

[GYM WEBSITE]

B Mbatha (22303442)

[COMPANY NAME] [Company address]

Index.html

```
<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Gym Website</title>
  <link rel="stylesheet" href="C:\Users\Bandile\Desktop\Gym Website\index.css">
</head>
<body>
  <header>
    <h1>Welcome to Our Gym</h1>
    <nav>
      <ul>
        <li><a href="#facilities">Facilities</a></li>
        <li><a href="#services">Services</a></li>
        <li><a href="#membership">Membership Plans</a></li>
      </ul>
    </nav>
  </header>

  <section id="facilities">
    <h2>Our Facilities</h2>
    <p>Our gym is equipped with state-of-the-art facilities to cater to all your fitness needs. We offer:</p>
    <ul>
      <li>Modern cardio machines including treadmills, ellipticals, and stationary bikes.</li>
      <li>Free weights and resistance machines for strength training.</li>
      <li>Dedicated areas for functional training and stretching.</li>
      <li>Indoor swimming pool for aquatic exercises and relaxation.</li>
      <li>Sauna and steam rooms for post-workout recovery.</li>
      <li>Spacious locker rooms with showers and changing areas.</li>
    </ul>
  </section>

  <section id="services">
    <h2>Our Services</h2>
    <p>We offer a variety of services to help you achieve your fitness goals:</p>
    <ul>
      <li>Personal training sessions with certified trainers.</li>
      <li>Group fitness classes including yoga, pilates, spinning, and HIIT.</li>
      <li>Nutrition counseling to support your dietary needs.</li>
      <li>Massage therapy for muscle recovery and relaxation.</li>
      <li>Fitness assessments to track your progress.</li>
      <li>Childcare services to look after your little ones while you work out.</li>
    </ul>
  </section>

  <section id="membership">
    <h2>Membership Plans</h2>
    <p>We offer flexible membership plans to suit your lifestyle:</p>
    <ul>
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        <li><strong>Basic Plan:</strong> Access to gym facilities during off-
peak hours.</li>
        <li><strong>Standard Plan:</strong> Unlimited access to gym facilities
and group classes.</li>
        <li><strong>Premium Plan:</strong> Includes personal training sessions,
nutrition counseling, and access to all facilities.</li>
        <li><strong>Family Plan:</strong> Discounted rates for families,
including childcare services.</li>
        <li><strong>Student Plan:</strong> Special rates for students with valid
ID.</li>
    </ul>
</section>

<footer>
    <p>Contact us at: Bayandabandile775@gmail.com</p>
</footer>

<script src="C:\Users\Bandile\Desktop\Gym Website\index.js"></script>
</body>
</html>
```

Index.css

```
body {
  font-family: Arial, sans-serif;
  margin: 0;
  padding: 0;
  box-sizing: border-box;
}

header {
  background-color: #333;
  color: white;
  padding: 1rem;
  text-align: center;
}

nav ul {
  list-style: none;
  padding: 0;

  nav ul li {
    display: inline;
    margin: 0 1rem;
  }

  nav ul li a {
    color: white;
    text-decoration: none;
  }
}

section {
  padding: 2rem;
  border-bottom: 1px solid #ccc;
}

footer {
  background-color: #333;
  color: white;
  text-align: center;
  padding: 1rem;
}
```

Index.js

```
document.querySelectorAll('a[href^="#"]').forEach(anchor => {  
  anchor.addEventListener('click', function(e) {  
    e.preventDefault();  
  
    document.querySelector(this.getAttribute('href')).scrollIntoView({  
      behavior: 'smooth'  
    });  
  });  
});
```

Here is the final code:

