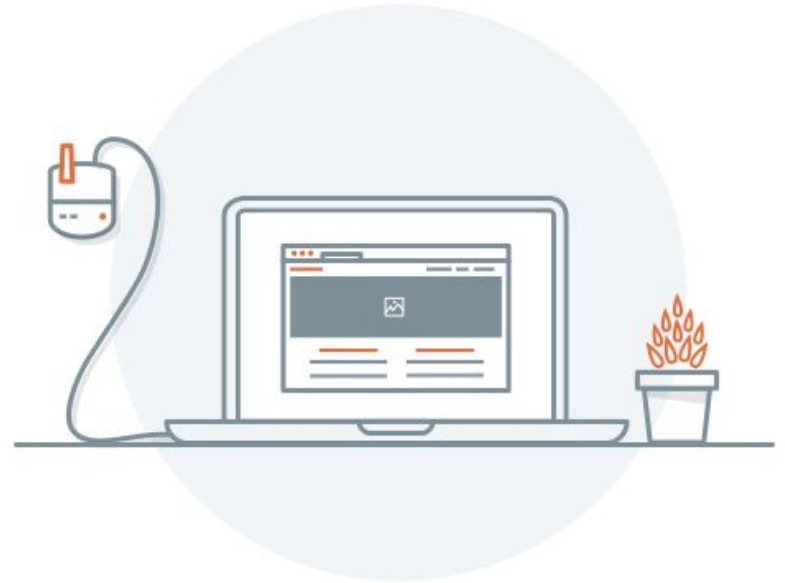
Creating Users and Setting Password Policy

Password Policies

We've discussed the importance of password policies in earlier Linux units. Now we'll establish password policies for new users in Windows.

In the next demonstration, we'll use the following scenario:

- A new regular user (Barbara) and new administrator (Andrea) need to be added to the workstation.
- We'll use **net user** to create user accounts for Andrea, the new senior developer, and Barbara, the new sales representative.
- We will create these users and set their password policies to make sure they follow company wide policies.





Instructor Demonstration

Adding Users and Setting Password Policies



Activity: Net Users and Password Overview

In this activity, you will create users and set password policies using the net command.

14__JohnsNetUser

Please use the Windows 10 Hyper-V VM.

Suggested Time:
10 Minutes





Activity: Create Users and Set Passwords

In this activity, you will create users and set password policies for two new users.

Please use the Windows 10 Hyper-V VM.

Suggested Time:
10 Minutes





Time's Up! Let's Review.

Task Scheduling (Optional / Time Permitting)

Task Scheduling

Task Scheduler is a GUI tool that allows system administrators to automate the execution of scripts and applications on a Windows system.

- Similar to cron jobs, tasks can be set to execute at specific times, or a certain amount of time after a user logs in.
- Properly managing systems with scheduled tasks allows us to automate security and system administration actions such as checking for updates for endpoint security software, sending important logs to systems such as SIEM, and scheduling system maintenance scripts.



Task Scheduling Overview Setup

In this overview, we will create scheduled tasks that will automate the reports we've been working on.

- The CIO wants us to schedule reports to be created on a daily basis.
- We will use Task Scheduler to create a task that runs each day.



Activity: Task Scheduling

In this activity, we will learn to use the Task Scheduler. 16__JohnsSchedulingOverview

Please use the Windows 10 Hyper-V VM.

Suggested Time:
10 Minutes





Activity: Task Scheduling

In this activity, we will use Task Scheduler to schedule reports to be created every day.

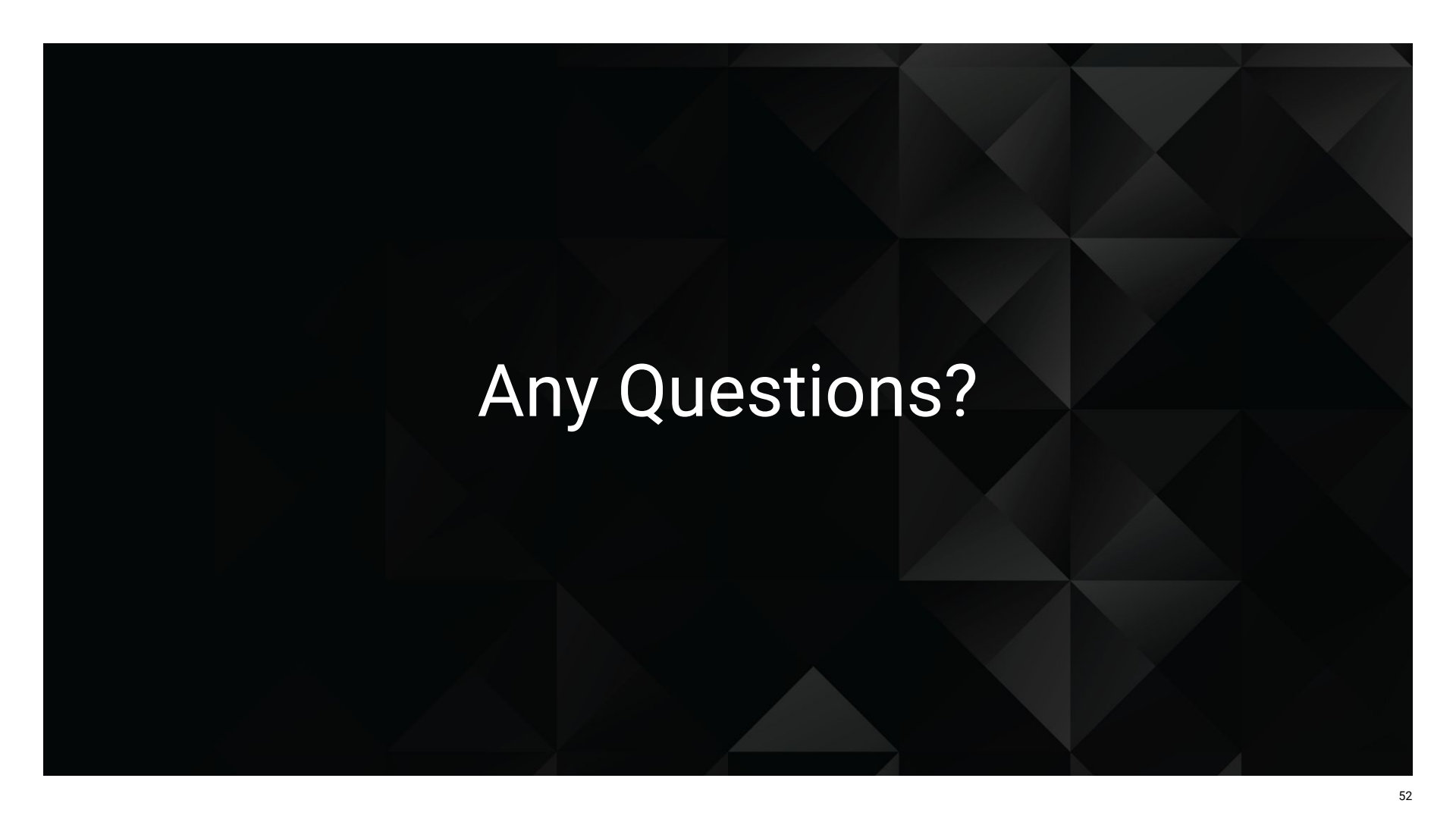
Please use the Windows 10 Hyper-V VM.

Suggested Time:
10 Minutes





Time's Up! Let's Review.



Any Questions?