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## Vishwakarma Government Engineering College

# Induction Program

## **(1)Initial phase:**



On the first day of induction program, we were welcomed by GTU and VGEC, we were told about the vision and mission of Vishwakarma Government Engineering College, they provided us with the pathway to complete the years of engineering.

We were given information about the student support section, hostel, library, central facilities and about campus in detail.

We were also shown a motivational video. We were told about SSIP/e-Cell, scholarship for students in VGEC, training and placement cell. They told us about the placement statistics of VGEC college & their achievements.

The principal of VGEC also gave a motivational speech. We were welcomed by our department and given information about the department faculties. We also met the seniors; they were supportive like elder siblings.

## **(2) Regular phase:**

### **❖ Virtual Activities**



In virtual activity we were shown documentaries to improve our mental and physical health. It is very important to have a good health to grow into a successful human being.

The virtual activities performed were: -

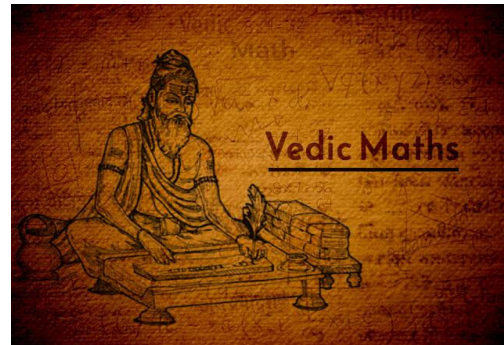
- (1) Documentary about yoga/pranayama-it showed the importance of yoga, how it helps to clear the mind in the form of meditation and how yoga helps for overall health of body and bones. The methods of various yoga postures were also explained.
- (2) documentary about physical exercises. Physical exercises are as important as Yoga, physical exercise helps to improve the cardio-vascular health and changes the structure of muscles and bones for the good. Various basic exercises were also explained

## ❖ Universal Human Values



As humans it is very important for us to live together with harmony, for that we need to learn about the human values that everyone should learn as a smart animal.

Next session of induction was about Universal human values We were told about how our nature should be for ourselves, our family and the society. We were told about the difference between value and price, the relation between humans and nature, they taught us about satisfaction and happiness, how to stay happy in life, necessities in life, values, ethics, soul, feelings, relationship, etc. They taught us to stay calm in stressful situations, how to focus on work and life. They also explained the causes of stress and anger and how to overcome them.



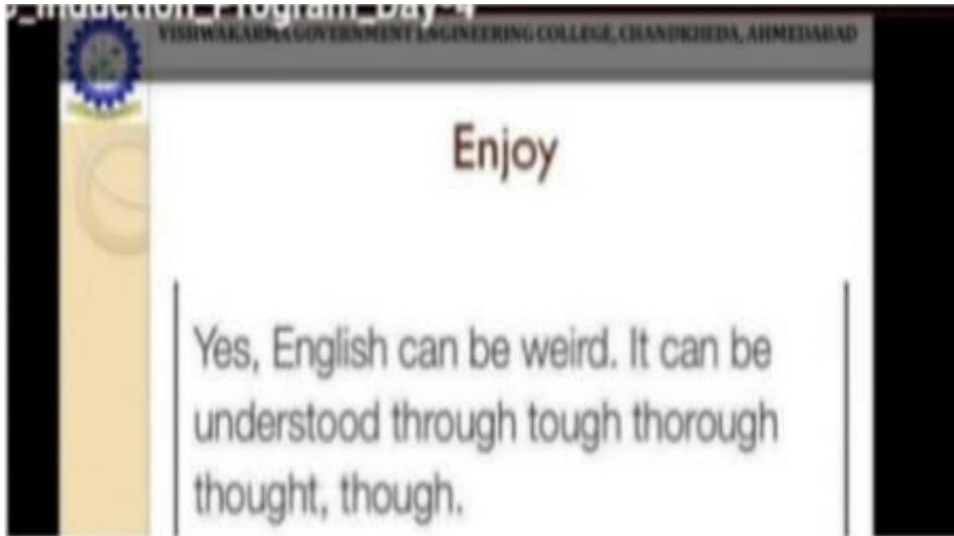
They told us about the importance of Digital Literacy, and how making an induction program report will help us with it. The world is going digital and therefore it is important for us to know about the developing technologies to grow.

In our first literacy lecture we were told about Vedic mathematics and Shakuntala devi-human calculator. Shakuntala devi does very fast calculation, even faster than computers. We got to learn about her fast calculation tricks, which we can implement in our college years.

They also told us how important Mathematics is to develop the mind and how important it is in day-to-day life.

They taught us basic Maths in the induction program to develop our interest towards Maths.

## ❖ Proficiency Module



In this module, they examined the English proficiency of the students and mentored them according to that.

Professor taught us the importance of English in our engineering life. We were taught meanings, idioms and expressions and made to use them in various contexts. It helped to Improve our English-speaking skills.

## ❖ Lectures by eminent people

In this program, eminent people from different fields gave lectures.

It gave us motivation to listen to their success story.

In the session, the professor told some good and realistic stories and gave some formulae to be successful. I was noting how to communicate with people, listening to him, how to give a good presentation, etc.

## ❖ Innovation



In these lectures we were introduced to various innovations done by the faculties. It was there to make us aware about the modern discoveries in the field of science and the strength of our engineering branch.

We were made aware of the SSIP cell established to support student start-ups.

*“Innovation is the practical implementation of ideas that result in the introduction of new goods and services”*



### **(3) Closing phase:**

In my opinion this program was meant to make us mentally and physically active. It was organized to open the various parts of our brain and make us question what we are capable of, they wanted us to not take stress in engineering, to overcome various insecurities, and make us creative, the induction program was a wonderful experience overall.



