



# Reiki Grand Master

Learn

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AIMEE PHLEGAR

*Virtual Reiki Training*



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## Introduction

Welcome to your Reiki Grand Master levels 5-20 course. The Reiki Grand Master 5-20 attunements expand upon the original Reiki system and add new symbols, practices and energetic tools for personal and spiritual growth.

Although not part of the original Reiki system, the Reiki Grand Master attunements build upon it and as such have a remarkable sense of familiarity. Each level or degree (often called secret degrees due to some of the symbols having being removed from the original system) has a symbol and specific focus area that build upon each other the higher you work up the levels.

The term Grand Master is of course subjective and does not impart any particular level of skill or separation from other levels of Reiki. It is used to imply that they are additional to the Reiki Master level, which is a prerequisite of working with the Reiki Grand Master attunements. True mastery takes time, practice and dedication. However, working with these levels is often an exciting and rewarding journey that may reveal many learning discoveries and assist in increasing spiritual expansion.

## Grand Master Levels V and VI

Reiki levels V and VI are not given directly from Mikao Usui. At the beginning, these levels were without symbols. They were formed by a Qi Gong and Reiki Master from Berlin, Germany (B. Muller). He saw an opportunity to channel Qi Gong energy in the same way as Reiki during meditation – this is the second part of the initiation process.

The symbols were later channeled by an English medium/channel. The symbols and the energy were then put together because it was believed that symbols ought to be added to the initiation process.

There are 2 main symbols: The Level V symbol is called the Great Harmony (balance and connection) and the level VI symbol is called the Great Separation (communication and exchange of information). They work together like yin and yang and are often inseparable. Both levels can be used for aura clearing, entity removal, space clearing, communication with those who can't communicate (coma, someone who is dying, embryo), interdimensional communication etc.

Experiences with levels V and VI are very positive, it being a powerful energy called Reiki-Laser Energy.

To be initiated into levels V and VI, one should have been an active Reiki Master for at least six months.

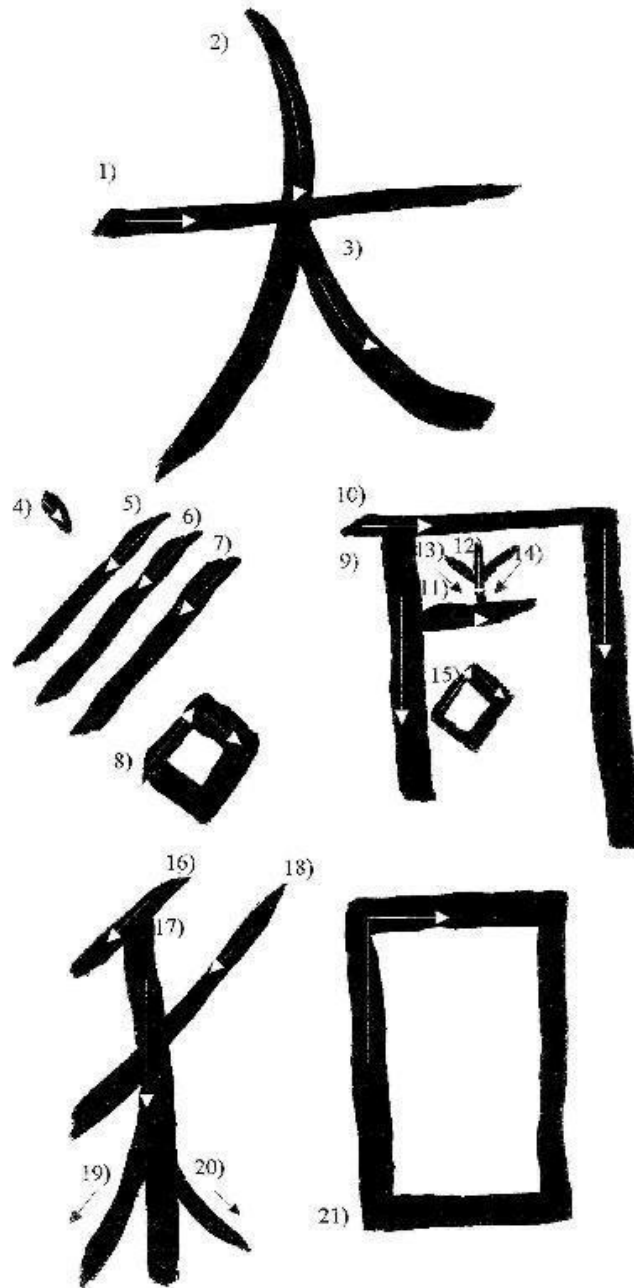
Reiki levels V and VI must be taught together and both initiations must be given one after the other. They are Yin and Yang.

