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# Theorem 2 proof

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## Abstract

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2 **H1.** For any  $t > 0$ , the estimated parameter  $w_t$  stays within a  $\ell_\infty$ -ball. There exists a constant  
3  $W > 0$  such that  $\|w_t\|_\infty \leq W$  almost surely.

4 **H2.** The function  $f$  is  $L$ -smooth (has  $L$ -Lipschitz gradients) w.r.t. the parameter  $w$ . There exists  
5 some constant  $L > 0$  such that for  $(w, \vartheta) \in \Theta^2$ ,  $f(w) - f(\vartheta) - \nabla f(\vartheta)^\top (w - \vartheta) \leq \frac{L}{2} \|w - \vartheta\|^2$ .

6 We assume that the optimistic guess  $m_t$  at iteration  $t$  and the true gradient  $g_t$  are correlated:

7 **H3.** For any  $t > 0$ ,  $0 < \langle m_t | g_t \rangle = a_t \|g_t\|^2$  with some  $0 < a_t \leq 1$ , where  $\langle | \rangle$  denotes the inner  
8 product

9 We make a classical assumption in nonconvex optimization [?] on the magnitude of the gradient:

10 **H4.** There exists a constant  $M > 0$  such that for any  $w$  and  $\xi$ , it holds  $\|\nabla f(w, \xi)\| < M$ .

11 **Lemma 1.** Assume H4, then the quantities defined in Algorithm ?? satisfy for any  $w \in \Theta$  and  $t > 0$ ,  
12  $\|\nabla f(w_t)\| < M$ ,  $\|\theta_t\| < M$  and  $\|\hat{v}_t\| < M^2$ .

13 **Lemma 2.** Assume H4, a strictly positive and a sequence of constant stepsizes  $\{\eta_t\}_{t>0}$ ,  $(\beta_1, \beta_2) \in$   
14  $[0, 1]$ , then the following holds:

$$\sum_{t=1}^{T_M} \eta_t^2 \mathbb{E} \left[ \left\| \hat{v}_t^{-1/2} \theta_t \right\|_2^2 \right] \leq \frac{\eta^2 d T_M (1 - \beta_1)}{(1 - \beta_2)(1 - \gamma)}. \quad (1)$$

15 **Lemma 3.** Assume a strictly positive and non increasing sequence of stepsizes  $\{\eta_t\}_{t>0}$ ,  $\beta_1 < \beta_2 \in$   
16  $[0, 1]$ , then the following holds:

$$\bar{w}_{t+1} - \bar{w}_t \leq \frac{\beta_1}{1 - \beta_1} \tilde{\theta}_{t-1} \left[ \eta_{t-1} \hat{v}_{t-1}^{-1/2} - \eta_t \hat{v}_t^{-1/2} \right] - \eta_t \hat{v}_t^{-1/2} \tilde{g}_t,$$

17 where  $\tilde{\theta}_t = \theta_t + \beta_1 \theta_{t-1}$  and  $\tilde{g}_t = g_t - \beta_1 m_t + \beta_1 g_{t-1} + m_{t+1}$ .

## 18 1 Proof of Theorem ??

19 **Proof** Using H2 and the iterate  $\bar{w}_t$  we have:

$$\begin{aligned} f(\bar{w}_{t+1}) &\leq f(\bar{w}_t) + \nabla f(\bar{w}_t)^\top (\bar{w}_{t+1} - \bar{w}_t) + \frac{L}{2} \|\bar{w}_{t+1} - \bar{w}_t\|^2 \\ &\leq f(\bar{w}_t) + \underbrace{\nabla f(w_t)^\top (\bar{w}_{t+1} - \bar{w}_t)}_A \\ &\quad + \underbrace{(\nabla f(\bar{w}_t) - \nabla f(w_t))^\top (\bar{w}_{t+1} - \bar{w}_t)}_B + \frac{L}{2} \|\bar{w}_{t+1} - \bar{w}_t\|. \end{aligned} \quad (2)$$

