

- 3)
 - a. Who are the People or Entities involved in your issues or attachments?
 - b. Describe briefly your relationship with the people, and it's current state.
 - c. Describe the type of Entity, and your relationship; e.g an EB, DFE or ET.
 - d. Are you aware of your Spirit Guides?
 - e. Do you have a relationship with any guiding spirits?

- 4) How long has this been an issue? How has this issue changed over time?

- 5)
 - a. Have you had SRT sessions? How many? Main entities? Results?
 - b. Have people close to you spirit attachment issues or sessions?

- 6)
 - a. What other modalities have you used to deal with this issue?
 - b. Have you had Hypnotherapy, Past Life Regression or Life Between Lives?
 - c. What has been resolved? What remains to be resolved?
 - d. Have you experienced hypnosis? Are you a healer?

7) SRT - Indications and Issues; Do these apply?

a) Has anyone close to you died recently?

b) Were you strongly affected by anyones death in your life?

c) Have you done any practices to engage with spirits? Ouija boards, Wicca etc?

d) Have you spent time in surgery, a hospital, prison, psych ward, funeral home or hospice recently or at all? Describe.

e) Have you had any physical accidents, like a concussion or car accident?

f) Have you felt there are serious mysterious blockages occurring in life?

g) Have you had times of intense stress, emotional trauma or meditation?

h) Have you had unusual cravings, thoughts or energy drains?

i) Have you observed changes in your appearance?

j) Have you taken large amounts drugs, alcohol or food as a habit or a binge?

k) Have you had mood swings, depression or relationship problems?

8) What do you think will be the challenges in the weeks ahead? (Blocks, limiting beliefs or emotional residues to resolve?)

9) What resources like personal qualities or experience do you have to help?

10) What outcomes would you like to see in the months after these sessions?

- a. What outcomes could you achieve in external circumstances?
- b. What outcomes could you achieve in your inner feelings and thoughts?
- c. What could you achieve in your relationships, with others or your self?
- d. What spiritual lessons might this issue and experience be teaching you?

- d. What are the top two priority outcomes? How would it feel to get these?
What inner change could make this possible?

11) Questions about Spirit Releasement, Online Sessions, or Anything?