Level V is also called **THE GREAT HARMONY – DAI CHO WA.**

Level VI is also called **THE GREAT SEPARATION – DAI FA SHU.**

Initiation can only be carried out by a REIKI VI MASTER

## LEVEL V SYMBOL - DAI CHO WA – THE GREAT HARMONY



## Level V Attunement

### Part One

1. Recipient should sit on a chair, relax, close his / her eyes and put his / her hands in Gassho.
2. Draw DAIKOMYO and take a step into it.
3. Smooth recipient's aura three times.
4. Stand in front of recipient and draw DAI CHO WA into the aura and activate it by repeating its mantra three times.
5. Put one hand on the 7th chakra and the other on the 8th chakra (15-20cm above the head), draw DAI CHO WA and let it flow from the 8th chakra to the 7th chakra and activate it by repeating its mantra three times.
6. Put your hands on recipient's shoulders with thumbs pointing down to the heart (on the front), let the symbol flow and activate it.
7. Move to the side of recipient and put one hand on the back of the head (medulla oblongata) and the other on the forehead (third eye), let the symbol flow and activate it.
8. Move to the front again, kneel down, put your hands on the recipient's feet, let the symbol flow, activate it and visualize columns of light from the feet to the heart (center) of the earth **(this is very important)**.

9. Take the recipient's hands, open them and write and activate DAI CHO WA, put the hands back together and put yours over them and let the symbol flow.
10. Bring the recipient's hands together with yours to the recipient's forehead with your fingers facing the third eye, let the symbol beam out of your fingertips to the third eye, then lay the recipient's hands on his / her lap.
11. Blow once through crown chakra (light), heart chakra (love) and sacral chakra (life)  
This is chakra clearing with the symbols.
12. Move behind the recipient, draw DAI CHO WA again in the aura and smooth the aura.
13. Take the energy from the root chakra up to the 8th chakra and give thanks for the initiation performed.

## Part Two – Spinal Canal Cleaning

Right after the level V initiation, you need to clean the recipient's spinal canal:

1. Stand in front of the recipient.
2. Direct one hand to the third eye while the other remains in the aura.
3. Create a Reiki beam and send it out from your fingertips to the third eye and then go up over the crown chakra until you reach the 8th chakra above the head.



4. Through the crown chakra, return to the channel in front of the third eye, make a short stop, move to the next chakra, make a short stop and go on in the same manner until you reach the root chakra, after that go the same way up to the 8th chakra.
5. Do step 4. three times – the spinal canal should be passed over three times.
6. Point your beaming fingertips to the heart chakra and mentally ask “What do you want to tell me, today?”

### Aura Cleaning

If there is an “entity”, it will appear on the recipient’s right side which can also happen during a treatment. Ask the “entity” if you can help it find the light. During this there is no need to use power and control, work with love and understanding so that the “entity” doesn’t feel threatened and follows your advice. When it appears, tell it that it has done what was needed and does not need to stay any longer. Tell it to go to the light to fulfil its task there.

These “entities” are not always negative. They may be the person’s guides or guardians. In this case, tell such that the host is now purified and does not need protection any more but ask it to come back if it is needed.

If the recipient does not have entities then a guardian angel may appear. Help the person get in touch with it. A person may reveal his / her pain or blockage. You should mentally discern this.

