





A - Z GUIDE TO


CRYSTALS

CRYSTAL REIKI MASTER CERTIFICATION


Crystal Reiki Master Certification A to Z Guide to Crystals

Name	Image	Color	Chakra	Element	Works well with	Metaphysical Properties
Amazonite		green	Heart and Throat	Water	Aquamarine, Ajoite, Larimar, Aqua Aura Quartz, Chrysocolla, Turquoise Deepen insight Moldavite, Phenacite, Nuummite Inner journey - Azeztulite	truth, communication, harmony, peacemaker; compassion; manifesting dreams; communicating higher truth and knowledge; discernment of energy boundaries; spoken affirmation; setting boundaries; move beyond fear of confrontation or judgement; speak and live one's truth; self-knowledge and core beliefs; soothing; cell regeneration and healing after trauma; gout and arthritis; hair loss, brittle hair and nails; balance thyroid and adrenals; balances physical, etheric and astral bodies
Amethyst		purple	Crown		Hematite, Magnetite, Moldavite, all quartz especially Citrine, Smoky Quartz, Clear Quartz, Chrysoprase, Opal, Tiger Eye, and all Chalcedony.	Protection, purification, divine connection, release of addictions, stone of royalty, stability, strength, peace, serenity, common sense, prosperity, insight, honesty; communications with guides and angels; surrendering to divine; opens third eye and crown; develops psychic abilities; cutting

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					Sugilite for addictions; Jet, Obsidian, Black Tourmaline Healers Gold	cords; clears energy field; aids meditation; cocoon of light; identifies bad habits, behaviors and patterns; recognize spirit; helpful if you are longing for dramatic change in your reality, sadness, grief; addictions; balances nervous system and brain; tinnitus; nerve disorders; brain imbalances; improves oxygenation; keeps space clear; finds implants when used with chlorite; insomnia; headaches; bruises, swelling; parasites, large intestine
Apache Tears		dark brown, black	Root, Sacral, Heart	Earth, Fire	Smoky Quartz, Black Tourmaline, Aegirine, Red Garnet, Midnight Lemurian Jade, Healer's Gold, Moldavite, Tibetan Tektite, Libyan Gold Tektite (helps ground the high energy of Tektites) Emotional	grounding; protection; enjoyment of physical experience; emotional cleansing; purifying meridians and chakras; assists in creation and strengthening of grounding; spontaneity; spiritual lessons of physical plane; psychic protection; open you to nature spirits and cohabitants from this and other dimensions; raises psychic attunement (feel threat


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					healing - Rhodochrosite	approaching); negative vibe vacuum cleaner; opens portals to Nature; help find joy when feeling trapped in physicality; points out of life to those who are depressed; counter negative thought patterns; assist in finding more positive thoughts; heals emotional baggage; releases grief; strength and stamina; vitalize and purify blood; stimulate hair and nail growth; boost immune system; calming to type A personality; expels snakebite venom; eliminates toxins; helps assimilate vitamin C and D
Apatite		Blue, Green	Heart, throat (green), third eye (blue)	Wind (blue); Water, Earth (green)		Psychic activation, access to knowledge (blue); knowledge of the heart, relaxation, revitalization (green); aids exploration of past lives, lucid dreaming, dream recall (blue); prosperity consciousness, abundance of health and happiness (green); uplifting one's mood, overcoming

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						acrophobia (blue); supports health of the emotional body, optimism, generosity (green) helps calm headaches, overcome vertigo, improve eyesight (blue); aids overall healing and refreshment, healing the heart (green)
Apophyllite (Clear)		clear	Third-eye and crown	wind, earth	Azeztulite, Scolecite, Natrolite, Phenacite, Herderite, Brookite - facilitate interdimensional travel Tibetan Tektite - activate kundalini Selenite - communication w/Higher Self	interdimensional awareness; enhance psychic vision; angelic connection; clarity; connect with guides; renewed vision; connect with higher self; dispels "dark night of the soul"; return to spiritual path; develop faith and trust; higher perspective on physical experience; infuses aura with light energy; balances and stimulates energy system; helps you understand purpose for physical disease or imbalance

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Apophyllite - Green		milky green	Heart, Third-eye, crown	wind, earth	Seriphos Green Quartz, Green Phantom Quartz, Seraphenite, Hiddenite, Fairy Wand Quartz	connection with nature spirits; tranquility; honesty; activates heart chakra and third eye; facilitates communication with plants and especially animals; devic and angelic communication; use of energy vortices and dimensional doorways; astral travel; gets rid of pretense; adds hopeful energy to emotional body; overcome cynicism; childlike joy and wonder of being alive; reduces fears, overcomes anxiety; releases suppressed emotions; gets rid of negative thoughts; self-healing from degenerative disease; detoxification, especially chemical; resonance with electromagnetic field of the earth; respiratory problems; allergies
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Aventurine - Green		green	Heart	Water, Earth	All members of quartz family Move through transformation - Moldavite Magnify heart chakra - Moonstone, Morganite, Green and Pink Tourmaline	Vitality, growth, confidence; stone of optimism; lightness, humor; stone of good luck, prosperity; clear and reinforce emotional body and heart chakra; release attachment to outcome; willing to be present; willing to heal hope, optimism and joy; heart-centered and peaceful during difficult emotional experiences; release past relationships and life situations; growth and renewal heal and regulate heart and circulatory system; stimulates cell repair and growth; helps children blossom; stimulates life force and physical vitality
Azeztulite, Satyaloka Clear		clear	Root, Sacral, Solar Plexus, Heart, Throat, Third-eye, crown	Storm, Wind	Moldavite and all "ascension" stones	Truth, consciousness, bliss; Facilitates intense expansion of consciousness, enlightenment; Inspires the awakening to divine bliss; Initiates the infusion of spiritual light into the body


