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A Phytochemical and Biological Review on Plants of the Family Aizoaceae

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ABSTRACT

Objectives: This study is aimed to be a comprehensive review of the phytochemical constituents and biological activities of Aizoaceae family plants (Mesembryanthemaceae). **Methods:** This study is covering articles between 1969 and 2018, reviewed from internationally accepted databases and scientific data from scientific Journals. **Results:** Phytochemically studied plants of family Aizoaceae have shown the presence of various classes of compounds including; alkaloids, triterpenes, sterols, lignans, phenolic compounds, betacyanins, and essential oils. Biological studies on plants of family Aizoaceae have indicated various bioactive potentials including antioxidant, antidiabetic, antimicrobial, antitumor, hepatoprotective, anti-inflammatory and other effects. The reported medicinal plants of family Aizoaceae were selected and summarized on the basis of their; phytochemical constituents and biological activities. **Conclusion:** The results of this study may inspire further ethno-botanical and ethno-pharmacological research and investigations toward drug discovery.

Keywords: Aizoaceae; Biological activities; Phytochemical constituents

INTRODUCTION

The Aizoaceae (Mesembryanthemaceae) family is mostly composed of succulent plants of which 99% are found in South or Southwest of Africa. The other one-percent are found in coastal areas of Australia, New Zealand, Mediterranean area, Canary Islands, and the western coasts of Chile and California¹.

Family Aizoaceae constitutes a major part of the Southern African succulent flora. With approximately 1860 species in 127 genera, and in India the family is represented by three genera, namely, *Sesuvium*, *Trianthema* and *Zaleya* with seven species distributed in the coastal and lowland areas of

peninsular India and the Gangetic plains². It is also South Africa's second largest plant family³. Based on the division given by Bittrich & Hartmann⁴, five subfamilies are recognized: Aizooideae, Mesembryanthmoideae, Rushioideae, Sesuvioideae and Tetragonioideae⁵. In Egypt, Boulos⁶ recognized five genera, but Hosny⁷ listed only four genera without considering *Sesuvium*. According to Boulos⁶ and Hosny⁷, *Trianthema* is represented in Egypt by two species: *T. portulacastrum* L. and either *T. triquetra* Willd. Ex Spreng. (according to Boulos⁶) or *T. Crystalline* (Forssk.) Vahl (according to Hosny⁷). *Zaleya* is represented by two species: *Z. pentandra* (L.) C. Jeffrey and *Z. decandra* (L.) Burm. f.⁶, or by only

one species: *Z. pentandra* (L.) C. Jeffrey⁷. This family is represented in Egypt by 6 genera and 10 species⁸. It typically inhabits dry subtropical deserts and wet tropical coasts⁵⁻⁹. Native species of Aizoaceae are distributed through Mediterranean coastal habitats and the Nile Valley as weeds of cultivated land, and extend to deserts.

Many members of the family are of economic importance as ornamentals and in cultivation worldwide¹⁰ as some of them are used to stabilize sand dunes in coastal regions¹¹ while others are important as medicinal plants¹² e.g. *Tetragonia tetragonioides* is used in treatment of enteritis and stomach ache as well as stomach cancer and ulcer¹². Extracts from these plants are used as preservatives, as a remedy against throat infections and in soap making¹³. Although Aizoaceae is considered as one of the most diverse and abundant families, it was found that it is the least studied in terms of medicinal potential¹⁴. It would, therefore, be important to extensively investigate other plants of family Aizoaceae for future drug discovery. Thus, we aimed to make a comprehensive review of the chemical constituents and biological activities of family Aizoaceae covering the articles between 1969 and 2018.

MATERIAL AND METHODS

The research strategy employed in the review of family Aizoaceae includes internationally accepted databases like Science Direct, Scopus and Web of Science as well as scientific data collected from scientific Journals.

RESULTS AND DISCUSSION

Phytochemical constituents

A variety of chemicals have been isolated from different species of family Aizoaceae including; alkaloids, triterpenes, sterols, lignans, flavonoids, phenolic compounds, essential oils, and some miscellaneous compounds⁵⁻¹⁵⁻¹⁶.

Alkaloids

Mesembrine alkaloids are considered to be the primary active constituents of the South African medicinal plant *Sceletium tortuosum* Aizoaceae), and it is used as the dried or fermented aerial material from the plant, which is known as Kanna (Aka, Channa, Kougoed). Traditional regional use ranged from relieving thirst, mild analgesia, and alteration of mood¹⁹. Only two genera of family Aizoaceae were reported to be rich with alkaloids which are genus *Sceletium* and genus *Trianthema* as shown in **Table 1**. *Sceletium spp.* is currently the only known genus having species with relatively high levels of mesembrine¹⁹, which belong to the crinine class of compounds based on the alkaloid skeleton¹⁷. Jeffs et al.

(1982) categorized the various *Sceletium* alkaloids into four structural groups: (1) the 3a-aryl-cis-octahydroindole class (e.g. mesembrine and the new isolated alkaloid channaine)¹⁷⁻¹⁸, (2) C-seco mesembrine alkaloids (e.g. joubertiamine), (3) alkaloids containing a 2,3 disubstituted pyridine moiety and 2 nitrogen atoms (e.g. *Sceletium* alkaloid A4) and (4) a ring C-seco *Sceletium* alkaloid A4 group (e.g. tortuosamine)²⁰. The mesembrine alkaloid is the most studied of the mesembrine alkaloids due to its relative abundance in *S. tortuosum* and biological activity, it was initially partially isolated, characterized, and named by Zwicky, and it was purified and crystallized as picrate¹⁹. Mesembranol and its acetylated derivative, 4-*O*-acetylmesebrenol was also isolated together with 4-*O*-demethylmesebrenol and 4-*O*-demethylmesebrenol from *Sceletium spp* in addition to mesebrenone. Joubertiamine and its derivatives represented a new structural class different from the known mesembranes. Joubertiamine, dehydrojoubertiamine, and dihydro-joubertiamine were all referred to as the seco-mesembranes and were isolated from *Sceletium joubertii*¹⁷. The preponderance of research on *Sceletium* alkaloids has revolved around isolation and structural elucidation. Very little is known about the distribution and chemotaxonomic patterns of these alkaloids within the genus¹⁷.

Di-, Tri-, tetra-terpenes, and sterols:

Phytochemical screening and analysis of some species of family Aizoaceae showed presence of di-, tri, and tetraterpenes. β - amyrin, oleanolic acid, Uvaol were isolated from the leaves' methanolic extract of *C. edulis*¹⁶, while ecdysterone, were isolated from aqueous and organic extracts of *S. portulacastrum*—and *T. portulacastrum*¹⁵⁻²⁴ Pentandradione and pentandraone were isolated only from the methanolic extract of *Z. pentandra*⁵⁰⁻⁵¹.

Sterols and their glycosides e.g. (Stigmasterol, β -Sitosterol, Stigmasterol 3-*O*- β -D-glucoside and β -Sitosterol 3-*O*- β -D-glucoside and the novel and recently isolated sterol 17-(5-ethyl-6-methylheptan-2-yl)-4,4,10,13-tetramethyl-hexadecahydro-1H-cyclopenta (α) phenanthren-3-ol) have been reported to be isolated from *T. portulacastrum*¹⁵⁻¹⁶⁻²¹⁻²²⁻²⁴⁻²⁵⁻²⁶⁻²⁷⁻²⁸ as shown in **Table 2**.

Lignans and neolignans:

Aptenia cordifolia and *T. turgidifolium* leaves are the only reported member of family Aizoaceae to show the presence of lignans and neolignans e.g. Pinorsinol, syringaresinol, di-erythro-syringylglycol- β -*O*-4,4'-syringarsinol ether and apteniol A-G were isolated from the methanolic extract of the leaves of *A. cordifolia*²²⁻²⁹⁻³⁰⁻³¹. Isoamericanin A was isolated from *T. turgidifolium*²² as shown in **Table 3**.

Table 1. Alkaloids isolated from plants of family Aizoaceae

Source	Used part/extract	Chemical constituents	Compound no.
<i>Sceletium spp.</i> <i>Sceletium tortuosum</i> (L.) N. E. Br. <i>Sceletium joubertii</i> L. Bolus	Acid-base extraction of the entire plant	- Δ^7 mesembrenone ¹⁷ - 4'-O-demethylmesembranol ¹⁷ - Mesembrenol ¹⁷ - Mesembranol ¹⁷ - 4'-O-demethylmesembranone ¹⁷ - Sceletenone ¹⁷ - N-demethyl-N-formyl mesembrenone ¹⁷ - O-acetylmesebrenol ¹⁷ - Mesembrane ¹⁷ - N-demethylmesembranol ¹⁷ - N-demethylmesembranol ¹⁷ - Hordenine ¹⁷	1 → 12
<i>Sceletium spp.</i> <i>Sceletium tortuosum</i> (L.) N. E. <i>Sceletium joubertii</i> L. Bolus	Acid-base extraction of the entire plant	- Dehydrojoubertiamine ¹⁷ - Dihydrojoubertiamine ¹⁷ - Joubertiamine ¹⁷ - Joubertinamine ¹⁷ - O-methyldehydro-joubertiamine ¹⁷ - O-methyljoubertiamine ¹⁷ - O-methyldihydro-joubertiamine ¹⁷ - 3'-methoxy-4'-O-methyljoubertiamine ¹⁷ - 4-(3,4-dimethoxyphenyl)-4-[2-acetylmethylamino) ethyl]cyclohexanone ¹⁷ - 3'-methoxy-4'-O-methyljoubertiaminol ¹⁷ - 4-(3-methoxy-4-hydroxyphenyl)-4-[2-(acetylmethylamino) ethyl]cyclohexadienone ¹⁷ - 3a-(3,4-dimethoxyphenyl)-1-methyl-1,2,3,3a,4,5,6,8,9,9b-decahydro-7H-pyrrolo[2,3-f] quinolin-7-one ¹⁷ - Sceletium alkaloid A4 ¹⁷ - Touruosamine ¹⁷ - N-formyltortuosamine ¹⁷ - N-acetyltortuosamine ¹⁷ - Mesembrenone ¹⁷ - Channaine ¹⁸ - Mesembrine ¹⁷ - 4'-O-demethylmesembranol ¹⁷	13 → 32
<i>T. decandra</i> L.	Organic extracts of leaves, fruits and seeds	- Trianthemine ²²	-----
<i>T. portulacastrum</i> L.	Organic extracts of the entire plant	- Punarnavine ²³ - Trianthemine ²³	33
<i>Sesuvium portulacastrum</i> L.	Aqueous, methanolic and organic extracts of the whole dried plant	- Capsaicin ²¹⁻²⁵	34

