

# Numerology Level 1 Manual

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### What the Numbers Mean

1	Independence	Dependent/Selfish	Self-sufficient
2	Cooperation	Reclusive	Cooperative
3	Joy	Superficial	Fun-loving
4	Limitation	Dogmatic	Responsible
5	Freedom	Restless	Change-oriented
6	Responsibility	Self-deprecating	Generous
7	Analysis	Self-centered	Introspective
8	Material Satisfaction	Materialistic	Goal-oriented
9	Selflessness	Selfish	Giving
11	Illumination	Dreamer	Motivational
22	Master Builder	Self-serving	Top Performer

1	2
3	4
5	6
7	8
9	22
11	
Meaning	Meaning
*Idealistic	*Mundane
*Individual	*Group
*Abstract	*Practical

## Name and Birthday Form

Month Date

Year

Life path #:

Challenge #:

Birthday #:

Soul urge #:

vowels:

F I R S T N A M E | M I D D L E N A M E | L A S T N A M E

consonants  
and vowels:

Growth #:

Expression #:

Maturity #:

Core #'s:

40 percent	Life path	Opportunity	
30 percent	Expression	Ability	
20 percent	Soul Urge	Motivation	
10 percent	Birthday	Sub-opportunity	

Sub-element #'s:

Month	
Day	
Year	

## Formulas

**Life path**      Month + Day + Year

Example: September 16, 1981

9 + 1 6 + 1 9 8 1

9 7 1 9 1 0 8 = Life path Number

**Expression** Consonants + Vowels in Birth Name

Example:

S	A	R	A
1	1	9	1

E	L	L	E	N
5	3	3	5	5

W	O	O	D	R	U	F	F
5	6	6	4	9	3	6	6

1	2
	3

2	1
	3

4	5
	9

3	+	3	+	9	=	15	=	6	=	Expression Number
---	---	---	---	---	---	----	---	---	---	-------------------

## Soul Urge

### Vowels in Birth Name

Example:

	6	6			3		
W	O	O	D	R	U	F	F

1	5
	6

2	+	1	+	6	=	9	=	Soul Urge Number
---	---	---	---	---	---	---	---	------------------

## Birthday

Example:

Born on the 16th	1	+	6	=	7	=	Birthday Number
------------------	---	---	---	---	---	---	-----------------

## Growth

Consonants + Vowels in First Name

Example:

S	A	R	A
1	1	9	1

1	2		
	3	=	Growth Number

**Maturity**      Life path Number + Expression Number

Example      

8	+	6	=	14	=	5	=	Maturity Number
---	---	---	---	----	---	---	---	-----------------

**Challenge**      (Always keep the number positive)

Example:      September      

16,	1	9	8	1
-----	---	---	---	---

9
---

7
---

1
---

Month – Birthday = X

9	-	7	=	2
---	---	---	---	---

Birthday – Year = Y

7	-	1	=	6
---	---	---	---	---

X – Y = Challenge Number

2	-	6	=	4	=	Challenge Number
---	---	---	---	---	---	------------------

### The Number Value of Letters

English	A	B	C	D	E	F	G	H	I
	J	K	L	M	N	O	P	Q	R
	S	T	U	V	W	X	Y	Z	

Italian	A	B	C	D	E	F	G	H	I	
			L	M	N	O	P	Q	R	
	S	T	U	V			Z			

Spanish	A	B	C	D	E	F	G	H	I
	J		L	M	N/Ñ	O	P	Q	R/RR
	S	T	U	V		X	Y	Z	



### The Number Value of Months

January	1
February	2
March	3
April	4
May	5
June	6
July	7
August	8
September	9
October	1
November	11
December	3

### Karmic Debt

13	4
14	5
16	7
19	1

### Master Numbers

11  
22

### Karmic Lessons

1	
2	
3	
4	
5	
6	
7	
8	
9	

0=0
1=0
2=0
3=1
4=2
5=3
6=4
7=5
8=6
9=7
etc.

*	1	4	becomes 2
	2	1	
	3	2	
	4	1	
*	5	4	becomes 2
	6	1	
	7	0	
	8	1	
*	9	2	becomes 0

\* Adjustments are made to numbers 1, 5, and 9

Frequency of 0 = Karmic Lesson  
High Numbers = Intensity Points  
Highest Number = Prime Intensifier

### Temperament

Emotional			B						I					O			R	S	T				X		Z
Physical				D	E							M										W			
Intuitive				C		F					K				Q					U	V			Y	
Mental		A					G	H		J		L		N	P										

within 4 = strong

highest # sets the standard

# = frequency

## Numerology Definitions

**Birth name:** The name given to you at birth. If a name change occurs before the age of 13, the new name can be used.

**Birthday number:** The day on which you were born reduced to a single number or master number. It is one of the four core elements. It is 10% of the core. It is also known as the sub-opportunity because it is a minor opportunity that is part of the main opportunity presented by the life path.

**Challenge number:** Represents an obstacle generally encountered before the age of 21. This is the only calculation in which you will reduce master numbers and use subtraction. Reduce the birth month, birthday, and birth year to single digits. To calculate this number, reduce all master numbers to single digits (22=4 and 11=2). Compare the month and the day. After reducing all numbers, perform the following steps: Subtract the smaller of the two numbers from the larger of the two numbers. Next, compare the day and the year and subtract the smaller number from the larger number. Finally, compare the two remaining numbers and subtract the smaller number from the larger number. The result will be the challenge number.

**Core numbers:** Consists of the life path, expression, soul urge, and birthday numbers.

**Expression number:** Determines your ability in life. This is 30% of the core and is calculated by converting the numeric value of the letters of the complete birth name to a single number or master number.

**Growth number:** Describes the energy that will enhance the experiences in a person's life. This number is always helpful and never negative even if it is the same as one of the core or sub-elements, it never takes away from their energy, but rather enhances it. To calculate, reduce the corresponding numeric value of the first name to a single number or master number.

**Intensity points:** Numbers occurring frequently in the karmic lesson chart. They represent lessons, which have been properly learned in past lives.

**Karmic debt:** Represents a significant difficulty encountered in this lifetime as payment for a misuse of energy in a past life.

**Karmic lessons:** Represent potential challenges or weaknesses.

**Life path number:** Determines your opportunity in life; the most important number in numerology. It is 40% of the core. It represents the traits you have when you were born and that you embody for your entire life.

**Master numbers:** Unique numbers that are not reduced, 11 and 22.

**Maturity number:** Describes a lesson learned at the time of maturity, usually around the age of 45.

**Prime intensifier:** The intensity point that appears most often in the karmic lesson chart. This represents well-learned in past lives.

**Soul urge number:** Determines your motivation in life. It is derived from converting the vowels in your birth name into numbers and reducing to a single number or master number. It represents 20% of the core.

**Sub-elements:** Consist of the month, birthday, and year numbers reduced to single numbers or master numbers.

**Temperament:** Describes the emotional, physical, intuitive, and mental aspects of a person. It is derived by using the chart provided and determining the number of letters in each of the four categories.

## **Numerology Level 1 Final Exam (Instructions)**

Please follow this link to set up your account/login into your account to take the Numerology Level 1 Course exam:

<http://www.mycertificates.org/Login.aspx>

Enter your email address and use your private code: numbas1-92

www.NumerologyUniversity.com