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Azeztulite, Satyaloka yellow		yellow, gold	Solar plexus, third-eye	Storm		Enlightenment, ascension, awareness of one's evolution; Inspires awareness of and enthusiasm for spiritual awakening; Encourages one to seek and savor the thrill of transformation; Aids the body in assimilating and integrating spiritual light
Bloodstone		dark green with red spots	Root	Earth	Cuprite, Smoky Quartz, Zincite, Black Tourmaline, Jet, Obsidian Divine Consciousness - Imperial Topaz Alignment with highest path - Moldavite	strength, courage, purification, vitality, grounding, altruism, spiritual warrior stone, clairvoyance, communication with ancestors; instills courage; assists in taking right action, fulfilling commitments; helps when undergoing change due to spiritual awakening; helps maintain faith, trust the divine, overcome loneliness, and find one's inner strength, dispels negativity from aura; keeps from being discouraged when faced with obstacles; assists in feeling capable and self- sufficient; strengthens connection to divine, reveals


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						feelings of isolation or loneliness as an illusion; facing death; making decisions; all types of blood ailments; blood production in bone marrow; anemia; stimulates liver and endocrine system; balances female hormones; dispels sluggishness in root chakra; increases endurance, stamina
Calcite - Blue		blue	Throat and third-eye	Fire, Air	Protective - Moldavite Out of Body - Herderite, Brookite Throat - Aquamarine, Owyhee Blue Opal, Blue Chalcedony, Blue Lace Agate	psychic ability, astral travel, soothing the emotional body; inner vision, clairvoyance, telepathy; focus on positive; enhances affirmations; connect with muse; overcome fatalism, responsible for creating reality; calming; release stress; optimistic; congestion in lungs; headaches; cataracts and eye disease (non-inflammatory);
Calcite - Clear		clear	Root, sacral, solar plexus, heart, throat,	Fire, Wind	all Calcite, Moldavite, Phenacite, Azeztulite, Scolecite, Danburite	insight, clarity, manifestation, forgiveness, amplifies intent; multi-level awareness; soothing, calming, cooling; stability; clears energetic blockages; stimulates third eye; releases past; clarity



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			third-eye, crown			about correct path; reveals possibilities for renewal, growth and creation; releases fear- or scarcity-based motivations; forgiveness and charity; surrender to divine; trust divine to steer to highest good dissolve energy blockages; dispel energy stagnation; stimulate aura; metabolism; weight loss; immune system; blood clotting; bone and tissue healing; strengthens heart
Calcite - Green		Green	Heart	Fire, water	all other Calcites; Green Apophyllite, Chrysoprase, Petalite, Lepidolite, Seraphinite	relaxation, emotional balance, release of stress and resentment; connection with the heart; resonate with love energy; express compassion and goodwill; vitality, positive change; refreshes etheric body; attune to nature; attention to heart energy; stills mind; forgiveness of you and others; willingness to change; kindness; overcome social phobias; cools hot emotions; open to divine love; clears arteries; well-being

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						in aura; releases buried emotions when used over heart; effects of aging; vitality;
Carnelian		orange, red, pink	Root, sacral, solar plexus	Fire	All varieties of Quartz, Jasper, Chalcedony Harmonize all chakras - Rose Quartz, Blue Lace Agate, Blue Quartz, Amethyst Extra grounding - Smoky Quartz Sexual energy - Zincite, Orange Calcite Psychic attack - Chlorite, Ruby	Courage, vitality, sexuality, confidence, action; influx of creative and sexual energy; passion; power; assertive will; manifestation; analytical; assists in taking action to manifest goals; helps gentle souls make things happen; overcome fear of taking action; embrace change and transformation; releases stress; banish sorrow; vitality; purify and sanctify bodily temple; detoxing from alcohol or drugs; breaking negative habits; improves overall health; balancing and healing ovaries and testes; repairs subtle bodies; allergies, colds;


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Celestite		white, grey, blue, green, yellow, orange, red	Third- eye, crown, Ohio Celestite – Heart, throat	Wind	Moldavite, Azeztulite, Petalite, Danburite, Scolecite, Morganite, Alexandrite, Natrolite, Phenacite, Herderite, Brookite, Tibetan Tektite, Lithium Quartz, Satyaloka Quartz	Angelic communication, access to higher dimensions, serenity; opening and clearing 6th & 7th chakras; blue-gray enhances 3rd eye, attracts protective spirits; golden aligns with crown chakra, stimulates connection to divine, can remove negative attachments and clear aura; blue-gray calms and centers, can be used to overcome fear or suspicion; golden brings optimism and energy; clearing infections and attachments; cleanses auric field; activate metabolism; blue-gray helps with eye infections or weakness; golden stimulates digestion, balances appetite, encourages weight loss; kidney infections and urinary infect.
Charoite		purple	Root, Solar plexus, third- eye, crown	Wind	Moldavite, Phenacite, Seraphenite, Petalite, Amethyst, Kunzite, Blue Apatite Protection	Revealing one's path of service; purging of inner negativity; protection; healing; purify and cleanse etheric body; protect from psychic attack; stimulates 6th, 7th, 8th chakras;