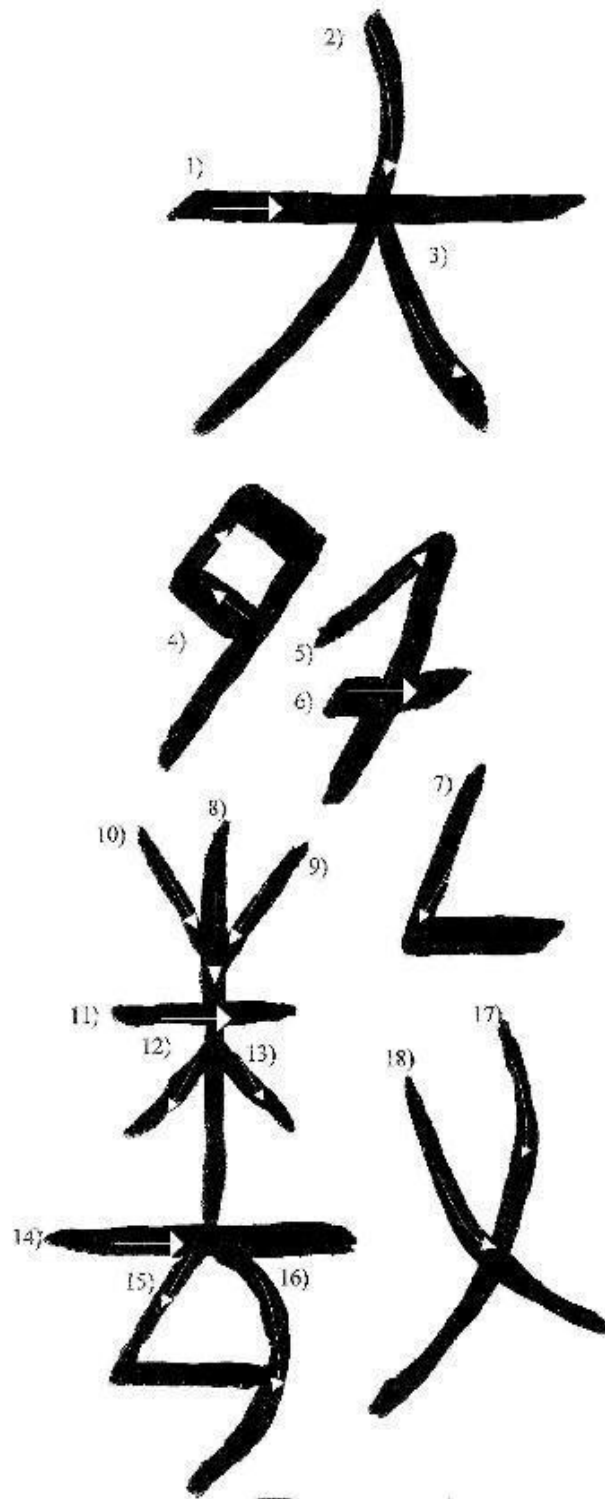
The recipient is now initiated into Level V and can be initiated into Level VI.

### **Working with the Level V symbol**

- The energy flows into the third eye, heart and crown chakra, over the head in a left curled spiral which looks like a pyramid. Then it will go like a laser beam down to the root chakra.

- The energy can be given like a pointed laser or sprouted. It also works over distance.
- The person receiving the energy will receive something from the subconscious to the conscious to clear it. The person needs to work with the subconscious program.

## LEVEL VI SYMBOL – DAI FA SHU - THE GREAT SEPARATION



## Level VI Attunement

### Part One

1. The recipient should sit in a chair, relax, close his / her eyes and put his / her hands in Gassho.
2. Draw DAIKOMYO and take a step into it.
3. Smooth the recipient's aura three times.
4. Stand in front of the recipient and draw DAI FA SHU into the aura and activate it by repeating its mantra three times.
5. Put one hand on the 7th chakra and the other on the
6. 8th chakra and (15-20cm above the head), draw DAI FA SHU and let it flow from 8th chakra to 7th chakra and activate it by repeating its mantra three times.
7. Put your hands on recipient's shoulders with thumbs pointing down to the heart (on the front), let the symbol flow and activate it.
8. Move to the side of the recipient and put one hand on the back of the head (medulla oblongata) and the other on the forehead (third eye), let the symbol flow and activate it.
9. Move to the front again, kneel down, put your hands on the recipient's feet, let the symbol flow, activate it and visualize columns of light from the feet to the heart (center) of the earth (this is very important).