20 **Term A.** Using Lemma 3, we have that:

$$\begin{aligned}\nabla f(w_t)^\top (\bar{w}_{t+1} - \bar{w}_t) &\leq \nabla f(w_t)^\top \left[ \frac{\beta_1}{1 - \beta_1} \tilde{\theta}_{t-1} \left[ \eta_{t-1} \hat{v}_{t-1}^{-1/2} - \eta_t \hat{v}_t^{-1/2} \right] - \eta_t \hat{v}_t^{-1/2} \tilde{g}_t \right] \\ &\leq \frac{\beta_1}{1 - \beta_1} \|\nabla f(w_t)\| \|\eta_{t-1} \hat{v}_{t-1}^{-1/2} - \eta_t \hat{v}_t^{-1/2}\| \|\tilde{\theta}_{t-1}\| - \nabla f(w_t)^\top \eta_t \hat{v}_t^{-1/2} \tilde{g}_t ,\end{aligned}$$

21 where the inequality is due to trivial inequality for positive diagonal matrix. Using Lemma 1 and  
22 assumption H3 we obtain:

$$\nabla f(w_t)^\top (\bar{w}_{t+1} - \bar{w}_t) \leq \frac{\beta_1(1 + \beta_1)}{1 - \beta_1} \mathbf{M}^2 [\|\eta_{t-1} \hat{v}_{t-1}^{-1/2}\| - \|\eta_t \hat{v}_t^{-1/2}\|] - \nabla f(w_t)^\top \eta_t \hat{v}_t^{-1/2} \tilde{g}_t , \quad (3)$$

23 where we have used the fact that  $\eta_t \hat{v}_t^{-1/2}$  is a diagonal matrix such that  $\eta_{t-1} \hat{v}_{t-1}^{-1/2} \succcurlyeq \eta_t \hat{v}_t^{-1/2} \succcurlyeq 0$   
24 (decreasing stepsize and max operator). Also note that:

$$\begin{aligned}-\nabla f(w_t)^\top \eta_t \hat{v}_t^{-1/2} \tilde{g}_t &= -\nabla f(w_t)^\top \eta_{t-1} \hat{v}_{t-1}^{-1/2} \bar{g}_t - \nabla f(w_t)^\top \left[ \eta_t \hat{v}_t^{-1/2} - \eta_{t-1} \hat{v}_{t-1}^{-1/2} \right] \bar{g}_t \\ &\quad - \nabla f(w_t)^\top \eta_{t-1} \hat{v}_{t-1}^{-1/2} (\beta_1 g_{t-1} + m_{t+1}) \\ &\leq -\nabla f(w_t)^\top \eta_{t-1} \hat{v}_{t-1}^{-1/2} \bar{g}_t + (1 - a_t \beta_1) \mathbf{M}^2 [\|\eta_{t-1} \hat{v}_{t-1}^{-1/2}\| - \|\eta_t \hat{v}_t^{-1/2}\|] \\ &\quad - \nabla f(w_t)^\top \eta_t \hat{v}_t^{-1/2} (\beta_1 g_{t-1} + m_{t+1}) ,\end{aligned} \quad (4)$$

25 where we have used Lemma 1 on  $\|g_t\|$  and where that  $\tilde{g}_t = \bar{g}_t + \beta_1 g_{t-1} + m_{t+1} = g_t - \beta_1 m_t +$   
26  $\beta_1 g_{t-1} + m_{t+1}$ . Plugging (4) into (3) yields:

$$\begin{aligned}\nabla f(w_t)^\top (\bar{w}_{t+1} - \bar{w}_t) &\leq -\nabla f(w_t)^\top \eta_{t-1} \hat{v}_{t-1}^{-1/2} \bar{g}_t + \frac{1}{1 - \beta_1} (a_t \beta_1^2 - 2a_t \beta_1 + \beta_1) \mathbf{M}^2 [\|\eta_{t-1} \hat{v}_{t-1}^{-1/2}\| - \|\eta_t \hat{v}_t^{-1/2}\|] \\ &\quad - \nabla f(w_t)^\top \eta_t \hat{v}_t^{-1/2} (\beta_1 g_{t-1} + m_{t+1}) .\end{aligned} \quad (5)$$