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					- Sugilite, Jet, Black Tourmaline, Smoky Quartz	stimulates intuitive and psychic ability; clears negativity; more effective healer; overcome resistance to one's path; separate your issues from others; assists with energetic boundaries; interpretation of psychic information; strengthen body and energy field by grounding high-frequency energy into physical systems
Chrysocolla		Blue-green	Root, heart, throat	Water	Larimar, Aquamarine, Ajoite, Malachite, Azurite, Lapis, Shattuckite	Communication, expression of the sacred, feminine energies, gentleness, power; Facilitates expressing inner wisdom, linking with the Earth's Awareness; Aids with calming, release of stress and anxiety; Supports adrenals, thyroid, aids with stress-related illnesses
Chrysoprase		green	Solar plexus, Heart	Water	Ajoite Danburite - links heart and crown chakra Lepidolite, Amblygonite - stress relieving	growth, compassion, connection with nature, forgiveness, altruism; stone of the heart; prosperity; blends personal will with urgings of the heart; connection to divine love;


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					Phenacite, Azeztulite - open inner wisdom Kunzite, Morganite - bring forth loving aspects of the heart Moldavite - strengthens heart chakra and sense of oneness	expanded ability to feel and express love; fosters positive and healing thoughts to others and to earth; works out emotional imbalances; heals heart; release attachment to fear-based emotions; general healing and regeneration; stone of youth; recuperation from degenerative diseases
Citrine		orange, yellow, brown	Root, sacral, solar plexus, third-eye	Fire	Add power ot 3rd chakra - Heliodor, Golden Labradorite, Imperial Topaz Creativity - Zincite, Orange Calcite, Carnelian Enhancing vision - Phenacite, Azeztulite, Natrolite Bring in energy from higher realms - Amethyst, Petalite, Danburite, Clear	Manifestation; personal will; mental clarity; creativity; imagination; warming, comforting, uplifting; individuality; self-confidence; connect to Higher Self; combines mind with will; assists in learning; does not accumulate negative energy; merchant's stone, assists in acquiring wealth; lighten dark thoughts; optimism, playfulness, happiness; overcomes depression; digestion; metabolism; weight loss increase energy during exercise

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					Apophyllite, Scolecite, Herderite	
Creedite		white, colorless, orange	Third- eye, crown	storm	Azeztulite, Scolecite, Phencite, Natrolite, Clear Apophyllite, Herderite Jet, Black Tourmaline - Grounding Carnelian, Orange Calcite, Zincite Amber w/ Orange Creedite - Enhance creativity Moldavite - spiritual awakening and transformation	expansion of awareness; activation of upper chakras in conjunction with heart; peace; clarity; accelerates base frequency of body and energy field; fills aura with light; encourages connection to guides; creative visualization; inspiration from Divine; aligns throat and crown chakras; identify w/higher perspective instead of emotions; overcome addiction to drama; reveals etheric component of disease
Danburite		white, pink, gold	Heart, Third- eye, crown	Wind	Moldavite, Phenacite, Tanzanite, Azeztulite, Herderite, Petalite, Tibetan Tektite, Brookite, Natrolite,	angelic communication, channeling, interdimensional travel, peace, freedom from stress; communication with higher beings, connect with angelic entities, high-frequency energy in body, evolve

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					Scolecite, Satyaloka Quartz Relaxation - Lilac Lepidolite, Amblygonite, Lithium Quartz Interdimensional travel - Merkabite Calcite and Elestial Calcite Grounding - Smoky Quartz	spiritually, activates up to 14th chakra, affinity with extraterrestrial entities; soothes emotional body, releases grief, intense fear, anxiety, stress, resentment or anger; calm, optimistic outlook, aids in sleeping (put in pillowcase) and in meditation, calms mind chatter
Dumortierite		Blue	Third- eye	Wind	blue sapphire - mental discipline Lapis, Lazulite - psychic ability Phenacite - inner vision Azeztulite - spiritual awakening	Divine inspiration, psychic ability, inner guidance, enhanced learning capacity, mental discipline; stimulates psychic abilities, prophetic vision, spiritual insight; Enhances emotional intelligence and empathy; supports neural functioning and clarity of consciousness

