Applying Network Analysis to Ideal Point Personality Item Responses

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Abstract

12 Personality researchers have recently taken interest in two methodological innovations

13 network analysis and ideal point item writing strategies. The former suggests that

personality is best understood as a system of mutually reinforcing actions while the latter

allows more precise measurement of personality components. Here, we explore the value of

integrating these two innovations by exploring the network properties of a Big Five inventory

17 constructed with ideal-point items.

Keywords: ideal point, personality, network analysis

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21 Introduction

Recent findings suggests self-report inventories conform to an ideal point process in 22 which persons endorse items only to the extent the item content reflects the respondent's 23 level of the attribute, or Θ . Modeling the correct response process in personality assessment produces several psychometric benefits, such as improved dimensionality, higher total test information, and revelation of curvilinear effects (Drasgow, Chernyshenko, & Stark, 2010). One reason for such gains is the ideal point perspective retains items assessing low, intermediate, and high trait values and, thus, creates an instrument providing greater 28 measurement precisions across a broad range of a targeted attribute. 29 Due to its methodological nature, ideal-point research has focused largely on technical 30 issues, such as appropriate item writing strategies, model fitting, or validity gains. 31 Surprisingly little work has been done to explore the advantages of ideal-point inventories to 32 understanding personality itself, such as explaining where traits come from, how they 33 operate, and how they produce differences in behavior. These questions lie at the heart of the discipline (Fleeson & Jayawickreme, 2015) and carry theoretical implications for 35 understanding why personality predicts work behavior and how personality changes over time (i.e., selection and development). Given that ideal-point inventories capture a wider array of elemental differences in emotions, thoughts, and behaviors constituting the Big Five, they may especially suited to identifying plausible mechanisms through which personality processes (deliberation, emotional regulation) accrue to form traits (individual differences). Drawing upon a psychometric network approach to individual differences (Cramer et 41 al., 2012), we recast the Big Five as a dynamic system of directly interacting feelings, thoughts, and behaviors. Rather than treat "hidden traits" as causal forces lying behind stable behavioral patterns, the network approach models traits as consequences of mutually reinforcing interactions between specific thoughts, feelings, and behaviors (see Figure 1 for illustration). From this perspective, discrete actions like working hard to attain long-term

goals, planning one's week, and focusing on a task to completion in a person high on

Conscientiousness do not co-occur because of a top-down latent disposition, but because

deciding to care about a long-term goal leads one to be more disciplined in allocation of

personal resources. Forces bonding autonomous acts into trait clusters might be shared

biological origins, learning principles, socially enforced norms, or functional aims that

produce accretion of multiple explanatory mechanisms which unite for causal, homeostatic,

or logical reasons (Cramer et al., 2012; Fleeson & Jayawickreme, 2015; Wood, Gardner, &

Harms, 2015).

More importantly, the network perspective can provide a better view of the cognitive, 55 motivational, and functional dynamics characterizing the development of the personality system, therefore favoring empirical investigations of such mechanisms. Incorporating ideal 57 point items may offer further insight into trait development by pinpointing intermediate ranges of a trait continuum (i.e., nodes) which incrementally "bridge" personality components across distinct clusters (Borsboom & Cramer, 2013). For instance, the conscientiousness item "I tend to be disorderly but also like to keep certain things tidy" may bridge the agreeableness item of "I don't like to let others down" to the remaining network of conscientiousness items. Why? Because development in compassion arising from social roles (e.g., serious relationships, care for family) might elevate conscientiousness by causing individuals to start bringing personal affairs in order. That is, when we begin caring about others we may try to get our "act together" in order to meet social responsibilities. Such effects may be less evident in extreme items (I always keep my affairs in order) because developmental processes are gradual and better seen in intermediate steps. By finding and pulling these functional levers (i.e., intermediate items), we may be able to nudge people to change in productive ways on multiple dimensions (or traits) which has implications for executive coaching and trait interventions. 71

