



Violet Flame Reiki



Levels I-IV

A Reiki given by the Lady Quan Yin to Ivy Moore

Permission to use Violet Flame Reiki material by Ivy Moore
granted February 2002

By Teri Van Horn
Usui, Tibetan, Karuna, Kundalini,
Crystal & Atlantian Reiki Master

Violet Flame Reiki

You can see her face almost anywhere in the world where the Chinese live. The Goddess of Mercy (The Goddess of Compassion) is the most popular and widespread of any deity of Chinese Buddhism. Yet she is only now becoming known in the West. Also known as Quan Yin, Quan'Am (Vietnam), Kannon (Japan), and Kanin (Bali), or Kwan Yin. She is the embodiment of compassionate loving kindness. As the Bodhisattva of Compassion, She hears the cries of all beings. Quan Yin enjoys a strong resonance with the Christian Mary, the Mother of Jesus, and the Tibetan goddess Tara. Her influence extends from the very dawn of creation to the heartfelt wishes of woman desiring children. In times of sickness and trouble, she is the first to be invoked. She is child-bearer, creator, living compassion, friend and intercessor. She is the great goddess of life herself.(a) Quan Yin means "one who hears the cries of the world." Her five major virtues are mercy, modesty, courage, justice, and wisdom. (b)

Closely allied with Quan Yin is Tara (Star), goddess of protection and compassion, worshipped by Tibetan, Mongolian, and Nepali Buddhists.

According to "Mandala: The Architecture of Enlightenment" by Denise Patry Leidy & Robert A. F. Thurman (Shambhala 1997): "Tara is the archangelic and archetype-deity bodhisattva representing the miraculous activities of all Buddhas. In myth she is born from Avalokitesvara's tears of compassion or from her own vow to be enlightened and stay a woman... There are innumerable manifestations of Tara, "as many as beings require", but her most famous are the peaceful White Tara, who brings protection, long life and peace; and the dynamic Green Tara, who overcomes obstacles and saves beings in dangerous situations."

Quan Yin, as she is known by many Buddhists, is the bodhisattva who refused to ascend as a master, until all of humanity was allowed to leave the wheel of reincarnation, and their tears were healed. She is the compassionate one. Her color is lavender, or a soft shade of St. Germaine's Violet Flame. It is a golden violet – the color of healing and protection.

It was while Ivy Moore was meditating upon Quan Yin, and wishing to develop better healing skills using Reiki, that she received approximately forty symbols for this purpose. She called this Reiki Violet Flame, and dedicated it to the Lady Quan Yin who gently attuned her to the symbols she had received. This Reiki has a warm compassionate touch, and offers a great healing to both spirit and body when used. It is also good to use over long distances.

It is advised that it can be given to any student of Usui Reiki Level II or above, primarily because of the large number of symbols. Ms. Moore believes the symbols are sacred and private. She does not display them openly to recipients of Reiki, if she discusses Violet Flame with her client at all. She merely uses the Reiki as she would Usui Reiki, and invokes a symbol if she feels it is needed.

There are four levels of Reiki, but the attunement can be given at one time, or over a series of appointments, again, mainly due to the large number of symbols. You may choose to attune your students to Violet Flame in a series of attunements for the same reason. However, if one uses a Reiki box, similar to that below, it can easily be done all at once. Please read her instructions on how to do this. She takes the attunements very seriously, and I can attest to the success of her technique! One can attune another in Violet Flame, only after completing both Usui Reiki Level III (RMT), and Violet Flame (all 4 levels.) Note that there is an attunement symbol given in the last level of VFR.

History and Origins of Violet Flame Reiki

by Ivy Moore

In August 2000 I saw some “new” symbols, 40 altogether. This system is called Violet Flame Reiki. This is not a higher or better or newer and more improved Reiki. Violet Flame Reiki (VFR) is 'old' new symbols ... of this I am sure. How the VFR system was found: For six months I did a daily rosary of this mantra to Kuan Yin:

Namo Kuan Shih Yin Pu'sa
spoken [Nay Moe Gwahn Shy Een Poo Saw]

and Violet Flame Decrees. This mantra is to summon or invoke the presence of Kuan Yin within the devotee. It is also a healing to the heart. I saw the symbols and wrote as quickly as I could to get all the information down. This may sound simplistic ... but that is what happened. I wasn't looking for new symbols. I was trying to deepen my spirituality, attain enlightenment and improve myself by repeating this mantra in multiples of 108 per day and then "saw" the symbols.

It was made clear to me that those being attuned to this Tradition of Reiki would come to understand the uses of the symbols on their own. This would encourage the student to meditate and do spiritual work on his or her own. Violet Flame Reiki is a system that encourages a person to “listen” to their inner/higher self while giving a Reiki session.