Table 2. Reported plants of family Aizoaceae showing sterols, di-, tri-, and tetra-terpenes:

Reported Source	Used part/extract	Chemical constituents	Compound no.
<i>Carpobrotus edulis</i> L. Bolus	Methanolic extraxct of the leaves	- β - amyirin ¹⁶ - Oleanolic acid ¹⁶ - Uvaol ¹⁶	35 \longrightarrow 37
<i>Sesuvium portulacastrum</i> L.	Aqueous, ethanolic and dichloromethane extracts of leaves and stems	- Ecdysterone ¹⁵ - Ecdysone ¹⁵ - 22,23-Dihydrostigmasterol ²¹⁻²⁵ - Ethyl iso-allocholate ²⁶ - Squalene ²⁶ - Phytol ²⁶	38 \longrightarrow 43
- <i>Trianthema decandra</i> L.	Leaves, fruits and seeds organic extracts	- 3-Acetyl aleuritolic acid ²² - Stigmasterol 3- <i>O</i> - β -D-glucoside ²² - β -Sitosterol 3- <i>O</i> - β -D-glucoside ²² - Trianthenol ²²	44 \longrightarrow 47
<i>Trianthema portulacastrum</i> L.	Organic extracts of the aerial parts	- Ecdysterone ²⁴ - 3-Acetyl aleuritolic acid ²⁴ - Stigmasterol ²⁴ - β -Sitosterol ²⁴ - Stigmasterol 3- <i>O</i> - β -D-glucoside ²⁴ - β -Sitosterol 3- <i>O</i> - β -D-glucoside ²⁴ - Trianthenol ²²⁻²⁴ - 17-(5-ethyl-6-methylheptan -2-yl)-4, 4, 10, 13- vetramethyl-hexadecahydro-1H cyclopenta(α) phenanthren-3-ol] ²⁷	38 44 \longrightarrow 50
<i>Zaleya pentandra</i> L.	Methanolic extract of the aerial parts	- Pentandradiione ²⁸ - Pentandraone ²⁸	51, 52

Fatty acids, and fatty alcohols:

Sesuvium portulacastrum is the only member of family Aizoaceae with data reported on isolates of fatty acids and fatty alcohols as shown in Table 4. It showed the presence of; Linolenic acid, oleic acid, eicosyl ester, 9,12,15-Octadecatrienoic acid, 2,3-dihydroxypropyl ester, (Z,Z,Z)-, hexadecanoic acid ethyl ester, lauric acid, tridecanoic acid, myristic acid, pentadecanoic acid, palmitic acid, heptadecanoic acid, stearic acid, oleic acid, linoleic acid, nonadecanoic acid, arachidic acid, heneicosanoic acid, behenic acid, octadecanoic acid, 1-Docosanol and rhodopsin, which were isolated from dichloromethane extract of its leaves and stems¹¹⁻²⁶⁻³²⁻³³.

Catechins and phenolic acids

Reported data showed that catechins and phenolic acids were isolated from six members only of family Aizoaceae which are; *A. cordifolia*, *C. edulis*, *M. crystallinum*, *S. portulacastrum*, *T. decandra*, and *T. portulacastrum*¹⁴⁻²¹⁻²²⁻²⁵⁻²⁶⁻²⁹⁻³³⁻³⁴⁻³⁵⁻³⁶. It has been reported, that epicatechin was isolated from the organic extracts of the leaves of two different plant species *C. edulis* and *S. portulacastrum*¹⁴⁻²¹⁻²²⁻²⁵⁻²⁶⁻²⁹⁻³³⁻³⁴⁻³⁵⁻³⁶. On the other hand, we found, that 2,6-bis(1,1-dimethylethyl)-4-methylphenol is the only phenolic

compound isolated from *M. crystallinum*. Other isolated catechins and phenolic compounds are shown in Table 5.

Flavonoids

Several flavonoids were isolated from different species of family Aizoaceae. Rutin was isolated from the leaves ethyl acetate extract of *C. edulis* and *Mesembryanthemum forsskaolii*. Moreover, the new compound C-methyl flavone was isolated from the organic extracts of the whole plant of the two species *T. portulacastrum* and *T. decandra*¹¹⁻²²⁻²⁴⁻³⁴⁻³⁷⁻³⁸⁻³⁹⁻⁴⁰. Moreover, 2-(3',4'-dihydroxyphenyl) 3,5,7- trihydroxy-chromen-4 one was also isolated from *T. decandra*⁴⁰. Other isolated compounds are shown in Table 6.

Betacyanin

The genus *Lampranthus* of family Aizoaceae was observed according to the reported data in Table (7) to show the presence of betacyanins. This includes *Lampranthus peersu* and *Lampranthus sociorum*. Betanin was isolated from the two plant species *Drosanthemum floribundum* and *Lampranthus spp.* Also, dopaxanthin was the only betacyanin isolated from *Glottiphyllum longum*, while β -Cyanin was isolated from *T. portulacastrum*²⁴⁻⁴¹⁻⁴²⁻⁴³⁻⁴⁴.

Table 3. Lignans, neolignans isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
<i>Aptenia cordifolia</i> L.F.	Methanolic extract of the leaves	- Pinorsinol ²⁹ - Syringaresinol ²⁹ - Di-erythro-syringylglycol- β -o-4,4'-syringaresinol ether ²⁹ - Apteniol A, B, C, D, E, F - Apteniol G ³⁰	53 \longrightarrow 59
<i>Trianthema turgidifolium</i> F. Muell	Methanolic extract of the leaves	- Isoamericanin A ²²	

Table 4. Fatty acids and fatty alcohols isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
<i>Sesuvium portulacastrum</i> L.	Dichloromethane extracts of leaves and stems	- Linolenic acid ¹¹⁻³² - Oleic acid eicosyl ester ²⁶ - 9,12,15-Octadecatrienoic acid, 2,3-dihydroxypropyl ester, (Z,Z,Z)- ²⁶ - Hexadecanoic acid ethylester ²⁶	60 \longrightarrow 63
<i>Sesuvium portulacastrum</i> L.	Dichloromethane extracts of leaves and stems	- Lauric acid ³² - Tridecanoic acid ³² - Myristic acid ^{11,32} - Pentadecanoic acid ³² - Palmitic acid ^{11,32} - Heptadecanoic acid ³² - Stearic acid ³² - Oleic acid ^{11,26,32} - Linoleic acid ^{11,32} - Nonadecanoic acid ³² - Arachidic acid ³² - Heneicosanoic acid ³² - Behenic acid ^{11,32} - Octadecanoic acid ³³ - 1- Docosanol ²⁶ - Rhodopin ²⁶	64 \longrightarrow 79

Nitrogen containing compounds

The reported data showed that some nitrogen-containing compounds like 2-(dimethylamino)-1-phenylethanol, 3-(1H-inol-3-yl) propionic acid, 3-(1H-inol-3-yl)propionic acid methyl ester, (2S,E)-N-[2-Hydroxy-2-(4-hydroxyphenyl)ethyl] Ferulamide, (E)-N-[2-Hydroxy-2-(4-hydroxy-3-methoxyphenyl)-ethyl] ferulamide, and (E)-N-[2-(4-Hydroxyphenyl)-2-propoxyethyl] ferulamide has been isolated from the methanolic extract of *A. cordifolia*, in addition to many compounds e.g. Trans-4-hydroxyprolinebtaine, and Pyrrolo [1,2-A] Pyrazin-1,4-dione, hexahydro-3-(phenylmethyl) were isolated from aqueous and organic extracts of *S. portulacastrum*. Moreover, nicotinic acid is the only isolated nitrogen-containing compound isolated from *T. portulacastrum*¹⁵⁻²¹⁻²³⁻²⁵⁻²⁹⁻³¹⁻³³ as shown in Table 8.

Essential oils

The available data reported that only the leaves of *S. portulacastrum* yielded oil via hydro-distillation which upon analysis using GC-MS showed the following composition: o-cymene, α -pinene, 2- β -pinene, trans-caryophyllene, 1,8- cineole, limonene, α -terpinene, α -terpinolene, camphene, (-)-bornylacetate, tridecane and α -humulene²¹⁻⁴⁵ as shown in Table 9.

Miscellaneous compounds:

It has been reported, that different miscellaneous compounds have been isolated from five different plants of family Aizoaceae including; *A. cordifolia*, *C. edulis*, *T. portulacastrum* and *S. portulacastrum*¹⁶⁻²³⁻²⁴⁻²⁶⁻²⁹⁻³³⁻⁴⁶⁻⁴⁷ as shown in Table 10.

