



The Isis Blue Moon Healing System by Linda Vaughan

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#### ~\*~ An Ancient Message from Isis ~\*~

### From the Egyptian Book of the Dead translated by E.A. Budge

Come to me. Come to me, for my speech hath in it the power to protect, and it possesseth life.

I am Isis the goddess, and I am the lady of words of power.

Isis, the goddess and great enchantress at the head of the gods.

Heaven was satisfied with the words of the goddess Isis.

The great lady, the God-mother, giver of life...
the divine one, the only one,
the greatest of the gods and goddesses,
the queen of all gods, the female Ra,
the female Horus, the eye of Ra,
lady of the New Year, maker of the sunrise,
Lady of heaven, the light-giver of heaven...
queen of the earth, most mighty one,
lady of warmth and fire, the God-mother...
the lady of life, lady of green crops, lady of bread,
lady of abundance, lady of joy and gladness,
lady of love, the maker of kings, the beautiful goddess,
the lady of words of power...
wife of the lord of the abyss....

Let the blood of Isis, and the magical spirits of Isis and the words of power of Isis, be mighty to protect and keep safely this great god.



## <u>Welcome to Isis Blue Moon Healing</u> and the Ancient Spiritual Order of Isis

#### ~\*~ Introduction ~\*~

Isis's Blue Moon is a particular energy stream that I became aware of while working with Isis one day. I named it Isis's Blue Moon because that is the main visualization I use to connect with this energy stream. This energy stream has 2 main aspects; cool/soothing & cold/freezing. So, I have organized this into 2 separate empowerments for those who are interested. The first empowerment is an initiation to the Practitioner level. The second empowerment increases the energy levels and is for Master Teacher level.

To me the energy feels cold and blue or bluish white. Others have reported to me that it feels calming and soothing. There is also a Golden aspect that comes through as needed. Isis's Blue Moon energy can be used for any cooling and/or clearing types of healing work. I used it once to reduce swelling in a pinched nerve for a friend of mine. I've also called upon it to help clear rooms that have large amounts of negative energy.

There is one main symbol, a Blue Moon of course. The symbol is not necessary; however, having a simple visual can sometimes help the mind to focus. If you are verbal then simply chant, "Isis, Isis, Isis Blue Moon." There are also 9 additional optional symbols.

You are already part of the Spiritual Order of Isis just by receiving the Isis Blue Moon initiation/empowerment. In all likelihood, you are or were already or you wouldn't be drawn to receive these empowerments. Basically, the Order is just a nice way of saying you're part of the Isis family at the spiritual levels. Some alternate names for the Isian Orders over the years have been The Ancient Order of Isis, The Sacred Order of Isis and The Order of the Temple Isis. I'm sure there are even more versions of it through time, space and all the many dimensions of existence.

The Isis energy streams all have many energetic aspects and frequencies. Isis Blue Moon includes them all. The more you work with Isis and use Isis Blue Moon healing, the more likely you will be to notice these individual aspects. I have listed some of the main Isis frequencies below along with some of the commonly associated ancient symbols.



#### ~\*~ Some Ways to Connect ~\*~

- To call upon the Isis Blue Moon energy verbally just say or chant, "Isis, Isis, Isis." Or, "Isis Blue Moon."
- A basic visual that can be used is the Blue Moon as shown in the pictures here in the manual. Be sure to use it in 3D form.
- Spinning the Isis Blue Moon in Disc form through the chakras, aura, etheric, merkaba and other energy fields.
- Visualize the energy as large vast bright beams of blue Isian moonlight.
- Visualize many smaller blue moons being sent to where needed.

#### ~\*~ An ISIS BLUE MOON energy exercise to try right NOW ~\*~

Most people think too small when they try to visualize. Almost always it is better to visualize in huge proportions. Don't think of a tiny Blue Moon in your hands before you put your hands on someone. Instead, you are now inside a huge radiant Blue Moon as large as a million universes.

The light and energy fill you instantly as well as all surrounding areas!

If you are not used to working on a larger scale like this then be sure to take some deep breaths while your energy channels integrate the energy. Drink water and sleep extra if you need it while the Isis energies level you up. When your energy channels expand in order to store or transfer more energy at a time on a permanent basis, others sometimes call this a shift.

