

# SWING MECHANICS SUMMARY – COACH REPORT

## BATTER 1

Peak Speed: -48.4 °/s

Hip-Shoulder Separation: 87.1°

Attack Angle: -101.0°

Coach Insight: Severe over-rotation; inefficient sequencing; angle too steep—needs posture and bat path control drills.

## BATTER 2

Peak Speed: -52.8 °/s

Hip-Shoulder Separation: 8.2°

Attack Angle: 10.1°

Coach Insight: Decent sequencing; speed below optimal—focus on rotational acceleration drills.

## BATTER 3

Peak Speed: -52.8 °/s

Hip-Shoulder Separation: 8.2°

Attack Angle: 10.1°

Coach Insight: Consistent but low speed—improve lower-body engagement to generate power.

## BATTER 4

Peak Speed: -460.3 °/s

Hip-Shoulder Separation: 15.4°

Attack Angle: 10.7°

Coach Insight: Excellent sequencing; powerful swing; maintain rhythm and balance.

## BATTER 5

Peak Speed: -301.7 °/s

Hip-Shoulder Separation: 13.3°

Attack Angle: -29.9°

Coach Insight: Good rotation but steep negative attack—focus on swing plane correction drills.

## OVERALL NOTES:

Players 2–4 show efficient sequencing and near-optimal angles. Players 1 and 5 need attention to reduce excessive rotation and improve swing plane alignment.