27 **Term B.** By Cauchy-Schwarz (CS) inequality we have:

$$(\nabla f(\bar{w}_t) - \nabla f(w_t))^\top (\bar{w}_{t+1} - \bar{w}_t) \leq \|\nabla f(\bar{w}_t) - \nabla f(w_t)\| \|\bar{w}_{t+1} - \bar{w}_t\| . \quad (6)$$

28 Using smoothness assumption H2:

$$\begin{aligned}\|\nabla f(\bar{w}_t) - \nabla f(w_t)\| &\leq L \|\bar{w}_t - w_t\| \\ &\leq L \frac{\beta_1}{1 - \beta_1} \|w_t - \tilde{w}_{t-1}\| .\end{aligned} \quad (7)$$

29 By Lemma 3 we also have:

$$\begin{aligned}\bar{w}_{t+1} - \bar{w}_t &= \frac{\beta_1}{1 - \beta_1} \tilde{\theta}_{t-1} \left[ \eta_{t-1} \hat{v}_{t-1}^{-1/2} - \eta_t \hat{v}_t^{-1/2} \right] - \eta_t \hat{v}_t^{-1/2} \tilde{g}_t \\ &= \frac{\beta_1}{1 - \beta_1} \tilde{\theta}_{t-1} \eta_{t-1} \hat{v}_{t-1}^{-1/2} \left[ I - (\eta_t \hat{v}_t^{-1/2})(\eta_{t-1} \hat{v}_{t-1}^{-1/2})^{-1} \right] - \eta_t \hat{v}_t^{-1/2} \tilde{g}_t \\ &= \frac{\beta_1}{1 - \beta_1} \left[ I - (\eta_t \hat{v}_t^{-1/2})(\eta_{t-1} \hat{v}_{t-1}^{-1/2})^{-1} \right] (\tilde{w}_{t-1} - w_t) - \eta_t \hat{v}_t^{-1/2} \tilde{g}_t ,\end{aligned} \quad (8)$$

30 where the last equality is due to  $\tilde{\theta}_{t-1} \eta_{t-1} \hat{v}_{t-1}^{-1/2} = \tilde{w}_{t-1} - w_t$  by construction of  $\tilde{\theta}_t$ . Taking the  
31 norms on both sides, observing  $\|I - (\eta_t \hat{v}_t^{-1/2})(\eta_{t-1} \hat{v}_{t-1}^{-1/2})^{-1}\| \leq 1$  due to the decreasing stepsize  
32 and the construction of  $\hat{v}_t$  and using CS inequality yield:

$$\|\bar{w}_{t+1} - \bar{w}_t\| \leq \frac{\beta_1}{1 - \beta_1} \|\tilde{w}_{t-1} - w_t\| + \|\eta_t \hat{v}_t^{-1/2} \tilde{g}_t\| . \quad (9)$$

We recall Young's inequality with a constant  $\delta \in (0, 1)$  as follows:

$$\langle X | Y \rangle \leq \frac{1}{\delta} \|X\|^2 + \delta \|Y\|^2 .$$

33 Plugging (7) and (9) into (6) returns:

$$\begin{aligned} (\nabla f(\bar{w}_t) - \nabla f(w_t))^\top (\bar{w}_{t+1} - \bar{w}_t) &\leq L \frac{\beta_1}{1 - \beta_1} \|\eta_t \hat{v}_t^{-1/2} \tilde{g}_t\| \|w_t - \tilde{w}_{t-1}\| \\ &\quad + L \left( \frac{\beta_1}{1 - \beta_1} \right)^2 \|\tilde{w}_{t-1} - w_t\|^2. \end{aligned}$$