The current study unifies these methodological innovations by applying network analyses to a Big Five instrument developed with ideal-point item writing strategies. We

contrast four major network properties with research exploring similar properties of common Big Five inventories (Cramer et al., 2012; Constantini et al., 2015; Constantini & Perugini, 75 2016). The first is the topology, or large-scale structure, of the Big Five including global 76 node arrangement and degree to which nodes cluster together while distances between any two nodes remain small (small-worldness; Constantini et al., 2015). Two, we identify the nature and content of cross-trait item pairings to identify possible bridging components explaining observed covariance between trait factors (e.g., why do agreeable people tend to be conscientious). Three, we compare the most "central" and "peripheral" nodes with the nature of the central facets identified in past publications. Nodes which are central play a more prominent role in connecting elements of the personality system and, consequentially, may be idea targets for intervention if desiring to shift one's personality. Finally, given the general importance of emotional stability and conscientiousness for job performance across occupations, we examine the *shortest* pathways that may explain the route through which changes in emotional stability (conscientiousness) may facilitate changes in conscientiousness (emotional stability). In all cases, we highlight areas where ideal-point items play a role in facilitating information flow in the Big Five network.

Methods and Results

- Given space limits yet novelty of network terminology, the methods and results are presented concurrently.
- We report how we determined our sample size, all data exclusions (if any), all manipulations, and all measures in the study.

- 95 Participants
- 96 Measure
- 97 Material
- 98 Procedure

99 Data analysis

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initial R port, Martin Maechler; revised, & Steve Dutky, 2013), bootnet (1.0.0, Epskamp,
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    Borsboom, & Fried, 2017), careless (1.0, Yentes, 2016), corrr (0.2.1, Jackson, 2016), dplyr
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   (0.5.0, Wickham & Francois, 2016), Formula (1.2.1, Zeileis & Croissant, 2010), qqplot2 (2.2.1,
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    Wickham, 2009), Hmisc (4.0.3, Harrell Jr, Charles Dupont, & others., 2017), kableExtra
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   (0.4.0, Zhu, 2017), knitr (1.17, Xie, 2015), lattice (0.20.33, Sarkar, 2008), lavaan (0.5.23.1097,
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    Rosseel, 2012), mgm (1.2.1, Haslbeck & Waldorp, 2016), pander (0.6.0, Darczi & Tsegelskyi,
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   2015), papaja (0.1.0.9492, Aust & Barth, 2017), psych (1.6.12, Revelle, 2016), purr (0.2.2,
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    Wickham, 2016), ggraph (1.4.2, Epskamp, Cramer, Waldorp, Schmittmann, & Borsboom,
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   2012), RCurl (1.95.4.8, Lang & CRAN team, 2016), readr (1.0.0, Wickham, Hester, &
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    Francois, 2016), stringr (1.2.0, Wickham, 2017a), survival (2.40.1, Terry M. Therneau &
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   Patricia M. Grambsch, 2000), tibble (1.2, Wickham, Francois, & Mller, 2016), tidyr (0.6.1,
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    Wickham, 2017b), and tidyverse (1.1.1, Wickham, 2017c) for all our analyses.
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         Estimating and Visualizing the Network. Personality networks present items as
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   nodes connected by edges representing statistical relationships. We implemented a Gaussian
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    Graphical Model (GGM) on a polychoric correlation matrix using a graphical least absolute
   shrinkage and selection (glasso) with the extended EBIC criterium in qqraph 1.4.3 (Epskamp,
   Borsboom, & Fried, 2017; Friedman et al., 2008). There are two things to note. First, the
    glasso avoids spurious associations by using regularization to assign penalties so all edges are
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   shrunk with small edges being set to zero. This results in a sparse (i.e., conservative)
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   network that safeguards against overfitting by modeling covariance among components with
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We used R (3.3.1, R Core Team, 2016) and the R-packages bitops (1.0.6, Steve Dutky

as few connections as possible. Second, because the network uses partial correlations, all
edges imply a relationship exists after controlling for all other nodes. Because the model is
uniquely specified, it facilitates clear and unambiguous interpretation of edge-weight
parameters as the strength of *unique* associations providing a putative causal skeleton.

