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A Phytochemical and Biological Review on Plants of the Family Aizoaceae

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ABSTRACT

Objectives: This study is aimed to be a comprehensive review of the phytochemical constituents and biological activities of Aizoaceae family plants (Mesembryanthemaceae). Methods: This study is covering articles between 1969 and 2018, reviewed from internationally accepted databases and scientific data from scientific Journals. Results: Phytochemically studied plants of family Aizoaceae have shown the presence of various classes of compounds including; alkaloids, triterpenes, sterols, lignans, phenolic compounds, betacyanins, and essential oils. Biological studies on plants of family Aizoaceae have indicated various bioactive potentials including antioxidant, antidiabetic, antimicrobial, antitumor, hepatoprotective, anti-inflammatory and other effects. The reported medicinal plants of family Aizoaceae were selected and summarized on the basis of their; phytochemical constituents and biological activities. Conclusion: The results of this study may inspire further ethno-botanical and ethno-pharmacological research and investigations toward drug discovery.

Keywords: Aizoaceae; Biological activities; Phytochemical constituents

Introduction

The Aizoaceae (Mesembryanthemaceae) family is mostly composed of succulent plants of which 99% are found in South or Southwest of Africa. The other one-percent are found in coastal areas of Australia, New Zealand, Mediterranean area, Canary Islands, and the western coasts of Chile and California¹.

Family Aizoaceae constitutes a major part of the Southern African succulent flora. With approximately 1860 species in 127 genera, and in India the family is represented by three genera, namely,

Sesuvium, Trianthema and Zaleya with seven species

distributed in the coastal and lowland areas of

peninsular India and the Gangetic plains². It is also South Africa's second largest plant family³. Based on the division given by Bittrich & Hartmann⁴, five subfamilies are recognized: Mesembryanthmoideae, Rushioideae, Sesuvioideae and Tetragonioideae⁵. In Egypt, Boulos⁶ recognized five genera, but Hosny⁷ listed only four genera without considering Sesuvium. According to Boulos⁶ and Hosny⁷, Trianthema is represented in Egypt by two species: T. portulacastrum L. and either T. triquetra Willd. Ex Spreng. (according to Boulos⁶) or TCrystalline (Forssk.) Vahl (according to $Hosny^7$). Zaleya is represented by two species: Z. pentandra (L.) C. Jeffrey and Z. decandra (L.) Burm. f.⁶, or by only

one species: *Z. pentandra* (L.) C. Jeffrey⁷. This family is represented in Egypt by 6 genera and 10 species⁸. It typically inhabits dry subtropical deserts and wet tropical coasts⁵⁻⁹. Native species of Aizoaceae are distributed through Mediterranean coastal habitats and the Nile Valley as weeds of cultivated land, and extend to deserts.

Many members of the family are of economic importance as ornamentals and in cultivation worldwide¹⁰ as some of them are used to stabilize sand dunes in coastal regions 11 while others are important as medicinal plants¹² e.g. Tetragonia tetragonioides is used in treatment of enteritis and stomach ache as well as stomach cancer and ulcer¹². Extracts from these plants are used as preservatives, as a remedy against throat infections and in soap making¹³. Although Aizoaceae is considered as one of the most diverse and abundant families, it was found that it is the least studied in terms of medicinal potential¹⁴. It would, therefore, be important to extensively investigate other plants of family Aizoaceae for future drug discovery. Thus, we aimed to make a comprehensive review of the chemical constituents and biological activities of family Aizoaceae covering the articles between 1969 and 2018.

MATERIAL AND METHODS

The research strategy employed in the review of family Aizoaceae includes internationally accepted databases like Science Direct, Scopus and Web of Science as well as scientific data collected from scientific Journals.

RESULTS AND DISCUSSION Phytochemical constituents

A variety of chemicals have been isolated from different species of family Aizoaceae including; alkaloids, triterpenes, sterols, lignans, flavonoids, phenolic compounds, essential oils, and some miscellaneous compounds⁵⁻¹⁵⁻¹⁶.

Alkaloids

Mesembrine alkaloids are considered to be the primary active constituents of the South African medicinal plant *Sceletium tortuosum* Aizoaceae), and it is used as the dried or fermented aerial material from the plant, which is known as Kanna (Aka, Channa, Kougoed). Traditional regional use ranged from relieving thirst, mild analgesia, and alteration of mood¹⁹. Only two genera of family Aizoaceae were reported to be rich with alkaloids which are genus *Sceletium* and genus *Trianthema* as shown in **Table 1**. *Sceletium spp*. is currently the only known genus having species with relatively high levels of mesembrine¹⁹, which belong to the crinane class of compounds based on the alkaloid skeleton¹⁷. Jeffs et al.

(1982) categorized the various Sceletium alkaloids into groups: (1) the 3a-aryl-cisfour structural octahydroindole class (e.g. mesembrine and the new isolated alkaloid channaine)¹⁷⁻¹⁸, (2) C-seco mesembrine alkaloids (e.g. joubertiamine), (3) alkaloids containing a 2,3 disubstituted pyridine moiety and 2 nitrogen atoms (e.g. Sceletium alkaloid A4) and (4) a ring C-seco Sceletium alkaloid A4 group (e.g. tortuosamine)²⁰. The mesembrine alkaloid is the most studied of the mesembrine alkaloids due to its relative abundance in S. tortuosum and biological activity, it was initially partially isolated, characterized, and named by Zwicky, and it was purified and crystallized as picrate¹⁹. Mesembranol and its acetylated derivative, 4-Oacetylmesembrenol was also isolated together with 4-Odemethylmesembrenol and 4-O-demethylmesembranol from Sceletium spp in addition to mesembrenone. Joubertiamine and its derivatives represented a new structural class different from the known mesembranes. Joubertiamine, dehydrojoubertiamine, and dihydrojoubertiamine were all referred to as the secomesembranes and were isolated from Sceletium joubertii¹⁷. The preponderance of research on Sceletium alkaloids has revolved around isolation and structural elucidation. Very little is known about the distribution and chemotaxonomic patterns of these alkaloids within the genus¹⁷.

Di-, Tri-, tetra-terpenes, and sterols:

Phytochemical screening and analysis of some species of family Aizoaceae showed presence of di-, tri, and tetraterpenes. \$\beta\$- amyrin, oleanolic acid, Uvaol were isolated from the leaves' methanolic extract of \$C\$, edulis\$^16\$, while ecdysterone, were isolated from aqueous and organic extracts of \$S\$. portulacastrum—and \$T\$ portulacastrum\$^{15-24}\$ Pentandradione and pentandraone were isolated only from the methanolic extract of \$\beta\$. pentandra\$^{50-51}\$.

