LEFT SIDE

START

1

2

3

4

5

6

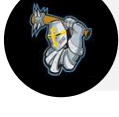# RIGHT SIDE

START

1

2

3

4

5

6

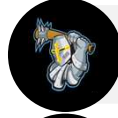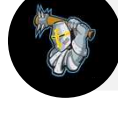# ROTATION

TOSS > EXECUTION > PITCH > SHAG > SHAG (*) > BUNT (*)

(*) 4+ GROUPS ONLY