

Overview



Total Distance



34.20

Sum Of AvgSpeed(km/h)



42.60

Hydration Energy Balance



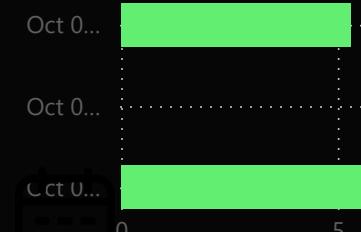
568.70

Average Energy Burned

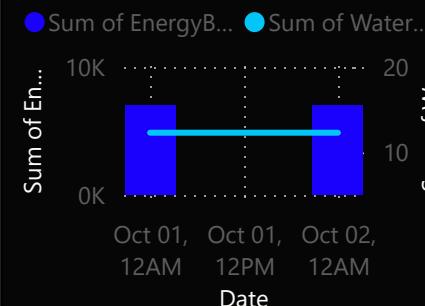


1.17K

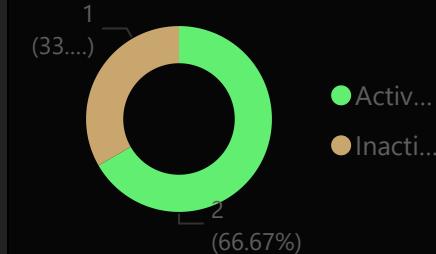
Distance per Session
by Date



Energy vs Hydration



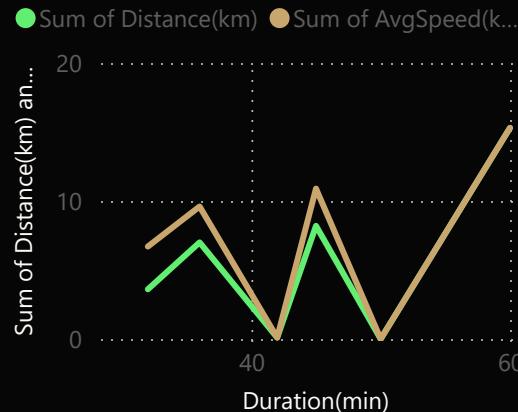
Active Vs Inactive Days



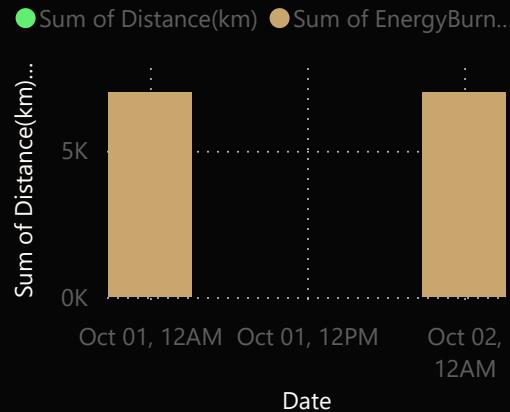
Activity Insight



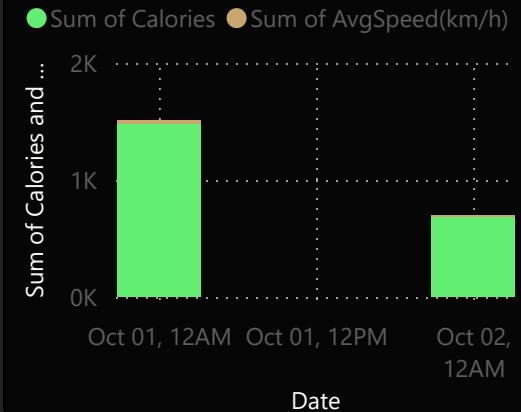
Distance Vs Time



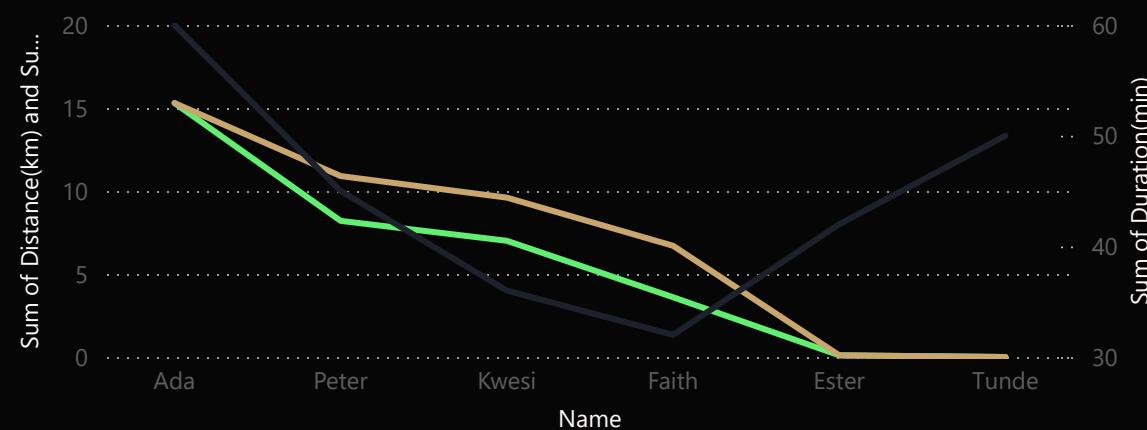
Daily Activity



Peak Performance Time



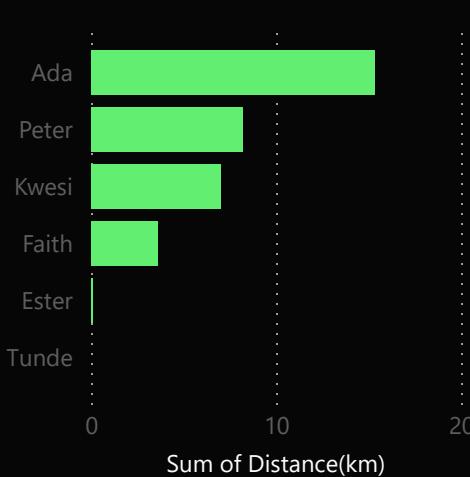
User Activity Profile



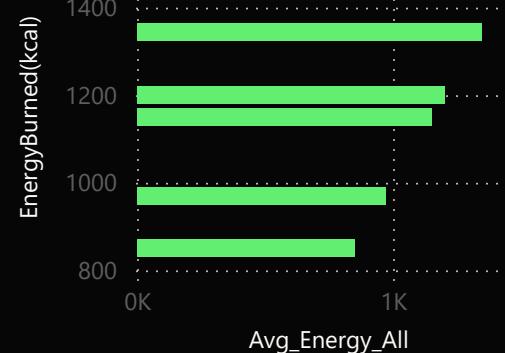
Competition And Goal Tracking



