

# **Freshmen Orientation Camp 2019**

**Programmes Proposal Overview** 

### 1. Objectives

- To establish a sense of school identity into freshmen through integrating them into the SUTD community with a common start via the Freshmen Orientation Camp
- Provide opportunities for freshmen to meet and interact new people
- Provide informative details to freshmen to familiarize with SUTD's campus, student organisations, facilities, resources and services available
- Welcome and integrate international students to the Singaporean culture
- Enable freshmen to have a memorable start to their university life

#### 2. Programme Schedule

Start	End	Day 0	Day 1	Day 2	Day 3
0800	0830	Matriculation	Breakfast	Breakfast + 3 <sup>rd</sup> SP	Breakfast + Collection
0830	0900			Letter Exchange +	of Time Capsule Letter
0900	0930		Dry Station Games	Amazing Race Safety	House Interaction
				Briefing + Creative	+ Mass Dance
				Media Video	
0930	1000			Amazing Race	
1000	1030				
1030	1100				
1100	1130				
1130	1200				Lunch + Creative
1200	1230		Lunch + 2 <sup>nd</sup> SP Letter		Media Video
1230	1300		Exchange		
1300	1330				Wet Station Games
1330	1400		House Interaction +		
1400	1430		Mass Dance		
1430	1500				
1500	1530	Fifth Row Showcase			
1530	1600		Dry Mass Game		
1600	1630				Wet Mass Game
1630	1700				
1700	1730	OG Interaction			
1730	1800	Learn Cheers		Dinner Outside +	
1800	1830	House Interaction	Dinner + Wash Up +	Travel Back to SUTD	Dinner
1830	1900	Dinner + 1 <sup>st</sup> SP Letter	Distribution of Time	+ Wash Up	
1900	1930	Exchange + Mask	Capsule Letter		
1930	2000	Decoration	Nightwalk		Finale
2000	2030	Orientation Opening	+ Treasure Hunt	Secret Partner	
2030	2100	Ceremony	+ Pre-Wet Mass	Games	
2100	2130		Game Construction		
2130	2200		Phase I		
2200	2230				
2230	2300				Clean Up
2300	2330				

### 3. Programme Overview

The 'Remarks' section demonstrates how aspects of our programme encourages social integration which aligns with the objectives of National Integration Council (NIC) - **to provide information and resources on Singapore** as well as **to encourage social interaction between locals and foreigners.** 

Day -1, Tuesday, 14th May 2019

Time	Activity	Remarks	
0800	International Students go to ICA	Direct international students will set off to ICA	
0830	together with the provided bus	together accompanied by a few seniors.	
0900	International students will deal with admin matters to collect their student pass	<ul> <li>Seniors will assist international students throughout the duration (which includes, but not limited to, taking new picture and photocopying of documents)</li> <li>Seniors will help to bridge any potential language</li> </ul>	
0930			
1000			
1030			
1100		barrier.	
1130			
1200	Lunch at nearby Kopitiam	<ul> <li>International students will be introduced to our local food and #OurHawkerCulture which would ease their transition to Singapore before orientation starts.</li> </ul>	
1230			
1300	Groceries/toiletries shopping Travel back to SUTD		
1330			
1400			

## Day 0, Wednesday, 15<sup>th</sup> May 2019

Time	Activity	Remarks
0800		Freshmore students will be dealing with admin
0830		matters and meeting their orientation groups on
0900		their first day in SUTD.
0930		Orientation groups are arranged to ensure good
1000		mix between genders and nationalities
1030		(Singaporeans and international students).
1100	Matriculation	<ul> <li>In between the admin matters, orientation groups</li> </ul>
1130	Watriculation	led by their Orientation Group Leaders (OGLs) will
1200		be engaged in various icebreakers and team
1230		bonding games.
1300		The OGLs are to take care of freshmore students'
1330		well-being which includes easing the international
1400		students' transitions to local culture.
1430		
1500		
1530	Fifth Row Showcase	
1600		
1630		
1700		<ul> <li>An allocated time slot for higher quality bonding session amongst the orientation groups as well as within their house.</li> </ul>
1730		<ul> <li>OGLs are encouraged to take extra initiative to ensure the integration of international students into their new group of friends.</li> </ul>
1800	OG Interaction Learn Cheers House Interaction	<ul> <li>This can be ensured through meaningful icebreakers such as:         <ul> <li>Orientation group is split into smaller groups with a good mix between local and international students. They are supposed to find 3 things that are common amongst them are share these with the rest of the group. It would promote a sense of belonging especially for the international students.</li> </ul> </li> </ul>
1830	Dinner + 1 <sup>st</sup> SP Letter Exchange	
1900	+ Mask Decoration	
1930		
2000		
2030	Outombation Occasion O	
2100	Orientation Opening Ceremony	
2130		
2200		