#### **Precautions?**

Yes. This energy does tend to run extremely cold once one gets it going. I would not use it on small children or animals unless you're specific purposes are to reduce a fever, blister or some other heat-associated condition. The only other precaution I can think of is just to be sure to pay close attention while working with it because I have found it can change from cool to freezing cold guickly.



#### ~\*~ An Invocational Chanting/Calling of the Power of Isis ~\*~

\* This Invocation may be sung, chanted or said to oneself. This is a nice Power Raising exercise especially for those who have not worked with Isis or other Goddess energies before. Isis, being a Goddess of empowered speech, can actually manifest healing through sound vibrations produced through your throat chakra power center. If your throat chakra is blocked or partially blocked you may need to practice with this a bit to get results so that she can clear it out. Signs of a blocked throat chakra include tickling, feeling uncomfortable, and sounds getting skipped or stuck and even choking. If this is happening to you just keep practicing some every day and Isis will help you to get it cleared out. If your throat center is not blocked, you will feel the healing power flowing there right away or within just a few minutes. After you work with this a bit and get used to calling on Isis this way, you may wish to write up your own personal healing chants of power. Isis energies are flexible so just rely on your intuition and do what works best for you. Most of all enjoy the process. :-)

Isis, Isis, Isis — Isis, Isis, Isis Isis, Isis, Isis — Isis, Isis, Isis

Isis Isis Isis - Be Here Now
Glory of Isis - Descend Upon Me Now
Power of Isis - Empower Me Now
Love of Isis - Open My Heart Now
Healing of Isis - Flow Thru Me Now
Isis, Isis, Isis - Isis, Isis, Isis
Isis, Isis, Isis - Isis, Isis, Isis

Glory of Isis – Glory of Isis Power of Isis – Power of Isis Love of Isis – Love of Isis Healing of Isis – Healing of Isis

Isis, Isis, Isis — Isis, Isis, Isis Isis, Isis, Isis — Isis, Isis, Isis

Be Here Now – Descend Now Empower Now – Loving Now Filling Now - Flowing Now

Isis, Isis, Isis – Isis, Isis, Isis Isis, Isis, Isis – Isis, Isis, Isis



#### ~\*~ Some Aspects & Symbols of Isis~\*~

Although these are not required to use in either of the Isis Blue Moon Attunements, I am including them here because some of you might see or sense them and their independent energies. Isis Blue Moon includes all spectrums of Isis energies including energies represented by these symbols. Remember, the symbols aren't needed although some of you may find them useful to meditate with for focus.



#### **The Throne Seal of Isis**

This is her Hieroglyph, which depicts herself and what she represents...

The Throne (Seat of Power/Seat of the Soul)



#### The Tiet

The Knot of Isis or The Blood of Isis, which represents her water & life giving attributes. It can also symbolize Resurrection or Eternal Life. In terms of healing work this makes a good Seal or can be used in working with Life Force, Blood Diseases or to invoke the element of Isis's Water aspect. This could be done in any area where more FLOW of something is needed & not just for physical issues.



#### The Ankh

The Ankh is the Breath of Life. This is great for all kinds of Egyptian Healing work as it represents LIFE. Personally, I use the Tiet more for Physical work and the Ankh more for Spiritual work. They can also be used together. The Ankh is sometimes felt as very Hot or warm or tingly.

#### Sirius - The STAR of ISIS/The Sirian STAR of ISIS

This is the Sirian Stellar Starry connection that has always been part of the Isis energies. This can be visualized or felt as a blue bright star with many points of light. This could also be called the Sirian Star of Isis.

#### The GOLDEN STAR of ISIS

This is a Golden Magickal aspect of the Isis energies. This star can be cast before giving the Isis attunements. This is a huge 6-pointed star, just like the Star of David. When calling the Golden Star of Isis, the bottom section will be below you, you and/or the attunee will be in the middle of it. The topmost section is above you. Within the Star is bright Golden Isis light. You can simply ask for the Golden Star of Isis by Intention OR raise your hands and chant, "Golden Star of Isis" until you feel the Isis Golden Star Energies forming around you. Occasionally or maybe even often you may find yourself suddenly in one of the spiritual Temples of Isis. In addition to calling it before doing attunements, it is also nice for meditations and healing work as well. Harmful energies can't enter the Golden Star of Isis or any of the spiritual Temples of Isis.

#### The SUN

Represents life force, life in general and connections to RA.

#### **Isis Crescent Moon**

Bright White in color - another aspect of Isis/works great for clearing stuck energies and/or increasing vibration, flow & movement throughout all the energy fields.