Violet Flame Reiki Questions and Answers

by Ivy Moore

Do you have an explanation why the Violet Flame Reiki is a new Reiki energy?

A: Violet Flame Reiki is not new. When I saw the symbols and felt the energy, I immediately knew they were old. It is definitely not improved or better or a higher vibration or more special than any other system.

What is the difference between the different Reiki systems and this one?

A: I know that there are many differing ideas about this. I feel that all the different systems of Reiki are individual facets on the same diamond. They are all wonderful gifts.

Why did Quan Yin give you this information?

A: The Violet Flame Reiki system of symbols was given to share. The emphasis for this system is on healing with a pure heart. Violet Flame Reiki re-introduces ourselves to the goodness of our own personal power by connecting us with the loving energy of Quan Yin and St. Germaine. Violet Flame Reiki and the mantra clears away ego and leaves behind purity of heart.

When did she give it to you?

A: August 2000.

Do you use the Violet Flame Reiki symbols separately and occasionally or you just call in Kuan Yin's Reiki energy and you do not bother about the symbols?

A: Good question! I sometimes use specific symbols. I may be starting a session and then 'see' a symbol and I will use it. I also see them inverted occasionally. I do find that if I repeat the mantra NAMO KUAN SHIH YIN PU'SA while doing Reiki, the energy is extremely amplified.

How many levels are there in the Violet Flame Reiki system is there, and why? What is the differentiation?

A: There are four Levels with 10 symbols each. I split it up into four levels because of the number of symbols. I know that when I "saw" them, I saw 22 at first and then the remaining 18 about a week later. While I was seeing the symbols, the energy that went through me had me pacing for hours. My heart was pounding and I couldn't hold still. I couldn't sleep until I had drawn all of the symbols. I was concerned that this much energy would be overwhelming to the recipients. Hence I split them up. There is no real differentiation, other than spacing the energy.

Do you do the initiations for all the levels, and within which period of time?

A: No. I moderate an Internet group called Violet_Flame_Reiki. (see below) On this list we take turns passing attunements. As for the period of time between attunements, I usually leave this up to

the recipient. If they ask my opinion or feel like they should wait, then I encourage them to wait. I think there should be no doubts when proceeding to the next level.

Can I initiate others later?

A: If I understand the question, you are asking if you can pass attunements later? When you complete the four levels then you will receive the symbol used for passing attunements. If you have not completed your Master/Teacher level of one of the Reiki traditions in person, it is suggested that you do not pass attunements to others. The reason for this is: It is difficult to learn “how” to pass an attunement by reading about it. I encourage students to receive hands on instruction to effectively pass attunements to others.

When teaching Violet Flame Reiki I; may it be combined and taught with another Reiki tradition at the same time?

A: Absolutely. You can give the Violet Flame Reiki attunements with any other system, unless another tradition forbids it for whatever reason.

Is there any particular order that strokes for the symbols are to be drawn?

A: This is a question that has been asked a few times. And to be honest, the answer is I don't know. I "saw" the symbols, but I didn't "see" any particular way for them to be drawn. I could make something up but I won't. (smile) Learning the VFR system involves "making it your own." I encourage you to say the mantra:

Sanskrit: Namo Kuan Shih Yin P'usa

Phonetic Pronunciations: Nay- Mo Gwahn Shy Een Poo Sa

Meaning: Homage to the sacred name of Kuan Yin

I repeat this mantras in multiples of 108 daily. If you draw the symbols after that, take note of how YOU draw them.

I use the symbols a variety of ways. I can draw them on my skin (with a fingertip) : I've bought wooden disks and inscribed the symbols on them and then when I do a healing, I enclose them in my box with something personal of mine (or someone else if I am doing a healing for someone else)

I can also draw the symbol on the roof of my mouth with the tip of my tongue. Visualize the symbol while your hands are in contact with the area that needs help. Or just do a Reiki session ... the symbols do not need to be used. Reiki will go where it is needed with or without symbols. Love and Light, Ivy

To Use Violet Flame Reiki:

Wash your hands in cool water. Stand before client and repeat the following mantra silently or aloud (your preference)

NAMO KUAN SHIH YIN PU~SA*

*Phonetic pronunciation: Nay Moe Gwahn Shy Een Poo Saw

It will be necessary to practice this mantra unless you already use it in your spiritual work or are familiar with Sanskrit pronunciation.

3 times ... Pause ... 3 times Pause 3 times, (a total of 9 times) to summon

Quan Yin to aid you in the healing.

There is no need to scan a patient as VF Reiki will go where it is needed. The symbols may be drawn directly above the client or onto the palm of your hands and then your hands held an inch or so away from client's body. It is also possible to not use the symbols.

When doing long distance healing, ask for permission and then identify whom the proxy will represent by stating their name 3 times. Cup the proxy within your hands, draw VF Reiki symbols on the roof of your mouth and then breathe the VF Reiki symbols onto the proxy or draw VF Reiki symbols directly onto the proxy.

You can also send the VF Reiki into a situation, or a room (being mindful of free will) by asking Quan Yin to channel VF Reiki through you and by doing the following:

1. Drawing symbols onto your palms and then turning your palms upwards/outwards to send VF Reiki into room or situation OR
2. Drawing symbols on the roof of your mouth and exhaling through your mouth. You may also find another way that works well for you. To add power to the healing, repeat mantra. When completed, thank Kuan Yin for her assistance. Wash your hands in cool water.

Violet Flame Reiki



Level I Symbols



Winter/Ice: For fever,
or where cold will help.



Water, Power,
Movement



Fertility, Rebirth



Heat, Past Life
Healing



Purification



Eternal Spiritual
Cleanse



Nervous Disorders



Breaking through to
Past Life Traumas



Spiritual Healing



Heat
Purification/AIDS/HIV

Violet Flame Reiki



Level II Symbols



Uniting: For
anything broken,
heart, bones, spirit,
etc.



Protection Amplified



Extraction of anything
undesirable, illness, habits, etc.



9th Power Cleansing
by Heat



Return to Transcendental



Scale of Yin/Yang



Clasping the Divine



Balance



Amplifies Healing through
Divine Intervention



Aura Cleanse

Violet Flame Reiki



The Divine Human Soul

Level III Symbols



Heat/AIDS/HIV



Blood Purification



Deep (T)issue Healing



Joints/Arthritis



Strengthens Intuition
Opens 3rd Eye



Releasing gives the
patient strength to deal
with pain of illness or let
go of illness



Thyroid/3rd Eye
Clearing



Water/Cleanse/
Water Retention
Balances Body Fluids



Opening oneself up to
Divine Guidance/
Higher Self &
One's Life Plan



The Divine Trio

Violet Flame Reiki



Master/Teacher Symbols



Protection & a
Symbol for UFO's



Life Energy/Chi



To bring "Light" into
the body for Depression



To Remove/Lessen
Pain



Unknown



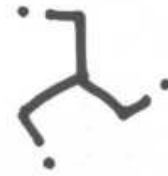
Mist of Invisibility



Fertility, Rebirth



Insomnia or
Chronic Fatigue



Return (Wo)man/Earth
Youthful Health



Master Symbol for passing attunements.

The Circle seals the attunement and the lines

Indicate 3 by 3 by 3.

"I seal this attunement (draw circle) by 3 (draw 3 lines) by
3 (draw 3 lines) by 3 (draw final 3 lines).

Attunements

These are the recommended Violet Flame Reiki attunements. It is recommended that you bathe first. Find a quiet area to be alone. If you have sage, you might like to burn it as well to clear your space. Or create a sacred space of your own in whatever way you feel comfortable. Find a quiet place (alone, hopefully) to sit or lie down in a comfortable position and then ask, "I wish to receive the Violet Flame Reiki attunement that _____ from _____ is sending me" then relax and accept the attunement. I will be sealing your attunement in a Reiki box with the symbols for seven days after.

Both Attunements listed below are for long distance Attunements. The personal attunement process is the Usui attunement process currently in use.

Ivy Moore's VFR attunement process:

Congratulations on receiving your Fourth Level of Violet Flame Reiki. You may now teach and pass on attunements to others. :)

Violet Flame Reiki is done primarily as a distance attunement. The attunement technique of VFR allows the Violet Flame Reiki Master to prepare the attunement for each person and to present it across space and time. Put into less grandiose words once an attunement is done by a VFR Master it can be received by the intended person no matter where they are on the planet within a certain time frame, usually seven days. This technique is part of VFR level four and sent after the VFR level four attunement.

The following information is to assist you in passing on long distance attunements to others. This is the way I send out long distance attunements but it is by no means the only way. :) You should use whatever method you are comfortable with for doing long distance attunements.

I start out by preparing my altar area and myself. I bathe, put on a CD of thunderstorms, other nature sounds or meditation music, and light some incense and candles. I also make sure I will be free of distractions for the entire attunement period.

Prepare the person to be attuned by writing their name, birth date and location down on a piece of paper or prepare a proxy if you prefer. I then draw the Usui long distance symbol Hon Sha Ze Sho Nen in the air. I connect with the person by meditating on their personal information, which I have written down on a paper. I draw on the piece of paper the symbols for the level(s) that they are being attuned. I draw all the symbols 3 times over each person's information. I cup their information between my palms and chant the NAMO QUAN SHIH YIN PU'SA mantra 9 times. I visualize that Kuan Yin is within me* and then blow the Violet Flame Reiki onto the paper cupped in my palms.

