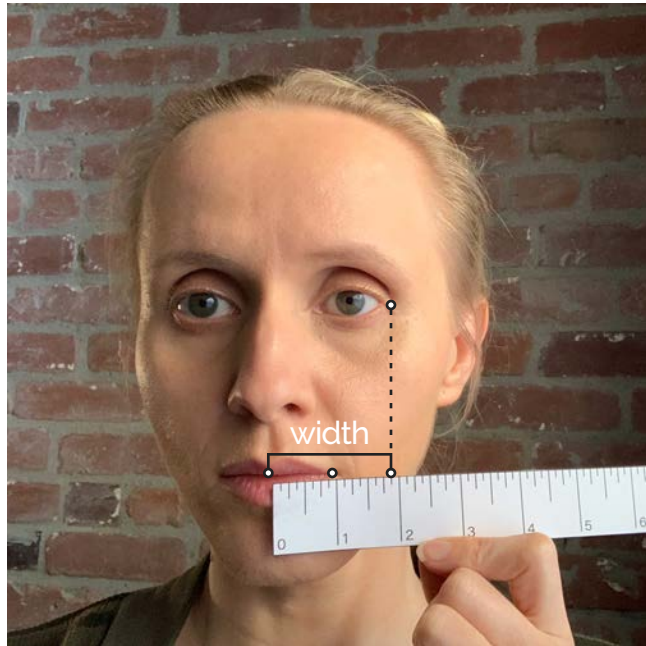


# Measurement Guide

reusable v 1.0



width

small	1 7/8 in ( 4.75 cm )
short wide	2 1/8 in ( 5.50 cm )
medium	2 3/8 in ( 6.00 cm )
long narrow	2 1/4 in ( 5.75 cm )
large	2 1/2 in ( 6.25 cm )

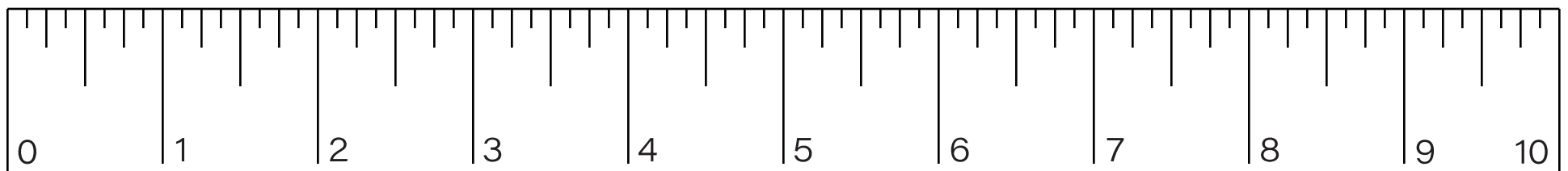


length

small	5 1/4 in ( 13.25 cm )
short wide	5 1/8 in ( 13.00 cm )
medium	5 3/8 in ( 13.75 cm )
long narrow	5 5/8 in ( 14.25 cm )
large	6 in ( 15.25 cm )

## Instructions

1. Print page and cut out ruler with scissors. Check it against an actual ruler to ensure it printed correctly.
2. Keep this paper handy to check off your measurements.
3. Measure the width from the center of your mouth to the outside corner plus at least 1 inch. This will be the mask width so find a comfortable distance.
4. Measure the height from the bridge of your nose to underneath your chin. If you need a guide, use the outside edge of your eye. If you wear glasses, measure just below them.
5. Select your size based on these measurements and the reference images. If you are not sure, use your measured length.



# NIOSH sizes

reusable v 1.0



small



short wide



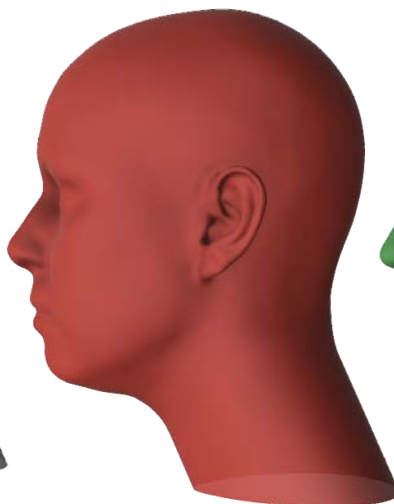
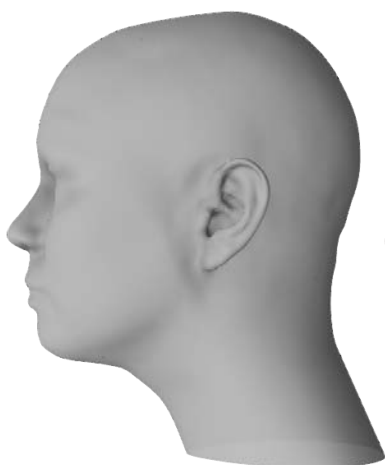
medium



long narrow



large



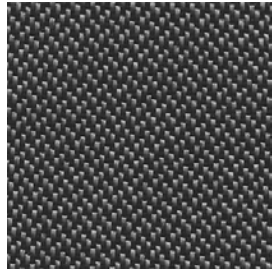
# Customization

reusable v 1.0

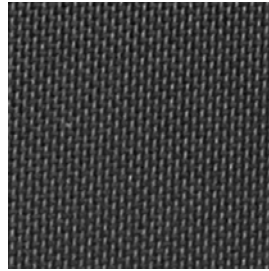
mask



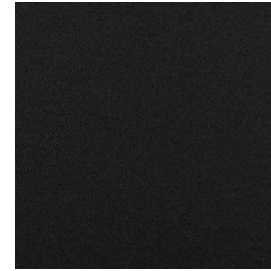
white



silver/black

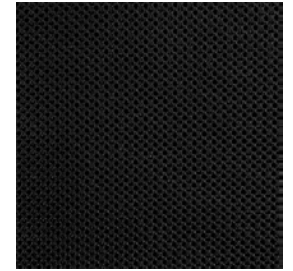


graphite



black

harness



black

filter assembly



black



white



silver



copper



red



# Reference Images

reusable v 1.0



*black / copper shown*