







	1	2	3	4	5	6	7	8	9	T
										
OPPONENT										

SEQUENCE WRITTEN YELLOW LINE				
	GROUPE #1	GROUPE #2	GROUPE #3	GROUPE #4
S				
P				
F				

PLANNING	
BREAKFAST	8:00
BUS	8:40
RDV	9:00
WARMUP #1	9:15
PLAY CATCH	9:25
BP (40 MIN)	9:40
COACHING TIME	9:05
IN & OUT	10:30
PLAY BALL	11:00

	1
	2
	3
	4
	5
	6
	7
	8
	9
	SP

COACHING	
CATCHER BP	
PITCH COUNT	
COACH 1B	
COACH 3B	

ROTATION	
RELIEVER	
RELIEVER	
RELIEVER	
RELIEVER	