Table 5. Catechins and phenolic acids and their esters isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
<i>Aptenia cordifolia</i> L.F.	Methanolic extract of the leaves	- 4-hydroxybenzoic acid ²⁹ - Dihydrocinnamic acid ²⁹ - 4-hydroxy-dihydrocinnamic acid ²⁹ - Dihydrofrulic acid ²⁹ - 3,4-dimethoxy-dihydrocinnamic acid ²⁹ - 3,4-dimethoxy-dihydrocinnamic acid methyl ester ²⁹ - 3,4-dimethoxy-dihydrocinnamic acid ethyl ester ²⁹ - Methylfrulate ²⁹ - Sinapic acid ²⁹ - Methyl 2,5-dihydroxybenzoate ²⁹ - 3,4,5-Trimethoxyphenol ²⁹ - 3-Hydroxy-7,8-dihydro- β -ionone ²⁹ - 3,4-dimethoxycinnamic acid ²⁹	80 \longrightarrow 85
<i>Carpobrotus edulis</i> L. Bolus	Leaves methanolic and ethylacetate extract	- Ferulic acid ³⁴ - Catechin ¹⁴ - Epicatechin ¹⁴ - Procyanidin (B5) ¹⁴	82 86 \longrightarrow 88
<i>Mesembryanthemum crystallinum</i> L.	Methanolic extract of the leaves	2,6-bis(1,1-dimethylethyl)-4-methylphenol ^{35,36}	89
<i>Sesuvium portulacastrum</i> L.	Aqueous, ethanolic and dichloromethane extracts of leaves and stems	- Epicatechin ^{21,25} - Phenol,2,4-bis(1,1-dimethylethyl) ³³ - Gallic acid ^{21,25} - Benzoic acid ²¹ - Benzoic acid, 4-ethoxy-, ethyl ester ²⁶	87 90 \longrightarrow 93
<i>Trianthema decandra</i> L.	Leaves, fruits and seeds organic extracts	- 5-Hydroxy-2-methoxy benzaldehyde ²² - <i>P</i> -Methoxybenzoic acid ²² - <i>P</i> -Propoxybenzoic acid ²² - Leptorumol ²²	94 \longrightarrow 97
<i>Trianthema portulacastrum</i> L.	Organic extracts of the aerial parts	- 4-hydroxybenzoic acid ²⁴ - 3,4-Dimethoxycinnamic acid ^{24,35} - Pyrogallol ²⁴ - 5-Hydroxy-2-methoxy benzaldehyde ³⁵ - Protocatechuic acid ²⁴ - Vanillic acid ²⁴ - <i>O</i> -Coumaric acid ²⁴ - Caffeic acid ²⁴ - <i>P</i> -Methoxybenzoic acid ^{24,35} - <i>P</i> -Propoxybenzoic acid ^{24,35} - Leptorumol ²⁴	80, 81 94 \longrightarrow 102

Biological activities:

Members of family Aizoaceae are known to have diverse biological activities including anti-hyperlipidemic, antipyretic, diuretic, antioxidant, anticancer, larvicidal, analgesic, anti-rheumatic, anticholera, emetic, laxative, anti-inflammatory and antimicrobial. As well as being used in the treatment of; skin diseases, specific blood diseases, jaundice, cataract, night blindness, heart diseases, joint pain, dropsy, ascites, edema, and others as shown in Table 11.

Antioxidant activity

Oxidative stress can cause damage to tissues and cells. Free radicals, such as nitric oxide, superoxide anions, and hydroxyl radicals, can result in oxidative stress and may inflict damage in almost every organ. Furthermore, cancers also can arise from excess reactive oxygen species (ROS) that can damage cellular DNA. The antioxidant potential of the following plant organic extracts: *T. portulacastrum*, *Mesembryanthemum forsskaolii*, *Aizoon canariense*,

Table 6. Flavonoids isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Figure no.
<i>Carpobrotus edulis</i> L. Bolus	Ethyl acetate extract of leaves	- Rutin ³⁴ - Hyperoside ³⁴ - Neohesperidin ³⁴	103, 104
<i>Mesembryanthemum forsskaolii</i> Hochst. ex Bioss	Methanolic extract of the entire herb	- Rutin ³⁷ - Apigenin ³⁷ - Apigenin-7-O-glucoside ³⁷ - Kaempferol-3-O-glucoside ³⁷ - Isorhamnetin-3-O-β-glucopyranoside ³⁷	103 105 → 108
<i>Sesuvium portulacastrum</i> L.	Aqueous, ethanolic and dichloromethane extracts of the leaves and stems	- 3,5,4'-trihydroxy-6,7-dimethoxyflavone ¹¹ - 3,5-dihydroxy-6,3',4'-trimethoxy-flavone-7-O-[α-L-rhamnopyranosyl-1 (1→6)- β-D-Glucopyranoside] ¹¹	103, 109
<i>Trianthema portulacastrum</i> L.	Organic extracts of the dried plant	- Quercetin ²⁴ - C-Methyl Flavone ^{24,38} - 5, 2'-dihydroxy-7-methoxy-6, 8-dimethylflavone ³⁹	103, 110
<i>Trianthema decandra</i> L.	Leaves, fruits and seeds organic extracts	- C-Methyl Flavone ²² - 2 - (3', 4' dihydroxyphenyl) 3, 5, 7 - trihydroxy-chromen-4 one ⁴⁰	103, 111

Table 7. Betacyanins isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
<i>Drosanthemum floribundum</i> (Haw.) N.E.Br.	Methanolic extract of the flowers	- Betanidine ⁴¹ - Isobetanidine ⁴¹ - Betanin ⁴¹ - Isobetanin ⁴¹ - Dopaxanthin ⁴²	112 → 115
<i>Glottiphyllum longum</i> (Haw.) N.E.Br.	Methanolic extract of the flowers		116
<i>Lampranthus spp</i>	Aqueous extract of the flowers	- Betanin ⁴³ - Isobetanin ⁴³	114, 115
<i>Lampranthus sociorum</i> N.E.Br.	Methanolic extract of the flowers	Betanidin 5-O-[2''-O-(E)-feruloyl- β -(1'',2')-glucuronosyl-β-glucoside] ⁴⁴	117
<i>Lampranthus peersii</i> N.E.Br.	Methanolic extract of the flowers	Betanidin- 5-O-[6'- O-(E)-feruloyl- β-glucoside] ⁴⁴	118
<i>Trianthema portulacastrum</i> L.	Organic extracts of the dried plant	β-Cyanin ²⁴	119

Mesembryanthemum Nodiflorum, *Mesembryanthemum crystallinum*, *Mesembryanthemum forsskaolii*, *S. portulacastrum*, *Mesembryanthemum nodiflorum*, *Carpobrotus edulis*, *Mesembryanthemum edule* *Mesembryanthemum crystallinum* and *T. decandra* were investigated by 1,1-diphenyl-2-picryl hydrazyl (DPPH) and hydrogen peroxide assays. The results indicated that the organic extracts possessed a concentration-dependent free radical-scavenging activity against DPPH and hydrogen peroxide radicals, which was comparable with standard ascorbic acid¹⁵⁻²²⁻²⁴⁻³⁶⁻³⁷⁻⁴⁸⁻⁴⁹⁻⁵⁰.

Anticancer activity:

The organic extracts of the following plants: *T. portulacastrum*, *S. portulacastrum*, *Carpobrotus edulis* and *T. decandra* showed anticancer activity against mouse lymphoma cells and hepatic carcinoma using MTT assay¹⁶⁻²²⁻²⁴⁻³³.

The protective role of *T. portulacastrum* against diethylnitrosoamine-induced experimental hepatocarcinogenesis was evaluated. Morphometric evaluation of focal lesions showed a reduction of altered liver cell foci/cm² and a reduction of the average focal area. A decrease in the percentage of liver

Table 8. Nitrogen containing compounds isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
<i>Aptenia cordifolia</i> L.F.	Leaves methanolic extract	<ul style="list-style-type: none"> - 2-(dimethylamino)-1-phenylethanol²⁹ - 3-(1H-inol-3-yl) propionic acid²⁹ - 3-(1H-inol-3-yl) propionic acid methyl ester²⁹ - (2S, E)-N-[2-Hydroxy-2-(4-hydroxyphenyl) ethyl] Ferulamide³¹ - (E)-N-[2-Hydroxy-2-(4-hydroxy-3-methoxyphenyl)-ethyl] ferulamide³¹ - (E)-N-[2-(4-Hydroxyphenyl)-2-propoxyethyl] ferulamide³¹ - (E, E)-N,N-Dityramin-4,40 -dihydroxy-3,50 -dimethoxy-b,30 -biccinnamamide³¹ - 7-Hydroxy-1-(4-hydroxy-3-methoxyphenyl)-N2, N3-bis(4-hydroxyphenethyl)-6-methoxy-1,2-dihydronaphthalene-2,3-dicarboxamide³¹ 	120 → 125
<i>Sesuvium portulacastrum</i> L.	Aqueous, methanolic and organic extracts of the whole dried plant	<ul style="list-style-type: none"> - Trans-4-hydroxyprolinebtaine¹⁵ - Pyrrolo[1,2-A] Pyrazin-1,4-dione, hexahydro-3-(phenylmethyl)³³ - Pyrrolo[1,2-A] Pyrazin-1,4-dione, hexahydro-3-(2-methylpropyl)³³ - Butanoic acid, pyrrolidide³³ - L-proline, N-Valeryl-, hexadecyl ester³³ 	126 → 130
<i>Trianthema portulacastrum</i> L.	Organic extracts of the whole dried plant	- Nicotinic acid ²³	131

Table 9. Essential oils isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
<i>Sesuvium porulacastrum</i> L.	Leaves hydrodistillation	<ul style="list-style-type: none"> - <i>O</i>-cymene^{21,45} - α-Pinene^{21,45} - 2-β-Pinene⁴⁵ - Trans-Caryophyllene^{21,45} - 1,8- Cineole^{21,45} - Limonene^{21,45} - α-Terpinene²¹⁻⁴⁵ - α-Terpinolene^{21,45} - Camphene^{21,45} - (-)-Bornylacetate^{21,45} - Tridecane^{21,45} - α- Humulene^{21,45} 	132 → 143

Table 10. Miscellaneous compounds isolated from plants of family Aizoaceae

Species	Used part/extract	Chemical constituents	Compound no.
<i>Aptenia cordifolia</i> L.F.	Methanolic extract of the leaves	- 4-(hydroxymethyl) phenol ²⁹ - 4-(hydroxymethyl)-2,6 dimethoxyphenol ²⁹ - Dehydrolololide ²⁹ - (9R)-9-hydroxymegastigm-4-ene-3-one ²⁹ - Mgastigm-4-ene-3,9-dione ²⁹ - 4-oxo-7,8-dihydro- β -ionone ²⁹ - (3R,9R)-3,9-dihydroxymegastigm-5-en-4-one ²⁹ - 3-O-methyl-chiro-inositol ²⁹	144 \longrightarrow 149
<i>Carpobrotus edulis</i> L. Bolus	Methanolic extract of the leaves	Monogalactosyl diacylglycerol ¹⁶	150
<i>Trianthema portulacastrum</i> L.	Organic extracts of the dried whole plant	- β -Carotene ²⁴ - Ascorbic acid ²³	151, 152
<i>Trianthema decandra</i> L.	Methanolic extract of the leaves	Bis (2-ethyl hexyl) phthalate ⁴⁶	153
<i>Sesuvium portulacastrum</i> L.	Aqueous, methanolic and organic extracts of the dried plant	- Hentriacontane ³³ - L-(+)-ascorbic acid,2-6-dihexaecanoate ³³ - Vitamin E ²⁶ - 1-monolinoleoylglycerol-trimethylsilyl ether ²⁶ - Dibutylphthalate ⁴⁷ - Diisooctyl phthalate ⁴⁷	154 \longrightarrow 159

parenchyma occupied by foci seems to suggest the anticarcinogenic potential of the plant extract in DENA-induced hepatocarcinogenesis²².

