

## **how you receive your holy fire reiki placement long distance**

Holy Fire Energy conducts these procedures directly. Therefore, during the placements, experiences, and ignitions, there is no physical interaction between the teacher and the student. It is not necessary to do this in person and it is possible for the teacher to set the intention within a recorded meditation for the student to receive directly from the source exactly what they are meant to experience during their placements.

The teacher doesn't go behind the student or in front and doesn't touch the student or draw symbols and so forth as it has been done in other methods. The teacher simply sits in a chair if in person, and facilitates a short experience to place the student into a receptive state and then lets the Holy Fire take over. This is why it's possible to set the intention for this to also occur long distance through a recorded meditation. This is a remarkable effect and a demonstration of the power and higher consciousness of the Holy Fire energy.

And in fact, the less the teacher is involved, the more powerful and effective the experience becomes. This feature of Holy Fire Reiki can be especially meaningful as each experience is individually guided by the Holy Fire to address the specific needs of each student. We call the guided meditation experiences because the teacher doesn't actually guide them. The attunement is called placements and ignitions because the Holy Fire guides the experience directly and ignites the Holy Fire as a living flame within each student

## **Holy Fire 111 - Level 1 - Placement Meditation**

Welcome to the Holy Fire III Reiki Level 1 Placement Meditation. Find a comfortable position, either sitting or lying down, and gently close your eyes. Take a deep breath in, and as you exhale, release any tension or stress you may be holding in your body. Take another deep breath, and as you exhale, let go of any thoughts or worries from your mind. Allow yourself to be fully present at this moment.

Take a moment to connect with your breath. Feel the rhythm of your breath as it flows in and out, grounding you in the present moment. With each breath, feel yourself becoming more relaxed and centered.

Now, imagine or visualize a soft, warm light surrounding you. This light is the loving presence of Holy Fire III Reiki, a powerful and transformative energy. Allow this light to envelop you, filling you with its healing and comforting energy.

Know that you are in a sacred and protected space and that you are fully supported in this experience.

As you continue to breathe gently and deeply, visualize a beautiful symbol or word representing Holy Fire III Reiki in front of you.

This symbol or word is a key that will open the doorway to this powerful healing energy.

Take a moment to observe this symbol or word, noticing its shape, color, and any other details that come to mind. Allow yourself to connect with its energy.

## **Holy Fire 111 - Level 1 - Placement Meditation**

Now, with your intention, invite the Holy Fire III Reiki energy into your heart and your entire being. Feel it flowing into you like a gentle stream of warm, golden light. As this loving energy enters your body, allow it to cleanse and purify any blockages or negative emotions, leaving you feeling refreshed and revitalized.

Now, bring your attention to the palms of your hands. As you breathe in, imagine the Holy Fire III Reiki energy gathering in your palms, forming a radiant ball of light. With each breath out, allow this ball of light to expand and grow, becoming more powerful and vibrant.

Know that you now hold the healing power of Holy Fire III Reiki in your hands. You are a channel for this divine energy, and you have the ability to bring healing and comfort to yourself and others.

As we prepare for the Holy Fire III Reiki Level 1 placement, repeat the following affirmations in your mind or aloud:

"I am open to receiving the Holy Fire III Reiki energy." "I am a clear and pure channel for this healing energy." "I am ready to embrace my role as a Holy Fire III Reiki Level 1 practitioner."

Now, take a moment to express your gratitude for this sacred experience and for the opportunity to work with Holy Fire III Reiki. As we conclude this meditation, gently bring your awareness back to the present moment. Wiggle your fingers and toes, and when you are ready, slowly open your eyes.

Congratulations! You have now completed the Holy Fire III Reiki Level 1 Placement Meditation and are attuned to the healing energy of Holy Fire III Reiki Level 1.

May the Holy Fire III Reiki energy continue to guide and support you on your healing journey.

## **Ocean of Holy Love Experience**

Welcome to the "Ocean of Holy Love" meditation. Find a comfortable position, either sitting or lying down, and gently close your eyes. Take a deep breath in, and as you exhale, let go of any tension or stress you may be holding in your body. Take another deep breath, and as you exhale, release any thoughts or worries from your mind. Allow yourself to be fully present at this moment. Now, imagine or visualize a radiant light shining from above, coming down to surround you with its warm, loving energy. This light is the divine presence, the universal love that connects us all. Feel this loving light embracing you, filling you with a sense of peace and tranquility.

As you continue to breathe gently and deeply, visualize yourself standing on the shore of a beautiful beach. In front of you lies a vast and shimmering ocean of love, the Ocean of Holy Love. Take a moment to observe the water, noticing its color and the way it sparkles in the sunlight.

Feel the soft sand beneath your feet and the gentle caress of the ocean breeze on your skin. You are safe and protected in this sacred space.

Now, step into the water, and feel the loving embrace of the Ocean of Holy Love. As you immerse yourself in the water, feel it cleansing and purifying your entire being. Any tension or negative emotions are washed away, leaving you feeling lighter and more at peace.

The Ocean of Holy Love is a boundless source of healing and compassion. Allow its loving energy to flow through you, filling every cell of your body with its radiant light.

## **Ocean of Holy Love Meditation**

As you bathe in the Ocean of Holy Love, you may sense the presence of divine beings surrounding you. They are here to support and guide you on your journey. You might see angels, spiritual guides, or enlightened masters. Embrace their presence and feel their loving energy enveloping you.

Take a moment to set your intentions for this meditation. Is there a specific area in your life that needs healing or a situation that requires clarity? Whatever your heart seeks in this sacred space, hold it in your mind and heart as you continue to connect with the Ocean of Holy Love.

Now, allow the healing and loving energy of the Ocean of Holy Love and the divine beings to work their magic. Surrender any resistance or doubts and trust in the process. Know that you are deeply loved and supported.

As you receive the healing and blessings, express your gratitude for this profound experience. Feel the love and compassion filling your heart, and know that you can return to this sacred space whenever you need healing, guidance, or a reminder of the infinite love that surrounds you.

Take a few more deep breaths, and when you are ready, slowly bring your awareness back to the present moment. Wiggle your fingers and toes, gently open your eyes, and take a moment to ground yourself.

Thank yourself for taking this time for self-care and connecting with the Ocean of Holy Love. May the love and healing energy you've experienced in this meditation continue to nurture and support you on your journey.