



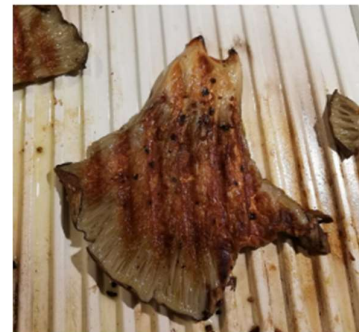
Grilled mushroom



1. Take the mushroom flowers off the stem and put them in some kind of marinade. Teriyaki or BBQ sauce, or season with dried spiced or pepper and olive oil



2. Fry the mushrooms on medium heat for 2 minutes, or until it loses its whiteness



Mahlzeit
Bon Appetit