

# **SAFETY BULLETIN #1** (4/28/24)

- No crossing over the lanes while skaters are on the track at speed.
- All water bottles are to be at center ice by the pad during the session.
- If you are not entering or leaving the ice safely, Doors remains closed at all times.
- All skaters are required to wear shin guards, neck guard, knee pads, gloves and helmet.

**当滑冰者在赛道上高速行驶时，不得越过车道。**

**训练期间，所有水瓶均应放在中心冰块上的垫子旁。**

**如果您没有安全地进入或离开冰面，门将始终保持关闭状态。**

**所有滑冰者都必须佩戴护腿板、护膝、护膝、手套和头盔。**