

SOCIAL JUSTICE LEARNING ACTIVITIES

1. SOCIAL IDENTITY

Social identity is our sense of who we are based on the group(s) to which we belong. It provides both a source of pride, and a basis for prejudice.

Circle, or write in, the identities in the second column that fit you the best under the categories in the first column. Add any additional categories that may be missing that are part of your life, and include your identity for them.

IDENTITY CATEGORY	SOCIAL IDENTITY
GENDER	male female transgender _____
RACE	Latinx black white _____
ETHNICITY	Chinese Italian European-American _____
SEXUAL ORIENTATION	lesbian gay bisexual _____
FAITH	Muslim Jewish Christian atheist _____
SOCIAL CLASS	lower middle upper _____
AGE	young middle-age elderly _____
BODY SIZE OR TYPE	overweight thin muscular _____

1. Which category/identities do you identify with most?
2. Which ones do you think about least?
3. Which ones have the strongest effect on how you view yourself?
4. Which ones have the greatest effect on how others view or treat you?
5. What are some benefits of belonging to these groups?
6. What are some disadvantages?
7. Share the category/categories that you think of most in your community. Add your social identity only if you feel comfortable doing so.