## **Injections from the Plasma Sheet**

EMIC wave generation in dusk-noon plume

100-300 keV electron flux increase

Chorus wave generation in midnight-dawn plasma trough

The net effect on J(E) depends on the initial  $J_{in}(E)$  and on the steady-state attractor  $J_{ul}(E) = f(D_{\alpha\alpha}, D_{EE})$ 

