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| --- | --- | --- | --- | --- | --- | --- | --- |
| 18 – 24 March 2019 | mon | tue | wed | thu | fri | sat | sun |

breakfast

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| residential breakfast | continental only | hash browns  fried eggs  bacon  sautéed mushrooms | continental only | roasted tomato  chicken chipolatas  breakfast frittata (vegetarian)  mexican soiced beans | continental only | selection of brunch items with pastries & extras | selection of brunch items with pastries & extras |
| continental breakfast | selection of breakfast cereals including natural muesli, corn flakes, sultana bran, weet bix, rice bubbles  whole fresh fruit, stewed & poached fruits  breads for toasting, including high fibre white bread, grain & seed, gluten free selection of spreads including vegemite, honey & jams  cold beverages including 100% fruit juice, water | | | | | | |

lunch

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| main | thai marinated chicken with rice | lebanese chicken with garlic sauce coriander & garlic potatoes |  | myo chilli dogs with onions & cheese | chicken parmigiana  with potato gratin | selection of brunch items with pastries & extras | selection of brunch items with pastries & extras |
| vegetarian/ vegan | vegetarian fried rice with tempeh | chickpea & lentil patties with babaganoush | sandwich bar | mushroom risotto | crumbed tofu parmigiana |  |  |
| salad | greek style salad | penne pasta salad with pesto |  | watermelon, mint & fetta salad | tomato basil & bocconcini |  |  |
| dinner |  | | | | | | |
| main | italian beef meatballs | sweet & sour pork  (chicken available for halal) |  | chicken cacciatore | salt & pepper fish | baked coconut chicken | korean bulgogi beef |
| vegetarian/ vegan | spicy vegetable casserole | salt & pepper tofu with  stir fry vegetables | chef’s choice | spicy vegan jambalaya | szechuan spiced fried tofu & vegetables | spinach dhal with split peas & potato | kim chi pancake |
| veg and carb | buttered penne pasta  seasonal steamed vegetables | steamed jasmine rice  wilted asian green & vegetables |  | steamed basmati rice  peas broccoli & carrots | egg fried rice  green bean, carrot ,cauliflower | turmeric basmati rice | hokkien noodles with bean sprouts  carrot, broccoli & zucchini |
| dessert | berry cheesecake slice | poached fruits with yoghurt |  | baked churros with chocolate ganache | crème brule with berry compote | apple & granola crumble | mango & coconut rice pudding |
| special dietary requirements | all special dietary requirements will be met for each meal service | | | | | | |