10. Take the recipient's hands, open them and write and activate DAI FA SHU, put the hands back together and put yours over them and let the symbol flow.
11. Bring the recipient's hands together with yours to the recipient's forehead with your fingers facing the third eye, let the symbol beam out of your fingertips to the third eye, then lay the recipient's hands into his / her lap.
12. Blow once through crown chakra (light), heart chakra (love) and sacral chakra (life)  
This is chakra clearing with the symbols.
13. Move behind the recipient, write DAI FA SHU again in the aura and smooth the aura.
14. Take the energy from the root chakra up to the 8th chakra and give thanks for the initiation performed.

## Part Two

This is done right after Part One and should be performed three times.

1. Stand in front of the recipient, one to two feet away and get in contact with his / her aura.
2. Put your hands together and direct fingertips to the heart chakra, let Reiki beam out of your fingertips.
3. Mentally say to the recipient "You may get whatever you want to" – this sentence initiates the person to whatever is good for him / her.



4. Repeat steps 2 and 3 three times.

When you have finished, your student should initiate you to Level VI, doing every single step as you did.

Your student is now a Level VI teacher and he / she can initiate into all six Levels of Reiki.

\*Note- You CAN do the Level V and VI attunements together using both symbols in a single attunement. \*

### Working with the Level VI symbol

- You become cleansed.
- That which fits incorrectly will become separated in front of you, you will receive information about “right” and “wrong” sides and you will be able to see both sides of a coin.
- Everything will come together in the right way and you will be given a blessing from your hands.
- During this time, you are in a pyramid of light, in an endless ocean of energy.
- Technique: “You can get whatever you want to” can also be used outside initiation, also during a distant treatment.
- If someone passes away, you can help with “You can get whatever you want to” to help him / her reach his / her spiritual destination. Humans are very open to their higher self when they pass on. If you cannot be right beside him or her, make contact through the higher self. The person who has passed away should give consent for any treatment.

## Some suggestions for Treatment with Reiki Levels V and VI

Treating a blocked person:

The following treatment should be done three times in one week or one day. The client should become comfortable in a chair or lay down.

- Put yourself in DAIKOMYO for protection and ask your guides and angels for their help and support
- Make contact with the client's aura at 1- 2 feet distance and let Reiki flow
- Put your hands on your client's hips (gain permission first) for a while and let Reiki flow, get back at 1- 2 feet distance making contact with the aura
- Visualize a Reiki beam and do the following energy cleanings:
  1. SIDE CLEANING: Left Hip-Left Knee-Left foot chakra-Left Shoulder-Left Elbow-Left palm chakra and the same on the other side.
  2. ENERGY CLEANING FROM BEHIND: From sacrum up to the 8th chakra.
  3. CHAKRA CLEANING: Beam Reiki in the front starting at foot chakra and go up until you reach 8th chakra.
  4. ORGAN CLEANING: "Wash" organs with both hands from distance, beaming from palm chakras. Start with sexual organs (gain permission first), then treat liver, kidney spleen, gut, pancreas, other glands, stomach, lungs, bronchi, organs of the neck and organs in the head.

During this process you should always smooth the aura.

### Treating A Relaxed Person:

Without body contact.

- Get in contact with the aura and let Reiki flow
- Point the beam to the third eye and let Reiki into canal - Lead the energy to the crown chakra and out of the head, make a short stop
- Lead the energy back through the crown chakra into the canal and stop at each of the seven chakras
- From the root chakra go all the way back and repeat the process twice
- Pull the beam back to your fingers and give thanks

### Speeding Up the Frequency:

Should only be done to a person attuned to Reiki with a clean spinal canal (Level V Technique)

- Sit in front of your client (face to face) so there is a 3 foot distance between the two of you, open your palms towards him / her
- Your client should also open his / her palms towards you - Let Reiki flow directly into his / her palms, look each other in the eyes unconditionally, just let Reiki flow

### Reiki for Groups:

- Sit in front of the group, spread your fingers pointing your fingertips to the group
- Let Reiki beam flow from each fingertip to the whole group

### Reiki with A Person Who Has Passed Away:

- Make a contact with the person's higher self using the distant symbol

- With a Reiki beam, mentally connect to the Third Eye or Solar Plexus - Now you can:
  1. Let Reiki flow unintentionally
  2. Perform spinal canal cleaning
  3. Exchange information using DAI FA SHU
  4. Send DAI CHO WA by beaming it mentally for spiritual harmony and balance

This technique can be used for:

- Persons in a coma
- Treatment and communication with dying persons who are not responsive - Treating embryos
- Contacting and communicating with extraterrestrials and energy forms from other dimensions
- Entity clearing
- Contacting and communicating with illness - Contacting and communicating with elementary creatures, natural elements (fire, earth, water, air) and planets and stars

You can also send and receive information by Reiki beam. In the same way you can send the Reiki beam to the past and to the future. Many other possibilities are waiting to be discovered.