Sterols and their glycosides e.g. (Stigmasterol, \$\beta\$-Sitosterol, Stigmasterol 3-O-\$\beta\$-D-glucoside and \$\beta\$ Sitosterol 3-O-\$\beta\$-D-glucoside and the novel and recently isolated sterol 17-(5-ethyl-6-methylheptan-2-yl)-4,4,10,13-tetramethyl-hexadecahydro-1H-cyclopenta (\$\alpha\$) phenanthren-3-ol) have been reported to be isolated from \$T\$. portulacastrum^{15-16-21-22-24-25-26-27-28} as shown in **Table 2.**

Lignans and neolignans:

Aptenia cordifolia and T. turgidifolium leaves are the only reported member of family Aizoaceae to show the presence of lignans and neolignans e.g. Pinorsinol, syringaresinol, di-erythro-syringylglycrol B O-4,4'-syringarsinol ether and apteniol A-G were isolated from the methanolic extract of the leaves of A cordifolia²²⁻²⁹⁻³⁰⁻³¹. Isoamericanin A was isolated from T. turgidifolium

Table 1. Alkaloids isolated from plants of family Aizoaceae

Source	Used part/extract	Chemical constituents	Compound no.
Sceletium spp. Sceletium tortuosum (L.) N. E. Br. Sceletium joubertii L. Bolus	Acid-base extraction of the entire plant	 Δ⁷ mesembrenone¹⁷ 4 '-O-demethylmesemranol¹⁷ Mesembrenol¹⁷ Mesembranol¹⁷ 4 '-O-demethylmesemrenone¹⁷ Sceletenone¹⁷ N-demethyl-N-formyl mesembrenone¹⁷ O-acetylmesembrenol¹⁷ Mesembrane¹⁷ N-demethylmesembrenol¹⁷ N-demethylmesembrenol¹⁷ N-demethylmesembranol¹⁷ Hordenine¹⁷ 	1
Sceletium spp. Sceletium tortuosum (L.) N. E. Sceletium joubertii L. Bolus	Acid-base extraction of the entire plant	 Dehyrojoubertiamine¹⁷ Dihyrojoubertiamine¹⁷ Joubertiamine¹⁷ Joubertinamine¹⁷ O-methyldehydro-joubertiamine¹⁷ O-methyljoubertiamine¹⁷ O-methyldihydro-joubertiamine¹⁷ 3`-methoxy-4`- O-methyljoubertiamine¹⁷ 4-(3,4-dimethoxyphenyl)-4-[2-acetyl methylamino) ethyl]cyclohexanone¹⁷ 3`-methoxy-4`- O-methyljoubertiaminol¹⁷ 4-(3-methox-4-hydroxyphenyl)-4-[2-(acetylmethylamino) ethyl]cyclohexadienone¹⁷ 3a-(3,4-dimethoxyphenyl)-1-methyl-1,2,3,3a,4,5,6,8,9,9b-decahydro-7H-pyrrolo[2,3-f] quinolin-7-one¹⁷ Sceletium alkaloid A4¹⁷ Touruosamine¹⁷ N-formyltortuosamine¹⁷ N-acetyltortuosamine¹⁷ Mesembrenone¹⁸ Mesembrine¹⁸ Mesembrine¹⁷ 4`- O-demethylmesemrenol¹⁷ 	13 → 32
T. decandra L.	Organic extracts of leaves, fruits and seeds	-Trianthemine ²²	
T. portulacastrum L.	Organic extracts of the entire plant	 Punarnavine²³ Trianthemine²³ 	33
Sesuvium portulacastrum L.	Aqueous, methanolic and organic extracts of the whole dried plant	- Capsaicin ²¹⁻²⁵	34

Table 2. Reported plants of family Aizoaceae showing sterols, di-, tri-, and tetra-terpenes:

Reported Source	Used part/extract	Chemical constituents	Compound no.
Carpobrotus edulis L. Bolus	Methanolic extraxct of the leaves	- β- amyrin ¹⁶ - Oleanolic acid ¹⁶ - Uvaol ¹⁶	35
Sesuvium portulacastrum L.	Aqueous, ethanolic and dichloromethane extracts of leaves and stems	 Ecdysterone¹⁵ Ecdysone¹⁵ 22,23-Dihydrostigmasterol²¹⁻²⁵ Ethyl iso-allocholate²⁶ Squalene²⁶ Phytol²⁶ 	38
- Trianthema decandra L.	Leaves, fruits and seeds organic extracts	 - 3-Acetyl aleuritolic acid²² - Stigmasterol 3- <i>O</i>-β-D-glucoside²² - β-Sitosterol 3- <i>O</i>-β-D-glucoside²² - Trianthenol²² 	44> 47
Trianthema portulacastrum L.	Organic extracts of the aerial parts	- Ecdysterone ²⁴ - 3-Acetyl aleuritolic acid ²⁴ - Stigmasterol ²⁴ - β-Sitosterol ²⁴ - Stigmasterol 3- <i>O</i> -β-D-glucoside ²⁴ - β-Sitosterol 3- <i>O</i> -β-D-glucoside ²⁴ - Trianthenol ²²⁻²⁴ - 17-(5-ethyl-6-methylheptan -2-yl)-4, 4, 10, 13- vetramethyl-hexadecahydro-1H cyclopenta(α) phenanthren-3-ol] ²⁷	44 → 38 50
Zaleya pentandra L.	Methanolic extract of the aerial parts	- Pentandradione ²⁸ - Pentandraone ²⁸	51, 52

Fatty acids, and fatty alcohols:

Sesuvium portulacastrum is the only member of family Aizoaceae with data reported on isolates of fatty acids and fatty alcohols as shown in **Table 4**. It showed the presence of; Linolenic acid, oleic acid, eicosyl ester, 9,12,15-Octadecatrienoic acid, 2,3-dihydroxypropyl ester, (Z,Z,Z)-, hexadecanoic acid, ethyl ester, lauric acid, tridecanoic acid, myristic acid, pentadecanoic acid, palmitic acid, heptadecanoic acid, stearic acid, oleic acid, linoleic acid, nonadecanoic acid, arachidic acid, heneicosanoic acid, behenic acid, octadecanoic acid, 1-Docosanol and rhodopsin, which were isolated from dichloromethane extract of its leaves and stems¹¹⁻²⁶⁻³²⁻³³.

Catechins and phenolic acids

Reported data showed that catechins and phenolic acids were isolated from six members only of family Aizoaceae which are; A. cordifolia, C. edulis, M. crystallinum, S. portulacastrum, T. decandra, and T. portulacastrum¹⁴⁻²¹⁻²²⁻²⁵⁻²⁶⁻²⁹⁻³³⁻³⁴⁻³⁵⁻³⁶. It has been reported, that epicatechin was isolated from the organic extracts of the leaves of two different plant species C. edulis and S. portulacastrum¹⁴⁻²¹⁻²²⁻²⁵⁻²⁶⁻²⁹⁻³³⁻³⁴⁻³⁵⁻³⁶. On the other hand, we found, that 2,6-bis(1,1-dimethylethyl)-4-methylphenol is the only phenolic

compound isolated from *M. crystallinum*. Other isolated catechins and phenolic compounds are shown in **Table 5.**

Flavonoids

Several flavonoids were isolated from different species of family Aizoaceae. Rutin was isolated from the leaves ethyl acetate extract of *C. edulis* and *Mesembryanthemum forsskaolii*. Moreover, the new compound C-methyl flavone was isolated from the organic extracts of the whole plant of the two species *T. portulacastrum* and *T. decandra*¹¹⁻²²⁻²⁴⁻³⁴⁻³⁷⁻³⁸⁻³⁹⁻⁴⁰. Moreover, 2-(3°,4°dihydroxyphenyl) 3,5,7- trihydroxychromen-4 one was also isolated from *T. decandra*⁴⁰. Other isolated compounds are shown in **Table 6**.