34 Applying Young's inequality with  $\delta \rightarrow \frac{\beta_1}{1 - \beta_1}$  on the product  $\|\eta_t \hat{v}_t^{-1/2} \tilde{g}_t\| \|w_t - \tilde{w}_{t-1}\|$  yields:

$$(\nabla f(\bar{w}_t) - \nabla f(w_t))^\top (\bar{w}_{t+1} - \bar{w}_t) \leq L \|\eta_t \hat{v}_t^{-1/2} \tilde{g}_t\|^2 + 2L \left( \frac{\beta_1}{1 - \beta_1} \right)^2 \|\tilde{w}_{t-1} - w_t\|^2. \quad (10)$$

35 The last term  $\frac{L}{2} \|\bar{w}_{t+1} - \bar{w}_t\|^2$  can be upper bounded using (9):

$$\begin{aligned} \frac{L}{2} \|\bar{w}_{t+1} - \bar{w}_t\|^2 &\leq \frac{L}{2} \left[ \frac{\beta_1}{1 - \beta_1} \|\tilde{w}_{t-1} - w_t\| + \|\eta_t \hat{v}_t^{-1/2} \tilde{g}_t\| \right] \\ &\leq L \|\eta_t \hat{v}_t^{-1/2} \tilde{g}_t\|^2 + 2L \left( \frac{\beta_1}{1 - \beta_1} \right)^2 \|\tilde{w}_{t-1} - w_t\|^2. \end{aligned} \quad (11)$$

36 Plugging (5), (10) and (11) into (2) and taking the expectations on both sides give:

$$\begin{aligned} &\mathbb{E} \left[ f(\bar{w}_{t+1}) + \frac{1}{1 - \beta_1} \tilde{M}_t^2 \|\eta_t \hat{v}_t^{-1/2}\| - \left( f(\bar{w}_t) + \frac{1}{1 - \beta_1} \tilde{M}_t^2 \|\eta_{t-1} \hat{v}_{t-1}^{-1/2}\| \right) \right] \\ &\leq \mathbb{E} \left[ -\nabla f(w_t)^\top \eta_{t-1} \hat{v}_{t-1}^{-1/2} \tilde{g}_t - \nabla f(w_t)^\top \eta_t \hat{v}_t^{-1/2} (\beta_1 g_{t-1} + m_{t+1}) \right] \\ &\quad + \mathbb{E} \left[ 2L \|\eta_t \hat{v}_t^{-1/2} \tilde{g}_t\|^2 + 4L \left( \frac{\beta_1}{1 - \beta_1} \right)^2 \|\tilde{w}_{t-1} - w_t\|^2 \right], \end{aligned}$$

37 where  $\tilde{M}_t^2 = (a_t \beta_1^2 + \beta_1) M^2$ . Note that the expectation of  $\tilde{g}_t$  conditioned on the filtration  $\mathcal{F}_t$  reads  
38 as follows

$$\mathbb{E} [\nabla f(w_t)^\top \tilde{g}_t] = \mathbb{E} [\nabla f(w_t)^\top (g_t - \beta_1 m_t)] = (1 - a_t \beta_1) \|\nabla f(w_t)\|^2. \quad (12)$$