Day 1, Thursday, 16<sup>th</sup> May 2019

Time	Activity	Remarks
0800	Breakfast	
0830		
0900		<ul> <li>Promote and encourage friendship between students, with a select few focused on familiarising</li> </ul>
0930		with social norms and practices, such as
1000	Dry Station Games	Laundry Toss – in Singapore, many HDBs use laundry
1030		poles to dry their clothes. As such, this game is to place a fun twist on familiarising international
1100		students with social practices as they try to hang clothes on the laundry line from a distance, using only
1130		their legs to "toss" the clothes.
1200	Lunch + 2 <sup>nd</sup> SP Letter Exchange	
1230	O I	
1300		
1330		<ul> <li>An allocated time slot for higher quality bonding session amongst the orientation groups as well as</li> </ul>
1400	House Interaction + Mass Dance	within their house.  • OGLs are encouraged to take extra initiative <b>to</b>
1430		<ul> <li>OGLs are encouraged to take extra initiative to ensure the integration of international students into</li> </ul>
1500		their new group of friends.
1530		
1600	Dry Mass Game	
1630	Dry Mass Game	
1700		
1730		
1800	Dinner + Wash Up + Distribution	<ul> <li>Inculcate sense of belonging within the students.</li> </ul>
1830	of Time Capsule Letter	Reflect on their journey in Singapore as an
1900		international student.
1930		Wet Mass Game forges friendships as the team must
2000		work together to build a combined fort with materials
2030	Nightwalk - + Treasure Hunt - + Pre-Wet Mass Game	given, and travel in cardboard "vehicles" to sabotage other forts.
2100		
2130		<ul> <li>Teamwork is highly emphasized here as each have their own individual roles, working together to</li> </ul>
2200	Construction Phase I	accomplish the mission.
2300		accomplish the mission.
2330		
2330		

### Day 2, Friday, 17<sup>th</sup> May 2019

Time	Activity	
0800	Breakfast + 3 <sup>rd</sup> SP Letter	
0830	Exchange + Amazing Race Safety	
0900	Briefing	
0930		<ul> <li>Encourage mutual understanding between locals and international students. As we journey through various iconic landmarks in Singapore – Stadium,</li> </ul>
1000		Marina Bay Sands and Fort Canning Park –  international students can explore these new
1030		places guided by the locals while the local students can appreciate these landmarks better.
1100		Activities that would showcase local culture further to students would be
1130		<ul> <li>Food Snaps – points will be allocated for the most food that are ordered/taken a picture of</li> </ul>
1200		with different racial/national origin. Serves to familiarise with social norms and cultures.
1230		Ordering Food in Local Language – get a international student to order food at the hawker centre in a local language be/she
1300		hawker centre in a local language he/she doesn't know, e.g. Chinese/ Malay/ Tamil. Encourages mutual understanding between
1330	Amazing Race	locals and international students.  • Let the Past not be Past – encourages social
1400		interaction between locals and international students as they find as many places in Singapore and find out what they look like in
1430		the past. (e.g. Singapore River, 1960s vs now)
1500		One of the Amazing Race games would be "Traditional Games" where participants are
1530		required to learn and play Singapore's traditional games such as 5 Stones, Chapteh, and Eraser Game.  • While the local students might be familiar with
1600		some of the games, this would be an opportunity for them to relive their childhood
1630		as well as introducing international students more about Singapore culture.
1700		<ul> <li>Game masters would be required to introduce the games' origins &amp; histories.</li> <li>Participants can then upload their group picture, together with their experience as the caption and #TogetherInSG and #NIC10</li> </ul>

1730		
1800		
1830	Dinner + Wash up	
1900		
1930		
2000		
2030		
2100		
2130	Secret Partner Games	
2200		
2230		
2300		
2330		

## Day 3, Saturday, 18<sup>th</sup> May 2019

Time	Activity	Remarks
0800	Breakfast + Collection of Time	
0830	Capsule Letter	
0900		An allocated time slot for higher quality bonding
0930	House Interaction	session amongst the orientation groups as well as
1000	+ Mass Dance	within their house.
1030		OGLs are encouraged to take extra initiative to
1100		ensure the integration of international students into their new group of friends.
1130		then new group of menus.
1200	Lunch + Creative Media Video	
1230		
1300		
1330		
1400	Wet Station Games	
1430		
1500		
1530		
1600		<ul> <li>Wet Mass Game forges friendships as the team must work together to build a combined fort with materials</li> </ul>
1630	Wet Mass Game	given, and travel in cardboard "vehicles" to sabotage other forts.
1700		Teamwork is highly emphasized here as each have  their course individual galaxy would be a captured to gather the gather
1730		their own individual roles, working together to accomplish the mission.
1800	Dinner	
1830	Billiei	
1900		
1930		
2000		
2030	Finale	
2100		
2130		
2200		