Betacyanin

The genus *Lampranthus* of family Aizoaceae was observed according to the reported data in **Table** (7) to show the presence of betacyanins. This includes *Lampranhus peersu* and *Lampranthus sociorum*. Betanin was isolated from the two plant species *Drosanthemum floribundum* and *Lampranthus spp*. Also, dopaxanthin was the only betacyanin isolated from *Glottiphyllum longum*, while β-Cyanin was isolated from *T. portulacastrum*²⁴⁻⁴¹⁻⁴²⁻⁴³⁻⁴⁴.

Table 3. Lignans, neolignans isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
Aptenia cordifolia L.F.	Methanolic extract of the	- Pinorsinol ²⁹	53> 59
	leaves	- Syringaresinol ²⁹	
		- Di-erythro-syringylglycrol-β-o-4,4`-	
		syringarsinol ether ²⁹	
		- Apteniol A, B, C, D, E, F	
		– Apteniol G ³⁰	
Trianthema turgidifolium F.	Methanolic extract of the	– Isoamericanin A ²²	
Muell	leaves		

Table 4. Fatty acids and fatty alcohols isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
Sesuvium portulacastrum L.	Dichloromethane extracts of	- Linolenic acid ¹¹⁻³²	60
	leaves and stems	- Oleic acid eicosyl ester ²⁶	
		- 9,12,15-Octadecatrienoic acid, 2,3-	
		dihydroxypropyl ester, (Z,Z,Z)- ²⁶	
		-Hexadecanoic acid ethylester ²⁶	
Sesuvium portulacastrum L.	Dichloromethane extracts of	- Lauric acid ³²	64> 79
1	leaves and stems	- Tridecanoic acid ³²	, ·
		- Myristic acid ^{11,32}	
		- Pentadecanoic acid ³²	
		- Palmitic acid ^{11,32}	
		- Heptadecanoic acid ³²	
		- Stearic acid ³²	
		- Oleic acid ^{11,26,32}	
		- Linoleic acid ^{11,32}	
		- Nonadecanoic acid ³²	
		- Arachidic acid ³²	
		- Heneicosanoic acid ³²	
		- Behenic acid ^{11,32}	
		- Octdecanoic acid ³³	
		- 1- Docosanol ²⁶	
		- Rhodopin ²⁶	

Nitrogen containing compounds

The reported data showed that some nitrogencontaining compounds like 2-(dimethylamino)-1phenylethanol, 3-(1H-inol-3-yl) propionic acid, 3-(1Hinol-3-yl)propionic acid methyl ester, (2S,E)-N-[2-Hydroxy-2-(4-hydroxyphenyl)ethyl] Ferulamide, (E)-N--[2-Hydroxy-2-(4-hydroxy-3-methoxyphenyl)-ethyl] ferulamide, and (E)-N-[2-(4-Hydroxyphenyl)-2propoxyethyl] ferulamide has been isolated from the methanolic extract of A. cordifolia, in addition to many compounds e.g. Trans-4-hydroxyprolinebtaine, and Pvrrolo [1,2-A] Pyrazin-1,4-dione,hexahydro-3-(phenylmethyl) were isolated from aqueous and organic extracts of S. porulacastrum. Moreover, nicotinic acid is the only isolated nitrogen-containing compound isolated from *T. portulacastrum*¹⁵⁻²¹⁻²³⁻²⁵⁻²⁹⁻³¹⁻³³as shown in Table 8.

Essential oils

The available data reported that only the leaves of *S. porulacastrum* yielded oil via hydro-distillation which upon analysis using GC-MS showed the following composition: o-cymene, α -pinene, trans-caryophyllene, 1,8- cineole, limonene, α -terpinene, α -terpinolene, camphene, (-)-bornylacetate, tridecane and α -humulene²¹⁻⁴⁵ as shown in **Table 9.**

Miscellaneous compounds:

It has been reported, that different miscellaneous compounds have been isolated from five different plants of family Aizoaceae including; A. cordifolia, C. edulis, T. portulacastrum and S. portulacastrum¹⁶⁻²³⁻²⁴⁻²⁶⁻²⁹⁻³³⁻⁴⁶⁻⁴⁷ as shown in **Table 10.**

Table 5. Catechins and phenolic acids and their esters isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
- Aptenia cordifolia L.F.	Methanolic extract of the leaves	 4-hydroxybenzoic acid²⁹ Dihyrocinnamic acid²⁹ 4-hydroxy-dihydrocinnamic acid²⁹ Dihydrofrulic acid²⁹ 3,4-dimethoxy-dihyrocinnamic acid²⁹ 3,4-dimethoxy-dihyrocinnamic acid methyl ester²⁹ 3,4-dimethoxy-dihyrocinnamic acid ethyl ester²⁹ Methylfrulate²⁹ Sinapic acid²⁹ Methyl 2,5-dihyroxybenzoate²⁹ 3,4,5-Trimethoxyphenol²⁹ 3-Hydroxy-7,8-dihydro-β-ionone²⁹ 3,4-dimethoxycinnamic acid²⁹ 	80
Carpobrotus edulis L. Bolus	Leaves methanolic and ethylacetate extract	- Ferulic acid ³⁴ - Catechin ¹⁴ - Epicatechin ¹⁴ - Procyanidin (B5) ¹⁴	86 —— 88
Mesembryanthemum crystallinum L.	Methanolic extract of the leaves	2,6-bis(1,1-dimethylethyl)-4-methylphenol ^{35,36}	89
Sesuvium portulacastrum L.	Aqueous, ethanolic and dichloromethane extracts of leaves and stems	 Epicatechin^{21,25} Phenol,2,4-bis(1,1-dimethylethyl)³³ Gallic acid^{21,25} Benzoic acid²¹ Benzoic acid, 4-ethoxy-, ethyl ester²⁶ 	90 — 9
Trianthema decandra L.	Leaves, fruits and seeds organic extracts	- 5- Hydroxy-2-methoxy benzaldehyde ²² - P-Methoxybenzoic acid ²² - P-Propoxybenzoic acid ²² - Leptorumol ²²	94> 9
Trianthema portulacastrum L.	Organic extracts of the aerial parts	 4-hydroxybenzoic acid²⁴ 3,4-Dimethoxycinnamic acid^{24,35} Pyrogallol²⁴ 5- Hydroxy-2-methoxy benzaldehyde³⁵ Protocatechuic acid²⁴ Vanillic acid²⁴ O-Coumaric acid²⁴ Caffeic acid²⁴ P-Methoxybenzoic acid^{24,35} P-Propoxybenzoic acid^{24,35} Leptorumol²⁴ 	94 \longrightarrow 10

Biological activities:

Members of family Aizoaceae are known to have diverse biological activities including antihyperlipidemic, antipyretic, diuretic, antioxidant, anticancer, larvicidal, analgesic, anti-rheumatic, anticholera, emetic, laxative, anti-inflammatory andantimicrobial. As well as being used in the treatment of; skin diseases, specific blood diseases, jaundice, cataract, night blindness, heart diseases, joint pain, dropsy, ascites, edema, and others shown as in Table 11.