39 Summing from  $t = 1$  to  $t = T$  leads to

$$\begin{aligned} &\frac{1}{M} \sum_{t=1}^{T_M} ((1 - a_t \beta_1) \eta_{t-1} + (\beta_1 + a_t) \eta_t) \|\nabla f(w_t)\|^2 \leq \\ &\mathbb{E} \left[ f(\bar{w}_1) + \frac{1}{1 - \beta_1} \tilde{M}_t^2 \|\eta_0 \hat{v}_0^{-1/2}\| - \left( f(\bar{w}_{T_M+1}) + \frac{1}{1 - \beta_1} \tilde{M}_t^2 \|\eta_{T_M} \hat{v}_{T_M}^{-1/2}\| \right) \right] \\ &\quad + 2L \sum_{t=1}^{T_M} \mathbb{E} [\|\eta_t \hat{v}_t^{-1/2} \tilde{g}_t\|^2] + 4L \left( \frac{\beta_1}{1 - \beta_1} \right)^2 \sum_{t=1}^{T_M} \mathbb{E} [\|\tilde{w}_{t-1} - w_t\|^2] \\ &\leq \mathbb{E} \left[ \Delta f + \frac{1}{1 - \beta_1} \tilde{M}_t^2 \|\eta_0 \hat{v}_0^{-1/2}\| \right] + 2L \sum_{t=1}^{T_M} \mathbb{E} [\|\eta_t \hat{v}_t^{-1/2} \tilde{g}_t\|^2] \\ &\quad + 4L \left( \frac{\beta_1}{1 - \beta_1} \right)^2 \sum_{t=1}^{T_M} \mathbb{E} [\|\tilde{w}_{t-1} - w_t\|^2], \end{aligned} \quad (13)$$

40 where we denote  $\Delta f := f(\bar{w}_1) - f(\bar{w}_{T_M+1})$ . We note that by definition of  $\hat{v}_t$ , and a constant  
41 learning rate  $\eta_t$ , we have

$$\begin{aligned} \|\tilde{w}_{t-1} - w_t\|^2 &= \|\eta_{t-1} \hat{v}_{t-1}^{-1/2} (\theta_{t-1} + h_t)\|^2 \\ &= \|\eta_{t-1} \hat{v}_{t-1}^{-1/2} (\theta_{t-1} + \beta_1 \theta_{t-2} + (1 - \beta_1) m_t)\|^2 \\ &\leq \|\eta_{t-1} \hat{v}_{t-1}^{-1/2} \theta_{t-1}\|^2 + \|\eta_{t-2} \hat{v}_{t-2}^{-1/2} \beta_1 \theta_{t-2}\|^2 + (1 - \beta_1)^2 \|\eta_{t-1} \hat{v}_{t-1}^{-1/2} m_t\|^2. \end{aligned}$$

42 Using Lemma 2 we have

$$\begin{aligned} & \sum_{t=1}^{T_M} \mathbb{E} [\|\tilde{w}_{t-1} - w_t\|^2] \\ & \leq (1 + \beta_1^2) \frac{\eta^2 d T_M (1 - \beta_1)}{(1 - \beta_2)(1 - \gamma)} + (1 - \beta_1)^2 \sum_{t=1}^{T_M} \mathbb{E} [\|\eta_{t-1} \hat{v}_{t-1}^{-1/2} m_t\|] . \end{aligned}$$

43 And thus, setting the learning rate to a constant value  $\eta$ , noting that  $\frac{1}{(1 - a_t \beta_1) + (\beta_1 + a_t)}$  is a decreasing  
44 function for all  $t > 0$  and is upper bounded by 1, injecting in (13) yields:

$$\begin{aligned} \mathbb{E} [\|\nabla f(w_T)\|^2] &= \frac{1}{\sum_{j=1}^{T_M} \eta_j} \sum_{t=1}^{T_M} \eta_t \|\nabla f(w_t)\|^2 \\ &\leq \sum_{t=1}^{T_M} \frac{M}{(1 - a_t \beta_1) + (\beta_1 + a_t)} \frac{1}{\sum_{j=1}^{T_M} \eta_j} \mathbb{E} \left[ \Delta f + \frac{1}{1 - \beta_1} \tilde{M}_t^2 \|\eta_0 \hat{v}_0^{-1/2}\| \right] \\ &+ \frac{4L \left( \frac{\beta_1}{1 - \beta_1} \right)^2 M}{\sum_{j=1}^{T_M} \eta_j} (1 + \beta_1^2) \frac{\eta^2 d T_M (1 - \beta_1)}{(1 - \beta_2)(1 - \gamma)} \sum_{t=1}^{T_M} \frac{1}{(1 - a_t \beta_1) + (\beta_1 + a_t)} \\ &+ \frac{M}{\sum_{j=1}^{T_M} \eta_j} (1 - \beta_1)^2 \sum_{t=1}^{T_M} \mathbb{E} [\|\eta_{t-1} \hat{v}_{t-1}^{-1/2} m_t\|] \sum_{t=1}^{T_M} \frac{1}{(1 - a_t \beta_1) + (\beta_1 + a_t)} \\ &+ \frac{2LM}{\sum_{j=1}^{T_M} \eta_j} \sum_{t=1}^{T_M} \mathbb{E} [\|\eta_t \hat{v}_t^{-1/2} \tilde{g}_t\|^2] \sum_{t=1}^{T_M} \frac{1}{(1 - a_t \beta_1) + (\beta_1 + a_t)} , \end{aligned}$$