Then I use the Violet Flame Master Symbol and the chant of sealing this attunement, "I now ask this attunement to be sealed and held for 7 days until this student retrieves it. May this be, three, by three, by three."

I then place the persons information into a saged (or cleansed) Reiki box. This is a box especially prepared by me. It has the symbols inscribed on the outside and then it is covered in semi precious gemstones. I leave the information in there for at least 7 days. I place the box somewhere it won't be disturbed.

I use the box to visualize the student is surrounded by Violet Flame Reiki and the symbols. I then break the connection by stating that the attunement is complete and rinse my hands in cool water.

I then email the group that those who signed up for attunements that day can retrieve them for the next seven days.

You can also email each person individually. It is best, however, not to post the names to the group as some feel this is a violation of privacy.

* This mantra is to summon or invoke the presence of Kuan Yin within the devotee. It is also a healing to the heart. I have often felt that Kuan Yin has given the attunements rather than me. Updated information: several people have given feedback on receiving the attunement. The most interesting recent experience was asking to receive the attunement several times over the course of the seven days. Each person who did found the experience useful and pleasant so I am mentioning it

here. All of the people involved set aside a time to accept the attunement on several different days and used meditative techniques that were comfortable and familiar. You do not have to do this multiple day receiving but I did want to inform you of the option that others have used. Ivy

Lars Colsen's VFR attunement process:

Congratulations on getting level four and becoming a Violet Flame Master Teacher.

The method used to pass the attunements is (in short) as follows.

- I. Prepare yourself and your area so you are in a peaceful state of mind and have no distractions. Bath, light candles or incense, play quiet music, meditate or any other method that works for you. Prepare the person to be attuned by writing the name and location down on a piece of paper or prepare a teddy bear if you prefer.
- II. Use the attunement method that you are most familiar with doing distance attunements. I use a variation of the Diane Stein attunement. First I connect to the person using Hon Sha Ze Sho Nen. Then I open the aura to the attunement using Dai Ko Mio. I collect the Violet Flame Reiki energy in my diaphragm and then blow the Violet Flame Reiki into the person's aura using the name paper as a stand in.
- III. I trace on the piece of paper the symbols for the level(s) that are being attuned. Chanting the Namu Kuan Shih Yin Pu'sa mantra for each one. I then focus the Violet Flame Reiki energies on the name paper while I chant a full one hundred and eight repetitions. Then I use the Violet Flame Master Symbol and the chant of sealing this attunement "Three, by three, by three"
- IV. I declare that the attunement is complete. I ask Quan Yin or some other willing Reiki spirit to guard this attunement and assist the person in collecting the attunement within seven days. I close the aura and disconnect with the other person, placing the slip of paper into a Reiki box.
- V. I send out notice to the person to collect the attunement.

Violet Flame Reiki Box

“Violet Flame Reiki Attunement boxes are what I use for long distance attunements. A Violet Flame Reiki box is a wooden box with all of the Violet Flame Symbols inscribed on the outside and inside of the box. You then take different kinds of polished and unpolished rocks (semi-precious) and adhere them over the symbols so that the symbols are kept hidden and sacred. Suggested stones are jade, amethyst, hematite, aventurine, all kinds of jaspers, all kinds of agate, all kinds of quartz, citrine, peridot, moonstone, sunstone, howlite, carnelian, sea shells, turquoise etc to cover the symbols.

The attunement process should be taken very seriously and it is best to not rely on 'intent' alone for an attunement. Bathe first and put on clean clothes than sage the room. Light some white candles and do mantras to Kuan yin. Then inscribe the symbols on top of your information a set number of times and then seal your information and the symbols in the Violet Flame Reiki attunement box for seven days.”

Ivy Moore

Letters from Students

Dear _____, The energy was flowing from my daughter, through me, to Qwan Yin, and from her into the flame. It made sense, that to take energy/illness/virus/whatever from the stomach would make her feel better, but I had not felt Reiki move "backwards" before and then to go from one to another. I am sure it is fine and "normal" but was just new to me. There seems to be no end to what can be learned/done with Reiki. One of the reasons I like it so much. Also, I see colors when using Reiki. Since my last attunement I have noticed that the colors change depending upon what is being done with it or what is needed. Most of the time I will see physical healing oriented Reiki as sort of a green color. This was most definitely purple/violet, and it felt to be of a different quality than I usually use for similar ailments. (By the way, when I say "me" or "I used" please understand that I do not decide what to use/do, Reiki "decides" and I just follow along and observe. I am fully aware that I am just the channel here, not the force. The English language is just not conducive to explaining these concepts very well.)

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Q. I also was thinking, that when you do the VFR Symbols, if you also use the Cho Ko Rei, before and after the VFR Symbols, or has anyone else tried that? Also with the VFR Symbols, are WE supposed to be saying something three times when WE do the Symbols?

A.Yes. I use the Usui symbols and VFR symbols all the time together. I use the Usui long distance with the VFR to do long distance healing. I am not sure if all traditions "allow" that. I know that some traditions are considered a higher frequency or have strict trademarks so I don't know what the rules are there. I rely heavily on my heart. I do mantras (all different kinds) and then usually sleep on it. And then the next morning I wake up and always have some kind of answer. If I am unsure then I believe the answer is no. I have these little books that I have hand written my prayers, decrees, mantras in. One book I actually wrote each of the mantras out 108 times so I don't have to keep track. I also think of them as prayer wheels. I will flutter the pages to "send" out extra prayers when I am down. I need to finish the sites with at least the special purpose mantras. TSL sent me these mantras. I need to give credit to them. I am not sure they are the original source though ... I had emailed them asking for an online source of their Kuan Yin rosary and someone wrote back asking for my address and photo copied several pages for me. I was really touched by that. I like a

lot of their decrees and mantras but, I can't understand a lot of their teachings and I won't follow something blindly. I also have Louise Hay affirmations in my books. I think I got off subject ... You don't have to say the mantra when doing VFR symbols. I use the mantra like the Cho Ko Rei symbol. I can feel the Reiki energy increasing. I use Cho Ko Rei and (NAMO KUAN SHIH YIN P'USA) the mantra alternately.

Ivy

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MIRACULOUS FLOWERS SPROUT ON A GOLD STATUE IN SOUTH KOREA "

Flowers that bloom only once every 3,000 years are budding on the head of a sacred Buddhist statue." Buddhist priests in South Korea "say the legendary flowers blossoming on the forehead of Kuan Yin the Compassionate" only appear "when the 'Sage King of the Future' (also known as Maitreya, the future Buddha) comes into the world," which one Buddhist leader called, "a delight that gives joy beyond description."

"The Miracle of the Flowers, as it's now being called, happened in the Chonggyesa Temple," in a suburb of Seoul, the capital of South Korea. "Tens of thousands of pilgrims are flocking to see the white blossoms on the tip of the eyebrow of the shining, gilded statue of Kuan Yin." "Kuan Yin is a gentle Buddhist deity who refused to enter paradise (Nirvana) because she heard the cries of suffering humanity,' says religious expert Dr. Kenneth Ireland. 'She is acknowledged to save the soul of everyone on Earth, turning her back on none.'"

"Many are now saying that the monastery of Chonggye-sa could become the Buddhist Lourdes because many cures are being performed there. According to the monks, 21 threadlike stems are growing from the statue of Kuan Yin, each with a tiny white flower 'no bigger than the tip of a ballpoint pen. This is the first time in the 1,000-year history of the monastery that the flowers have blossomed.'" "Buddhists say sighting the flowers is like witnessing the birth of Buddha," he added.

"Experts say it's unthinkable that the 500-year-old statue of Kuan Yin, gilded every three years over the (original) woodwork, could produce growing flowers without divine intervention." "Botanically, the flower is related to the ficus,' says botanist William Grant, 'There is just no way it could take root in the statue.'" "Dr. Ireland says the flowers are regarded as divine in India, Japan and China and are believed to bloom only when a momentous event is about to happen." "Buddhist monks are currently keeping a prayer vigil at the statue, waiting for the event that will change mankind's future forever."

Bruce Stephen Holms (e)

Setting up a Kwan Yin Joseke

by **Donna Powell, RMT**

with **Grace Lin**

These days there seems to be a lot of interest in Kwan Yin. Therefore, we will be discussing who the historical Kwan Yin was, who She is, and how to set up a Joseke (altar) to honor Her, as well as the meanings behind some of the Kwan Yin statues one sees, and Her birthdays. We will touch briefly on the performance of the Compassion Mantra, and the Pledge one make take to Kwan Yin.

Historically, Yasodhara (whom we know as Kwan Yin) was the wife of Siddhartha Guatama. He was a warrior prince of the Shakya tribe in what we now know as Nepal, and they married when both were 16 years old. For at least 13 years, the time they were living as husband and wife, they shared a life of wealth and luxury. Shortly after the birth of their son, Rahula, Siddhartha had fulfilled his obligation to keep the family line going and thus had fulfilled what was expected of a son and husband. He abandoned his family and the life he had known and went to seek enlightenment. After His enlightenment, when He became known as Buddha, Yasodhara went to visit Him along with other family members. She asked to join His followers, which until then had been only men. He accepted and She and his aunt became the first Buddhist nuns.

Kwan Yin has several titles, which may explain why Reiki practitioners may feel an affinity for Her. Her titles include: She who hears the cries of the world: Goddess of Serenity; Goddess of Good Fortune; Goddess of Peaceful Enlightenment; Goddess of Compassion; Goddess of Mindfulness; Destroyer of Obstacles; and Goddess of Tea. She is a Healer and Her healing technique sounds much like what we know as Reiki. She is also known as Gentle Protectress of the Old, the Weak, Mothers and Babies.

It is said that upon Her death as Yasodhara, She heard the cries of those who suffer, and vowed to stay in Samsara, the realm of darkness, until all sentient beings had been rescued. When She became a Bodhisattava as a result of Her vow, She took on the name of Kwan Yin.

To set up a Joseke to Her is quite simple. You must never have anything above it. Her Joseke must be in an area where there is never any degree of being disrobed, and there must never be any sexual intimacy in front of Her. Otherwise, there are only two things needed for the Joseke. Kwan Yin

Herself, and to Her left a green branch in a vase. A statue of a boy and one of a girl, one of who is on either side of Her and to Her front, may be added.. The statue of Kwan Yin should be of ceramic or China, as should be those of the children. An incense burner may be placed in front of Kwan Yin, and incense burnt in the early morning. A side note here is that Lotus incense is preferred, though Sandalwood incense is acceptable. The water in the vase holding the green branch should be changed every morning. An artificial branch is acceptable for the Joseke.

The legend is Kwan Yin uses the branch as a wand or scepter when She blesses things around Her, turning what was bad into good. The children are Her only servants.

The statue one uses for a Joseke should be of a sitting Kwan Yin. This is to show reverence to Her. A faceted Kwan Yin is the equivalent of a halo around a Saint - it shows this one is Holy.

If one lives in an area where there is a Buddhist temple, one might wish to take their statue of Kwan Yin there to be blessed prior to setting up the Joseke.

In traditional artwork, Kwan Yin appears as a beautiful Oriental Lady, sitting on or standing near a lotus blossom. The vial or vase with the green branch represents growth. The white lotus represents purity.

Kwan Yin has 4 birthdays. Taiwan observes Her birthday on March 28. Her other 3 birthdays are set aside for the observation and performance of the Compassion Mantra. The website, <http://www.owlsdottir.com> site has an excellent chart on Her birthdays, the animals sacred to Her, Her traits and Attributes, Stones, Trees, Plants, Festivals, Healing Techniques, Music, Crafts, Incense for Her, Magical Tools, Sense, Colors, Divination Methods, and Element.

As a Reiki Master Practitioner, I particularly found interesting the following: that Rose Quartz is sacred to Her. Meridians and energy healing based on Stress Reduction are Her techniques. My pets, cockatiels - the smallest of parrots, are sacred to Her as parrots are one of Her totems. The Rose Ray, a color associated with healing according to those who study auras, is Her color.

As a side note about the rose quartz, my husband put a rose quartz in our backyard on Mother's Day. This area was charged with Reiki prior to the laying of the stones, and I'm told that one can feel the energy before one steps on the patio. When we sit on it, if tired or distressed, the most marvelous calm and peace comes over us and we are refreshed. We've also noticed that both medicinal and decorative plants we placed on the sides of the patio grow for a longer period and strive to grow over the patio!

Thanks to Kwan Yin, and those who started me on this quest to learn more about Her, I learned of the days on which one recites the Compassion Mantra. They are the 9th day of the 2nd, 6th, and 9th lunar months. Again, I refer you to the owlsdottir.com site, which has the ceremony for the Compassion Mantra. I learned that the glass or glasses of water, which one places before Kwan Yin for Her blessing, have healing powers and are to be drunk after the ceremony is completed. Kwan Yin is prayed to for, among other things, children, healing, and the turning of bad situations into good ones.

There is a pledge one may choose to take to Kwan Yin. However, this is not to be entered into lightly, but only after much thought and if one is willing to make a commitment of what could be considered epic proportions. Basically, one pledges to follow Kwan Yin's example, and not to go to Heaven after death, but to work with Her until all sentient beings are rescued. I refer you to: <http://theosophy.com/tlodocs/PledgeKY.htm> for further information and the pledge itself.