Antioxidant activity

Oxidative stress can cause damage to tissues and cells. Free radicals, such as nitric oxide, superoxide anions, and hydroxyl radicals, can result in oxidative stress and may inflict damage in almost every organ. Furthermore, cancers also can arise from excess reactive oxygen species (ROS) that can damage cellular DNA. The antioxidant potential of the following plant organic extracts: T portulacastrum, Mesembryanthemum forsskaolii, Aizoon canariense,

Table 6. Flavonoids isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Figure no.
Carpobrotus edulis L. Bolus	Ethyl acetate extract of	- Rutin ³⁴	103, 104
	leaves	- Hyperoside ³⁴	
		- Neohesperidin ³⁴	
Mesembryanthemum	Methanolic extract of	- Rutin ³⁷	103
forsskaolii Hochst. ex Bioss	the entire herb	- Apigenin ³⁷	105
		- Apigenin-7-O-glucoside ³⁷	
		- Kaempferol-3- <i>O</i> -glucoside ³⁷	
		- Isorhamnetin-3- <i>O</i> -β-glucopyranoside ³⁷	
Sesuvium portulacastrum L.	Aqueous, ethanolic	- 3,5,4`-trihyroxy-6,7-dimethoxyflavone ¹¹	103, 109
	and dichloromethane	- 3,5-dihydroxy-6,3 ',4' -trimethoxy-flavone-7-0-[α -	
	extracts of the leaves	L-rhamnopyranosyl-1 (1—6)- β-D-	
	and stems	Glucopyranoside ¹¹	
Trianthema portulacastrum	Organic extracts of the	- Quercetin ²⁴	103, 110
L.	dried plant	- C-Methyl Flavone ^{24,38}	
	-	- 5, 2'-dihydroxy-7-methoxy-6, 8-dimethylflavone ³⁹	
Trianthema decandra L.	Leaves, fruits and	- C-Methyl Flavone ²²	103, 111
	seeds organic extracts	- 2 - (3', 4' dihydroxyphenyl) 3, 5, 7 - trihydroxy-	
		chromen-4 one ⁴⁰	

Table 7. Betacyanins isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
Drosanthemum floribundum	Methanolic extract of	- Betanidine ⁴¹	112
(Haw.) N.E.Br.	the flowers	- Isobetanidine ⁴¹	
		- Betanin ⁴¹	
		- Isobtanin ⁴¹	
Glottiphyllum longum	Methanolic extract of	Dopaxanthin ⁴²	116
(Haw.) N.E.Br.	the flowers		
Lampranthus spp	Aqueous extract of the	- Betanin ⁴³	114, 115
	flowers	- Isobtanin ⁴³	
Lampranthus sociorum	Methanolic extract of	Betanidin 5-0-[2"- O -(E)-feruloyl- β -(1",2')-	117
N.E.Br.	the flowers	glucuronosyl-β-glucoside] ⁴⁴	
Lampranhus peersii N.E.Br.	Methanolic extract of	Betanidin- 5-0-[6'- O-(E)-feruloyl- β-glucoside] ⁴⁴	118
	the flowers		
Trianthema portulacastrum	Organic extracts of the	β-Cyanin ²⁴	119
L.	dried plant		

Mesembryanthemum Nodiflorum, Mesembryanthemum crystallinum, Mesembryanthemum forsskaolii, S. portulacastrum Mesembryanthemum nodiflorum, Carpobrotus edulis, Mesembryanthemum edule Mesembryanthemum crystallinum and T. decandra were investigated by 1,1-diphenyl-2-picryl hydrazyl (DPPH) and hydrogen peroxide assays. The results indicated that the organic extracts possessed a concentration-dependent free radical-scavenging activity against DPPH and hydrogen peroxide radicals, which was comparable with standard ascorbic acid 15-22-24-36-37-48-49-50.

Anticancer activity:

The organic extracts of the following plants: *T. portulacastrum*, *S. portulacastrum*, *Carpobrotus edulis* and *T. decandra* showed anticancer activity against mouse lymphoma cells and hepatic carcinoma using MTT assay¹⁶⁻²²⁻²⁴⁻³³.

The protective role of *T* portulacastrum against diethylnitrosoamine–induced experimental hepatocarcinogenesis was evaluated. Morphometric evaluation of focal lesions showed a reduction of altered liver cell foci/cm² and a reduction of the average focal area. A decrease in the percentage of liver

Table 8. Nitrogen containing compounds isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
Aptenia cordifolia L.F.	Leaves methanolic extract	- 2-(dimethylamino)-1-phenylethanol ²⁹ - 3-(1H-inol-3-yl) propionic acid ²⁹ - 3-(1H-inol-3-yl) propionic acid methyl ester ²⁹ - (2S, E)-N-[2-Hydroxy-2-(4-hydroxyphenyl) ethyl] Ferulamide ³¹ - (E)-N-[2-Hydroxy-2-(4-hydroxy-3-methoxyphenyl)-ethyl] ferulamide ³¹ - (E)-N-[2-(4-Hydroxyphenyl)-2-propoxyethyl] ferulamide ³¹ - (E, E)-N,N-Dityramin-4,40 -dihydroxy-3,50 -dimethoxy-b,30 -bicinnamamide ³¹ - 7-Hydroxy-1-(4-hydroxy-3-methoxyphenyl)-N2, N3-bis(4-hydroxyphenethyl)-6-methoxy-1,2-dihydronaphthalene-2,3-dicarboxamide ³¹	120
Sesuvium portulacastrum L.	Aqueous, methanolic and organic extracts of the whole dried plant	- Trans-4-hydroxyprolinebtaine ¹⁵ - Pyrrolo[1,2-A] Pyrazin-1,4-dione, hexahydro-3-(phenylmethyl) ³³ - Pyrrolo[1,2-A] Pyrazin-1,4-dione, hexahydro-3-(2-methylpropyl) ³³ - Butanoic acid, pyrolidide ³³ - L-proline, N-Valeryl-, hexadecyl ester ³³	126 → 130
Trianthema portulacastrum L.	Organic extracts of the whole dried plant	- Nicotinic acid ²³	131

Table 9. Essential oils isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
Sesuvium porulacastrum L.	Leaves hydrodistillation	- <i>O</i> -cymene ^{21,45}	132
		- α-Pinene ^{21,45}	
		- 2-β-Pinene ⁴⁵	
		- Trans-Caryophyllene ^{21,45}	
		- 1,8- Cineole ^{21,45}	
		- Limonene ^{21,45}	
		- α-Terpinene ²¹⁻⁴⁵	
		- α-Terpinolene ^{21,45}	
		- Camphene ^{21,45}	
		- (-)-Bornylacetate ^{21,45}	
		- Tridecane ^{21,45}	
		- α- Humulene ^{21,45}	

