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| --- | --- | --- | --- | --- | --- | --- | --- |
| 22- 28 April 2019 | mon | tue | wed | thu | fri | sat | sun |

breakfast

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| residential breakfast | continental only | hash browns  scrambled eggs  bacon  roast tomato | continental only | potato gems  chipolatas  poached eggs  baked beans | continental only | selection of brunch items with pastries & extras | selection of brunch items with pastries & extras |
| continental breakfast | selection of breakfast cereals including natural muesli, corn flakes, sultana bran, weet bix, rice bubbles  whole fresh fruit, stewed & poached fruits  breads for toasting, including high fibre white bread, grain & seed, gluten free selection of spreads including vegemite, honey & jams  cold beverages including 100% fruit juice, water | | | | | | |

lunch

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| --- | --- | --- | --- | --- | --- | --- | --- |
| main | thai green chicken curry  with jasmine rice | MYO beef burgers with szechuan potato fries |  | pork larb with peppers, carrots & bean shoots served with rice | grilled minute steaks with  creamy garlic sauce  roasted potato | selection of brunch items with pastries & extras | selection of brunch items with pastries & extras |
| vegetarian/ vegan | thai vegetarian red curry  with jasmine rice | vegetarian burger with haloumi & beetroot chutney | sandwich bar | vegetarian nasi goreng | caramelized onion, sundried tomato & rocket pizza |  |  |
| salad | asian noodle salad | german potato salad |  | waldorf salad | roast pumpkin & chickpea salad |  |  |
| dinner |  | | | | | | |
| main | beef bourguignon | southern fried chicken wings with biscuit & gravy |  | gai yang chicken with coconut sauce | salt & pepper fish | moroccan beef kebabs with tzatziki | smokey bbq roast chicken |
| vegetarian/ vegan | eggplant & lentil moussaka | potato & zucchini fritter with tomato salsa | chef’s choice | sweet potato & chickpea tagine | szechiuan stir fry tofu with vegetables | vegetarian kebabs with tzatziki | pumpkin & lenyik |
| veg and carb | patatas bravas  peas , broccoli , c | macaroni & cheese bake  corn cobs & carrots |  | steamed jasmine rice  cauliflower, green bean & carrots | wok tossed hokkien noodles  asian steamed vegetables with soy & ginger dressing | turmeric basmari rice  carrots peas & broccoli | creamy potato bake |
| dessert | fresh fruit & yoghurt | mango chia pudding |  | make your own sundae bar | jelly with fresh fruit | frozen icy poles | pear & peach cobbler |
| special dietary requirements | all special dietary requirements will be met for each meal service | | | | | | |