Assuming that you are new to Integration solutioning ,

1. Start with [Home - Enterprise Integration Patterns](http://www.enterpriseintegrationpatterns.com/). This is like a bible to integration engineers. Everything about Software Integration started from here.
2. Learn to define(XSD) ,parse(XPATH) and transform(XSLT/XQUERY) XML documents, In oracle SOA everything is XML.
3. Understand VETRO pattern-*Validate,Enrich,Transform,Route,Operate*.This pattern is used to implement Oracle SOA suite.
4. Install Oracle SOA and start doing basic exercises [Get Started:](http://docs.oracle.com/middleware/1213/soasuite/index.html)
5. Blogs are the best source of reference for beginners. Below are some blogs which i used to learn Oracle SOA
   1. [Oracle Fusion Middleware Blog](http://www.soawork.com/)
   2. [Java / Oracle SOA blog](http://biemond.blogspot.in/)
   3. [Oracle Blogs | Homepage](https://blogs.oracle.com/main/tags/soa)
   4. [Oracle Technologies Primer](https://beatechnologies.wordpress.com/tag/arun-pareek/)