Leaderboard



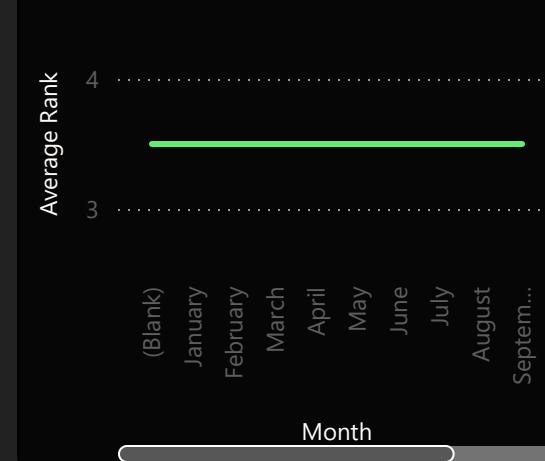
User Rankings And Performance Comparison



Goal Completion



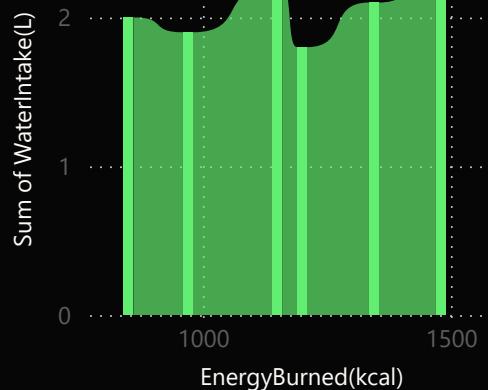
Monthly Competition Trend



Wellness and Energy Balance



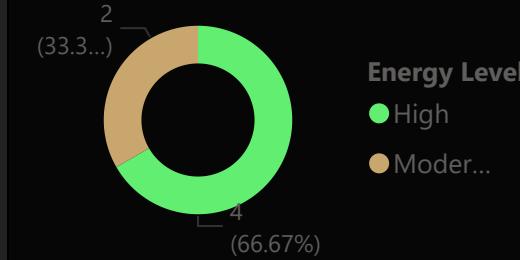
Hydration Vs Energy



Sleep and Recovery



Energy Levels



1.17K

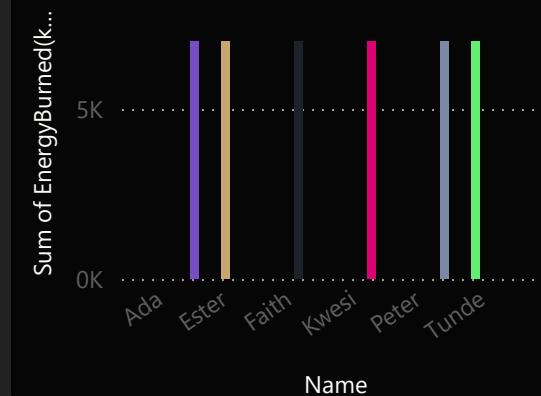
Average of EnergyBurned(kcal)

2.05

Average of WaterIntake(L)

Energy Leaderboard

Distance... ● 0 ○ 0.1 ● 3.6 ● 7 ● 8.2 ● 15.3

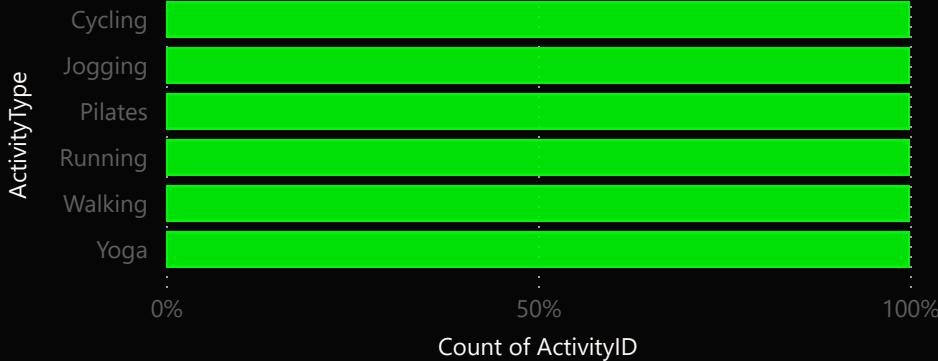


Calendar And Events



Event Participation

Count of ActivityType 1 1



Calendar Timeline

ActivityType ●Cycling ●Jogging ●Pilates ●Running ●Walking ●Yoga