Analgesic, antinociceptive, antihyperglycemic and hepatoprotective activity

The methanol extract of the leaves of *T. portulacastrum* and *T. decandra* have remarkable analgesic, antinociceptive activity, antihyperglycemic and hepatoprotective activity²²⁻²⁴.

The analgesic activity of the leaf extract of *T. decandra* was detected by hot plate and acetic acid-induced writhing response method. The results indicate that the administration of leaf extract of *T. decandra* exhibit central analgesic properties since it exerted a significant and dose-dependent effect on the chemical (acetic acid-induced) and thermic (heat) painful stimuli from the respective doses of 100 and 200 mg/kg²².

Many natural plant extracts have been investigated with respect to the suppression of glucose production from carbohydrates in the gut or glucose absorption from the intestine.

α -amylase catalyzes the hydrolysis of α -1,4-glucosidic linkages of starch, glycogen and various

oligosaccharides and α -glucosidase further breaks down the disaccharides into simpler sugars, readily available for the intestinal absorption. The inhibition of their activity, in the digestive tract of humans, is considered to be effective to control diabetes by diminishing the absorption of glucose decomposed from starch by these enzymes. Therefore, effective and nontoxic inhibitors of α -amylase and α -glucosidase have long been sought, and for the first time, studies have revealed the anti-diabetic potential of *T. decandra* and these studies could be helpful to develop medicinal preparations for diabetes²².

The probable mechanism by which *T. portulacastrum* exerts its hepatoprotective action against paracetamol or thioacetamide-induced hepatocellular metabolic alterations could be by the stimulation of hepatic regeneration through an improved synthesis of protein or accelerated detoxification and excretion²².

Anti-inflammatory activity

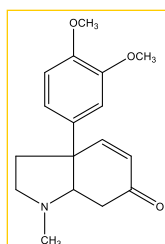
The anti-inflammatory activity of methanolic and organic extracts of the following plants: *T. portulacastrum*, *Aizoon canariense*, *Aizoon hispanicum*,

Table 11. Different plant species and their biological activities reported in family Aizoaceae

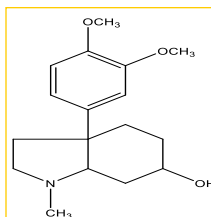
Plant name	Biological activities	References
<i>Aptenia cordifolia</i> L.F.	- Algicide activity	29
<i>Aizoon canariense</i> L.	- Antifungal - Antioxidant - Antibacterial - Skin diseases - Emetic - Antiinflammatory - Antifungal - Wound healing	48,51,52
<i>Aizoon hispanicum</i> L.	Antiinflammatory	51
<i>Carpobrotus acinaciformis</i> L.	Antidiarrhea and dysentery	50,53
<i>Carpobrotus edulis</i> L. Bolus	- Antioxidant - Anticancer - Antibacterial - Antidiarrhea and dysentery - Anti HFFIV/AIDS	16,34,35,53,54
<i>Carpobrotus muirii</i> L.	Antidiarrhea and dysentery - Antioxidant	53
<i>Galenia Africana</i> L.	- Antituberculosis - Asthma and obstructive pulmonary diseases	55
<i>Gisekia phernaceoides</i> L.	Antibacterial	56
<i>Lampranthus francisci</i> L. Bolus	Anticandidal	57
<i>Mesembryanthemum anatomicum</i> Haw.	- Mood altering - CNS stimulant	58
<i>Mesembryanthemum crystallinum</i> L.	- Antioxidant - Antifungal - Antibacterial	35,36,48,50
<i>Mesembryanthemum forsskaolii</i> Hochst. ex Bioss	- Antioxidant - Antibacterial - Antifungal	35,37
<i>Mesembryanthemum nodiflorum</i> L.	- Antibacterial - Antioxidant - Antifungal - Cytotoxic	35,49
<i>Sceletium</i> spp.	- Antiinflammatory - Asthma and obstructive pulmonary diseases - Cytotoxic - Psoriasis - Cocaine like activity - Antidepressant - Psychiatric conditions	17,58
<i>Sceletium tortuosum</i> (L.) N. E. Br.	- Antianxiety - Antidote in alcohol poisoning - Antidepressant - Psychiatric conditions - Antianxiety	17,58,59
<i>Sesuvium portulacastrum</i> L.	- Hypnotic and sedative - Antioxidant - Anticancer - Antifungal - Antibacterial - Antiulcerogenic - Kidney disorders	15,33

Table 11. Cont.

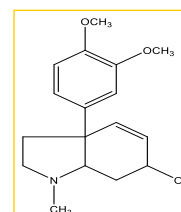
<i>Sesuvium verrucosum</i> Raf.	Cytotoxic	21
<i>Trianthema decandra</i> L.	<ul style="list-style-type: none"> - Antioxidant - Anticancer - Analgesic and antinociceptive - Antihyperglycemic - Hepatoprotective - Antiinflammatory - Antibacterial - Antifungal - Antiulcerogenic - Wound healing 	22,40
<i>Zaleya pentandra</i> L.	<ul style="list-style-type: none"> - Antiacetylcholinesterase - Antibutrylcholinesterase - Antifungal - Stomach diseases - Respiratory tract infection and cough - Asthma and obstructive pulmonary diseases - Laxative - Blood diseases - Jaundice - Larvicidal - Cataract and night blindness 	28,60,61



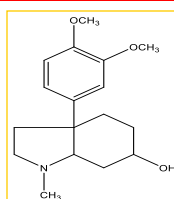
(1) Δ^7 Mesembrenone



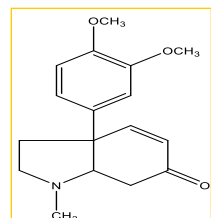
(2) 4'-O- demethylmesembranol



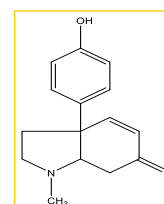
(3) Mesembrenol



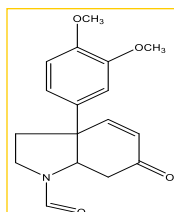
(4) Mesembranol



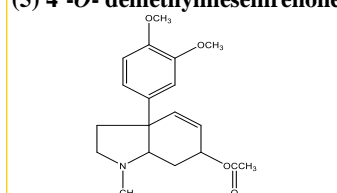
(5) 4'-O- demethylmesembranone



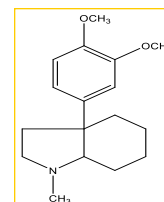
(6) Sceletenone



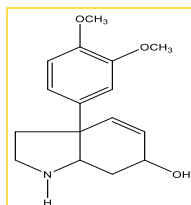
(7) N-demethyl-N- formyl mesembrenone



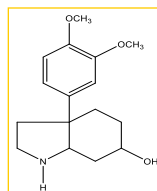
(8) O-acetylmesebrenol



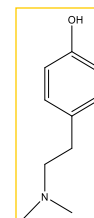
(9) Mesembrane



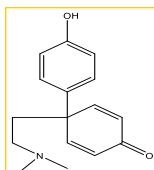
(10) N-demethylmesembrenol



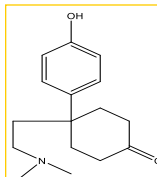
(11) N-demethylmesembranol



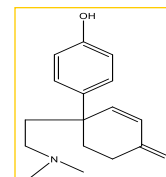
(12) Hordinine



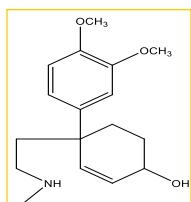
(13) Dehydrojoubertiamine



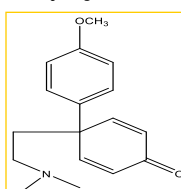
(14) Dihydrojoubertiamine



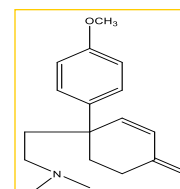
(15) Joubertiamine



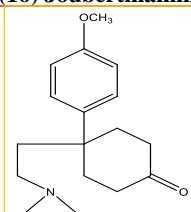
(16) Joubertinamine



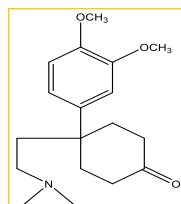
(17) O-methyldehydrojoubertiamine



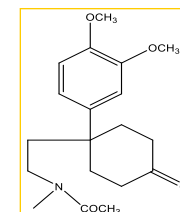
(18) O-methyljoubertiamine



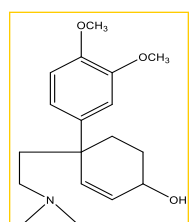
(19) O-methyl dihydrojoubertiamin



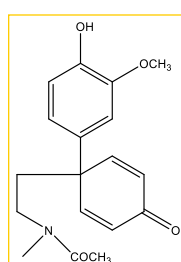
(20) 3'-methoxy-4'-O-methyljoubertiamine



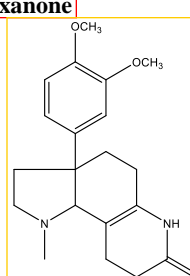
(21) 4-(3,4-dimethoxyphenyl)-4-[2-(acetyl methyl amino) ethyl]cyclohexanone



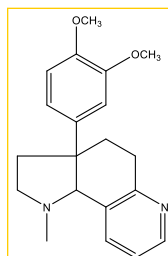
(22) 3'-methoxy-4'-O-methyljoubertiaminol



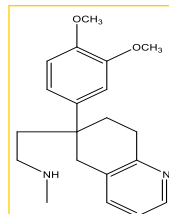
(23) 4-(3-methoxy-4-hydroxy phenyl)-4-[2-(acetyl methyl amino) ethyl]cyclohexanone