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Emerald		green	Heart	Water	All Crystals associated with the heart	Love, compassion, healing, abundance; Facilitates the awakening to divine love; Opens the heart to love, forgiveness, compassion and trust; Supports the heart, blood and circulatory system
Flourite		green, purple, white, yellow, red, pink	Root, Sacral, solar plexus, heart, throat, third-eye and crown		Clearing energy - Black Tourmaline, Smoky Quartz, Jet, Obsidian Heart work - Emerald, Diopase, Pink Tourmaline, Rose Quartz, Kunzite, Morganite with Pink and Green Fluorite	mental enhancement and clarity; improved decision-making; clearing energy fields; manifestation; coordination; innovation; inspiration; discernment; focus energies; higher guidance; rich visions; receiving psychic information Purple - purification, access to Spirit Black - astral cleanser; Yellow - intellect; Green - heart; Pink - high heart (soul seat); Blue - throat; Multi - energy cleanse, aura; remedies confusion, vacillation, instability, dishonesty and incoherent thought patterns; overcomes fear of future; helps you think through feelings; balances brain chemistry; stimulates brain;

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						assists in learning and memorizing; aids dizziness or vertigo; strengthens bones and teeth; infections; skin; mucous membranes; arthritis
Garnet, Grossular		Yellow-green	Solar plexus, heart	Earth	Aventurine, Green Jade, Emerald, Malachite, Celestite, Azeztulite, Natrolite and Clear Apophyllite	Facilitates manifestation of prosperity, zest for living; Helps one overcome financial anxiety and/or scarcity consciousness; Supports vibrant, abundant health; recovery after illness
Garnet, Red		Red	Root	Earth		strength, security; Provides grounding and protection, arouses kundalini energies; psychic protection; stone of ancient times; Dispels negativity, worry and panic; helps one adhere to truth; supports reproductive organs; aids recuperation from injury
Hematite		Metallic grey	Root	Earth	Black Tourmaline, Smoky Quartz, Obsidian, Jet, Tibetan Black Quartz, Herkimer	Grounding, manifestation, making the spiritual physical; memory; mental attunement; stone for the mind; original thinking; mental and manual



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					Diamonds, Moldavite, Libyan Gold Tektite. Root chakra - Cuprite, Ruby or Zincite	dexterity; protects against all harm; teaches resolution of polarities, balancing of opposites, manifestation of light, grounding, allows you to carry high frequency energies, encourages ability to survive; reach for the sun; helps one see the silver lining in the cloud and the light at the end of the tunnel; strength, courage, fortitude in adversity; integrates shadow self; strengthens will; bestows vitality and dynamism; facilitates loving relationships; boosts self-esteem; supports recovery from ailments of the blood and blood production in bone marrow; strengthens liver; assists in detox; balances nervous system; leg cramps; insomnia; spinal alignment; healing of bones; dispels heat and inflammation
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Herkimer Diamond		clear or smoky; black carbon deposits	Third-eye, crown		Attunes to most any other stone	dreams, visions, purification, spiritualization of physical life; solidified spiritual light; magnify other stones; astral travel, time travel, dimension shifting; creating and maintaining dimensional doorways, healing grids, vortex grids; lucid dreaming; carbon-included helps remove cords' clear increases the amount of light a body can handle; eyes, stamina;
Howlite		white	Solar plexus, Throat, Crown		Flourite	communication; discernment; patience; desire for knowledge; spurs one to reach goals; builds character; encourages attributes of spirituality; eliminates pain, stress, rage; encourages subtlety and tact; dispels criticalness, cold selfishness and rudeness

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Iolite		Blue-Gray	Third-eye	Wind	Lapis, Amethyst, Tanzanite, Lazulite, Azurite, Scolecite, Hematite	Inner vision, shamanic journeying, healing of old wounds, soul retrieval; Facilitates visionary experience in meditation; Encourages calm and resourcefulness in difficult situations; Supports healing of the eyes, memory problems, sleep issues
Jade - Green		green	Heart	Earth	Other heart crystals	Health, abundance, flow of energy into matter; manifestation; encourages one to revel in life; connecting with energy of true abundance and manifesting; prevents greed, avarice and scarcity-mindedness; conveys energy of Nature; allows joy in one's life; heals poverty-consciousness and other symptoms of belief in money as measure of worth' strengthens energy systems; heart healer (nephrite jade); soothes nervous system (nephrite jade); detox and regeneration of tissues (green jadeite)

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Kyanite		blue, green, black	Root, Sacral, solar plexus, heart, throat, third-eye and crown		All Kyanite varieties Blue Kyanite - opens 6th chakra, links subtle bodies Green Kyanite - focuses energy on 4th chakra, helps discern truth, connect to Nature Black Kyanite - clear blocked chakras, grounding, energizing, past lives, probable futures Indigo Kyanite - stimulates pineal	Inner bridges; psychic ability, connecting with Nature; past- life recall; telepathy, empathy; negotiation; rapid communication; catalyst; tranquility; stimulates 3rd eye and psychic ability; bridges blockages between etheric and physical bodies; protects aura; facilitates telepathy and transfer of energy between people; aligns all chakras immediately; facilitates meditation; bridges over energy blocks and creates new perceptions to overcome emotional trauma; dispels anger and frustration; broken bones, surgeries; reestablish damaged nerve and tissue pathways; heals brain from trauma, seizure or stroke;
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Labradorite		green, blue, gold, orange, red, violet	Root, Sacral, solar plexus, heart, throat, third-eye and crown	Wind	Moonstone, Sunstone, Spectrolite, Golden Labradorite	Magic, protection, openness, flexibility; move between realities, connect with unseen realms, enhances psychic abilities, psychic protection, protects aura, synthesizes intellect and intuition, shows us our goals; uncovers subconscious belief patterns focus on personal issues embrace new ideas relieves insecurity enhances faith, stimulates imagination; reveals mystery illnesses, patterns of disease, amplify healing thoughts and prayers, stimulate mental activity, reduce anxiety and stress digestion, regulation, metabolism, colds, blood pressure
Lapis Lazuli		blue	Throat and third-eye	Wind	Turquoise, Rhodochrosite, Sugilite, Chrysoprase, Pietersite, Rhodonite, Larimar	inner vision; truthful communication; royal virtues; self-knowledge; reflection; knowledge from lost civilizations, such as Atlantis; initiation; truth; balance; justice; insight; clarity;

