



Nutri
Nutrition report for 150g of apple

Total calories (Kcal): 78

Fat (g): 0g

Saturates (g): 0g

Carbs (g): 20g

Sugar (g): 15g

Fiber (g): 3g

Protein (g): 0g

Cholesterol (mg): 0mg

Sodium (mg): 1mg

Water (g): 128g

