1. What is JWT?

* JSON Web Token is a proposed Internet standard for creating data with optional signature and/or optional encryption whose payload holds JSON that asserts some number of claims. The tokens are signed either using a private secret or a public/private key.

1. Why we need JWT?

* We need JWT token because, JWTs are a good way of securely transmittinginformation between parties because they can be signed, which means you can be sure that the senders are who they say they are. Additionally, the structure of a JWT allows you to verify that the content hasn't been tampered with.

1. What inside JWT?

* A JSON web token (JWT) is JSON Object which is used to securely transfer information over the web (between two parties). It can be used for an authentication system and can also be used for information exchange. The token is mainly composed of header, payload, and signature. These three parts are separated by dots (.).

1. What easy is made by JWT?

* JWT is very important to make security guidelines between two parties and the following things are easy which is made by JWT:
* No Session to Manage (stateless): The JWT is a self-contained token which has authentication information, expire time information, and other user defined claims digitally signed.
* Portable: A single token can be used with multiple backend.
* No Cookies Required, So It's Very Mobile Friendly.