Given the larger number of items, the EBIC hyperparameter was set to a conservative .8 to
err on the side of caution and we hide all partial correlations less than .05 for visual clarity.

The initial network presented in Figure 1 (item labels are provided in Table 1) has 127 1,339 nonzero edges out of 11,175 possible edges (12%). Several insights can be inferred 128 about the architecture and generating processes of the Big Five. One, similar to Cramer et 129 al (2012), there is clustering for four of the Big Five with Openness showing less cohesion. 130 Two, it is possible to identify "pockets" of high interactivity (i.e., facets or unique item 131 effects) by highlighting nodes with numerous, densely connected edges as well as their 132 pathways to the larger network. For instance, there is a leadership pocket in the bottom of 133 the extraversion network consisting of items about taking charge (Ex33), following others 134 (Ex31), or enjoyment of project leadership (Ex34). Notice this cluster – while embedded in 135 extraversion – is also distinct because it is only connected to the larger network by a few 136 nodes, such as the belief one is able to persuade (Ex35) and make friends (Ex15) coupled 137 with efforts to engage others (Ex5) and being averse to mediocre work (Co16). Its distinction 138 and peripheral placement may suggest assertive aspects of Extraversion arise from social 139 skills, effort to meet others, and a desire to improve the status quo (i.e., not be mediocre). 140 Three, items along the Big Five borders may illuminate developmental pathways or feedback 141 loops through which change spreads between traits. Take the conscientiousness and openness boundaries. The nodes in the lower left suggest the enjoyment of solving complex problems (O2, O3, O8) is positively linked to a high drive for achievement (Co17, Co18, Co19) whereas nodes in the center left show tolerance for variety (O9, O10, O11) as negatively linked to preference for order (Co8, Co7, Co6, Co9). Such countervailing effects suggest reinforcing 146 gains in two Openness components may be associated with diverging effects in a person's

Conscientiousness network (e.g., more industrious but lower order). Interestingly, there are multiple boundary spanning items with ideal-point properties (e.g., O9, Es16, Es27, Ex17, Ex18, Co2, Co8, Co11, Co12, Ag7, Ag14, Ag21) suggesting they help elaborate unique ways trait networks collide.

The small world index was 2.35, which is higher than the values of 1.01 reported on 152 the HEXACO facets (Constantini et al., 2015) but slightly lower than the 3 threshold 153 recommended for describing a network as a small-world (Watts & Strogatz, 1998). When a 154 network shows small-worldness, changes in any random part of the network could quickly 155 spread across the whole system by allowing different clusters (e.g., traits) to directly 156 influence one another (Watts & Strogatz, 1998). Results suggest the current inventory is 157 more clearly organized than dominance-based questionnaires into separate sub-systems (e.g., 158 the Big Five with exception of Openness) which themselves influence one another by means 159 of bridging connections. To illustrate the bridging components linking the Big Five, the 160 initial network was arranged by the Big Five clusters with only partial correlations > .10 161 displayed (see Figure 2). Eighteen cross-trait item pairings remained (presented in Table 2) which might explain the often-substantial inter-correlations observed between personality factors. Whereas the reason for some linkages is not apparent (Ag23/Co3), others are commonly alluded to in the literature such as the demand for both positive affect and 165 difficult goals in being ambitious and driven at work (e.g., Co15/Ex22). This small-world 166 structure may be masked in personality forms developed to conform to simple structure 167 (Constantini & Perugi, 2016) suggesting an ideal point inventory may offer a more realistic 168 depiction of the personality system. 169

