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# Map driving & restraining forces

Reference your individual forces from Step 2 and map them to the 4 quadrants below. Some pink stickies are ported over to serve as examples, which you can delete.

- Tips
- Some factors might straddle more than one quadrant, and that's ok
  - The number of factors on the right-hand side (i.e. the restraining forces) often tends to be greater than the number of driving forces

