

# UNIVERSITY OF MINNESOTA

## Driven to Discover®

Institute on Community Integration

UNIVERSITY OF MINNESOTA



## *We Need Your Help!*

### *Participants Wanted to Take Part in Physical Activities with Support from a Socially Assistive Robot*

We are testing whether a socially assistive robot can help older adults set and work toward physical activity goals they set for themselves. Taking part in this project involves:

- 10 short meetings over 8 weeks with a socially assistive robot
- Taking part in a goal setting conversation with the robot and setting physical activities goals for yourself
- Working toward these goals with the support of the robot
- Completing physical activities and social interaction surveys at the beginning and end of the program

The interactions with a robot will take place at a community center, your home, or a library, at a time and place that is comfortable for you.

To take part, you must:

- Be at least 70 years old.
- Be able to provide consent to participate.
- Be able to answer the questions in the surveys and participate in a goal setting program.

**IF YOU ARE INTERESTED OR HAVE ANY QUESTIONS, PLEASE CONTACT:**

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