







	1	2	3	4	5	6	7	8	9	T
										
OPPONENT										

SEQUENCE WRITTEN <b>YELLOW</b> LINE				
	GROUPE #1	GROUPE #2	GROUPE #3	GROUPE #4
S				
P				
F				

PLANNING	
BREAKFAST	
BUS	
RDV	
WARMUP #1	
PLAY CATCH	
BP (40 MIN)	
COACHING TIME	
IN & OUT	
PLAY BALL	

	1
	2
	3
	4
	5
	6
	7
	8
	9
	SP

COACHING	
CATCHER BP	
PITCH COUNT	
COACH 1B	
COACH 3B	

ROTATION	
RELIEVER	
RELIEVER	
RELIEVER	
RELIEVER	