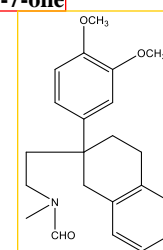
(24) 3a-(3,4-dimethoxy phenyl)-1-methyl-1,2,3,3a,4,5,6,8,9,9b-decahydro-7H-pyrrolo[2,3-f]quinolin-7-one



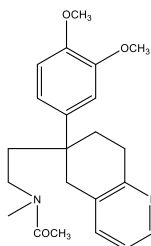
(25) Sceletium alkaloid A4



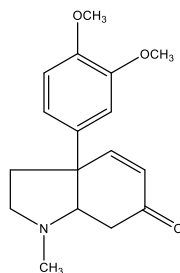
(26) Touruosamine



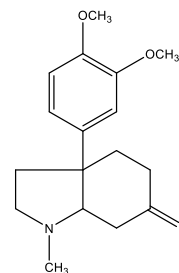
(27) N-formyl tortuosamine



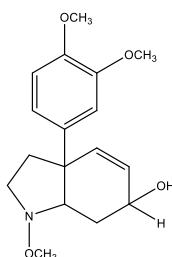
(28) *N*-acetyl tortuosamine



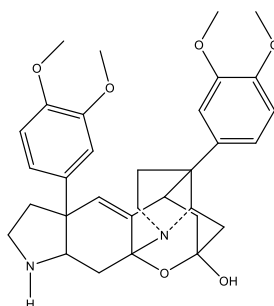
(29) Mesembrenone



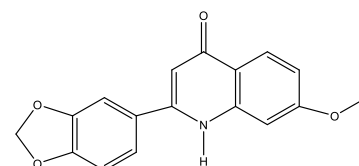
(30) Mesembrine



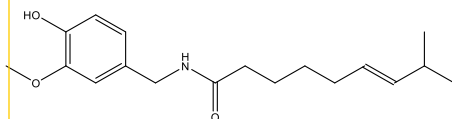
(31) 4-*O*-demethylmesemrenol



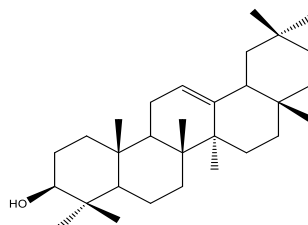
(32) Channaine



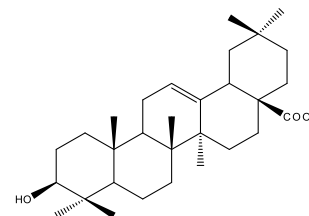
(33) Punarnavine



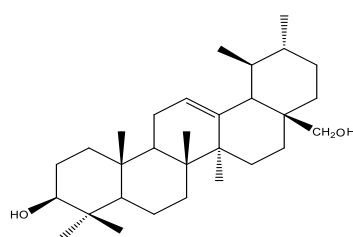
(34) Capsaicin



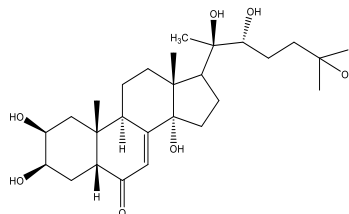
(35) β -Amyrin



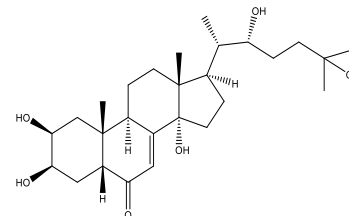
(36) Oleanolic acid



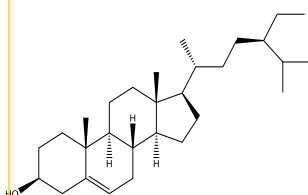
(37) Uvaol



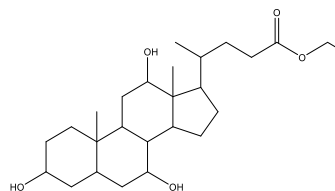
(38) Ecdysterone



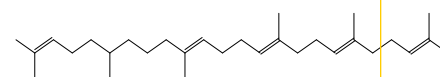
(39) Ecdysone



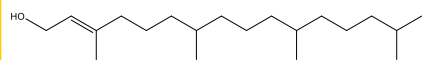
(40) 22, 23-Dihydrostigmasterol



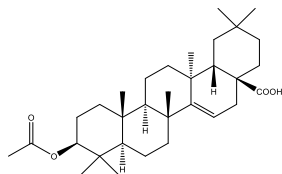
(41) Ethyl iso-allocholate



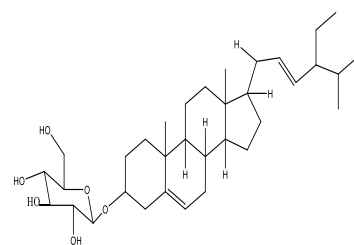
(42) Squalene



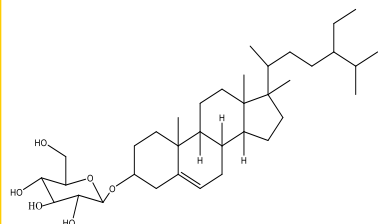
(43) Phytol



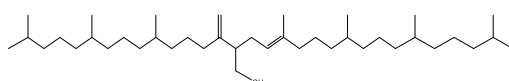
(44) 3-Acetyl aleuritic acid



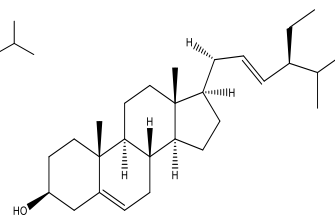
(45) Stigmasterol 3- O-β-D-glucoside



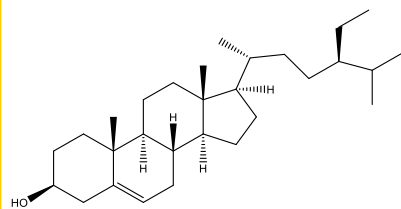
(46) β-Sitosterol 3- O- β-D-glucoside



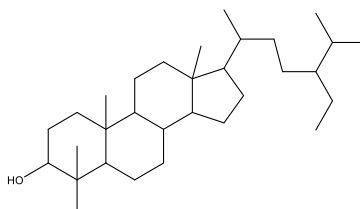
(47) Trianthanol



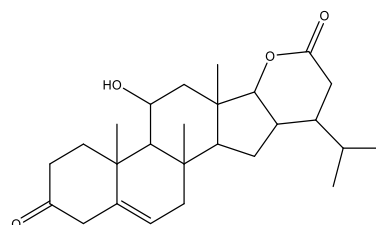
(48) Stigmasterol



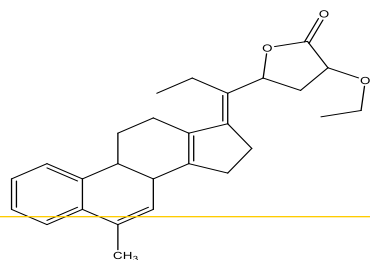
(49) β-Sitosterol



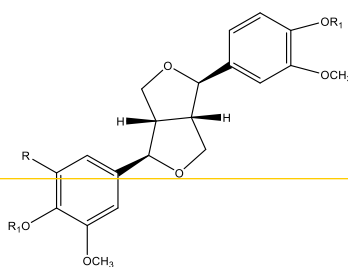
(50) 17-(5-ethyl-6-methylheptan-2-yl)-4,10,13- vetramethyl-hexadecahydro-1H cyclopenta(α) phenanthren-3-ol]



(51) Pentandradione



(52) Pentandraone

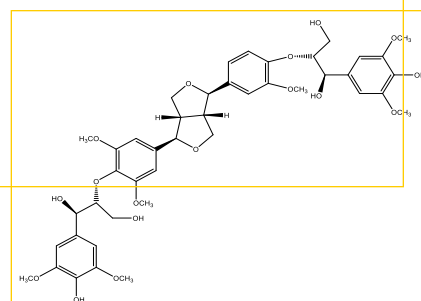


(53)