Website References:

<http://www.san.beck.org/EC9-Buddha.html>

<http://www.ship.edu/~cgboeree/siddhartha.html>

<http://www.geocities.com/SunsetStrip/Birdland/922/buddlife.htm>

<http://www.geocities.com/Tokyo/Pagoda/8721/kwanyin4.htm>

<http://www.geocities.com/Tokyo/Pagoda/8721.miao-sha.html>

Information on Multiple Items regarding Kwan Yin:

<http://www.owlsdottir.com/Goddess/air/kwanyin.html>

<http://www.geocities.com/Tokyo/Pagoda/8721/>

<http://www.goddesscraft.com/spirit/kwanyin.html>

Kwan Yin Prayer Card:

<http://members.ozemail.com.au/~teramal/kwan.html>

The Kwan Yin Pledge:

<http://theosophy.org/tlodoocs/PledgeKY.htm>

Donna, a Reiki Master Teacher in the Usui Ryoho Reiki System, began her journey of self-healing after sustaining a fall in June of 1991 when she was advised that she would never be able to work again. She did not choose to accept this prognosis, with the results of studying Tai Chi Chuan and Qi Quong. These two arts started her on the path of working with energy. A Reiki Master team was gracious enough to visit her, and informed Donna she was already doing Reiki. Donna is dedicated to teaching this gentle and beautiful healing art to all who will learn. She presently resides in Marion, Indiana with her husband, John, who is also a Reiki Master. Together, they are the Alternative Healing Team. She can be reached via e-mail at: herbs_healing@bpsinet.com

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a. <http://www.kuanshihyin.org/>

b. <http://www.eteam-relocations.com/kuanyin.htm>

c. http://groups.yahoo.com/group/Violet_Flame_Reiki (moderated group)

d. http://groups.yahoo.com/group/0_KuanYin (moderated group)

e. <http://members.sitegadgets.com/skcreanst/board/1.html>; this is not the original source; any information leading to the original source material would be welcome: this material is quoted in several websites without it.

f. Donna Powell; RMT; Alternative Healing Team; herbs_healing@bpsinet.com

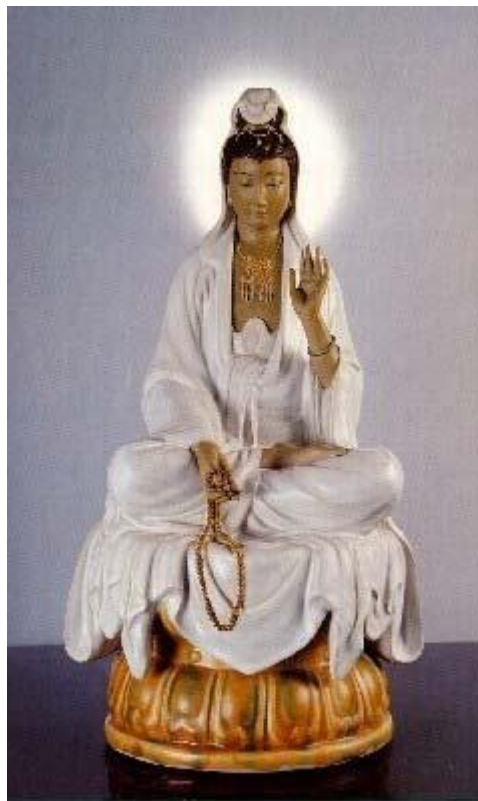
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g. Winter BelViso; used with permission

Anyone interested in the Ascended Master Quan Yin should seek out further sources online the World Wide Web. There are many wonderful and colorful websites with material about this compassionate lady.

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The Beloved Lady Quan Yin

Violet Flame Decree

I AM the violet flame

In action in me now

I AM the violet flame

To light alone I bow

I AM the violet flame

In mighty cosmic power

I AM the Light of God

Shining every hour

I AM the violet flame

Blazing like a sun

I AM God's sacred power

Freeing every one

Nine Steps for Putting the Violet Flame into Action in Your Life

1. Set aside a time each day to give Violet Flame

You can give violet-flame decrees anywhere, anytime – in your car, while doing chores. In fact, simply repeating a violet-flame mantra anytime you feel tense, tired or irritated can make the difference, but you will get the greatest benefit from the violet flame if you set aside at least fifteen minutes a day to decree without interruption. It's best to decree in a place dedicated to spiritual work, such as a chapel or a well-lit, clean and aired room. Poor lighting, dust, untidiness and stale air impede the flow of spiritual energy.

2. Begin your Violet Flame session with a prayer

Before you begin your decrees, give a prayer or invocation, asking the Ascended Masters, Angels and elementals to come and help you. The elementals are the nature spirits of fire, air, water and earth who are responsible for taking care of our planet. They are only too happy to help us clean up both our auras and the planet with the Violet Flame.