#### The Eye of Horus

A symbol of healing and protection. This symbol is also known as the Udjat. The more you work with Isis the more you may find Horus showing up to assist during healing sessions.



#### The Shen

An Egyptian symbol of Eternity and a good reminder that ALL things are connected. We may not always see the connections but they are there!



# The Isis Blue Moon Master Teacher Attunement And Initiation to the Ancient Spiritual Order of Isis

- Connect with Isis. This can be done either by doing the Invocation, Chanting her name or Simply Invite her presence. The way I do it is I raise my hands and chant, "Isis, Isis, Isis" or, "Isis Blue Moon" until I feel a strong connection. Another method I sometimes use is to ring a bell three times.
- Connect with & place your hands on the shoulders of the recipient of the Initiation. If this is a distance Initiation/Attunement then just think of them as if they are in the same room with you. Think of them until you feel their presence or get the ok from Isis to continue.
- As an optional step you can now cast the Golden Star of Isis if you choose to. If you do have it fill the room so you and the recipient are in the middle. You can move your hands in the motion of the Star or do it by intention. I move my hands above the crown and do a whooshing motion downwards, then upwards while visualizing the Golden Star around us both.
- Next, connect with the Isis Blue Moon energy until it is radiating strongly from and through you. Now the Isis Blue Moon Master attunement will begin. You can create your own statement or use this one, "The Isis Blue Moon Master Attunement and Initiation will now begin with the Blessings of Isis and the Ancient Spiritual Order of Isis." The energy of the attunement and initiation will begin to flow.
- As an option if you prefer to use symbols you can also visualize an Isis Blue Moon above the recipient's head. Then ask Isis to help you direct the Blue Moon thru the recipient. Start at the Crown and work your way gently down thru the entire body. When you pass it thru the feet direct the moon back up the body again. Once you are back at the crown, allow the moon to begin spinning in whichever direction it desires. Pass it down and up thru the recipient 2ce more. (Total of 3

passes.) All the while allow it to spin whichever direction/directions it desires. Then repeat this process with the rest of the symbols.

- Whether you use the symbols or not you should stay connected with the recipient until you feel that the Isis Blue Moon energy and initiation have completely finished flowing to the recipient. Usually this is about 30minutes to one hour. Once it stops it's nice to say something even by distance in spirit such as, "You are now an Isis Blue Moon Master Teacher. Welcome to the Ancient Spiritual Order of Isis. May your healing and spiritual work always be prosperous."
- Lastly, ask Isis if there are any messages to give the recipient.
   If there aren't that is fine. If there are then pass the message. She may say something herself so leave time for that if that is happening.
  - Thank Isis for her presence and/or ring a bell 3 times to signal that the Initiation and Attunement has ended.
- \*\*\* The Isis Blue Moon Attunement and Initiation can be given just as the Master Teacher attunement/initiation OR divided into two sessions... one for Practitioner and one for Master Teacher. If the recipient already has some experience in energy healing such as Reiki or Quan Yin then it's fine to just give the Master Teacher attunement and initiation. If they have no experience at all then give them the Practitioner Attunement/Initiation. To do that just substitute the wording, "Isis Blue Moon Practitioner" instead of "Master Teacher" as needed and the Practitioner attunement and initiation will flow. The Practitioner Attunement/Initiation is optional and entirely up to you to decide what you feel would be best for the recipient. This manual should only be given to Isis Blue Moon Master Teachers! :-)



#### ~\*~ Some Additional Thoughts ~\*~

One thing to be aware of is that people often think of the Goddess or Goddess energies in general as being soft, gentle or more subtle. I believe that many feel them that way because perhaps that is what they need at the time. Most people really do not realize the power the Goddess energies have. The Spiritual Power does and can flow quite powerfully with the Goddess energies. The more you work with Goddess energies, particularly Isis, the more you will feel the depth of the Spiritual Healing Power that is available through her.



#### ~\*~ Some Links for further information about Isis ~\*~

http://www.philae.nu/akhet/Philaeisland.html

http://sangha.net/messengers/isis.htm

http://www.golden-dawn.org/isis.html

http://touregypt.net/ISIS.HTM

http://users.erols.com/bcccsbs/africa/toisis.htm

http://www.crystalinks.com/isis.html

http://www.crystalinks.com/sirius.html

http://www.spiralgoddess.com/lsls.html



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