Centrality Estimation. A typical way of assessing node importance is to compute centrality indices of the network structure (Costantini et al., 2015; Newman, 2010; Opsahl, Agneessens, & Skvoretz, 2010). Three such measures are (1) node strength, quantifying how well a node is directly connected to other nodes by summing all of its absolute edges, (2) closeness, quantifying how well a node is indirectly connected to other nodes by taking the

inverse of all shortest path lengths between the node and all other nodes, and (3) betweeness, 175 quantifying how important a node is in the average path between two other nodes. While 176 such indices often agree, it is possible for a node to be high on one index but low on another. 177 For instance, the Amsterdam airport would score high on *strength* as many airports fly 178 planes in and out of Amsterdam. Comparatively, the airport in Anchorage, Alaska, while low 179 on strength in terms of absolute number of connections, is actually higher than Amsterdam 180 on betweenness because it serves as a common hub indirectly connecting many international 181 airports to each other via oversea flights. 182

The centrality plots appear in Figure 4. Several Agreeableness and Conscientiousness 183 items were highly influential across indices, especially those dealing with manipulation 184 (Ag25, Ag26), deliberation in action and decision making (Co1, Co5, Co20), or holding 185 "moderate" amounts of motivation (Co31, Co25). The most central conscientiousness items 186 reflect both the "inhibitive" pole of the trait, recognized in facets broadly referring to control 187 over one's impulses as seen in facets such as "orderly" (Jackson et al., 2010) or "self-control" 188 (Roberts, Chernyshenko, Stark, & Goldberg, 2005), and "modest" levels of the "proactive" 189 pole, reflected in ideal-point versions of facets labeled "achievement striving" (Costa McCrae, 190 & Dye, 1991) or "industriousness" (Roberts et al., 2005). Similar to past network analyses 191 (Constantini et al., 2015), changes in inhibitory tendencies are more likely to influence the 192 wider personality network (most likely through fringe elements of conscientiousness) whereas 193 changes in other portions of the personality network would similarly impact tendencies 194 towards restraint. More interesting, the proactive ideal-point conscientiousness items (Co31, 195 Co25) had higher centrality indices due to their role in linking the lager conscientiousness 196 network to agreeableness and extraversion. 197

Items from additional traits also had relatively high betweeness-centrality, meaning
they occupied strategic positions connecting several groups of nodes that would be connected
by longer paths without these particular items. These include Ex9 (I always look at the
bright side of life), Ex16 (I am always friendly to people), Es18 (I always feel great about the

person that I am), Es11 (I have a good amount of control on my cravings), and, to a lesser extent, O7 (I enjoy having abstract or philosophical conversations). By examining Figure 1 you can visualize in what respect these nodes serve as important mediators in connecting items. For instance, E9's focus on optimism helps bridge multiple components of extraversion with fear and self-evaluative components of emotional stability (Es28, Es27, Es18).

Shortest Pathway between Emotional Stability and Conscientiousness.

Finally, a network illustrating the shortest paths between all conscientiousness and emotional 208 stability items was computed (see Figure 5). In comparison to the first network, these 209 networks clarify possible pathways and mediating items between these two factors. The 210 shortest path between 2 nodes represents the minimum number of steps needed to go from 211 one node to another, and is computed using Dijkstra's algorithm (Dijkstra, 1959). This can 212 be seen as a roadmap including all possible routes from destination A to destination B, but 213 only one of these routes being quicker—this would then be the route highlighted in the 214 shortest path network. 215

Our network illustrates the shortest path between multiple items hence highlights a 216 diverse array of routes linking conscientiousness and emotional stability. A few general 217 observations. First, the nodes Co21 (Tendency to misjudge situations), Es13 (Sometimes do 218 things I later regret), and, more indirectly, Es18 (Always feel great about person I am), Es14 219 (Feel most alive when giving into urges), and Ex16 (I am always friendly to people) are 220 primary hubs for multiple pathway which indirectly link both item sets. Interestingly, several 221 of these intermediate items share a self-reflective, guilt-laden connection, such that taking 222 time to correctly assess the consequences of one's decision lessens the likelihood of impulsively engaging in actions which lead to remorse and low self-esteem. It may be possible the links between regulation of emotions and motivation can be explained by a realization hasty actions lead to bad consequences. On a more global level, whereas most of the emotional stability items clustered together to flow into conscientiousness, the more 227 diffuse conscientiousness network flowed down into emotional stability through a few,

primarily ideal-point oriented behaviors of Co24 (Pride myself on unwavering ability to act responsibly), Co25 (Although capable of self-motivation, I prefer to have someone else provide direction), Co31 (Do just enough work to get by), and Co11 (I have lied to protect others). In other words, there appear to be many routes for emotional stability change to affect conscientiousness but only a few primary routes (primarily in being responsible or industrious) for conscientiousness to spread into emotional stability.