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					<p>Transformaton to highest purpose - Moldavite Past-life memories - Alexandrite, Oregon Opal</p>	<p>awareness; awakens third eye; enhances ability to visualize and receive visual guidance; enhances meditative journeys; clairvoyance, precognition; facilitates past life viewing; wisdom; honesty; friendship; balances yin-yang energy; identifies blocks to spiritual progress; encourages self-awareness, dignity, honesty and uprightness; enjoy contact with others; helps convey emotions and feelings; face truth and accept it; express opinions; contain conflicts; identifies karmic root of disease as well as habitual thought patterns and emotions that are sabatoging healing; supports throat and upper chest; lowers blood pressure; regulates thyroid, lengthens menstration cycle; RNA/DNA damage; insomnia</p>
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Larimar (Pectolite)		blue-green, white	Heart, Throat, Third-eye, Crown	Water, Fire	Aquamarine, Ajoite, Turquoise, Andean Blue Opal, Aqua Lemuria, Chrysocolla, Lemurian Seed Crystal, Moldavite, Tibetan Tektite, Lift up lower chakras - Cuprite, Ruby, Zincite Higher Dimensions - Phenacite, Brookite, Natrolite	calming, cooling, soothing to emotional body, enhanced communication, feminine power, connection with feminine energy; confidence; aids flow of energy; acceptance; access divine feminine; self-nurturance, self-respect; calms overactive energy; manifest highest purpose; recognize chains; purges entities; dissolves phobias, panic attacks, stress, anger, fear, excessive emotions; releases judgement and ego; encourages tolerance; pregnancy, birth and post-partum; high blood pressure; stress-related illness; infection, fever, inflammation; colds and flu; opens feet chakras, dissolves energy blocks, esp. chest, neck and head; stimulates brain
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Lemurian Seed Crystal		white, pink	Crown	Earth, Wind	Larimar, Celestite, Rose Quartz, Kunzite Moldavite for highest spiritual level Herkimer Diamond for Atlantean energy	Connection with divine feminine unification with the soul, true self access to knowledge wisdom of ancient Lemuria record keeper, Christ Consciousness; expands consciousness, connect to higher self, highest frequency of light, teaching stone, receive information, heart opening, telepathy, connection with angelic entities; heals separation from divine connect to soul at one with others and oneself good for children to stay in body; communication with healing guides support for healing work amplifies energies of other stones
Malachite		green	Solar Plexus, heart	fire	Azurite, Turquoise, Shattuckite, Chrysocolla, Ajoite Tiger eye - physical energy & protection Morganite -	enlightened leadership; creativity; confidence; protection; a healed heart; grounding; stone of transformation; fidelity; loyalty; responsibility; desire for knowledge; dreams,

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					balancing heart chakra	imagination; co-creating physical reality; reveals energetic and emotional boundaries; protection from power abuse; clears and activates chakras; shows clear path; self-awareness; clears emotional confusion; overcomes victim/abuser polarity; organizes creativity; overcome fear of confrontation or fear of self-expression; releases negative experiences; restores strength and vitality; formation of red blood cells; oxygenation; reduces inflammation; detoxing; digestion aid; colon function; cramps and menstrual problems; midwife stone
Moldavite		dark green	Root, Sacral, solar plexus, heart, throat, third-eye	Storm	All Quartz, Amethyst, Citrine, Rose Quartz, Sugilite, Charoite, Lapis, Larimar, Rhodochrosite, Aquamarine, Heliodor,	esp. 4th and 6 th chakras, transformation, rapid spiritual evolution, chakra activation, cleansing, protection, synchronicities; Holy Grail stone; blends cosmic and earthly energies; connection to guides; expanded awareness;

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			and crown		Pietersite, Smoky Quartz, Selenite, Herkimer Diamonds	highest frequencies; brings out shadow side for examination and integration; shines brightly into depths of soul; activation stone; healing crisis possible; identifies root of imbalance; immune system
Moonstone		peach, white, light brown	Third-eye, crown	Wind	Rainbow harmonizes with Sunstone, Labradorite, Black Jade, Amber, Golden Labradorite, Moldavite, Amethyst, Jet, Tibetan Tektite	Mystery; self-discovery; intuition; insight; dreams; the feminine; stone of mystery; patience, right action; working with divine; stages of creation; psychic awareness; outside guidance; attune to guides; sort through emotions; releases frustration; surrender to natural cycle of life; objectivity; attune to moon's energy; stabilize female cycle; help males attune to own hormonal shifts; balance water retention; insomnia