## Grand Master Levels VII and VIII

The main level VII symbol is called the Great Freedom. It aims to help you break free from the things that bind you or hold you back (free from dependence on others or things). You will learn to find the source of happiness within yourself and your connection with the Universal Life Energy. The wisdom symbol is also introduced. The main level VIII symbol is called the Great Peace. It aims to help you find and attain peace. The Anthakarana symbol is also introduced.

### LEVEL VII SYMBOL- DAI JI YU – THE GREAT FREEDOM

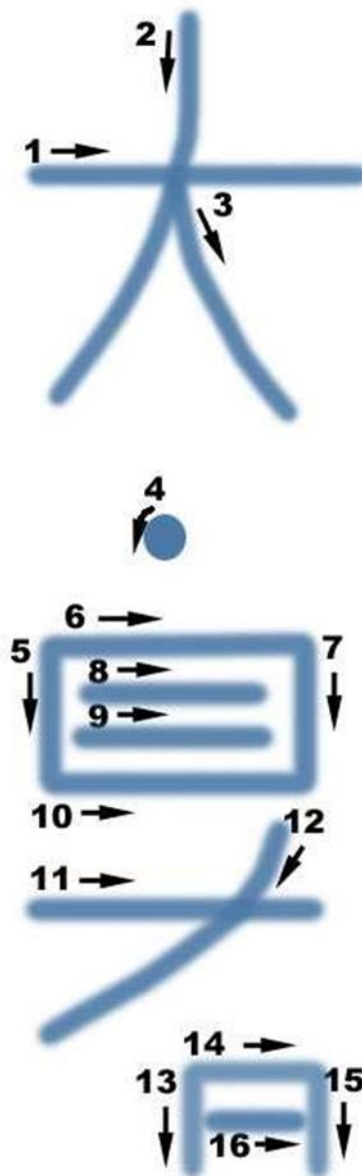


The Symbol is drawn from top to bottom- the exact sequence does not matter.



## THE WISDOM SYMBOL- DAI KIRO SHE

This symbol does not belong directly to Reiki VII. It is a new symbol, which was passed by Helmut Ernst, a German Reiki teacher. It can be passed on from the master degree in each Reiki degree and serves to further strengthen the intuition of the master and to increase the strength of the other symbols. It is used mainly for the meditation and to increase also the strength of the other symbols during the attunements.



In our subconscious, we have the complete knowledge of the world, but what is missing is an access to it. The wisdom symbol helps to find this access.

Another effective symbol, that is similar in its effect as the wisdom symbol, is the **KOM**, also called “**Eye of the Kanaola**”, a Huna symbol.



Mantra: KOM

## Level VII Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional) and DJY**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol and DJY. Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there

- State affirmation and intend to place in root chakra such as: "You have successfully received your level VII attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

\*Additionally- the wisdom symbol can be added to any attunement if you choose to increase the strength of the attunement. \*

## LEVEL VIII SYMBOL- DAI HEY WA- THE GREAT PEACE



The Symbol is drawn from top to bottom- the exact sequence does not matter.



## The Anthahkarana

The Anthahkarana is used to provide a connection between mind and Higher Self. Its application has a positive effect on the chakras and the aura. The symbol can be drawn over the client, the chakras, and the aura to balance and harmonize them more quickly.



## Level VII Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into

your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot

- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), The Anthahkarana, and DHW**
- Lower student's hands back to Gassho

#### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, ), The Anthahkarana, and DHW . Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

#### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there
- State affirmation and intend to place in root chakra such as: "You have successfully received your level VIII attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

## Grand Master Level IX

The level IX symbol is called The Great Happiness which aims to assist you in finding true happiness in life. Happiness means to love and accept yourself and others unconditionally.