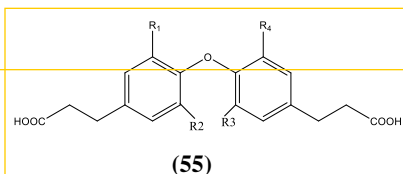
Pinorsinol

R=R1=H

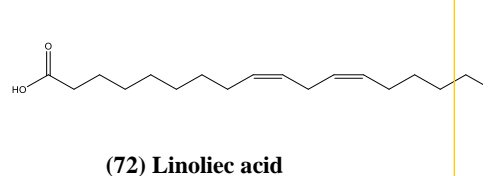
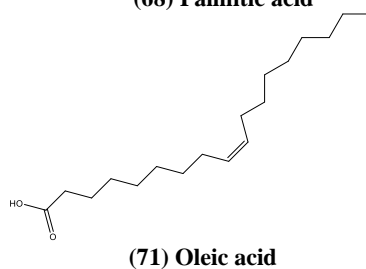
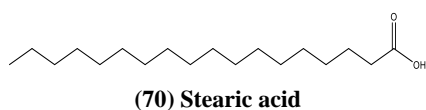
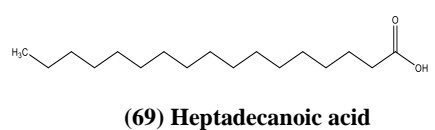
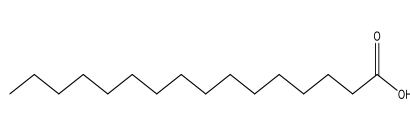
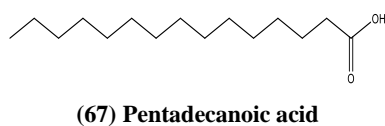
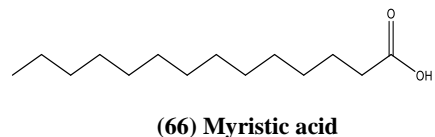
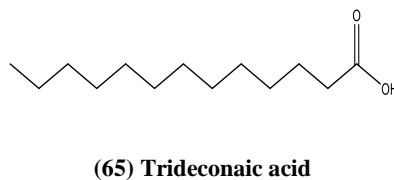
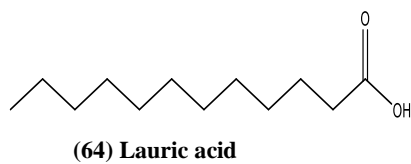
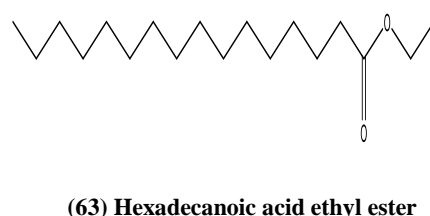
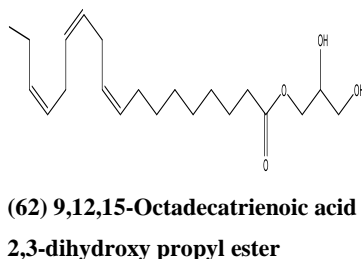
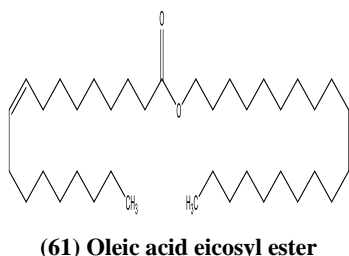
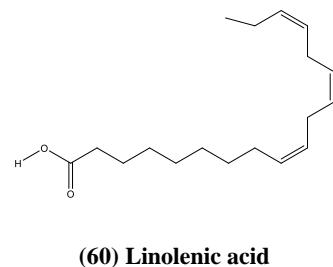
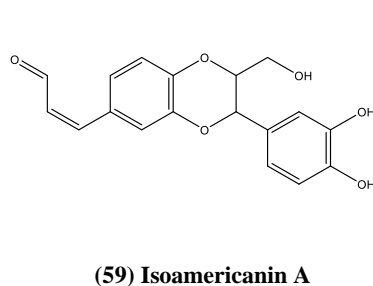
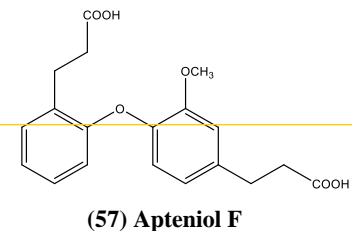
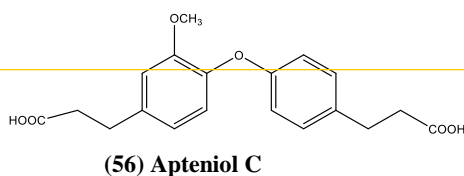
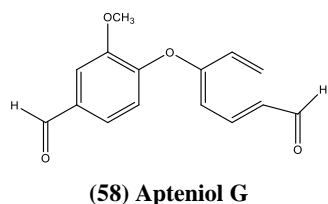
Syringaresinol R=OCH₃, R1=H

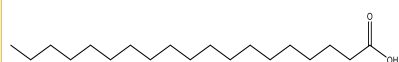


(54) Di-erythro-syringylglycerol-β-o-4,4'- syringaresinol ether

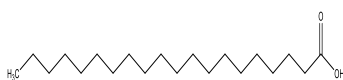


- Apteniol A** R1=R2=R3=R4
Apteniol B R1=OMe; R2=R3=R4=H
Apteniol D R1=R2=R3=OMe; R4=H
Apteniol E R1=R2=R3=R4=OMe

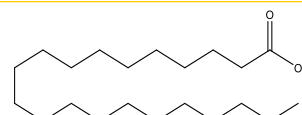




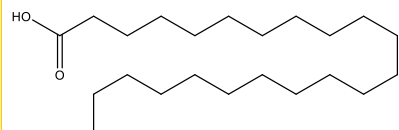
(73) Nonadecanoic acid



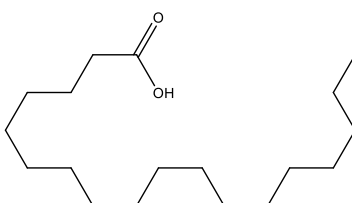
(74) Arachidic acid



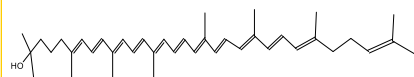
(75) Heneicosanoic acid



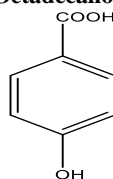
(76) Behenic acid



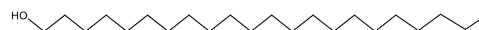
(77) Octadecanoic acid



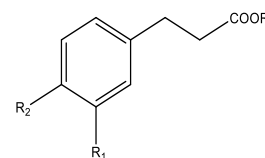
(79) Rhodopin



(80) 4-hydroxy benzoic acid



(78) 1-Docosanol acid



(81)

Dihydrocinnamic acid

R=R₁=R₂=H

4-hydroxy-dihydrocinnamic acid

R=R₁=H, R₂=OH

Dihydrofolic acid

R=H, R₁=OCH₃, R₂=OH

3,4-dimethoxy-dihydrocinnamic acid

R=H, R₁=R₂=OCH₃

3,4-dimethoxy-dihydrocinnamic acid methyl ester

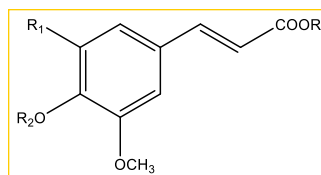
R=CH₃, R₁=R₂=OCH₃

3,4-dimethoxy-dihydrocinnamic acid ethyl ester

R=CH₂CH₃, R₁=R₂=OCH₃

3,4-dimethoxycinnamic acid

R=H, R₁=R₂=OCH₃



(82)

Ferulic acid

R=R₁=R₂=H

Methyl ferulate

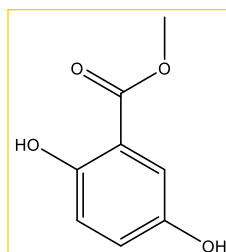
R=CH₃, R₁=R₂=H

Sinapic acid

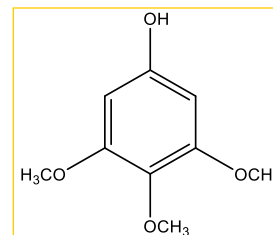
R=R₂=H, R₁=OCH₃

3,4,5 tri-methoxy cinnamic acid

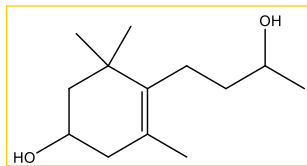
R=H, R₁=OCH₃, R₂=CH₃



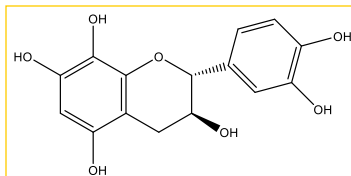
(83) Methyl 2,5-dihydroxybenzoate



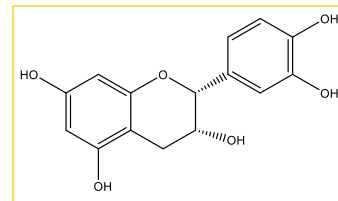
(84) 3,4,5-Trimethoxyphenol



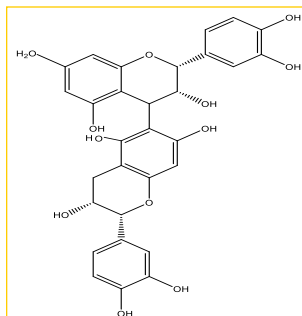
(85) 3-Hydroxy-7,8-dihydro-β-ionone



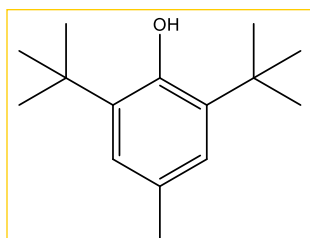
(86) Catechin



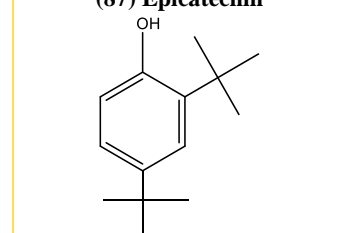
(87) Epicatechin



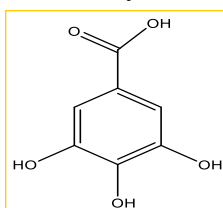
(88) Procyanidin



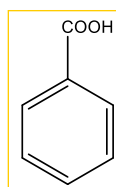
(89) 2,6-bis(1,1-dimethylethyl)-4-methylphenol



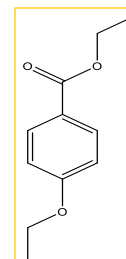
(90) Phenol 2,4-bis(1,1-dimethylethyl)



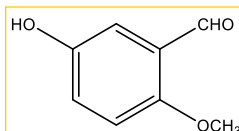
(91) Gallic acid



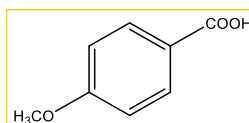
(92) Benzoic acid



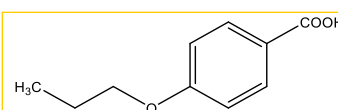
(93) Benzoic acid, 4-ethoxy ethyl ester



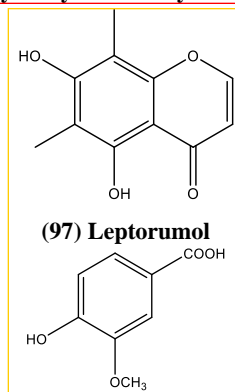
(94) 5-Hydroxy-2-methoxy benzaldehyde



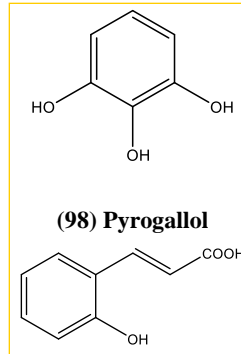
(95) p-methoxy benzoic acid



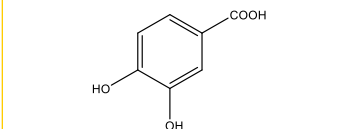
(96) p-propoxy benzoic acid



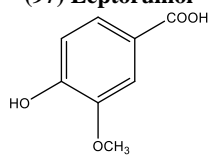
(97) Leptorumol



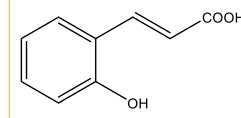
(98) Pyrogallol



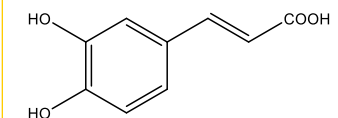
(99) Protocatechuic acid



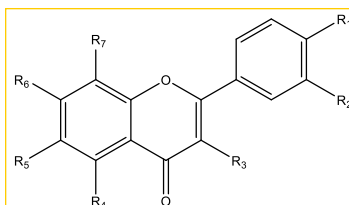
(100) Vanillic acid



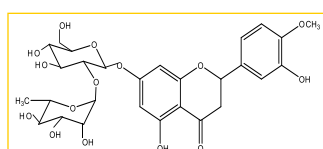
(101) O-coumaric acid



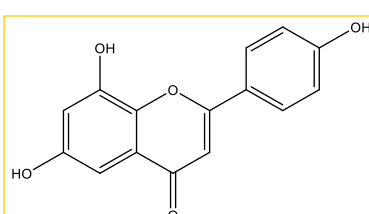
(102) Caffeic acid



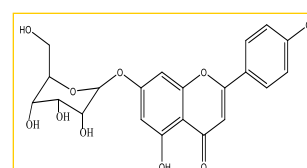
Compound	R1	R2	R3	R4	R5	R6	R7
Rutin	OH	OH	O-Rutinos	OH	H	OH	H
Quercetin	OH	OH	OH	OH	H	OH	H
3,5,4'-trihydroxy-6,7-dimethoxyflavone	OH	H	OH	OH	OCH3	OCH3	H
C-Methyl flavone	H	H	H	OCH3	CH3	OCH3	CH3
Hyperoside	OH	OH	O-Galactose	OH	H	OH	H



