

BE A MAN SISSY

ARE YOU
MAN ENOUGH
TO CHANGE?

A. P.

A BOY FROM THE HOOD

A Guide to Becoming an Improved Man by Ditching the Fake Alpha and Embracing the Real You

**You weren't weak
for questioning the
rules.**

**You were wise
enough to break
them.**

**Purchasing this
book is proof you
invested in
something bigger
than survival—**

**You invested in your
freedom.**

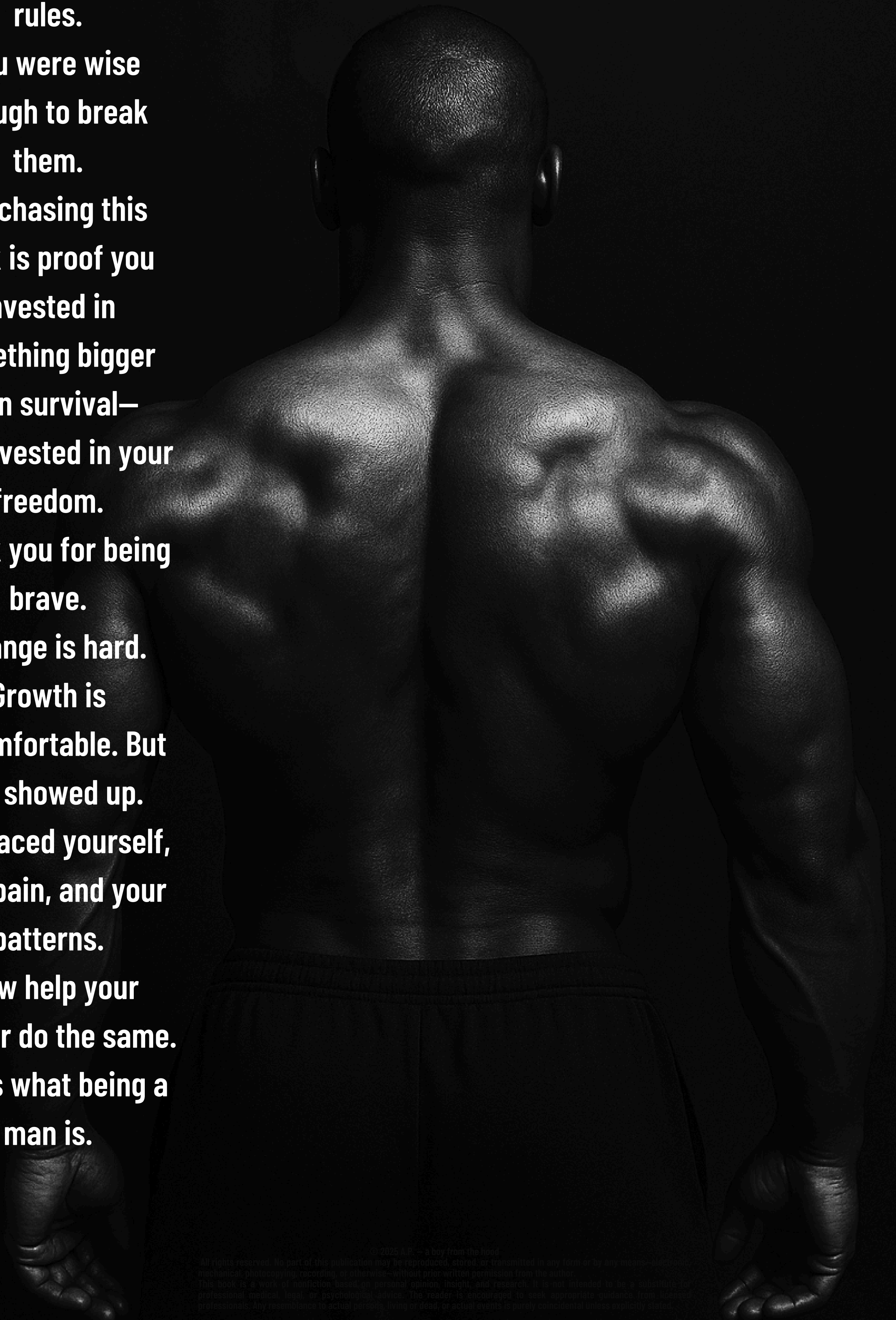
**Thank you for being
brave.**

Change is hard.

**Growth is
uncomfortable. But
you showed up.**

**You faced yourself,
your pain, and your
patterns.**

**Now help your
brother do the same.
That's what being a
man is.**



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