### LEVEL IX SYMBOL- DAI FU KU- THE GREAT HAPPINESS



The Symbol is drawn from top to bottom- the exact sequence does not matter.

## Level IX Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DFK**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DFK . Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there

- State affirmation and intend to place in root chakra such as: "You have successfully received your level IX attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.



## Grand Master Level X

The level X symbol is called the Great Hope. It aims to allow you to always see that there is hope in all situations. There is never a reason to lose hope both in a personal and collective sense.

### LEVEL X SYMBOL-DAI KI BO -THE GREAT HOPE



The Symbol is drawn from top to bottom- the exact sequence does not matter.

## Level X Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DKB**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DKB . Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there

- State affirmation and intend to place in root chakra such as: "You have successfully received your level X attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

## Grand Master Level XI

The level XI symbol is called the Great Strength. It aims to increase your inner strength and personal power. It aims to assist you in seeing that adversary is actually a way to grow and strengthen you if worked with. These energies also have the potential of strengthen the Reiki energies you work with.

### LEVEL XI SYMBOL-DAI CHIKARA -THE GREAT STRENGTH



The Symbol is drawn from top to bottom- the exact sequence does not matter.

## Level XI Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DC**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DC. Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there

- State affirmation and intend to place in root chakra such as: "You have successfully received your level XI attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

## Grand Master Level XII

The level XII symbol is called the Great Love. It aims to assist you in achieving your true aim in life. It aims to help you focus on the things that are important on your spiritual path, reduce fear and allow you to pass on love in all that you do.

### LEVEL XII SYMBOL-DAI AI -THE GREAT LOVE



The Symbol is drawn from top to bottom- the exact sequence does not matter.

## Level XII Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DA**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DA. Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there



- State affirmation and intend to place in root chakra such as: "You have successfully received your level XII attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

## Grand Master Level XIII

The level XIII symbol is called the Great Teacher. It aims to connect you with your inner knowledge / teacher and allow you to find the answers you require to achieve your life purpose. The knowing that we are all one.

### LEVEL XIII SYMBOL-DAI HANA -THE GREAT TEACHER



The Symbol is drawn from top to bottom- the exact sequence does not matter.

## Level XII Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DH**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DH. Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there
- State affirmation and intend to place in root chakra such as: "You have successfully received your level XIII attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

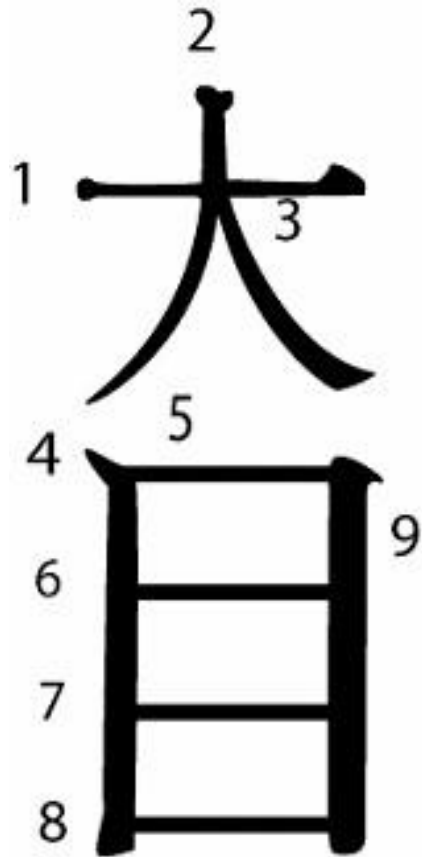
#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

## Grand Master Level XIV

The level XIV symbol is called The Great Eye. It aims to let you look and focus inwards at your own power, rather than looking for solutions outside of yourself.

### LEVEL XIV SYMBOL-DAI MOKU -THE GREAT EYE



The Symbol is drawn from top to bottom- the exact sequence does not matter (the above is merely a guide).

## Level XIV Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DM**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DM . Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there

- State affirmation and intend to place in root chakra such as: “You have successfully received your level XIV attunement” 3 times
- Place your thumbs at base of skull. State affirmation 3 times: “I seal this process with Divine love and wisdom,” while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student’s shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

## Grand Master Level XV

The level XV symbol is called The Great Way. It aims to develop wisdom, spiritual love and compassion allowing you through this practice to find a more meaningful and enriched way of life.