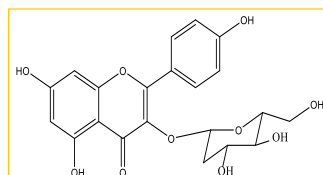
(104) Neohesperidin



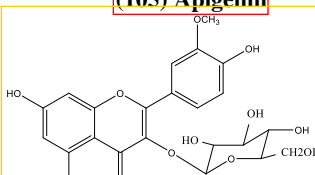
(105) Apigenin



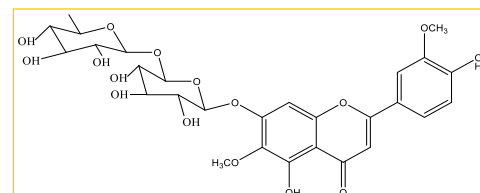
(106) Apigenin-7-O-glucoside



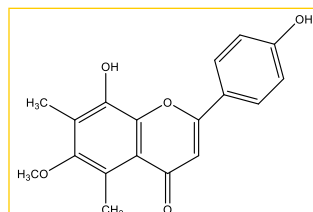
(107) Kaempferol 3-O-glucoside



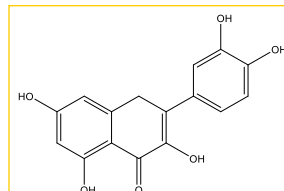
(108) Isorhamnetin-3-O-beta-glucoside



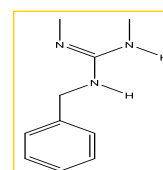
(109) 3,5-dihydroxy-6,3',4'-trimethoxyflavone-7-O-[alpha-L-rhamnopyranosyl (1-6) - beta-D-glucopyranoside]



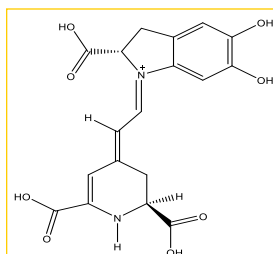
(110) 5,2'-dihydroxy-7-methoxy-6,8-dimethyl flavone



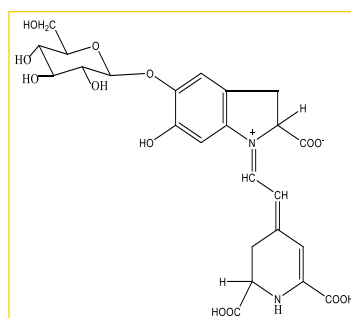
(111) 2-(3',4'-dihydroxy-phenyl)-3,5,7-trihydroxy-chromen-4-one



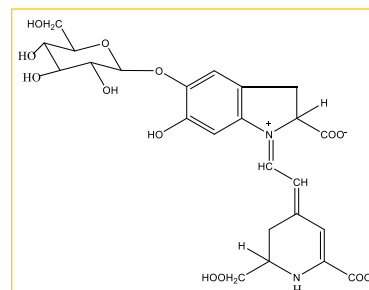
(112) Betanidine



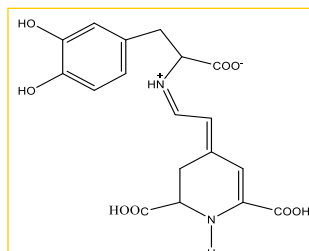
(113) Isobetandinine



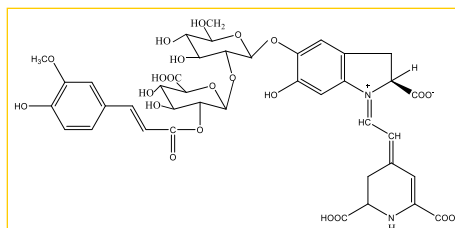
(114) Betanine



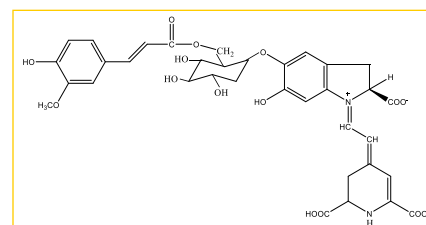
(115) Isobetanine



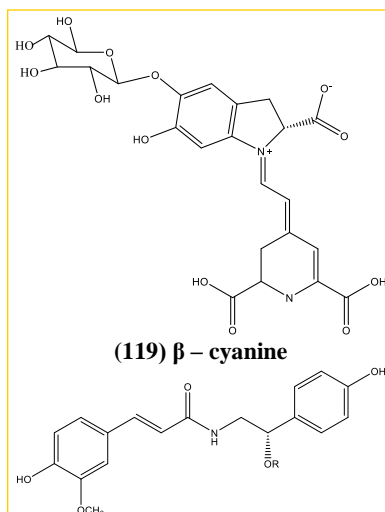
(116) Dopaxanthin



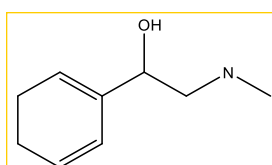
(117) Betanidin 5-O-[2''-O-(E)-feruloyl-β-(1'',2'')-glucuronosyl-β-glucoside]



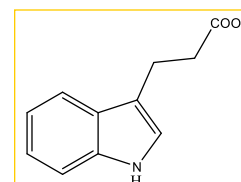
(118) Betanidin-5-O-[6'-O-(E)-feruloyl-β-glucoside]



(119) β – cyanine



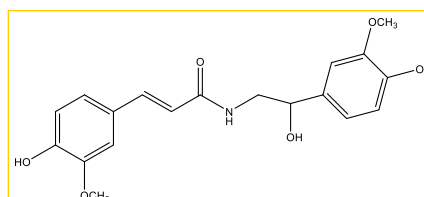
(120) 2-(dimethylamino)-1-phenylethanol



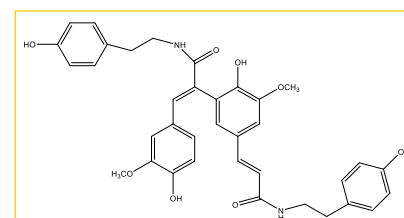
(121)

3-(1H-inol-3-yl) propionic acid R=H
3-(1H-inol-3-yl) propionic acid methyl ester R=CH₃

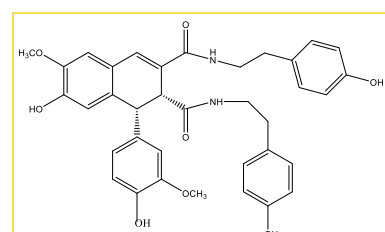
(122) (2S, E)-N-[2-Hydroxy-2-(4-hydroxyphenyl) ethyl] ferulamide R=H



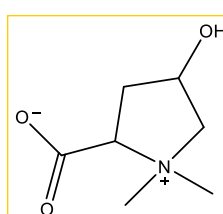
(123) (E)-N-[2-Hydroxy-2-(4-hydroxy-3-methoxyphenyl)-ethyl] ferulamide



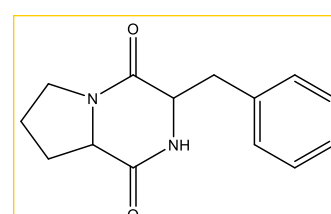
(124) (E, E)-N, N-Dityramin-4,40-dihydroxy-3,50-dimethoxy-b,30-bicinnamamide



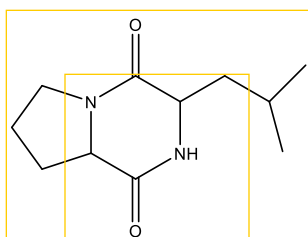
(125) 7-Hydroxy-1-(4-hydroxy-3-methoxyphenyl)-N2, N3-bis(4-hydroxyphenethyl)-6-methoxy-1,2-dihydronaphthalene-2,3-dicarboxamide



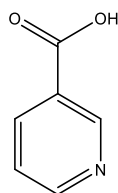
(126) Trans-4-hydroxyproline betaine



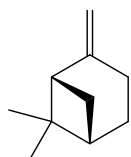
(127) Pyrrolo[1,2-A] Pyrazin-1,4-dione, hexahydro-3-(phenylmethyl)



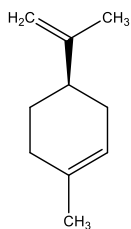
(128) Pyrrolo[1,2-A]
Pyrazin-1,4-dione, hexahydro-
3-(2-methylpropyl)