Table 10. Miscellaneous compounds isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
Aptenia cordifolia L.F.	Methanolic extract of the leaves	- 4-(hydroxymethyl) phenol ²⁹ - 4-(hydroxymethyl)-2,6 dimethoxyphenol ²⁹ - Dehydrololiolide ²⁹ - (9R)-9-hyroxymegastigm-4-ene-3-one ²⁹ - Mgastigm-4-ene-3,9-dione ²⁹ - 4-oxo-7,8-dihydro-β-ionone ²⁹ - (3R,9R)-3,9-dihyroxymegastigm-5-en-4-one ²⁹ - 3- <i>O</i> -methyl-chiro-inositol ²⁹	144> 149
Carpobrotus edulis L. Bolus	Methanolic extract of the leaves	Monogalactosyl diacylglycerol ¹⁶	150
Trianthema portulacastrum L.	Organic extracts of the dried whole plant	- β-Carotene ²⁴ - Ascorbic acid ²³	151, 152
Trianthema decandra L.	Methanolic extract of the leaves	Bis (2-ethyl hexyl) phthalate ⁴⁶	153
Sesuvium portulacastrum L.	Aqueous, methanolic and organic extracts of the dried plant	 Hentriacontane³³ L-(+)-ascorbic acid,2-6-dihexaecanoate³³ Vitamin E²⁶ 1-monolinoleoylglycerol-trimethylsilyl ether²⁶ Dibutylphthalate⁴⁷ Diisooctyl phthalate⁴⁷ 	154 → 159

parenchyma occupied by foci seems to suggest the anticarcinogenic potential of the plant extract in DENA-induced hepatocarcinogenesis²².

Analgesic, antinociceptive, antihyperglycemic and hepatoprotectiveactivity

The methanol extract of the leaves of *T* portulacastrum and *T*. decandra have remarkable analgesic, antinociceptive activity, antihyperglycemic and hepatoprotective activity²²⁻²⁴.

The analgesic activity of the leaf extract of T decandra was detected by hot plate and acetic acidinduced writhing response method. The results indicate that the administration of leaf extract of T decandra exhibit central analgesic properties since it exerted a significant and dose-dependent effect on the chemical (acetic acid-induced) and thermic (heat) painful stimuli from the respective doses of 100 and 200 mg/kg^{22} .

Many natural plant extracts have been investigated with respect to the suppression of glucose production from carbohydrates in the gut or glucose absorption from the intestine.

α amylase catalyzes the hydrolysis of α -1,4 glucosidic linkages of starch, glycogen and various

oligosaccharides and α -glucosidase further breaks down the disaccharides into simpler sugars, readily available for the intestinal absorption. The inhibition of their activity, in the digestive tract of humans, is considered to be effective to control diabetes by diminishing the absorption of glucose decomposed from starch by these enzymes. Therefore, effective and nontoxic inhibitors of α - amylase and α -glucosidase have long been sought, and for the first time, studies have revealed the anti-diabetic potential of T decandra and these studies could be helpful to develop medicinal preparations for diabetes 22 .

The probable mechanism by which T.

portulacastrum exerts its hepatoprotective action against paracetamol or thioacetamide-induced hepatocellular metabolic alterations could be by the stimulation of hepatic regeneration through an improved synthesis of protein or accelerated detoxification and excretion 22.

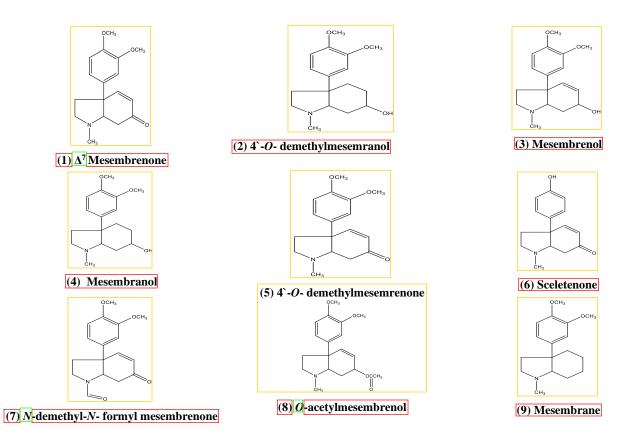
Anti-inflammatory activity

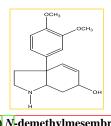
The anti-inflammatory activity of methanolic and organic extracts of the following plants: T portulacastrum, Aizoon canariense, Aizoon hispanicum,

lant name	Biological activities	References
ptenia cordifolia L.F.	- Algicide activity	29
	- Antifungal	
izoon canariense L.	- Antioxidant	48,51,52
	- Antibacterial	
	- Skin diseases	
	- Emetic	
	- Antiiflammatory	
	- Antifungal - Wound healing	
izoon hispanicum L.	- would hearing Antiiflammatory	51
Carpobrotus acinaciformis L.	Antidiarrhea and dysentery	50,53
	·	
arpobrotus edulis L. Bolus	- Antioxidant	16,34,35,53,54
	- Anticancer	
	- Antibacterial	
	Antidiarrhea and dysenteryAnti HFFIV/AIDS	
Carpobrotus muirii L.	- Anti HFFIV/AIDS Antidiarrhea and dysentery	53
arpooroius muirii L.	- Antioxidant	33
alenia Africana L.	- Antituberculosis	55
atema fifteana D.	- Asthma and obstructive pulmonary diseases	33
isekia phernaceoides L.	Antibacterial	56
ampranthus francisci L. Bolus	Anticandidal	57
1esembryanthemum anatomicum Haw.	- Mood altering	58
resemoryaninemum unaiomicum 11aw.	- CNS stimulant	36
1esembryanthemum crystallinum L.	- Antioxidant	35,36,48,50
tesemoryaninemum erystatimum L.	- Antifungal	33,30,40,30
	- Antibacterial	
lesembryanthemum forsskaolii Hochst.	- Antioxidant	35,37
Bioss	- Antibacterial	
	- Antifungal	
lesembryanthemum nodiflorum L.	- Antibacterial	35,49
•	- Antioxidant	
	- Antifungal	
	- Cytotoxic	
celetium spp.	- Antiinflammatory	17,58
	- Asthma and obstructive pulmonary diseases	
	- Cytotoxic	
	- Psoriasis	
	- Cocaine like activity	
	- Antidepressant	
	Psychiatric conditionsAntianxiety	
celetium tortuosum (L.) N. E. Br.	- Antidate in alcohol poisoning	17,58,59
tetettum tortuosum (E.) 14. E. Bi.	- Antidepressant	17,30,37
	- Psychiatric conditions	
	- Antianxiety	
	- Hypnotic and sedative	
esuvium portulacastrum L.	- Antioxidant	15,33
· r	- Anticancer	,
	- Antifungal	
	- Antibacterial	
	- Antiulcerogenic	
	- Kidney disorders	

Table 11. Cont.