### LEVEL XV SYMBOL-DAI MICHU -THE GREAT WAY



The Symbol is drawn from top to bottom- the exact sequence does not matter.



## Level XV Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DMi**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DMi. Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there
- State affirmation and intend to place in root chakra such as: "You have successfully received your level XV attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

## Grand Master Level XVI

The level XVI symbol is called the Big Revelation. It aims to assist you in getting a better awareness of knowing what will happen or what is coming in the future. Allowing you to not only be aware of what is to come but also how to prepare for it.

### LEVEL XVI SYMBOL-DAI KEI -THE BIG REVELATION



The Symbol is drawn from top to bottom- the exact sequence does not matter.

## Level XVI Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DK**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DK. Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there
- State affirmation and intend to place in root chakra such as: "You have successfully received your level XVI attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

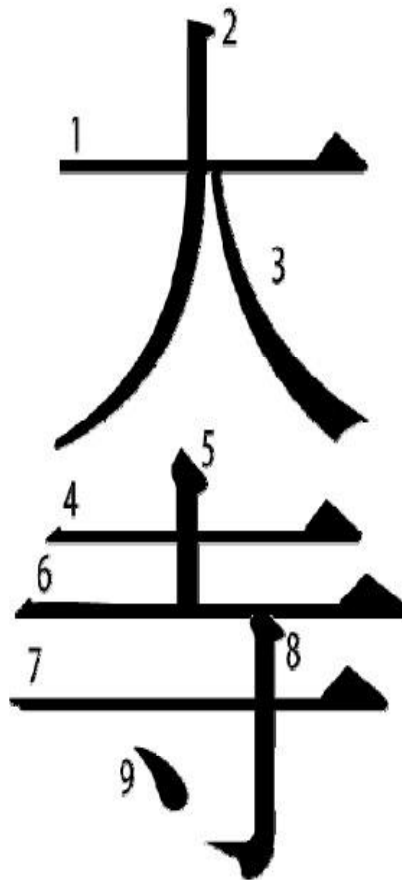
#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

## Grand Master Level XVII

The level XVII symbol is called the Great Temple. It aims to act as a door or opening to the heavenly temple. The temple represents a place of pure spiritual consciousness.

### LEVEL XVII SYMBOL-DAI JI -THE GREAT TEMPLE



The Symbol is drawn from top to bottom- the exact sequence does not matter. (the numbering is just a guide)

## Level XVII Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DJ**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DJ. Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there

- State affirmation and intend to place in root chakra such as: "You have successfully received your level XVII attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

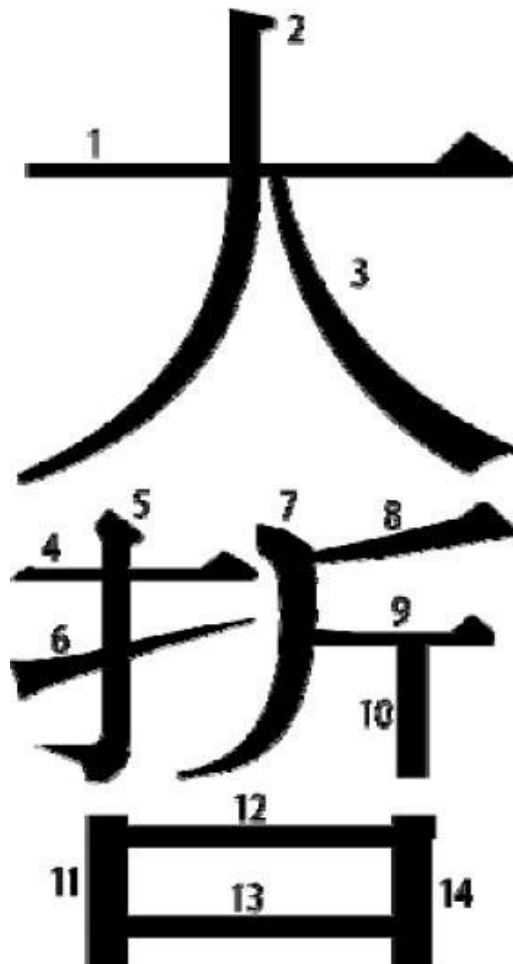
- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.