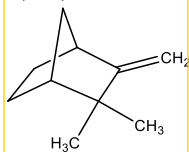
(131) Nicotinic acid



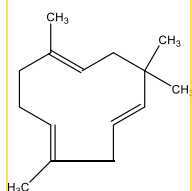
(134) 2-β-Pinene



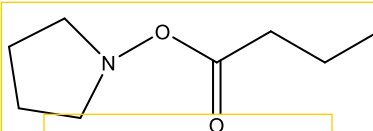
(137) Limonene



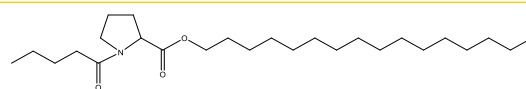
(140) Camphene



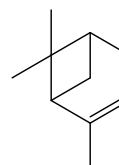
(143) α-Humulene



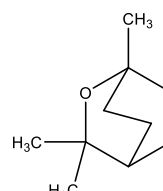
(129) Butanoic acid, pyrrolidide



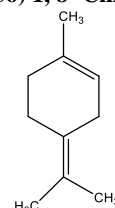
(130) L-proline, N-Valeryl-,
hexadecyl ester



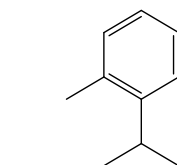
(133) α-Pinene



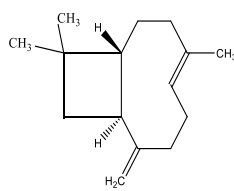
(136) 1, 8- Cineole



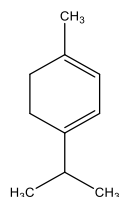
(139) α-Terpinolene



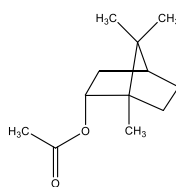
(132) O- cymene



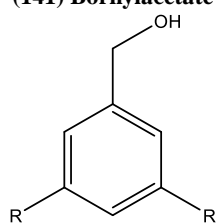
(135) Trans-Caryophyllene



(138) α-Terpinene



(141) Bornylacetate



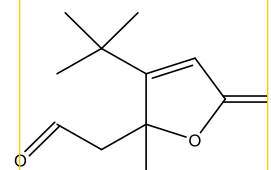
(144)

4-(hydroxymethyl) phenol
4-(hydroxymethyl)-2, 6
dimethoxyphenol

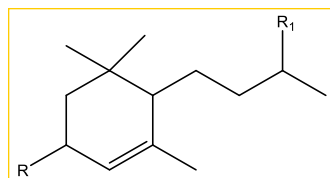
R = H
R = OCH₃



(142) Tridecane



(145) Dehydrololilide



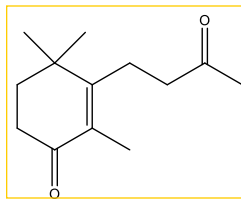
(146)

(9R)-9-hydroxymegastigm-4-ene-3-one

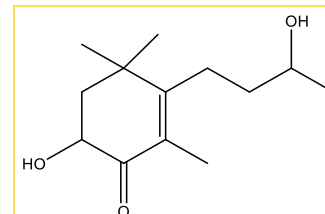
R=OR1=H, α OH

Megastigm-4-ene-3,9-dione

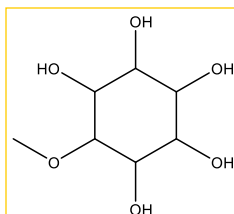
R=R1=O



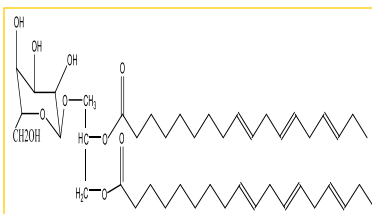
(147) 4-oxo-7, 8-dihydro- β -ionone



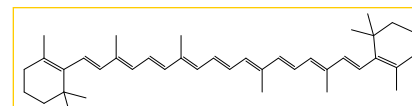
(148) (3R, 9R)-3,9-dihydroxymegastigm-5-en-4-one



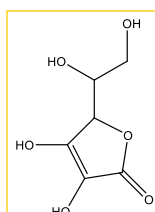
(149) 3-O-methyl-chiro-inositol



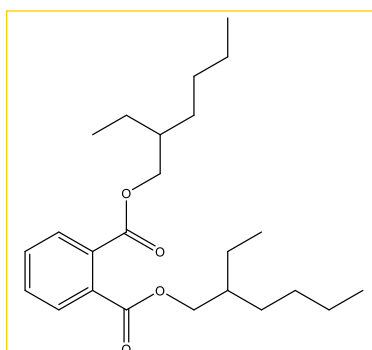
(150) Monogalactosyldiacylglycerol



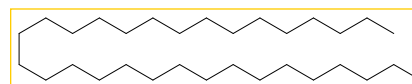
(151) β -Carotene



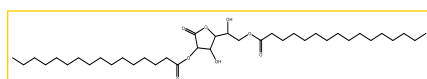
(152) Ascorbic acid



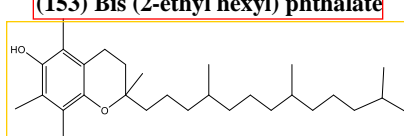
(153) Bis (2-ethyl hexyl) phthalate



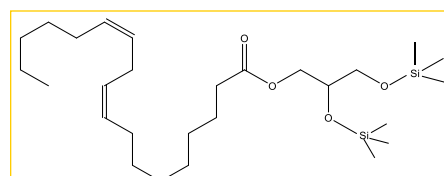
(154) Hentriacontane



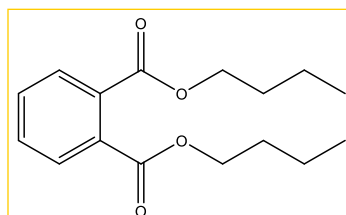
(155) L-(+)-ascorbic acid, 2-6-dihexaecoate



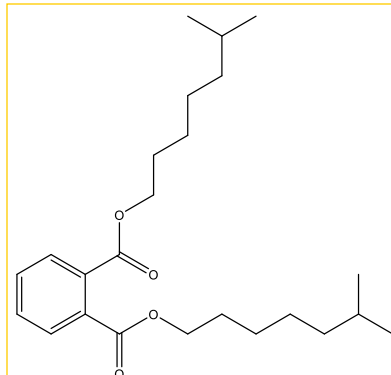
(156) Vitamin E



(157) 1-monolinoleoylglyceroltrimethylsilyl ether



(158) Dibutylphthalate



(159) Diisooctyl phthalate

Structures of isolated metabolites from family Aizoaceae

T. decandra and *Sceletium* spp. was evaluated against formaldehyde-induced arthritis in rats, and a significant inhibition of chemically-induced arthritis, indicates anti-inflammatory potential¹⁷⁻²²⁻²⁴⁻⁵¹.

Anti-inflammatory activity was evaluated in acute and chronic models. Significant anti-inflammatory activity was observed for chloroform extract of *T. decandra* in both carrageenan, dextran, and mediators induced edema models. The chloroform extract showed maximum inhibition of 58.36% at the dose of 200 mg/kg after 3 hrs of drug treatment in carrageenan-induced paw edema. The chloroform extract of *T. decandra* also exhibited significant anti-inflammatory properties in dextran-induced paw edema model. Dextran-induced paw edema is known to be mediated both by histamine and serotonin. Dextran induces fluid accumulation, which contains little protein and few neutrophils, whereas carrageenan induces protein rich exudation containing large number of neutrophils. The extract effectively suppressed the inflammation produced by both carrageenan and dextran²².

Antimicrobial activity

It has been reported that the methanolic extract of *M. nodiflorum*, *M. crystallinum*, *M. forsskaolii*, and *Aizoon canariense* showed a broad-spectrum antibacterial and antifungal activity against: *Bacillus subtilis*, *K. pneumonia*, *S. aureus*, *S. pyogenes*, *E. coli*, *A. fumigatus*, *A. nigar*, *C. albicans*, and *Mucor spp*⁴⁸. For *C. edulis* five bioactive flavonoid compounds, rutin, neohesperidin, hyperoside, cactichin, and ferulic acid were isolated from the ethyl acetate fraction and individually or collectively were responsible for the antibacterial against 11 known human pathogenic bacteria, five Gram-positive: *Staphylococcus epidermidis*, *Staphylococcus aureus*, *Bacillus subtilis*, *Streptococcus pneumoniae*, *Streptococcus pyogenes*, and six Gram-negative: *Pseudomonas aeruginosa*, *Haemophilus influenzae*, *Escherichia coli*, *Klebsiella pneumoniae*, *Acinetobacter baumannii*, *Moraxella catarrhalis*³⁴. Moreover, the isolated compounds from the ethanolic extract of *Galenia Africana* showed a remarkable antimycobacterial activity against *M. smegmatis* and *M. tuberculosis*⁵⁵.

The extracts and the essential oil from the fresh leaves of *S. portulacastrum* showed antibacterial, antifungal. The ethanolic extract showed potential antibacterial activity against the causative agents and pathogens related to various gastrointestinal disorders leading to indigestion, dysentery, and diarrhea¹⁵. Moreover, the ethanolic extract of the *S. portulacastrum* showed potential against the causative agents of nosocomial infections, *Staphylococcus aureus* and *E. coli*, while the essential oil exhibited notable antibacterial activity against both Gram-positive and

Gram-negative bacteria as well as significant antifungal¹⁵. In addition, *S. portulacastrum*, showed positive activity against human immunodeficiency viruses¹⁵. Finally, it was reported that the new isolated flavonoid 2 - (3', 4' dihydroxy-phenyl) - 3, 5, 7-trihydroxy-chromen-4-one isolated from *T. decandra* showed antibacterial activity against *Pseudomonas aeruginosa* and by molecular docking it was found that FAS II β -hydroxyacyl-ACP (*FabZ*) of *P. aeruginosa* is a potential target of the isolated compound⁴⁰. There are many other reported biological activities of members of family Aizoaceae as shown in Table 11.

CONCLUSIONS

From this review, it can be deduced that the major compounds of family Aizoaceae are alkaloids, triterpenes, flavonoids, sterols, lignans, fatty acids, phenolic acids, and essential oils. The review also showed that different extracts of aerial parts of plants of family Aizoaceae posse diverse biological activities such as anti-acetylcholinesterase, anti-butyrylcholinesterase, anti-infective, anti-hyperlipidemic, antipyretic, antifertility, diuretic, nephroprotective and others. It would, therefore, be important to extensively investigate their phytochemicals and pharmacologically determine their activities for future drug discovery and development.

Conflict of interest

The authors declare that there is no conflict of interest regarding the publication of this paper.

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