235 Discussion

References

Warning in styling_latex_scale_down(out, table_info): Longtable cannot be
resized.

Labels	Items	
O1	I find theoretical conversations extremely boring	
O2	I dislike focusing on difficult problems	
О3	I dislike thinking too hard about things	
O4	I prefer to focus on mentally stimulating projects but sometimes it is nice to have time to ment	
O5	Sometimes I enjoy solving complex problems	
O6	I enjoy solving complex problems	
O7	I enjoy having abstract or philosophical conversations	
O8	I really enjoy trying to tackle the most complex problems imaginable	
O9	I prefer stability or consistency to variety and change	
O10	I like change but I also need stability	
O11	While I do somewhat prefer variety I also enjoy stability or consistency	
O12	I find all artwork to be similar	
O13	Listening to poetry or music seems to be a waste of time	
O14	While listening to music is nice it is pointless	
O15	From time to time I like to appreciate the beauty around me	
O16	There have been times when a song has made me emotional	
O17	I see some value in art and beauty	
O18	I like to think about real world problems	
O19	People have told me I am emotionally inept	
O20	I am unable to reciprocate when someone talks about their feelings	
O21	It takes me a long time to understand other people s emotions	

Labels	Items	
O22	Unless someone tells me how they feel I won t know for sure	
O23	I sometimes can tell how people feel	
O24	If an emotion is really obvious then I can probably identify it	
O25	For the most part I understand others emotions	
O26	People talk to me because I can empathize with how they feel	
O27	I have a deep understanding of others emotions	
Es1	I am rarely frustrated by anything	
Es2	I like to consider myself as a very easygoing person	
Es3	I rarely get irritated by others	
Es4	I am somewhat balanced in my experience of anger	
Es5	I am somewhat balanced in my experience of frustration	
Es6	I get angry easily	
Es7	I get frustrated easily	
Es8	I have a very short temper	
Es9	I often resist my temptations	
Es10	People say I have great self control	
Es11	I have a good amount of control on my cravings	
Es12	I indulge reasonably when I feel inclined to do so	
Es13	Sometimes I do things I later regret	
Es14	I feel most alive when I give into my urges	
Es15	I rarely get stressed out about things	
Es16	Sometimes I get caught up in my problems and other times I try not to worry about things that	
Es17	I get caught up in my problems	

Labels	Items	
Es18	I always feel great about the person that I am	
Es19	I seldom feel down in the dumps	
Es20	On occasion I feel blue but most of the time I don t feel blue	
Es21	My mood changes about half the time	
Es22	My mood changes all the time	
Es23	I rarely become embarrassed	
Es24	I am always extremely afraid that I will do the wrong thing	
Es25	I rarely panic	
Es26	Occasionally I panic but I usually do not	
Es27	Sometimes I panic easily and other times I do not	
Es28	My emotions usually get the best of me	
Ex1	I am a socially awkward person	
Ex2	I sometimes feel uncomfortable when surrounded by a big crowd	
Ex3	I prefer to socialize in small groups	
Ex4	I like to do most things in large groups	
Ex5	I constantly try to engage with different people	
Ex6	People often refer to me as a downer	
Ex7	I am somewhat of a fun person to be around	
Ex8	I like to focus on the positive side of things	
Ex9	I always look at the bright side of life	
Ex10	I am an incredibly joyful person to be around	
Ex11	I am incredibly uptight around others	
Ex12	I always hide my true feelings from people	