## Grand Master Level XVIII

The level XVIII symbol is called the Great Wisdom. It aims to assist you in obtaining inner-based wisdom and knowledge. The symbol can be used to assist you in increasing the learnings and knowledge that you may be able to gain from the Great Temple in level XVII.

### LEVEL XVIII SYMBOL-DAI TETSU -THE GREAT WISDOM



The Symbol is drawn from top to bottom- the exact sequence does not matter. (the numbering is just a guide)

## Level XVIII Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DT**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DT. Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there
- State affirmation and intend to place in root chakra such as: "You have successfully received your level XVIII attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

## Grand Master Level XIX

The level XIX symbol is called the Great Forgiveness. It aims to assist you in clearing your energies with forgiveness. It is through this process that you can bring yourself back to a clean slate energetically.

### LEVEL XIX SYMBOL-DAI YOSHA -THE GREAT FORGIVENESS



The Symbol is drawn from top to bottom- the exact sequence does not matter.

## Level XIX Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DY**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DY. Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student

- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there
- State affirmation and intend to place in root chakra such as: "You have successfully received your level XIX attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

## Grand Master Level XX

The level XX symbol is called the Great Appreciation (Gratitude). It aims to assist you in cultivating appreciation and to live a life free of complaint. It actively builds upon the clean slate in Level XIX.

### LEVEL XX SYMBOL-DAI KANSHA -THE GREAT APPRECIATION (GRATITUDE)

Gratitude

大感謝

Dai Kansha

The Symbol is drawn from top to bottom- the exact sequence does not matter.

## Level XX Attunement

### Part 1- Behind Student

- Draw Fire Serpent down client's back while holding the aura with non- dominant hand
- Place your hands gently on the client's head to gain energetic rapport with the client
- Do violet breath- Bring tongue to roof of your mouth and gently contract the Hui Yin; draw in a breath, imagining white light coming down through the top of your head and flowing down front of your body through Hui Yin point and up your spine to center of your head; imagine this white light fills your head, changing to blue and then violet as it circles up the left side, around and down the right side (clockwise) inside your head; Picture the Tibetan Dai Ko Mio (Master Symbol- TDKM) in center of your head; spread your hands open as you breathe out vigorously through the mouth imagining the violet light moving into your client's crown chakra; guide TDKM to top of head, center of head and base of head with your fingertips silently saying symbol name 3 times- once at each spot
- Bring student's hands to top of their head, hold their hands with one of your hands and draw TDKM vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Draw Fire Serpent vertically over hands and guide it through hands to top, center and base of head, silently saying symbol 3 times
- Repeat with UDKM, CKR, SHK, HSZSN, **the Wisdom symbol (optional), and DKa**
- Lower student's hands back to Gassho

### Part 2- In Front of Student

- Open student's hands and holding them with your non-dominant hand, draw TDKM over both palms together, silently saying symbol name 3 times as you motion it in, then pat hands 3 times. Do the same with Fire Serpent, UDKM, CKR, SHK, HSZSN, the Wisdom symbol, and DKa. Close hands with palms together
- Hold student's hands in yours and blow from hands, to solar plexus, to crown, down to solar plexus ending the breath at the hands as you gently puff at the fingertips.
- Place student's hand back into Gassho

### Part 3- Behind Student



- Place your hands on student's shoulders, look through the crown to root chakra and envision a red ball of light there
- State affirmation and intend to place in root chakra such as: "You have successfully received your level XX attunement" 3 times
- Place your thumbs at base of skull. State affirmation 3 times: "I seal this process with Divine love and wisdom," while picturing a door with CKR on it closing and locking. Intend the process is sealed and complete and the student is connected directly to Reiki Source
- Place hands on student's shoulders, acknowledging the blessing you have both received.

#### Part 4- In Front of Student

- Place your fingertips pointed into your heart chakra, release tongue and Hui Yin as you exhale through your mouth, spreading arms open with a blessing to the students.

Congratulations on completing the Reiki Grand Master Course! You will decide where your journey with Reiki will take you. Namaste.

*Aimee*