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Obsidian - Black		black	Root	earth	Jet, Black Tourmaline, Smoke Quartz - grounding Moldavite - raise vibration Amber - healing Alexandrite, Oregon Opal - view past lives Phenacite, Scolecite, Natrolite, Azeztulite - activate 6th and 7th chakras, enhanced psychic abilities	psychic protection; grounding, cleansing of negativity; spirit communication; psychic vacuum cleaner; cleans aura; stimulates root chakra to connect to earth; scrying (seeing future); maintain integrity of energy fields, especially for the emotionally sensitive; understanding and acceptance of dark side of your nature; breaking negative patterns or self-abuse, eating disorders, addictions; removes blockages in meridian system; clearing reproductive problems; opens and clears 1st and 2nd chakras
Obsidian - Snowflake		black with white spots	Root, third-eye	Earth	Magnesite, Zincite, Lapis, Iolite, Siberian Blue Quartz, Scolecite, Herderite	Perserverance, insight, attunement to spiritual guidance, past-life recall, spirit communication; Increases psychic sensitivity, past-life recall, awareness of synchronicities; Helps one dispel "victim consciousness," inspires belief in oneself; Supports spiritual healing of cancer,



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						encourages receptivity to healing
Peridot		green	Solar Plexus, Heart	Earth	Rose Quartz	Increase, prosperity, warmth, well-being, protection, cleansing, freshening, invigorating; honors source of abundance, frequency of love, fairy realm, communicate with plant and animal kingdom, symbol of the sun; removes blockages to receiving; releases stored anger, self-blame; alleviate heaviness of heart, heart-related imbalances, strengthen blood; anemia; poor oxygenation; recovery from tobacco or inhalent addiction; removes toxins; skin problems; liver and gallbladder
Phenacite		clear, yellow, pink	Third-eye, Crown	Storm	Moldavite, Phenacite, Tanzanite, Azeztulite, Herderite, Petalite, Tibetan Tektite, Brookite, Natrolite,	Third-eye activation; inner visions; awakening the light body; interdimensional travel; communicate with guides; guides spiritual initiation; make choices aligned with spiritual path; activates psychic abilities;


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					Scolecite, Satyaloka Quartz, Danburite Merkabite Calcite, Elestial Calcite, Papagoite and other upper chakra stones	draws energy to body; facilitates meditation; clears chakras; clears aura; helps gain resolve; spiritual courage; nerve damage; brain imbalances; brain damage; stimulates brain function;
Pietersite		brown, varigated	Solar plexus, Third- eye	Storm		Insight, intuition, increased power of the will, precognition, interdimensional travel, self- transformation; Highly spiritually activating, catalyzes peak experiences, powerful aid to manifestation; Empowers the will and lends self-confidence and fearlessness; Increases mental and physical energies, enhances overall vitality
Prehnite		Light green	Solar Plexus, Heart	Earth, Water	Adamite, Jade, Smithsonite, Hemimorphite, Blue Aragonite, Libyan Gold Tektie, Heliodor, Emerald,	Inner peace, union of the heart and will, communication with non-physical beings; Attunes one to higher dimensions through heart awareness; Brings peaceful awareness, dispels worry and


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					Moldavite, Natrolite, Scolecite, Herderite, Lilac Lepidolite and all Azeztulites	restlessness; Supports digestive, circulatory, lymphatic and urinary systems
Pyrite		gold	Solar plexus	earth	Zincite, Carnelian - stimulation of male sexual energy	masculine energy; manifestation; action, vitality, willpower; creativity; confidence; integrate high-frequency energy into body; taking action to create abundance; stimulates creative energy; healthy sexual expression; overcome fears and take action; encourages you to be dynamic and confident; purifies infection; stimulates endocrine function; male impotence and infertility; skin disease; fungal infection; viral infection
Rhodochrosite		pink, red	Solar plexus, Heart	fire, water	Most other heart stones; Rose Quartz, Pink Calcite, Rhodonite, Morganite, Emerald, Tsavorite	emotional healing; recovery of lost memories and forgotten gifts; self-love, compassion; stone of joy; inner peace; self-forgiveness; courage; stone of love and balance; bridge

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					<p>Garnet Moldvite - recover forgotten pieces of self</p> <p>Phenacite - enhance vision and memory</p> <p>Alexandrite, Oregon Opal - past life recall</p> <p>Black Tourmaline, Jet - protection and grounding during self-healing</p>	<p>between upper and lower chakras; resonates with inner child; courageous heart; playfulness; stimulates creativity; helps you align to frequency of love; enthusiasm for life; attunement to higher self; recovering, reliving and releasing emotional wounds; heals inner child; using will to create reality; mood lifting; expressions of feeling; balances emotions; nervous system imbalances; anti-anxiety, anti-stress; withdrawal from stimulants; stimulates circulation; blood pressure; kidneys; reproductive organs; migraines; digestion</p>
Rhodonite		pink, red	Root, heart	Fire, Earth	<p>Rose Quartz, Pink Calcite, Rhodochrosite, Morganite, Emerald, Tsavorite Garnet (all heart stones) Awakening higher self -</p>	<p>Discovering and developing hidden talents; compassion, love, generosity, altruism; outer-directed love; using recovered gifts; understand one's purpose; value one's gifts and utilize them for higher good; stone of self-worth;</p>