45 where  $T$  is a random termination number distributed according (??). Setting the stepsize to  $\eta =$   
46  $\frac{1}{\sqrt{dT_M}}$  yields :

$$\mathbb{E} [\|\nabla f(w_T)\|^2] \leq \sum_{t=1}^{T_M} C_{1,t} \sqrt{\frac{d}{T_M}} + \sum_{t=1}^{T_M} C_{2,t} \frac{1}{T_M} + \frac{\eta}{T_M} \sum_{t=1}^{T_M} D_{1,t} \mathbb{E} [\|\hat{v}_{t-1}^{-1/2} m_t\|] + \frac{\eta}{T_M} \sum_{t=1}^{T_M} D_{2,t} \mathbb{E} [\|\hat{v}_{t-1}^{-1/2} \tilde{g}_t\|] ,$$

47 where

$$\begin{aligned} C_{1,t} &= \frac{M}{(1 - a_t \beta_1) + (\beta_1 + a_t)} \Delta f + \frac{4L \left( \frac{\beta_1}{1 - \beta_1} \right)^2 M}{(1 - a_t \beta_1) + (\beta_1 + a_t)} \frac{(1 + \beta_1^2)(1 - \beta_1)}{(1 - \beta_2)(1 - \gamma)} , \\ C_{2,t} &= \frac{M}{(1 - \beta_1) ((1 - a_t \beta_1) + (\beta_1 + a_t))} (a_t \beta_1^2 + \beta_1) M^2 \mathbb{E} [\|\hat{v}_0^{-1/2}\|] . \end{aligned}$$

48 **Simple case as in [? ]:** if  $\beta_1 = 0$  then  $\tilde{g}_t = g_t + m_{t+1}$  and  $g_t = \theta_t$ . Also using Lemma 2 we have  
49 that:

$$\sum_{t=1}^{T_M} \eta_t^2 \mathbb{E} \left[ \left\| \hat{v}_t^{-1/2} g_t \right\|_2^2 \right] \leq \frac{\eta^2 d T_M}{(1 - \beta_2)} ;$$

50 which leads to the final bound:

$$\mathbb{E} [\|\nabla f(w_T)\|^2] \leq \sqrt{\frac{d}{T_M}} \sum_{t=1}^{T_M} \tilde{C}_{1,t} + \frac{1}{T_M} \sum_{t=1}^{T_M} \tilde{C}_{2,t} ,$$

51 where

$$\begin{aligned} \tilde{C}_{1,t} &= C_{1,t} + \frac{M}{(1 - a_t \beta_1) + (\beta_1 + a_t)} \left[ \frac{a_t (1 - \beta_1)^2}{1 - \beta_2} + 2L \frac{1}{1 - \beta_2} \right] , \\ \tilde{C}_{2,t} &= C_{2,t} = \frac{M}{(1 - \beta_1) ((1 - a_t \beta_1) + (\beta_1 + a_t))} \tilde{M}^2 \mathbb{E} [\|\hat{v}_0^{-1/2}\|] . \end{aligned}$$

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