Labels	Items	
Ex13	I usually find it hard to make friends	
Ex14	I am usually quiet when I meet new people	
Ex15	I usually find it easy to make friends	
Ex16	I am always friendly to people	
Ex17	I don t mind loud parties but I don t prefer them either	
Ex18	I tend to seek adventure	
Ex19	Loud parties can definitely be fun	
Ex20	I couldn t live without adventure	
Ex21	I always take my time even when a faster pace may be needed	
Ex22	I generally prefer activities that require little energy	
Ex23	Half of the time I prefer leisurely activities and half of the time I prefer activities to be fast page	
Ex24	Compared to extremely energetic people I am somewhat less energetic	
Ex25	My fast paced lifestyle keeps me more busy than most	
Ex26	My lifestyle requires a high energy level	
Ex27	I always try to live life to the fullest extent that I possibly can	
Ex28	Compared to most people I live a very fast paced life	
Ex29	I hate leading groups	
Ex30	I have no interest in leadership	
Ex31	I would rather follow directions than lead	
Ex32	From time to time I enjoy taking charge on projects but some other times I prefer others to ta	
Ex33	I am often the person to take charge of a group	
Ex34	I enjoy taking the lead on new projects	
Ex35	I can always persuade people to follow my lead	

(continued)

Labels	Items	
Ex36	I always end up leading the groups I participate in	
Co1	I find that most all of my decisions are impulsive	
Co2	I sometimes make decisions based on instinct rather than facts and sometimes I prefer facts	
Co3	On occasion it can be helpful to consider all options when making decisions	
Co4	I prefer to have backup plans	
Co ₅	It is best to be careful when a decision has significant consequences	
Co6	I have difficulties working on a clean and organized desk	
Co7	Organization is not a priority for me	
Co8	While I like order and regularity I also enjoy when things are a bit chaotic	
Co9	I keep my workstation somewhat clean and tidy	
Co10	I like to plan my days in advance	
Co11	I have lied to protect other people	
Co12	I aim to tell the truth as often as possible but I can think of numerous situations that have req	
Co13	I try to keep all of the promises I make but sometimes I am unable to deliver on them	
Co14	Regardless of the situation I always tell the truth	
Co15	I avoid setting goals but when I do I set extremely easy goals	
Co16	I am fine being an average worker	
Co17	I have a drive to succeed in my work	
Co18	I aspire to do well in more areas compared to most people	
Co19	I work extremely hard to be the very best at everything I do	
Co20	I put little thought into my actions	
Co21	I have a tendency to misjudge situations	
Co22	I tend to perform in most areas at the average level of other people	

Labels	Items	
Co23	While I often excel in what I do I also have much to learn to be better	
Co24	I pride myself on my unwavering ability to act responsibly	
Co25	Although I am capable of motivating myself to complete tasks I prefer to have someone else pre	
Co26	More often than not I depend on myself rather than others for the motivation needed to success	
Co27	Even when tasks are difficult I find a way to complete them	
Co28	I always get my work in on time	
Co31	I do just enough work to get by	
Co32	I find it difficult to start my work	
Co33	I prefer making decisions quickly rather than after thoroughly thinking things through	
Ag1	Being a winner is much more important than being cooperative	
Ag2	Cooperating with others is equally as important as winning	
Ag3	When someone is in need I feel as though I have to help	
Ag4	Cooperating with others is more important than winning	
Ag5	I always put the needs of others before my own	
Ag6	I am extremely self centered	
Ag7	I sometimes help a friend because it s the right thing to do other times is because I want somet	
Ag8	I frequently think about how others are doing	
Ag9	I worry about how people are doing	
Ag10	I live to serve others	
Ag11	Everyone has hidden intentions	
Ag12	I find it easier to trust in some people than in others	
Ag13	Honesty is the foundation of any good relationship	
Ag14	I feel the urge to confide in others	

(continued)

