# **Obstacle course "BATTLE FOR TAPA" 2019**

Obstacle course "Battle For Tapa" is beginning its new tradition in 2019. This obstacle course differs from the other similar events in Estonia by being both mentally and physically tougher and bringing together military and civilian worlds. Several organisations are involved in this event including Estonian Defence Forces and Tapa municipality. The obstacle course includes many different landscapes and elements including health tracks, a rally course and military training areas. The aim of this new tradition is to bring together the civilian and military worlds and to promote healthy lifestyle in Tapa and also everywhere else in Estonia.

We promise you that "Battle For Tapa" will give you many different emotions and it will bring many physical and mental challenges.

"That which doesn't kill us makes us stronger" - Friedrich Nietzche

#### **FOLLOW US:**

Facebook (FB): <a href="https://www.facebook.com/battleforlifeest/">https://www.facebook.com/battleforlifeest/</a> Instagram: <a href="https://www.instagram.com/battle-for-life-est/">https://www.instagram.com/battle-for-life-est/</a>

Homepage: www.battleforlife.ee

#### TIME:

Obstacle course "Battle For Tapa" will take place on August 10th, 2019.

# LOCATION:

Männikumäe outdoor trail, Tapa, Lääne-Virumaa, Estonia.

# SCHEDULE:

9:00 am – Obstacle course inspection and final instructions for trail security staff 10:00 am – The handing out of materials and registration for children's races

### CHILDREN'S RACES:

11:00 am – up to 4 y.o (incl.) ~200m 11:05 am – up to 7 y.o (incl.) ~400m 11:10 am – up to 10 y.o (incl.) ~600m 11:20 am – up to 13 y.o (incl.) ~800m

11:30 am – Safety briefing for all of the participants near the starting area

## **RED COURSE STARTS:**

12:00 pm - individuals 12:10 pm - pairs 12:20 pm - squads/teams

If there are more participants on the red trail than expected then the schedule will change. We will inform you of those changes on our FB page and the homepage.

#### **GREEN COURSE STARTS:**

12:30 pm – all participants will start together

Every course's winners will be announced as soon as as possible

The courses will be closed not later than 6.00 pm.

#### **COURSES:**

Green course (for novices) ca. 5 km.

Green course is meant for people who haven't participated in obstacle courses beforehand and can't accurately assess their abilities yet. This course is also appropriate for minors aged 15 and over (if they have parental consent).

Green course consists of both natural and man-made obstacles: walls, climbing pipes, wire barriers, hay balls, hills and ditches, carrying tires etc.

Green course has over 25 obstacles (including over 15 man-made ones).

**Red course** (for experienced participants) ca. 15 km.

Red course is meant for people who actively train themselves and have previously participated in similar events. Everybody who has recently finished military service is also welcome.

Red course consists of both natural and man-made obstacles: walls, climbing pipes, mud trenches, ditches, hay balls, floating bridges, hills, carrying tires, water obstacles etc.

Red course has over 60 obstacles (including over 35 man-made ones).

Both courses are marked with colored tapes, signposts and course staff.

**NB!** Participants are not allowed to use spiked shoes in order to keep obstacles intact and ensure the safety of the participants.

## **RACE CATEGORIES:**

This event is divided into 2 categories: military ia civilian.

Both categories are allowed on the red course but only civilian category is allowed on the green course.

Participants in military category must wear a military uniform (boots, trousers and jacket).

Race classes:

Pair - 2 people (can be M/M, M/F, F/F) Squad - 6 to 8 people

Both classes are awarded separately.

There is no individual class because you don't go into battle alone!

Participants in **civilian category** can wear regular sports clothes.

Race classes:

Individual class for both courses: M and M +45 F and F +45

Additionally for the green course: Minors 15 - 17 y.o (with parental consent)

For the red course: Pair - M/M, M/F, F/F Squad - 6 to 8 people

The winners of different classes are awarded separately.

### **REGISTRATION:**

Early registration helps the organisers to prepare the event better. Don't leave the registration at the last minute!

If you have paid the entry fee then register at our website: <a href="www.battleforlife.ee">www.battleforlife.ee</a> We will get back to you within 5 days in order to confirm your registration.

Registration is open until the event day (August 10th included).

# Payment info:

IBAN: EE632200221020968668

Bank: Swedbank AS

Account name: SK STEV MTÜ BIC/SWIFT: HABAEE2X

Add payment details: participant's name, BFT

NB! Participating in the obstacle course "Battle For Tapa" is at your own risk but the obstacle course organisers are doing everything to ensure your safety on the course!

#### **ENTRY FEE:**

Since this is a first-time event we expect you to pe patient when we cannot confirm your registration immediately. We promise to send you the confirmation as soon as possible.

Entry fee amounts are dependent on the registration rounds.

Rounds	Green course	Red course		
		Individuals	Pairs	Squads/teams
I round: until 22th July (incl.)	20€	25€	40€	150€
II round: 23th July – 4th August (incl.)	30€	35€	60€	210€
III round: 5nd August – event day (incl.)	40€	45€	80€	270€

#### Children's races are FREE!

Entry fee includes access to the course with safety measures, a FINISHER T-shirt and a medal, timing, final results in the protocol, catering, washing facilities, drinking points on the course and medical supervision during the event. The winners get special prizes. You have to give information about your T-shirt size when registering (M or F and S, M, L etc.).

If you have registered at the last minute and you are not able to get a T-shirt that matches your size, we will send your T-shirt by mail during the month after the event.

Starting from 2nd August we will generally not refund entry fees!

#### TIMING:

Your time will be fixed electronically at the starting and finishing points.

## AWARDS:

The organisers will give out awards to the top three in every race class but keep the rights to reduce the amount of people who get awards when there are not enough participants in a class. You can change your race class when you have coordinated it with the organisers.

### FIRST AID:

There are several staff members on the courses who have undergone medical training and the medical aid point is located in the center of Männikumäe.

#### **PARKING:**

You can park on the Männikumäe and in the immediate vicinity of the event location. Please follow the instructions of the organising staff on site.

Parking on the road and obstructing the movement of the locals is forbidden!

## **ORGANISER'S RIGHTS:**

Keep in mind that this event is new for both **YOU** and **US**, therefore we keep the right to make changes to the instructions document and also on the event day in order to make sure that everybody gets the best experience from this event.

The organisers have the right to disqualify participants who fail to follow the participants' instructions or the race rules and also participants who don't complete the courses and all of the obstacles in it.

The organisers have the right to use the pictures and videos made by the organizing staff at the event for marketing purposes.

If the event is cancelled for reasons beyond the control of the organisers (Force Majeure) then the entry fees are not refunded or are refunded partially as possible. If the participant has paid the fee but doesn't compete then the entry fee is not refunded.

Every situation and question that is not mentioned in this document will be solved by the organisers.

# **ORGANISER:**

SK STEV MTÜ

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