Sesuvium verrucosum Raf.	Cytotoxic	21
Trianthema decandra L.	- Antioxidant	22,40
	- Anticancer	
	 Analgesic and antinociceptive 	
	- Antihyperglycemic	
	- Hepatoprotective	
	- Antiinflammatory	
	- Antibacterial	
	- Antifungal	
	- Antiulcerogenic	
	- Wound healing	
Zaleya pentandra L.	- Antiacetylcholinesterase	28,60,61
	- Antibutyrylcholinesterase	
	- Antifungal	
	- Stomach diseases	
	 Respiratory tract infection and cough 	
	 Asthma and obstructive pulmonary diseases 	
	- Laxative	
	- Blood diseases	
	- Jaundince	
	- Larvicidal	
	 Cataract and night blindness 	

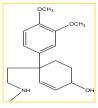




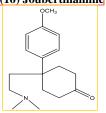
(10) N-demethylmesembrenol



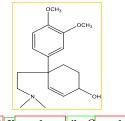
(13) Dehyrojoubertiamine



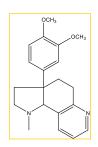
(16) Joubertinamine



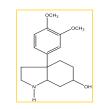
(19) *O*-methyl dihydrojoubertiamin



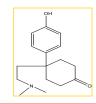
(22) 3'-methoxy 4'- O-methyl joubertiaminol



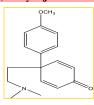
(25) Sceletium alkaloid A4



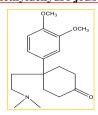
(11) N- demethylmesembranol



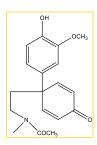
(14) Dihyrojoubertiamine



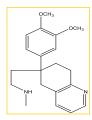
(17) o-methyldehydro joubertiamine



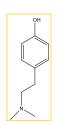
(20) 3 -methoxy 4 -o- methyl joubertiamine



(23) 4-(3-methox-4-hydroxy phenyl)-4- [2 (acetyl methyl) amino] ethyl cyclohexanone



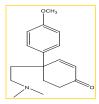
(26) Touruosamine



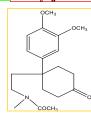
(12) Hordinine



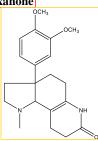
(15) Joubertiamine



(18) *O*-methyl joubertiamine

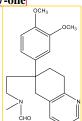


(21) 4-(3,4dimethoxyphenyl)-4 - [2-(acetyl methyl) amino] ethyl cyclohexanone



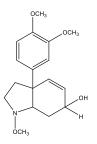
(24) 3a-(3,4-dimethoxy phenyl)-1methyl1,2,3,3a,4,5,6,8,9,9b decahydro-7H-pyrrolo[2,3-f]