Labels	Items	
Ag15	If someone wrongs me it is difficult for me to forgive them	
Ag16	Sometimes I am easy to satisfy but other times I can seem a bit pushy	
Ag17	While I sometimes forgive others to avoid confrontation I also often challenge others	
Ag18	People who know me would likely say I am generally a forgiving person	
Ag19	I usually try to satisfy others needs rather than my own when I sense conflict emerging	
Ag20	People who know me would say I am an extremely forgiving person	
Ag21	I shy away from credit sometimes but other times it is nice to be recognized	
Ag22	Sometimes the work I do is really excellent other times it is mediocre	
Ag23	When I give money to a charity I am fine with being anonymous	
Ag24	I always share the credit I receive on teamwork	
Ag25	I always hide my motives to get what I want	
Ag26	Manipulating others can be helpful	
Ag27	I use flattery on occasion when dealing with others	
Ag28	People often tell me that I am a genuine person	

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 $\begin{tabular}{ll} Table 2 \\ Eighteen \ Bridging \ Item \ Pairs \end{tabular}$

ItemLabels	FirstItem	SecondItem
Ag28.O26	People often tell me Im a genuine person	People talk to me because I empathize with how they feel
Ag13.Co5	Honesty is the foundation of any good relationship	It is best to be careful when a decision has significant consequence
Ag14.Co25	I feel the urge to confide in others	Although I am capable of motivating myself to complete tasks I prefer to have someone else prompting
Ag26.Co11	Manipulating others can be helpful	I have lied to protect other people
Ag23.Co3	Fine being anonymous when giving money to charity	On occasion it can be helpful to consider all options when making decisions
Co5.O24	It is best to be careful when a decision has significant consequences	If an emotion is really obvious then I can probably identify it
Co10.O9	I like to plan my days in advance	I prefer stability or consistency to variety and change
Co18.O8	I aspire to do well in more areas compared to most people	I really enjoy trying to tackle the most complex problems imaginable
Co3.O24	On occasion it can be helpful to consider all options when making decisions	If an emotion is really obvious then I can probably identify it
Co15.Ex22	I avoid setting goals but when I do I set extremely easy goals	I generally prefer activities that require little energy
Ex9.Es18	I always look at the bright side of life	I always feel great about the person that I am
$\mathrm{Ex}16.\mathrm{Es}2$	I am always friendly to people	I like to consider myself as a very easygoing person
Ex22.O3	I generally prefer activities that require little energy	I dislike thinking too hard about things
Ex12.O20	I always hide my true feelings from people	I am unable to reciprocate when someone talks about their feelings
Co1.Es14	I find that most all of my decisions are impulsive	I feel most alive when I give into my urges
Co11.Es13	I have lied to protect other people	Sometimes I do things I later regret
${\rm Ag25.Ex12}$	I always hide my motives to get what I want	I always hide my true feelings from people
Ag3.Ex16	When someone is in need I feel as though I have to help	I am always friendly to people

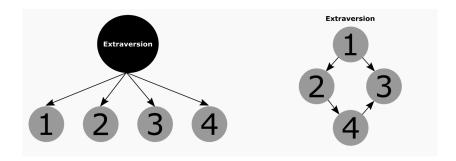


Figure 1. Trait model according to a latent variable (left panel) and a network perspective (right panel)

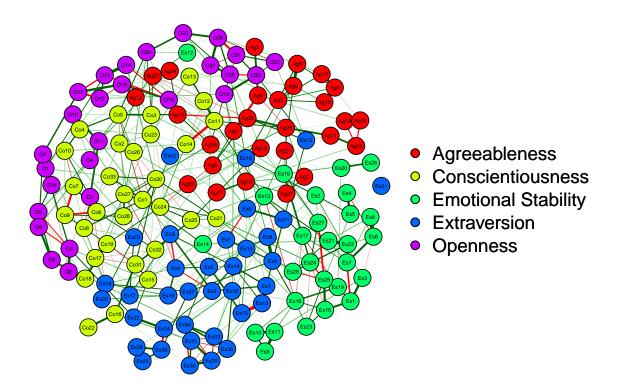


Figure 2. Network representation of 168 ideal-point inventory modeled after the NEO-PI facet structure. Each item is represented by a node, and the node number corresponds to the item statements in Table 1. Nodes are connected by green (red) lines if they are positively (negatively) correlated. Line thickness corresponds to correlation strength. The spring-based algorithm (Fruchterman & Reingold, 1991) used to generate the graph places strongly correlated nodes closely together and towards the middle of the graph.

