

BINDU



Bindult.pj@gmail.com



Saskatoon, S7H3H5

Mob (6395255997)

SKILLS

- Quick learner
- Extremely extrovert
- Critical Thinker
- A perfectionist

LANGUAGES

- English
- Hindi
- Punjabi

EDUCATION

- Diploma in medical Lab technology from Punjab technical Board, India
- Bachelors in Medical Lab Technology from Punjab Technical University, India

PROFESSIONAL SUMMARY

An enthusiastic, highly dedicated, honest and hardworking individual with efficient time management and organization skills. Also, a keen learner with the aim to maintain excellence and quality service. Innovative and Quick Learner, High ability to follow written and oral instructions. Strong team player and effective leader. A complete asset, just need a chance to shine with you.

WORK HISTORY

Bar Burrito-Customer service Representative, Cashier & Server (Nov2024-Jan 2025 Seasonal Hiring)

- Took orders from customers, inputted them accurately into the POS system, and delivered food and beverages promptly.
- Provided attentive and friendly service, ensuring customer satisfaction and repeat business.
- Assisted with basic food preparation tasks, such as garnishing dishes and assembling orders.
- Collaborated with kitchen staff to ensure orders were prepared correctly and delivered in a timely manner.

Sales Adviser-CDS(Costco) (Nov2024- Still working)

Product-Demonstrations:

Preparing and presenting food and non-food samples to Costco members, highlighting key features and benefits of the product.

- Customer-Engagement:
Actively interacting with customers answering questions and add concern to encourage product purchase.
- Sale-Generation:
Driving sales by effectively promoting featured products and creating apposite shopping experience

10 OCT 2007-7 OCT 2009

Worked in Blood donor complex dist. Nawanshahr India
Blood unit collection

- Giving pre donation instructions to persons prior to phlebotomy

- Phlebotomy procedure by using different bags such as double bags, triple bags and leucoreduced filter bags.
- Post donation instructions.
- Assists in apheresis.
- Transportation of blood bgs to appropriate working areas.

16 SEPT 2010- 14 JAN 2015

Worked in blood bank Civil Hospital Ludhiana, India

- Phlebotomy Collection of donor's blood by using different blood bags.
- Issuing of blood bags to the recipients & preparation of blood bags before issuing.
- Preparation of blood components such as fresh frozen plasma, packed red blood cells, platelet concentrate etc.
- Various testing of blood bags like blood grouping (direct/indirect) cross matching technique & direct/indirect coombs test.
- Assist in procedures for apheresis.

16 JAN 2015-18 SEPT 2020

Worked in ICTC Lab dist. Hospital Nawanshahr
Integrated counselling and testing centre Lab

- Prepare all SOP. Disposal of waste as per bio medical waste guidelines.
- LIS enteries, stock and record keeping
- Various testing of blood bags like blood grouping (direct/indirect) cross matching technique & direct/indirect coombs test.
- Phlebotomy in general lab of all kinds of patients such as old age, children, adults, indoor patients and ICU patients.

ART Lab Technician 18 Sept 2020 to Jan 2024

Worked in ART Lab in dist. Hospital Mohali
Anti-retro viral treatment centres Dist. Hospital Mohali

- Phlebotomy of drug addicted persons with less prominent veins.
- Testing of samples for viral markers
- Counselling of retro positive patients.
- Stock maintenance