quinolin-7-one

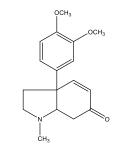


(27) N-formyl tortuosamine

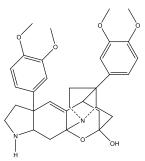
(28) N-acetyl tortuosamine



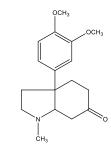
(31) 4'-O-demethylmesemrenol



(29) Mesembrenone



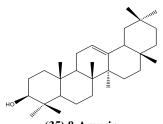
(32) Channaine



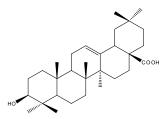
(30) Mesembrine

(33) Punarnavine

(34) Capsaicin



(35) β-Amyrin



(37) Uvaol

(38) Ecdysterone

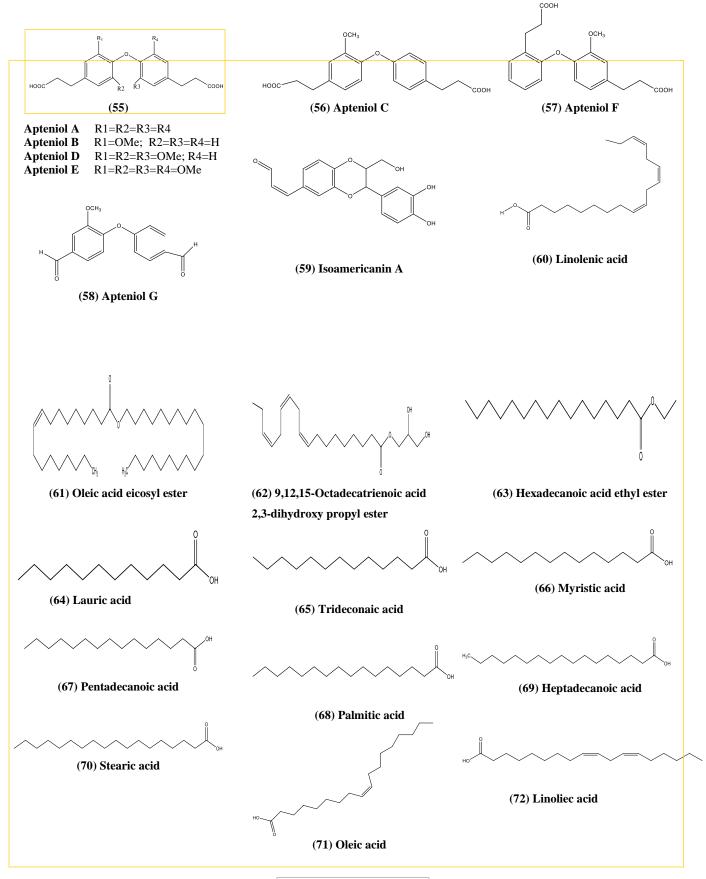
(39) Ecdysone

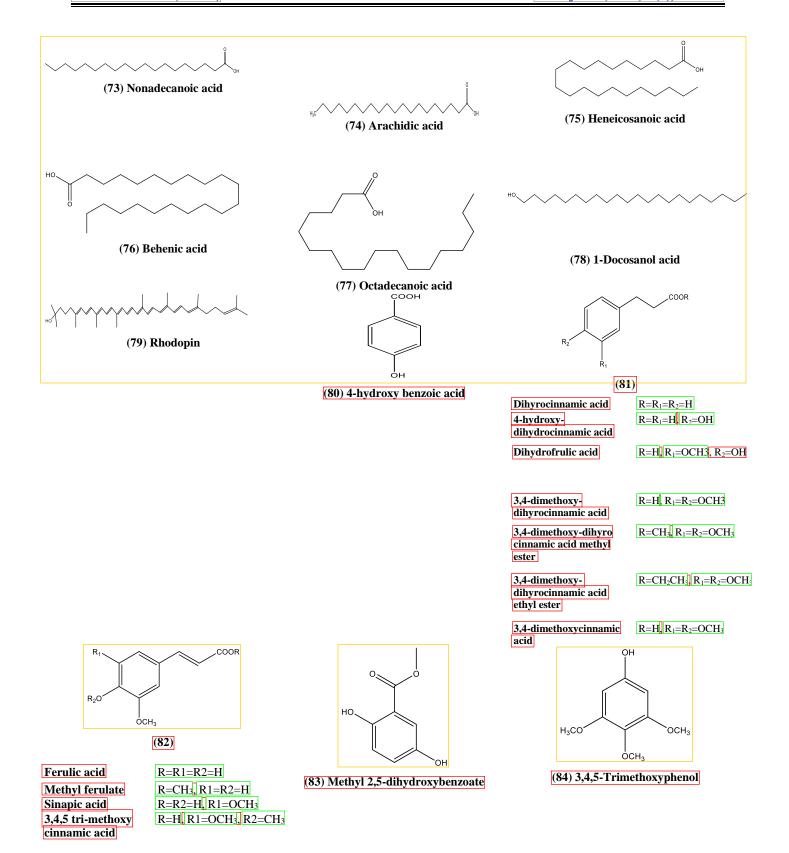
(40) 22, 23-Dihydrostigmasterol

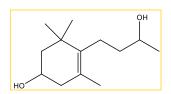
(41) Ethyl iso-allocholate

(42) Squalene

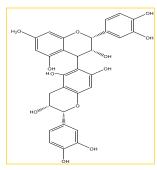
4,4 syringaresinol ether



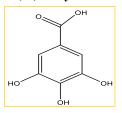




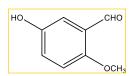
(85) 3-Hydroxy-7,8-dihydro-β-ionone



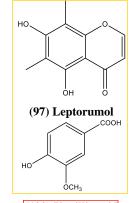
(88) Procyanidin



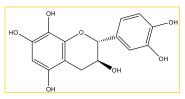
(91) Gallic acid



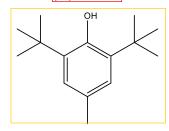
(94) 5-Hydroxy-2-methoxy benzaldehyde



(100) Vanillic acid

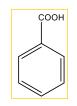


(86) Catechin

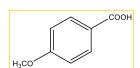


(89) 2,6-bis(1,1-dimethylethyl)-4

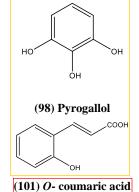
methylphenol



(92) Benzoic acid

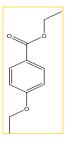


 $(95) \rho$ -methoxy benzoic acid

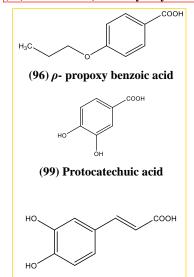


HO OH OH OH OH OH OH OH

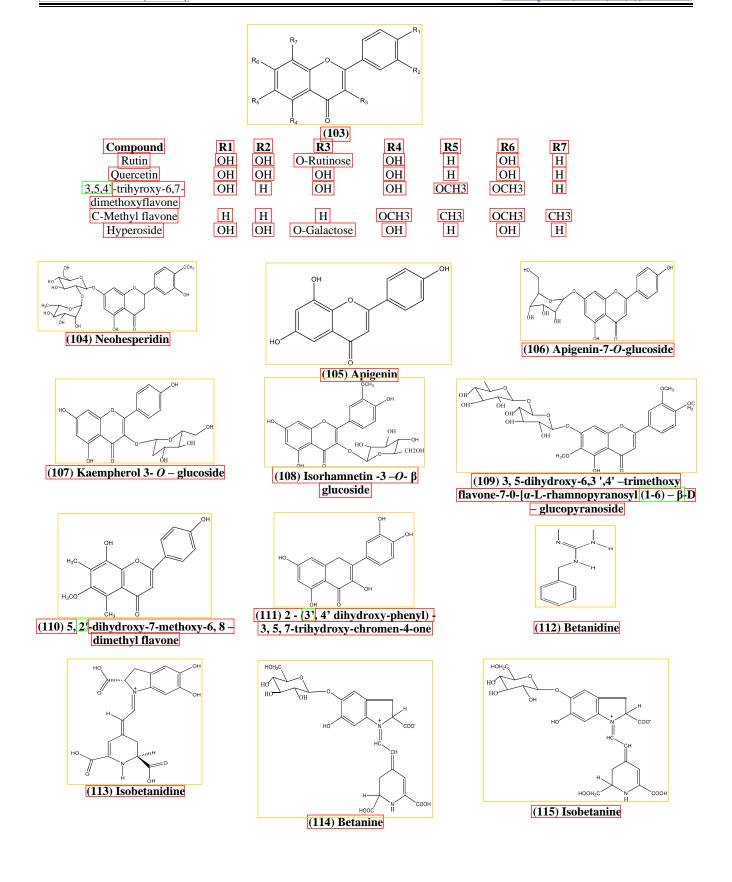
(90) Phenol 2,4-bis(1,1-dimethylethyl)

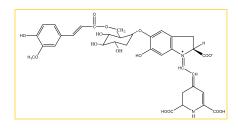


(93) Benzoic acid, 4-ethoxy ethyl ester



(102) Caffeic acid

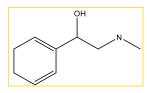


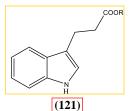


(117) Betanidin 5-*O*-[2"-*O*-(E)-feruloyl-β-|(1",2')-

(118) Betanidin- 5-*O*-[6'- *O*-(E)-feruloyl- β-glucoside]

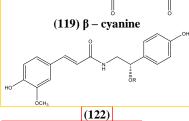
glucuronosyl [β]-glucoside]



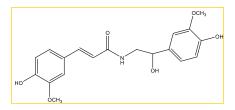


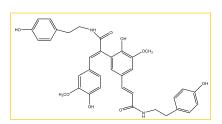
(120) 2-(dimethylamino)-1-phenylethanol

3-(1*H*-inol-3-yl) propionic acid R=H
3-(1*H*-inol-3-yl) propionic acid methyl ester
R=CH₃



(2S, E)-N-[2-Hydroxy-2-(4hydroxyphenyl) ethyl] ferulamide R=H

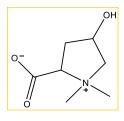




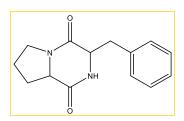
(123) (E)-N-[2-Hydroxy-2-(4-hydroxy-3-methoxyphenyl)-ethyl] ferulamide

(124) (E, E)-N, N-Dityramin-4,40 -dihydroxy-3,50 - dimethoxy-b,30 -bicinnamamide

(125) 7-Hydroxy-1-(4-hydroxy-3-methoxyphenyl)-N2, N3-bis(4-hydroxyphenethyl)-6-methoxy-1,2-dihydronaphthalene-2,3-dicarboxamide

