



7.1 Summary Measures

Example 7.1.1

The instructions here are given for Excel, but the same commands work in LibreOffice and the data sets can also be downloaded in LibreOffice. Ensure you save your answers in the Exercise sheets for your submission.

First, we consider the dietary data from Data Set B Diets (see the Data Annexe). We calculate the sample size, sample mean, and sample standard deviation of the weight loss for those individuals who undertook Diet A.

1. Open the Excel workbook labelled **Exa7.1B.xlsx** from the Examples folder. This contains the relevant data, together with an added text template.
2. We calculate the sample size for Diet A (the number of non-blank data entries for WtLoss) using the statistical function **COUNT**. In cell F3, enter the formula **=COUNT(B2:B51)**.
3. We calculate the sample mean weight loss for Diet A using the statistical function **AVERAGE**. In cell F4, enter the formula **=AVERAGE(B2:B51)**.
4. We calculate the sample standard deviation of the weight loss for Diet A using the statistical function **STDEV**. In cell F5, enter the formula **=STDEV(B2:B51)**.
5. Highlight cells F4 and F5 and format them to 3 decimal places.

Note that the range B2:B51 includes the Wtloss data only for those individuals on Diet A.

Thus, the sample size for Diet A is $n = 50$ (50 individuals undertook Diet A).

The sample mean weight loss for Diet A is $\bar{x} = 5.341$. The average weight loss for those individuals who undertook Diet A is 5 341 kg, so the diet appears to have been effective.

The sample standard deviation of the weight loss for Diet A is $s = 2.536$ kg. Since the mean weight loss is a little larger than $2s$, then a high proportion of those individuals on Diet A had a positive weight loss, again emphasising the effectiveness of the diet.





Open the Excel workbook **Exa 7.1B.xlsx** from the Exercises folder. Obtain the sample size, sample mean weight loss and the sample standard deviation of the weight loss for Diet B. Place these results in the block of cells F23 to F25, using the same format as that employed for the Diet A results in the above example.

Briefly interpret your findings. What do these results tell you about the relative effectiveness of the two weight-reducing diets?

My Response:

Both diets are based on 50 individuals, so the comparison is fair. Diet A has a higher mean weight loss than Diet B (5.341 kg versus 3.710 kg), which suggests it is more effective on average. The standard deviations are similar (2.536 kg and 2.769 kg), so the spread of results is much the same, meaning Diet A gives better average weight loss without extra variability between people.

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Example 7.1.2

Here, we again consider the dietary data from Data Set B Diets. We calculate the sample median, sample quartiles, and sample interquartile range of the weight loss for those individuals who undertook Diet A.

1. Open the Excel workbook named **Exa 7.2B.xlsx** from the Examples folder. This contains the relevant data and previous work, together with an added text template.
2. We calculate the median weight loss for Diet A using the statistical function **MEDIAN**. In cell F6, enter the formula **=MEDIAN(B2:B51)**.
3. We calculate the first sample quartile weight loss for Diet A using the statistical function **QUARTILE**. In cell F7, enter the formula **=QUARTILE(B2:B51,1)**.
4. We calculate the third sample quartile weight loss for Diet A using the statistical function **QUARTILE**. In cell F8, enter the formula **=QUARTILE(B2:B51,3)**.
5. We calculate the interquartile range of the weight for Diet A by simply differencing the above two quartiles. In cell F9, enter the formula **= F8-F7**.
6. Highlight cells F6 to F9 and format them to 3 decimal places.

Note that the range B2:B51 includes the Wtloss data only for those individuals on Diet A.



The sample median weight loss for Diet A is $M = 5.642$ kg, so the diet appears to have been effective.

The sample interquartile range of the weight loss for Diet A is $IQR = 3.285$ kg. A high proportion of those individuals on Diet A had a positive weight loss, again emphasising the effectiveness of the diet.

Open the Excel workbook **Exa 7.2B.xlsx** from the Exercises folder. Obtain the sample median, first and third quartiles and the sample interquartile range of the weight loss for Diet B. Place these results in the block of cells F26 to F29, using the same format as that employed for the Diet A results in the above example.

Briefly interpret your findings. What do these results tell you about the relative effectiveness of the two weight-reducing diets?

My Response:

Both diets are based on 50 individuals, so the comparison is fair. Diet A has a higher median weight loss than Diet B (5.642 kg versus 3.745 kg), which means a "typical" person on Diet A lost more weight. The quartiles are also higher for Diet A, so even the lower and upper parts of the distribution show better losses. The IQR is slightly larger for Diet B (3.451 kg versus 3.285 kg), which suggests a bit more variation in the middle 50 percent of its results. Overall, Diet A appears more effective, giving higher weight loss for most participants with similar variability.

Example 71.3

Consider the brand preference data of Data Set D Brandprefs (see the Data Annexe).

1. Open the Excel workbook **Exa7.3D.xlsx** from the Examples folder. This contains the relevant data, together with an added text template.

We are interested in seeing if the pattern of preferences for the various brands of breakfast cereal differs between the two demographic areas. However, the data are at an "individual" level, so it's impossible to obtain any meaningful information by simply inspecting this "raw" data.

We now calculate the frequencies and percentage frequencies of the occurrences of the nominal variable Brand for the first demographic area (i.e. for Area = 1).

2. In cell E6, enter the formula **=COUNTIF(B2:B71,"A")**. This counts the number of times that A occurs in the Brand data for Area 1, so gives the frequency of the outcome A for Area 1.



3. In cell E7, enter the formula **=COUNTIF(B2:B71,"B")**. This counts the number of times that B occurs in the Brand data for Area 1, so gives the frequency of the outcome B for Area 1.
4. In cell E8, enter the formula **=COUNTIF(B2:B71,"Other")**. This counts the number of times that Other occurs in the Brand data for Area 1, so gives the frequency of the outcome Other for Area 1.

In cell E9, enter the formula **=SUM(E6:E8)**. This just gives the total number of observations for Brand in Area 1. Embolden this cell.

Thus 11 out of 70 respondents in Area 1 preferred Brand A, 17 preferred Brand B, and the remaining 42 preferred some other brand of breakfast cereal. This is far more meaningful than the original listing of the raw data. We now convert these frequencies to percentage frequencies.

5. In cell E15, enter the formula **=100*E6/E9**. This expresses the original frequency (11) for Brand A as a percentage of the total number of observations (70).
6. Now copy cell E15 and paste into cells E16:E17. The Brand B and Other frequencies for Area 1 are now also expressed as percentages of the total number of observations for this Area.
7. Copy cell E9 and paste into cell E18. This constitutes a check that the three percentage frequencies indeed add up to 100%.
8. Format cells E15:E17 to one decimal place.

Thus, of the 70 respondents in Area 1, 15.7% preferred Brand A, 24.3% preferred Brand B, and the remaining 60.0% preferred some other brand of breakfast cereal.

Exercise 6.3

Open the Excel workbook **Exa 7.3D.xlsx** from the Exercises folder. Obtain the frequencies and percentage frequencies of the variable Brand, but this time for the Area 2 respondents, using the same format as that employed for the Area1 results in the above example.

Briefly interpret your findings. What do these results tell you about the patterns of brand preferences for each of the two demographic areas?

My response:

In Area 1, people clearly prefer the "Other" cereals, with 60 percent choosing these compared with 40 percent choosing the branded options A and B combined.



In Area 2, this pattern flips, with most respondents choosing the branded cereals, 54 percent for A and B together versus 46 percent for Other.
In both areas, Brand B is more popular than Brand A, being roughly 10–11 percent more preferred on average, which suggests that, among the named brands, B has the stronger appeal.