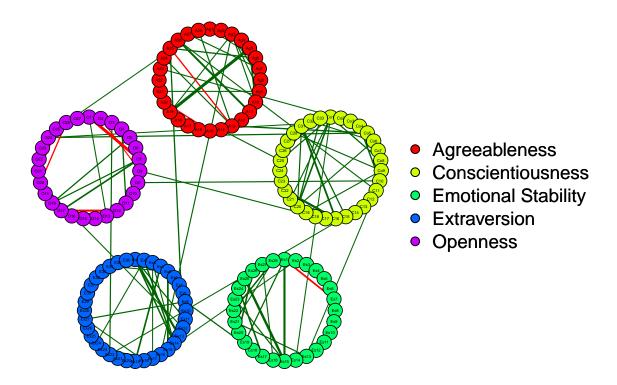


Figure 3. Same network results from Figure 1 rearranged by Big Five groupings and restricted to display partial correlations .10 or greater. Visualized edges depict strong residual item associations within and between trait factors.

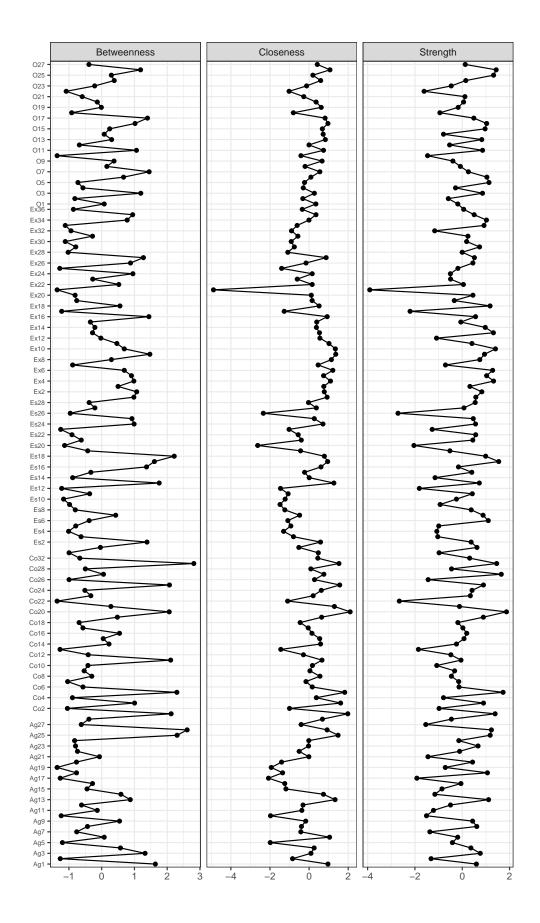


Figure 4. Centrality plot depicting the betweenness, closeness, and strength of each node.

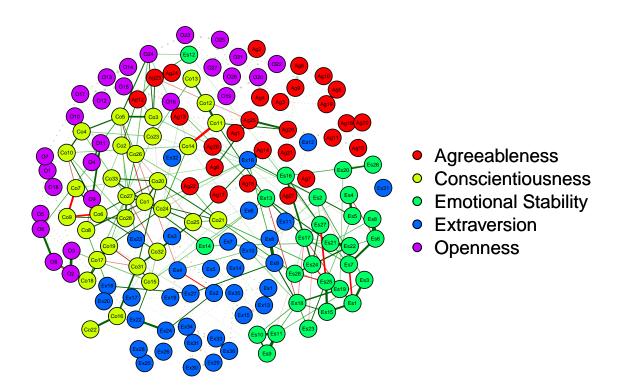


Figure 5. Network depicting the shortest paths between Conscientiousness and Emotional Stability items. Edges belonging to the shortest-paths are full, while the other edges are dashed.