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					Phenacite, Scolecite, Natrolite and Herderite Clear negative energy - Sugilite and Tibetan Black Quartz Manifesting dreams - Red Garnet and Tsavorite Garnet	feeling sure about purpose; clearer call to one's path; weight loss; detoxification and purification; gallstones and kidney stones; healing of liver	
Rose Quartz			pink	Heart	Water	all heart stones, Rhodonite, Pink Calcite, Pink Tourmaline, Rhodochrosite, Morganite, Emerald, Tsavorite Garnet, Peridot Transformation through love - Moldavite Window to divine love - Phenacite, Natrolite, Scolecite	love; gentleness; emotional healing; release of stress; uniting with divine; humble but powerful; bathes body, mind and spirit in healing frequency; enlightening; loving consciousness; calming; releasing worry, fear, anxiety and past emotional trauma; clears ego-driven patterns; open to receiving and sharing love, compassion and kindness; stabilizes heart trauma and imbalance; shifts heart to higher frequency; esp. good for babies or kids with weak hearts

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Ruby		red	Root	Earth	Blue Sapphire for self-control Proustite, Cuprite and Zincite for increased life force Rose Quartz and Morgantie for romance	Life force; courage; passion; strength; enthusiasm; adventurousness; protectiveness; stimulates root chakra; enjoy being in physical world; mastering thought and intent into physical world; release past trauma; more engaged in life; more willing to be in body; more loving towards body and human existence; heals 1st and 2nd chakras; inadequate circulation in feet and legs; sexual dysfunction and infertility; weight regulation;
Ruby Zoisite		red and green	Root, Heart, Third-eye	Storm	Tanzanite, Aphophyllite, all forms of Sapphire Heart chakra activation - Tugtupite	Increase in inner and outer development; awakening of the true self; joyful engagement with life; healing, increase in life force; teaches growth, healing and enjoyment of the moment; helps one perceive gifts in life; recognizes the illusion of death; alleviate grief, anger, despair, hopelessness,

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						defeat; heals emotional body; promotes healing; healing the experience of terminal disease and the transition of death
Rutilated Quartz		white, brown, gold, clear	Root, Sacral, solar plexus, heart, throat, third-eye and crown	storm	All types of Quartz Merkabite Calcite Elestial Calcite Moldavite, Phenacite, Tanzanite, Azeztulite, Herderite, Petalite, Tibetan Tektite, Brookite, Natrolite, Scolecite, Satayaloka Quartz, Danburite	Programmable for attunement, amplification, acceleration, expanding awareness, quickening and grounding manifestation; Aids telepathy and intuition, amplifies ones power of manifestation; Intensifies feelings, quickens emotional catharsis, breeds optimism; Supports a speedy healing process, aids hair growth and quality
Selenite		cloudy white, gray, green or golden brown	Third-eye, crown	Wind		spiritual activation; communion with Higher Self, spirit guides and angels; clears etheric blockages and debris; free flow of energy through higher chakras; stimulates emotional body; compels forward movement; overcomes


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						stagnation; stimulates healing with high frequency energy
Seraphinite		dark green with silver striations	Root, Sacral, solar plexus, heart, throat, third-eye and crown	storm, earth	Moldavite, Phenacite, Scolecite, Petalite, Tanzanite, Danburite, Azeztulite, Herkimer, Tibetan Tektite, Charoite. Connection w/divine feminine - Azeztulite Healing - Sugilite Connection w/ nature spirits - Green Apophyllite Grounding - black tourmaline Energy implants & psychic attack - Amethyst or Carnelian & Ruby	Self-healing; regeneration; wholeness; angelic connection; opening; sensitizing; revealing; cleansing; links physical with angelic; brings healing to body, mind, spirit and earth; angelic and devic communication; heart chakra; cleanses aura, chakras, meridians; releases emotional energy that doesn't serve; brings enlightening, joyful energy; stimulates flow and elasticity of energy so one can react in a balanced way; clarifies personal goals; alleviates feelings of isolation and abandonment; regulates growth and reproduction of all types of cancer cells; general healing of systemic imbalance or disease; strengthens blood; aids cellular respiration and delivery of nutrients to cells; calms overactivity



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Smoky Quartz		brown	Root	Earth	Sugilite, Black Tourmaline, Jet, Obsidian, Moldavite	Grounding; transformation of negative energies; practicality; organization; manifestation of one's dreams and inspirations; protection; healing; helps you receive and utilize more high-frequency energy; assists in aligning physical body with expanded range of light frequencies; purifying and protective; good if you resist being in a body; helps change one's reality; counter negative effects of radiation, i.e. sunburn, exposure to radioactive materials, medical radiation therapy and EMF Exposure;
Sodalite		dark blue	Throat, Third-eye	Wind	Intuition - Iolite, Lapis, Siberian Blue Quartz, Blue Sapphire, Lazulite High vibe - Moldavite Higher spirit - Phenacite, Scolecite, Natrolite,	access to subconscious and intuitive abilities; enhanced insight and mental performance; deepened intuition; improves communication; fellowship; perceive one's path; spiritual growth without magical tricks; access to universal laws;