3. Invoke protection before you start using the Violet Flame

The Masters teach that when you bring forth more light, darkness is drawn to it, as if by a magnet. So you need to protect your aura. One of the best ways to do this is to invoke the protection of Archangel Michael.

4. Begin your Violet Flame decree with a preamble

Here is a preamble that you can use and add to:

In the name of the beloved mighty, victorious Presence of God, I AM in me, and my very own beloved Holy Christ Self, I call to beloved Saint Germain and the Angels of the seventh ray. I ask you to.....

I ask that my call be multiplied and used to assist all souls on this planet who are in need.

I thank you and I accept it done this hour in full power, according to the will of God.

5. Give the decree slowly at first, then speed up as you give more repetitions of the decree

The first time you give a decree, you will want to repeat it slowly and deliberately. Endow each word with intense love for God. There is great power in giving a decree slowly. But there is a different power that comes as you gradually increase the speed and raise the pitch of the decree. As you increase the speed of the decrees, you will find that they are more effective in raising your vibration. The increase in speed should not be artificial. It should feel natural to you; the decree should almost speed itself up.

6. Use Visualisation to assist your energy work.

Most people don't see the Violet Flame in action with their physical eyes, but when you close your eyes and concentrate on the energy centre between your eyebrows, you can sometimes "see" the Violet Flame at work with your inner eye. To people who have developed their spiritual sight, the violet flame looks like fire, in colours ranging from dark indigo and brilliant amethyst to violet pink. You may see these flames burning through karmic debris.

Visualisation

When you invoke the violet flame, you can visualize yourself being surrounded by a violet flame pillar about six feet in diameter and about nine feet high. It can extend from beneath your feet to well over the top of your head.

See the violet flame come to life as if you were looking at a movie. The flames rise and pulsate around you in different shades of purple, pink and violet.

Around the violet flame pillar, visualize a tube of light, an even bigger pillar of white light that protects and seals the violet flame.

Keep this visualization in mind while you are decreeing and throughout the day. Every time you think of it you are reinforcing this image.

7. Use the Violet Flame every day

One of the best times to give your decrees is in the early morning. You'll find that if you decree first thing in the morning, your day will go much smoother. You can make a specific request for the transmutation of whatever mental, emotional or physical problems you are working on in your life. You can work on relationships with your friends and loved ones.

8. Use the Violet Flame to heal the records of past lives

After you have been giving the violet flame for some time, you may find yourself recalling past lives. When you become aware of these memories, do not attempt to suppress them. Instead, focus your attention on the light in your heart. Imagine the memory being saturated with the violet flame until the form disappears. Then let go of the memory and let a bright white sun replace it in your mind's eye.

You may also want to use the eraser visualisation, like a chalkboard eraser, only violet, rubbing away the picture. After you do this enough times, the memory will stop being painful and gradually fade from the forefront of your mind.

9. Expand the scope of your invocations to include cleaning up karmic debris in your house, your neighbourhood and the planet.

As you practice directing the violet flame to help others, you can begin to think of your aura as a violet flame fountain where all whom you meet can come and drink. Remind yourself to always have that violet flame available for someone in need. Not only does the violet flame dissolve your own karma but it can also dissolve group or planetary karma that comes from such things as wars or accumulated injustices.

We hope you will know the joy of becoming one of the thousands of people all over the world who have transformed their lives with this miracle solvent – the highest gift of God to the universe.

Meditation ~ Invoking the Triple Flame of Ascension



First make yourself comfortable

Breathe slowly and deeply

On the out-breath release any tension or worry

Focus on the now moment

Become aware of your breath

Around you now visualise a violet flame. This flame surrounds and floods your body. Breathe in the violet flame into every cell of your body. Notice that is energy is shimmering and alive. Let this energy completely bathe you.

The Ascended Master St. Germain appears and asks you to surrender all that no longer serves you. All conditions that you want to release from your life. He asks you to release all this to the Violet Flame. Take time to visualise this. (PAUSE).

Around you now an opal light begins to merge with the Violet Flame. This is the flame of compassion and you feel your meditation become deeper as you breathe in this energy.

Upon a lotus flower the Ascended Master Quan Yin appears to you and asks you to surrender yourself to the opal flame of compassion. Take time to visualise this. (PAUSE)

Around you now a Ruby light begins to merge with the Violet Flame and the Opal Flame of compassion. This is the flame of the Christ and you feel your meditation becoming deeper as you breathe in this energy.

The Buddha appears to you and asks you to surrender yourself to your Soul and to the Ruby flame of the Christ. Take time to visualise this. (PAUSE).

The triple flame is invoked and you become this energy. Bathe in this, the triple Flame of ascension. (PAUSE).

When you are ready, bring your consciousness back into your physical body. Ground yourself and grow roots into the earth.

Namasté ॐ