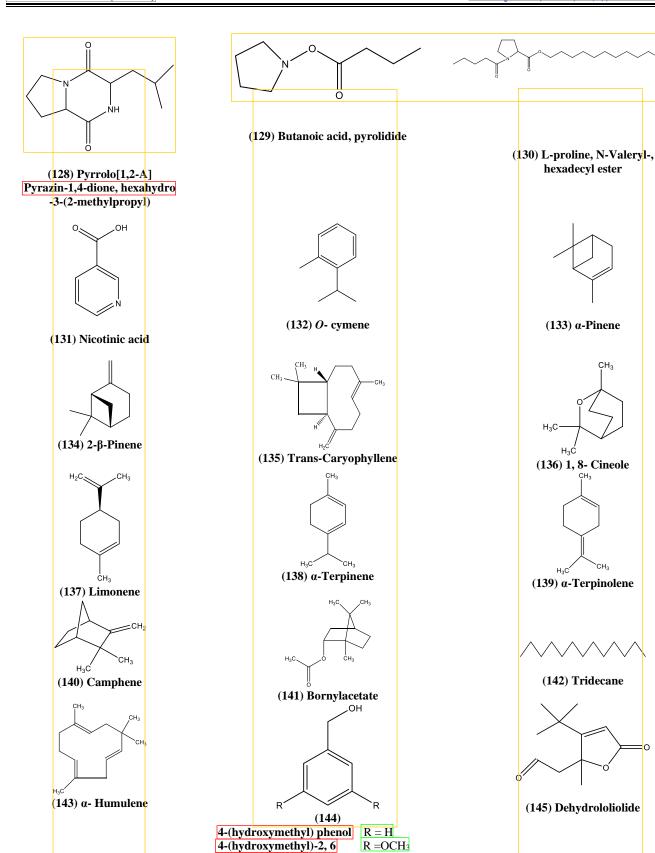


(126) Trans-4-hydroxy prolinebtaine

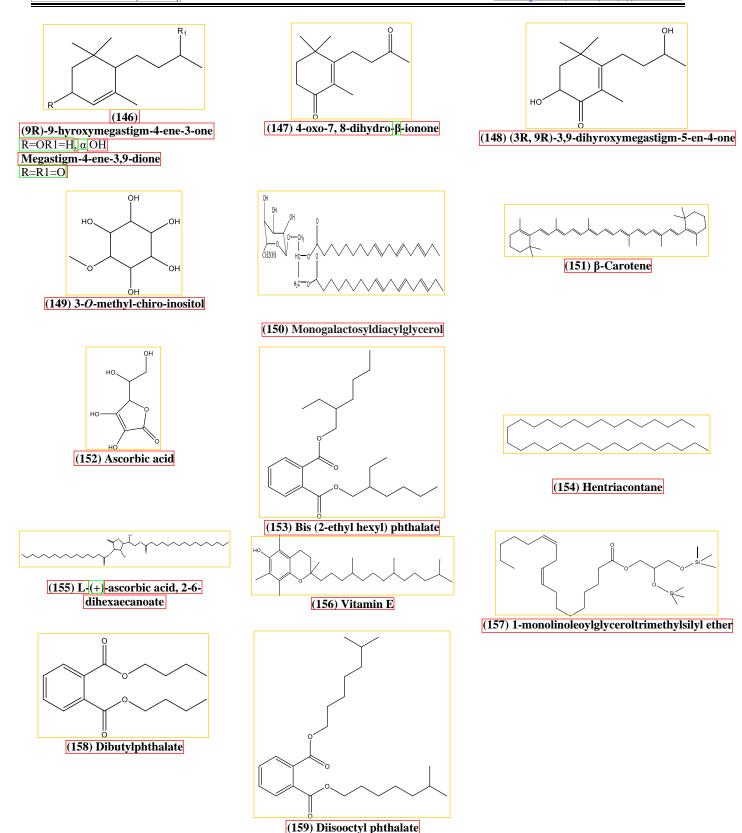


(127) Pyrrolo[1,2-A] Pyrazin-1,4-dione, hexahydro-3-(phenylmethyl)

ÇH₃



dimethoxyphenol



Structures of isolated metabolites from family Aizozceae

T. decandra and *Sceletium spp*. was evaluated against formaldehyde-induced arthritis in rats, and a significant inhibition of chemically-induced arthritis, indicates anti-inflammatory potential¹⁷⁻²²⁻²⁴⁻⁵¹.

Anti-inflammatory activity was evaluated in chronic models. Significant inflammatory activity was observed for chloroform extract of T. decandra in both carrageenan, dextran, and mediators induced edema models. The chloroform extract showed maximum inhibition of 58.36% at the dose of 200 mg/kg after 3 hrs of drug treatment in carrageenan-induced paw edema. The chloroform extract of T decandra also exhibited significant antiinflammatory properties in dextran-induced paw edema model. Dextran-induced paw edema is known to be mediated both by histamine and serotonin. Dextran induces fluid accumulation, which contains little protein and few neutrophils, whereas carrageenan induces protein rich exudation containing large number of neutrophils. The extract effectively suppressed the inflammation produced by both carrageenan and dextran²².

Antimicrobial activity

It has been reported that the methanolic extract of M. nodiflorum, M. crystallinum, M. forsskaolii, and Aizon canariense showed a broad-spectrum antibacterial and antifungal activity against: Bacillus subtilis, K. pneumonia, S. aureus, S. pyogenes, E. coli, A. fumigatus, A. nigar, C. albicans, and Mucor spp⁴⁸. For C. edulis five bioactive flavonoid compounds, rutin. neohesperidin, hyperoside, cactichin, and ferulic acid were isolated from the ethyl acetate fraction and individually or collectively were responsible for the antibacterial against 11 known human pathogenic bacteria, five Gram-positive: Staphylococcus epidermidis, Staphylococcus aureus, Bacillus subtilis, Streptococcus pneumoniae, Streptococcus pyogenes, and six Gram-negative: Pseudomonas aeruginosa, Haemophilus influenzae, Eschericha coli, Klebsiella pneumoniae, Acinetobacter baumanii, Moraxella catarrhalis ³⁴. Moreover, the isolated compounds from the ethanolic extract of Galenia Africana showed a remarkable antimycobacterial activity against M. smegmatis and M. tuberculosis⁵⁵.

The extracts and the essential oil from the fresh leaves of *S. portulacastrum* showed antibacterial, antifungal. The ethanolic extract showed potential antibacterial activity against the causative agents and pathogens related to various gastrointestinal disorders leading to indigestion, dysentery, and diarrhea 15. Moreover, the ethanolic extract of the *S. portulacastrum* showed potential against the causative agents of nosocomial infections, *Staphylococcus aureus* and *E. coli*, while the essential oil exhibited notable antibacterial activity against both Gram-positive and

Gram-negative bacteria as well as significant antifungal¹⁵. In addition, *S. portulacastrum*, showed positive activity against human immunodeficiency viruses¹⁵. Finally, it was reported that the new isolated flavonoid 2 - (3', 4' dihydroxy-phenyl) - 3, 5, 7-trihydroxy-chromen-4-one isolated from *T. decandra* showed antibacterial activity against *Pseudomonas aeruginosa* and by molecular docking it was found that FAS II \(\beta\)-hydroxyacyl-ACP \((FabZ)\) of \(\beta\)- aeruginosa is a potential target of the isolated compound⁴⁰. There are many other reported biological activities of members of family Aizoaceae as shown in **Table 11**.

CONCLUSIONS

From this review, it can be deduced that the major compounds of family Aizoaceae are alkaloids. triterpenes, flavonoids, sterols, lignans, fatty acids, phenolic acids, and essential oils. The review also showed that different extracts of aerial parts of plants of family Aizoaceae posse diverse biological activities anti-acetylcholinesterase, as butyrylcholinesterase, anti-infective, antihyperlipidemic, antipyretic, antifertility, diuretic, nephroprotective and others. It would, therefore, be important to extensively investigate their phytochemicals and pharmacologically determine their activities for future drug discovery and development.

Conflict of interest

The authors declare that there is no conflict of interest regarding the publication of this paper.

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