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					Danburite, Herderite	idealism; truth; true to self; detachment from everyday worries; higher, more serene perspective; peace; dissolves guilt; blood pressure; water retention; improves cellular hydration; cleanses lymph system, improves immune system; heals throat, larynx, vocal cords
Stibnite		metallic gray	Root, Sacral, solar plexus, heart, throat, third-eye and crown	Earth	Reveal new perspectives - Phenacite, Azeztulite, Herderite Enhancing personal power - Cuprite, Heliodor, Zincite Contact with extraterrestrials - Moldavite, Tibetan Tektite, Libyan Gold Tektite, Pallasite Meteorite	attunement with new frequencies; transformation; new perspectives; prosperity; enhancement of personal power; purifying; manifesting light into physical form; helps incorporate higher frequencies from meditation; needs highly focused intention; releases fear of exploring higher realms; cleanses and releases debris from emotional body; channels high frequency energy and grounds it into the body; heals infections from herpes, cold sores, boils, cuts and wounds

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Sugilite		purple	Third-eye and crown	wind	Moldavite - especially powerful combo Intensifying vision - Phenacite, Natrolite, Herderite, Brookite, Scolecite Grounding - Hematite Increasing effect of aura of protection - Amethyst	dreams; spiritual protection and purification; becoming a beacon of light; integration; sensitivity; stimulates and opens crown chakra; energetic cleansing; hope; optimism; repels negativity; fills aura with high-frequency light; good for gentle souls and energy-sensitives; following dreams and passion; right path and inner truth; overcomes hopelessness; lends strength and courage to manifest dreams; forgiveness; reminds one of reason for being on earth plane; emotional freedom; dispels hostility; alleviates sorrow and grief; nightmares, insomnia, sleep disorders; peace of mind; calms nerves, releases worries; headaches; epilepsy; motor disorders
Sunstone		Orange	Sacral, Solar Plexus	Fire	Moonstone, Labradorite, Moldavite, Amber, Selenite, Golden	Leadership, benevolence, strength, abundance of blessings, enlightened male energy; Inspires responsibility,

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					Labradorite, Prasiolite, Jet, Danburite, Larimar, Quartz	conviction, benevolence; aids prosperity; Encourages a positive, benevolent attitude; overcomes self-doubt; Warms the body; increases digestion, metabolism and vitality; supports endocrine and reproductive systems
Tiger's Eye		yellow-brown bands, red, gold, black	Root, Sacral, Solar plexus	Fire, Earth	all Quartz Malachite, Charoite, Seraphinite, Jasper Transformation of "stuck" energy - Moldavite	balance between extremes; discernment; vitality; strength; practicality; fairness; mental clarity; intellect; logic; paradox; protects against dissonant energy confuses enemies; balance between polarities; balance between physical and spiritual; actualizing spirit; Divine consciousness; find emotional equilibrium; harmony between different viewpoints; harmony in relationships; unconditional love; compassion; soothes; builds confidence; blood fortifier; strengthen endocrine system; brings hormones and biochemistry into balance

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Topaz - Blue		light blue	Throat, third-eye	fire	sore throat; speech impediment; fear of public speaking; hyperactive thyroid (natural blue topaz only); neck and throat; migraines	enhancement of mind and communication; magnifies psychic abilities; calming; ability to verbalize what you want to manifest; alignment to universe; integrate lessons; gain knowledge from experience; opens throat chakra; communication with higher beings; calming, soothing effect on emotional body; facilitates communication of feelings and truth
Tourmaline, Pink		pink	Heart	Water	Rose Quartz, Morganite, Kunzite, Thulite, Rosophia, Rhodochrosite, Malachite, Diopase, Pink Calcite and Satyaloka Rose Azeztulite	Love, emotional healing; Encourages one to become a living beacon of love energies; Helps repair holes in the auric field from emotional wounds; Supports the heart, lungs and parasympathetic nervous system

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Tourmaline, Black		black	Root	Earth	Jet, Obsidian, Black Andradite Garnet, Smoky Quartz, Sugilite, Charoite, Amethyst, Hematite	Purification, protection, grounding; Aids with grounding and cleansing of the energy field; Helps dispel worry, fear, judgement, shame and other toxic emotions; Supports purification of the body, eliminating toxic substances
Turquoise		light blue	Throat	Storm	Gem Silica, Shattuckite, Chrysocolla, Ajoite, Malachite, Azurite, all types of Calcite, Smithsonite, Hemimorphite. Soothing and healing emotional body - Larimar	Wholeness; communication; spiritual expansion; stimulates and harmonizes throat chakra; wisdom of life experiences; balancing, serenity, peace; lifts sagging spirits; sharing insights; self-forgiveness; self-acceptance; release of regrets; compassion, forgiveness of others; oxygenate blood; increase prana in physical body

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